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Chapter 151 Even the Lightning Tribulation Can Temper the Body?
Dong Xi's hand was on Su Cheng's tail, and her fingertips actually felt a trace of thunder and lightning, which made her fingers a little numb.
Dong Xi kept injecting spiritual Qi into Su Cheng's body until her fingers could not bear it anymore.
"Why is there lightning in your body?" Dong Xi asked, puzzled.
"Is that something you can ask?" Su Cheng frowned.
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"Why not?" Dong Xi immediately replied. "As your healer, I need to find the right solution, so I need to know what's going on!"
As Dong Xi spoke, she took out the medicine she brought from the human world from her storage ring and sprinkled it evenly on Su Cheng's tail.

Su Cheng saw Dong Xi applying the medicine. He knew it will not work, but he did not stop her. Su Cheng said indifferently, "It's the damage left behind by the Lightning Tribulation. It's normal for it to contain the power of lightning!"
Dong Xi looked at Su Cheng in shock. Dong Xi asked, "Lightning Tribulation? The reason you were injured was also because of the Lightning Tribulation?"
Su Cheng lazily leaned on the bed with his eyes closed. No one knew what he was thinking.
Hearing Dong Xi's question, Su Cheng nodded.
Su Cheng thought that Dong Xi would be able to guess his true identity after hearing about the Lightning Tribulation. What could this little girl do? To report to her Master?
Su Cheng did not think much of it. Dong Xi asked excitedly,"The Lightning Tribulation can temper the body?"
Su Cheng was confused.
In the past, Su Cheng thought that he had a lot of wild ideas, but ever since he met this little human girl, he realized that her ideas were even wilder.

"All cultivators can't wait to avoid the Lightning Tribulation, so how can they use it to temper their bodies?" Su Cheng frowned.
Dong Xi did not know that the demon commander was actually a snake, and she did not think that this big snake that gave him some benefits was the demon commander Su Cheng.
Dong Xi took out the pink cloak from before and wrapped Su Cheng's wound again, tying a beautiful bow.
After doing all this, Dong Xi said to Su Cheng, look, there's still lightning here. The flesh is also much more compact than the other parts.
As she spoke, Dong Xi even reached out to poke the place where there was no wound.
Su Cheng was a little unhappy and immediately retracted his bow-tied tail.
Dong Xi poked the air and put down her hand awkwardly. She asked, "So, the Lightning Tribulation can temper the body. Has anyone tried it before?"
Su Cheng's words directly interrupted Dong Xi's thoughts. He said, "Those with lightning spirit roots might be able to try, but you shouldn't think about it."

Although she heard Su Cheng say this, Dong Xi thought that maybe Su Cheng did not know anything. When she had time, she would go to the Library Pavilion to see if there were any records.
"Tomorrow, I'll go to the Library Pavilion and flip through some books to find a way to help you get rid of the power of thunder and lightning in your wound," said Dong Xi.
She had wanted to trick the great snake so that he would not think about taking away the spirit vein.
But Su Cheng immediately refused and said, "No need. The power of thunder and lightning will be refined in a few days."
Although Su Cheng's words were simple, this sentence opened a new door for Dong Xi.
So the power of lightning could be refined? Dong Xi wanted to try it when she started her tribulation in the future.
After coming out of the cave, Dong Xi sat on a futon and took out the body-tempering cultivation technique given by the great snake from her storage ring.
After reading it carefully, Dong Xi suddenly fell silent.

In her previous life, people would even wish for the deliveryman to place their food on the table. However, this cultivation method actually required them to walk 30 miles quickly with weights every day?
After that, she would take a medicinal bath when she was especially tired. Only then could she slowly increase her body's upper limit.
The materials for the medicinal bath were easy to obtain. They were all common and could be exchanged with points.
However, walking 30 miles with weights on was shocking. Dong Xi looked at her thin arms and legs. If she followed this standard, she would not be able to refine her body. She would be crippled at the age of 20!
Forget it, the road has to be taken step by step, body refinement also has to be done bit by bit.
Dong Xi first went to the Mission Hall and used her points to exchange for some necessary medicinal herbs. Then, she went to the outer sect dining hall and took the top-grade Spirit Restore Pill and exchanged it for a large iron pot with the kitchen manager.
After boiling the water in the iron pot, Dong Xi tied up her hair, turned around, and wanted to run down the mountain quickly.
Today, I'll go back and forth three times.

