

CEO Bride 283

Chapter 283

Her voice was clean and clear without any dissonance. It even sounded like it came with a built-in tuning effect found in incredibly sophisticated sound systems. It was nearly comparable to the covers uploaded by internet celebrities with tens of millions of followers.

Nash did not bother them. He went back to his room and closed the doors and windows, dampening the noise. Then, he took out the Box of Light from the drawer.

After having unlocked it the last time, he was able to unlock it quickly this time.

He caressed the only relic left by his family in the box as he whispered softly, "Tonight, I'll pay tribute to the ancestors of the Young family in the heavens with the blood of the Greem Bamboo Association."

Nash slid the golden dragon ring onto the middle finger of his right hand. The ring instantly shrunk, wrapping tightly around his finger.

His eyes narrowed. "This ring doesn't look to be just some ordinary ring!"

He opened his Third Eye with hopes of prying into the mystery hidden within the ring.

which made it impossible for him to look into it. Sighing, he tried to take it, off but

Was it stuck?

frowned and tried again, harder

stuck on his finger. He could even

Grandpa left it

no longer struggled with the ring. He just sat

One of the reasons was that he had been launched into one trouble after another. He had also been true energy, one must have

continue one's cultivation.

after he began circulating true energy through the major pressure points, a cyclone of faint white aura emerged in the energy center below his navel.

pushed the true energy through

strange humming sound. Subsequently, a large cloud of milky white mist spewed out from the dragon's snapped

"What... This is spiritual energy! Such abundant spiritual energy!"

Nash's state of mind shook intensely as he immediately activated the Longevity and Creation Technique to absorb the spiritual energy. The cyclone on his abdomen started spinning wildly as it converted the abundant spiritual energy into true energy.

Endless power circulated through the eight extraordinary meridians in his body. There seemed to be mild signs of his previously stagnated cultivation loosening.

Approximately half an hour later, dense mist enveloped Nash in a shape resembling a cocoon. A series of cracking sounds emerged from the bones within his body, and a surge of true energy rushed from his abdomen to the crown of his head.

A thunderous roar reverberated in Nash's mind. His eyes abruptly snapped open, and twin fleeting flames were burning in his pupils.

He had reached the peak of the Profound Reality Realm!

At the same time, his memory of the second stage of the Longevity and Creation Technique became clearer.

The Longevity and Creation Technique consisted of nine stages. The first stage involved refining true energy and stabilizing it as the foundation. Unlike others who only needed a regular amount of spiritual energy to cultivate, he required at least five times as much. This was the real reason behind his pretending to be mediocre in his cultivation. The spiritual energy between heaven and earth was already thin. Where was he supposed to find five times more spiritual energy than what an average person needed?