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Indeed, no needles were used, so Selena was relieved. Then, Juniper took out one moxa stick after another, and additionally, she had the kitchen maid cut some ginger slices for use later. "Mommy, let me take your pulse first."

Selena only acted as if she was playing a game with Juniper, who took her pulse and then nodded. "Mommy, you're too tired and haven't been sleeping well. Besides, you've caught a cold. I'll help you get rid of the cold first, and then I'll help you get a good sleep."

"Okay." Selena grinned while thinking that Juniper was really acting like a true doctor. "Mommy, close your eyes and relax your body."

As Juniper chanted, she put the ginger slices on their fixed positions before lighting the moxa sticks. "Mommy, you have to tell me if any of them gets too hot."

"Okay." The aroma of mugwort permeated the whole room, and Selena closed her eyes to enjoy the warmth. Whenever any of them got too hot, she would point at it, and Juniper would immediately change it. Both of them cooperated well together as mother and daughter.

At the end of the session, Juniper had Selena lie on her stomach and began to give her moxibustion at the acupuncture points on her back.

"Mommy, this is the last one." After Juniper finished speaking, she realized that Selena did not answer. Upon taking a closer look, she found that Selena had unexpectedly fallen asleep.

Smiling, Juniper waited until the moxa sticks were almost burnt out before she withdrew them all. Then, she covered Selena with the quilt and tiptoed out of the room.

Selena truly had a deep sleep this time, and when she woke up, she found that she really had a good sleep and didn't even dream of anything. Rubbing her nose, she realized that her nose did not run anymore, and her body felt extremely relaxed. Getting up, she found the smell of mugwort still lingering in the room.

"Mommy, are you feeling better?" Juniper opened the door a crack and poked her head in.

"Come here quickly!" Selena waved at her, who skipped over happily. "Juniper, I feel so much better. Previously, my cold would need to take a week to resolve, but today, I feel like I'm all better already!"

Juniper shook her head. "No, you're not all better yet! Today, you should start to experience nasal congestion, and then there will be yellow snot. But I can give you moxibustion so you won't suffer so much. Now that you have a cold, we need to remove the chill from your body. But I guarantee that within three days, you will be back to normal again!"

Selena pinched Juniper's nose. "You're amazing!"

"Of course, because I learned it all from Dr. Werner! Mommy, do you know that my master is really super powerful? He has saved so many people!" Juniper had a look of adoration on her face when she mentioned Andy. "I also want to be like him and save many, many people."

"Good, I support you, and I believe in you. You will become a very good doctor in the future, Juniper!"

"Yeah!"

Sure enough, Selena began to have yellow snot and nasal congestion as Juniper said. Later, Juniper gave Selena three moxibustion sessions, and Selena actually returned to normal again. For the next three days, Selena slept very well. However, she also realized that she should boost her immunity. She felt she was truly too weak to have gotten sick after working overtime for only a few days.

Since she had already signed up for a gym membership, Selena began to find time to go there. After she began to hit the gym, she had more chances of meeting up with Jordyn, and the two often talked about workout-related matters. Later, Jordyn introduced a fitness instructor to Selena.