By the time Dong Xi ran up the mountain for the last time, her clothes were already drenched as if he had fallen into water. Her scattered hair was stuck to her face, and she was panting heavily.
Although her body had been cleansed by spiritual energy and was tougher than before, it was still very tiring to run three rounds up and down the mountain! Chapter 152 What Do You Want to Do?
Dong Xi took out the bath barrel that she had prepared earlier and poured the boiled water and medicinal herbs into the bath barrel with her spirit power. She then added some cold water from the pond at the side.
After she was done, Dong Xi dragged her exhausted body and climbed in. With a 'plop', Dong Xi flipped over.
The clothes on her body floated gently on the water's surface. The warm water temperature and the medicinal effect began to soothe the soreness in her body. Dong Xi took a deep breath and buried her head in the water.
The entire mountain was covered by Su Cheng's divine sense, so he knew all of Dong Xi's actions.
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At first, when he saw Dong Xi going up and down the mountain, Su Cheng was a little confused. Later, when she saw the little girl boiling water and boiling medicine, she knew what the little girl wanted to do.
However, human cubs were so weak. They were already exhausted from just three trips. They really needed to train properly.
Su Cheng had just closed his eyes, but when he opened them again, he suddenly felt that something was wrong.
No, something was very wrong. Why was the little girl not breathing at all?
This human cub could not possibly be so stupid as to drown in a bath, right? This was the first time he had seen such a thing since the creation of the world.
With a thought, Su Cheng instantly appeared next to Dong Xi's bathtub.
Su Cheng did not hesitate and immediately reached out to pick Dong Xi up.
The water soaked Su Cheng's sleeves. The fabric stuck to Su Cheng's arm, outlining the perfect lines.
Dong Xigang felt as if her body was being nourished by the medicine. In the next second, she was instantly stunned. She was suddenly exposed to the air.



Su Cheng immediately let go, and Dong Xi fell into the tub, the water splashing on her head.
Dong Xi wiped the water off her face and began explaining to Su Cheng. Dong Xi said, "Not breathing doesn't mean someone dead. A person is dead if he doesn't have a heartbeat. He's really dead if he's brain dead."
Su Cheng thought for a moment and asked, "Brain dead? Are you talking about the destruction of the sea of consciousness?"
Without waiting for Dong Xi to speak, Su Cheng continued, "No, you little girl, you don't have a sea of consciousness now!"
Dong Xi, ""
This snake was quite handsome if they did not speak, but once he spoke, he made people want to give him two big slaps!
"Without consciousness, it means brain death," Dong Xi tried to explain.
Su Cheng asked in a low voice, "You lost consciousness? Are you talking about his soul being destroyed?"

Dong Xi wanted to educate the snake on atheism. A gentleman should not blame his misfortunes on spirits and souls. The three spiritual and seven physical souls were all stories.
However, just as she was about to open her mouth, Dong Xi felt that she was not that determined.
This was the cultivation world. Those who could Ascend could also become ghost cultivators after death. Of course, they had souls!
Dong Xi's expression was complicated. She looked up and saw Su Cheng staring at her. She sighed and said, "You're right."
Dong Xi's mood instantly became extremely heavy when she thought about the life and death trial that was waiting for her six years later.
"Don't worry," Su Cheng said. "You've already signed a contract with me. No one in this world can destroy your soul!"
When Dong Xi heard Su Cheng's overbearing words, she was stunned for a moment before nodding in agreement perfunctorily.
She thought to herself, 'This snake is a little overconfident. Has he forgotten how he got injured? His mouth is so tough!'

Moreover, the great snake should have many enemies, and the probability of being implicated by the great snake was much higher than Dong Xi seeking Death himself.
Su Cheng could also see that Dong Xi didn't seem to believe him, and his face instantly darkened. He had already said that he would protect this little girl's soul, but this little girl didn't believe him? As expected, she was just a human cub with little knowledge!
Dong Xi did not see any movement from the great snake. He slowly turned illusionary in front of her and finally disappeared.
Dong Xi sat in the tub, feeling her body slowly recover its strength.
Dong Xi took another deep breath and lay in the water, blowing bubbles continuously.
She repeated this a few times until the water had cooled down and the medicinal power in the water had slowly disappeared. Only then did Dong Xi come out of the water. She circulated her spiritual Qi once, and her clothes were dry. Chapter 153 Can't Waste Time
Dong Xi stretched lazily. Seeing that it was still early, she could not waste time. Why not make a trip to the library?
Just as she was about to go out, a familiar butterfly appeared in front of the restriction. Dong Xi let the butterfly in, and the butterfly flew in front of Dong Xi and instantly burned and emitted a voice message.

