Baby alliance: helping daddy get a rich mommy chapter 643

One day, Jordyn sat down in the rest area after running on the treadmill for a while. Then, she asked the receptionist to make a cup of coffee for her. Selena was a little surprised to see Jordyn drinking coffee. "Jordyn, why are you drinking coffee?"

Jordyn wiped the sweat off her forehead and replied, "I don't have much spirit today. I'm not in a great state—I have no energy during the day, and I cannot sleep at night."

While saying this, Jordyn shook her head and smiled bitterly. Next, she looked at Selena strangely. "Are you really younger than me? Your state seems much better than mine. Don't you have insomnia after giving birth?"

Selena nodded. "I did. There was a time when it was especially bad."

"Me too. After I gave birth to the older one, I breastfed the kid, and after that, I never got to sleep a full night again. I thought that everything would be fine after the kid was weaned, but even after the kid could sleep a full night without waking up halfway, I could not.

Later, I had my second baby, and, in order to be in a better state, I formula-fed the second kid. But in the end, I still cannot sleep well." Jordyn sighed deeply. "I really took a lot of drugs for my insomnia, and now, even sleeping pills don't work anymore."

Looking at Jordyn's anguished appearance, Selena empathized with her because she also had insomnia. Insomnia sucks. "Let me ask you—do you know why I work out so hard every day?"

Selena quietly waited for the answer. "I want to live a few more years." Jordyn smiled. "In the past, when I didn't have children, I could work twenty-four hours continuously and eat just one meal a day. But now that I have children, I just want to live a few more years."

This kind of heartfelt talk made Selena at a loss for words. She was also a mother, so she could also understand Jordyn's feelings. Thus, she grabbed Jordyn's hands, relying on her grip to convey words that lacked impact.

"Actually, I felt upset for a long time about not being chosen to become the president of the company. I even went to the board of directors to ask why they brought in a helicopter president to lord over me when I had worked hard for the company for so many years. The company told me that it was because I was a woman with two children; they thought I certainly wouldn't have enough time and energy for the company."

Jordyn bowed her head and smiled bitterly before continuing, "I was very angry at the time, and I wanted to resign. But later, when I went home to see the children, I dismissed the idea. Since I couldn't become the president, then so be it.

Perhaps in this way, I would have more time with the children, and also more time to focus on my own health. I'm sure you know that those of us who are working at the top of the company are all exhausted. In fact, all of us are not in good health."

Hearing Jordyn's words, Selena couldn't help but feel her tears coming.

"So I worked hard to get in shape through fitness, hoping to have a healthier body. Then, I began to focus on my insomnia issue. At first, I thought that after working out at the gym, I would be physically exhausted, and so I would sleep like a log for sure. But it turned out that this only worked for the first few days I began my fitness program. Later, no matter how much I increased the intensity, I still cannot sleep at night."

Hearing these words, Selena suddenly had a bright idea. "I caught a cold a few days ago, and I found a... traditional doctor who checked my condition for me and gave me treatment. In the end, I managed to fall into a deep sleep, and three days later, I completely recovered. Would you like to consult her?"

Selena thought that she could recommend Jordyn to Juniper. If it worked, everyone would be happy; if it did not work, Juniper was after all just a child, so Jordyn would not be so disappointed. Besides, Juniper could also learn a thing or two from treating Jordyn.

However, Jordyn shook her head. "I've eaten a truckload of traditional medicine over the past few years, okay? Do you think I haven't seen a traditional doctor before?"

"But this traditional treatment is very special. It uses a combination of moxibustion and acupuncture. Do you want to try it?"