"Xiaoxi, come over for a while," her master said.
Alright, the library could only wait.
Since she was already about to use Spatial Bending, Dong Xi dispersed her spiritual power and obediently ran towards her master's cave.
She had to train her body anyway, so it would not be a waste of time. It was just a little slow, but her master should be able to wait.
Master Lingxu's tea had already lost its taste, but Dong Xi had yet to arrive.
"What has Xiaoxi been busy with? Why hasn't she come over after so long?" Master Lingxu could not help but ask.
Liang Yan thought for a moment and said, "Junior Sister has refined a lot of pills. The sect doesn't lack Spirit Restore Pills and Wind Speed Pills anymore."
Instantly, Master Lingxu was a little shocked. It was the first time he had seen such a hardworking disciple. "These are the pills she produced after a few months?"

"That's right," Liang Yan immediately replied, "Dong Xi is refining a lot of pills now. She'll be able to learn how to produce two furnaces of pills at the same time."
Liang Yan was impressed.
Master Lingxu had been refining pills for hundreds of years. Even when he was refining low-level pills, he could refine two cauldrons of pills at the same time. That was because Lingxu had been refining pills for hundreds of years and was already familiar with it. However, this child had only been refining pills for about half a year. She was really a genius!
Master Lingxu continued to ask, "how's Chi Yan? She can't be refining pills too, right?"
Liang Yan immediately cupped his fists and said, "Master, you're right this time. Chi Yan has been in the alchemy room for the past two to three months. I heard that she and Little Junior Sister have set up some kind of alchemy service. They can help other disciples to make pills and they need to take a commission from it."
Master Lingxu was speechless.
"Is it Dong Xi's idea?" Lingxu asked.
Chi Yan was born to be more upright, and her innate pride would not allow her to do so.

"That's right," replied Liang Yan immediately, "Little Junior Sister has always been smart."
When Lingxu heard this, he sighed. "This girl She's a little too clever. The sect's original intention was to let those disciples practice, but in the end, the little girl refined all the pills. What else can the others practice?"
"Master, Little Junior Sister has thought of all the problems you're worried about, so she only takes on missions that are owed to the sect for more than 30 years," Liang Yan said.
Lingxu remained silent, while Liang Yan continued, "Well, there are still benefits for the Juniro Sisters refining pills like this. All the disciples of the Alchemy Sect are very diligent under Dong Xi's leadership. The alchemy room is full every day. If you want to refine pills, you have to queue in advance. The stock of the Spirit Restore Pills and Wind Speed Pills is sufficient. I came here today to ask you if you could sell some of the middle and lower-grade pills that the sect disciples don't need to the next-door Destiny Valley?"
This time, Master Lingxu was truly shocked. It had only been half a year, and the sect's medicinal pills had gone from being in short supply to having an excess?
"That works too!" Master Lingxu said.
Now that the Alchemy Sect disciples were so secretive, the chances of being able to refine pills perfectly had been greatly increased. As a result, other than top-grade pills, no one was willing to eat middle and low-grade pills.

The master and disciple talked for a long time before Dong Xi climbed up, panting.
Dong Xi cast a spell to clean herself and shouted towards his master's cave, "Master! This disciple is a little late!"
Lingxu and Liang Yan, who had long been used to voice transmissions, were instantly stunned when they heard Dong Xi shouting.
After a moment, Lingxu deactivated the restriction and let Dong Xi in. Seeing Dong Xi's flushed face, Lingxu asked in confusion, "Did you climb up on your own again?"
Dong Xi nodded and looked at her master. She asked, "Master, I have something to ask you."
With a wave of his hand, a cup of tea flew to Dong Xi. Lingxu said, "Drink some tea and rest for a while."
Liang Yan, who had been talking for a long time without even drinking a sip of water, was speechless.
Could Master's favoritism be more obvious?
Dong Xi did not hesitate. She lifted his teacup and took a sip. After drinking, she immediately felt refreshed.

Dong Xi's eyes brightened and he praised, "Master, this tea is really good!"
"Since Xiaoxi likes it so much, I'll bring some back for you," Lingxu said with a smile.
Dong Xi secretly took out a porcelain bottle from her storage ring and said with some embarrassment, "Can Can I do that?"
Looking at Dong Xi's actions, the smile on Master Lingxu's face became even wider. "Since you acknowledge me as your Master, then once a Master, forever a Father. There's no need to be polite with me."
Chapter 154 Experience Sharing
Liang Yan did not know if he should say some things. This was not what Master had said to his fellow disciples.
Dong Xi looked at Liang Yan and casually asked, "Senior Brother has one too?"
Lingxu saw that Dong Xi was thinking about her Senior Brother and immediately smiled. "I don't have many good things, but you guys are still thinking about them. Forget it, I'll send some to Song Qingfeng and Chi Yan later.
Dong Xi immediately cupped her fists and respectfully said, "Xiaoxi thanks Master!"

"Master, why have you called me here?" Dong Xi asked.
"I've already seen the way you made Chi Yan's pill, it's very novel," Master Lingxu said.
Dong Xi said, "I'm just helping Little Senior Sister to find some patterns. Although this method can allow little Senior Sister to refine pills, it's still very difficult to refine pills perfectly. We must try it again!"
"That's right." Master Lingxu nodded. "This method of yours is only used on Chi Yan, so it's indeed very limited. However, if you share it with the other disciples, there might be even more unexpected gains."
"That's true," said Dong Xi. After all, the other disciples all have wood spirit roots and can feel the changes in the spirit plants in the cauldron.
"When you're not busy, you can go to the alchemy room and share your experience with the other disciples!" Master Lingxu said after a moment of thought.
When Dong Xi heard this, she immediately understood. Wasn't this just a top student sharing her learning experience with others? In her previous life, Dong Xi had shared many of such things, and this Dong Xi was very good at it!
Now that her honored master had suggested it, Dong Xi naturally agreed.

There were so many disciples in the Alchemy Sect, and every single one of them would try to hide what they had comprehended. However, Dong Xi had actually agreed to it immediately, which made Master Lingxu's impression of Dong Xi even better.
"Xiaoxi, did you have something you wanted to ask Master?" Lingxu asked with a pleasant expression.
In other words, Dong Xi had already entered the sect for almost a year. As Dong Xi's Master, Lingxu had never given the child any guidance. He really could not be considered a good Master.
Dong Xi immediately said, "Master, I've been studying body tempering recently. Every day after body tempering, I have to take a medicinal bath. It's really troublesome. I want to ask Master if there are any suitable medicinal pills?"
"What?" Lingxu asked in shock. "Body refining?"
What was this little girl trying to do? She was a pill cultivator!
"Yes," said Dong Xi seriously. "I've deeply realized that the human body is much worse than the demon beasts' when I went out to train. If I can make up for this shortcoming, it'll be better for me to go out and train in the future."
Although there was nothing wrong with saying this, body cultivation was really hard. It was even more painful than cultivating spiritual energy.

"Xiaoxi, are you really going to temper your body?" Master Lingxu could only ask again.
"That's right, I really want to refine my body," said Dong Xi very seriously.
Master Lingxu looked at the serious expression on Dong Xi's face and wanted to see through her heart.
"Since you've already made your decision, I do have a recipe for a pill for body tempering," Lingxu said slowly after a long time.
As he said this, Master Lingxu took out a note and handed it to Dong Xi.
Master Lingxu said, "I got this by chance in the past. It has the effect of replenishing Qi and blood. Body refinement is to condense Qi and blood. Take it and try it. If you don't understand anything, come and ask me."
Dong Xi thought that once her Master went into seclusion, she did not know when he would come out, so it was better to ask now.
"Master, what rank is this medicinal pill?" Dong Xi immediately asked.
Master Lingxu frowned and thought for a while. Then, he suddenly remembered that although this little disciple was a genius, he was only at the fifth level of the Qi Refinement stage.

Refining tier 5 medicinal pills now was more or less somewhat difficult.
Master Lingxu looked at Liang Yan, who was beside him, and said, "Liang Yan."
Liang Yan instantly understood his Master's meaning. He sighed in his heart, cupped his fists, and said, "Master, I understand. I will help Little Junior Sister refine the pill."
Lingxu smiled in satisfaction, then took out a token that looked like wood but was not wood and gave it to Dong Xi. He said, "If you need any spirit plants, use this token to get them directly."
Dong Xi took her Master's token. When she saw the word 'Lingxu' on it, she understood in her heart that her Master had given her a membership card! And it was the kind with a real name.
Dong Xi's face was filled with anticipation. She rubbed his hands and asked, "Senior Brother, if I use this token to get spirit plants, will I get a discount?"
Lingxu saw Dong Xi's appearance and said with a smile, "You can just go and get it. You don't need to use spirit stones or points. You need to exchange it with medicinal pills."
Dong Xi's eyes lit up when she heard this. She immediately said, "This is good! Although my aptitude is lacking, I don't lack medicinal pills!"
Chapter 155 Body Tempering with Me?

Thinking of how Dong Xi had paid off Song Qingfeng's 60 years of pill refining mission in half a year, and how Dong Xi had perfectly produced pills every time, she naturally had a lot of stock.
Hearing Dong Xi's words, Liang Yan remembered his unfinished 60-year mission and suddenly felt envious of Song Qingfeng.
Thinking of this, Liang Yan looked at Lingxu and said, "Master, I'll be going to the technique Hall in two days to clear the doubts of the little disciples. If I can ask Song Qingfeng to help Junior Sister make the pill, it will definitely be much faster.
"That's fine. Inform Song Qingfeng to come along," Master Lingxu nodded.
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Master Lingxu sent a voice transmission talisman to Song Qingfeng. When Song Qingfeng heard that his Master asked him and his Senior Brother to make some pills for his Junior Sister, he thought it was some high-level pill, so he asked them to do it together.
After seeing the list, Song Qingfeng immediately leaned back in his chair. He pinched the jade slip with two fingers and said with a puzzled face, "Isn't it just a fifth-tier medicinal pill? Do you still need me and Senior Brother to help refine it?"

Liang Yan shook his head, and Song Qingfeng thought that he did not need it. Liang Yan said, "No, you won't be helping me. You can make it yourself."
Song Qingfeng glanced at Dong Xi and saw her lowering her head, looking guilty.
Song Qingfeng suddenly understood something. He looked at Liang Yan and said, "Senior Brother, are you telling me Master said this? If you don't have a good reason, I won't care about your share."
Liang Yan sat on the stool and looked at Song Qingfeng with resentment. Liang Yan said, "I have no choice, I still have 60 years of alchemy left, no one is willing to help me."
Hearing Liang Yan's words, Song Qingfeng was very happy and laughed out loud. He said, "That's right. If that's the case, then as your Junior Brother, of course I have to help. Senior Brother can rest assured and complete your 60 years of alchemy. I'll be responsible for Little Junior Sister's pills!"
Then, Song Qingfeng looked at Dong Xi and asked, "Little Junior Sister, what do you want this pill for?"
"Body refining!" Dong Xi raised his head and said the truth.
Song Qingfeng looked at Dong Xi's thin arms and legs. He could not treat Dong Xi like those muscular body cultivators and rush up to fight with others.

As he thought, Song Qingfeng frowned and tried to persuade her. "Junior Sister, is it because you don't have any good magic weapons? Senior Brother has a spirit scarf, take it and use it first, it's pink, don't you little fairies like this kind of thing?"
Then, he started to search in the storage rings and found many things. He introduced them one by one, "Look, this is the Soul-Shaking Bell, and this is the Sunfire Lantern You can choose one of them."
Dong Xi looked at the magic tools in front of her. She had a deeper understanding of her Second Senior Brother's wealth. Each of these things made Dong Xi's heart flutter.
After being moved, she felt numb. Dong Xi calmed down and cupped her fists to Song Qingfeng, "Thank you"
Before Dong Xi could finish, Song Qingfeng immediately said, "Don't take things too hard and go do some body cultivation! There are many body cultivators in the Western Continent, and their thick arms and legs are almost as thick as your waist, wahaha!"
Liang Yan noticed that Dong Xi was looking at him. He nodded and said, "Your Second Senior Brother is right."
Dong Xi also knew that the two of them had good intentions, but the path of cultivation was to press forward with indomitable will. If she continued to hesitate at this time, she would produce Mental Demons.

"Senior Brother, why are you comparing yourself with others?" asked Dong Xi. "Isn't immortal cultivation the same as surpassing oneself?"

Song Qingfeng, ""
Song Qingfeng suddenly felt that something was wrong. Wasn't this Little Junior Sister a little too mature?
There were so many wise-sounding words coming out of her mouth, and she was even better at preaching than his Master.
"Little Junior Sister, have you thought it through?" Liang Yan asked.
Dong Xi nodded. Looking at the various magic treasures in front of her, she felt a bit distressed.
However, she still hardened her heart and stopped looking at the treasure. She said firmly, "I thought about this carefully. No matter what weapon it is, it's an external object. If you only rely on external objects, how can you break through your own body?"
Liang Yan muttered to himself, "External objects"
After Liang Yan heard this, he gradually became confused. After a long time, he came back to his senses and immediately said, "Little Junior Sister is right. If you've made your decision, I'll support you!"

"Now you're suddenly a good person?" Song Qingfeng said disdainfully. "Forget it. Since you've thought it through, I'll make you this pill!"
Dong Xi was a little touched. Suddenly, she had an idea. She did not know why she thought so, but she said, "Two Senior Brothers, do you want to temper your bodies with me?"