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Chapter 284

The second stage involved tempering one's physical body and stamina. Once in possession of a powerful physique, he would be able to even challenge opponents who had cultivated more than him.

In his previous encounter with the Nutcracker Juggernaut, both he and the Nutcracker Juggernaut had been in the later stages of the Profound Truth Realm. However, the Nutcracker Juggernaut was able to overpower him easily by using a secret technique that temporarily propelled him to the peak of the realm. He had to disregard martial ethics and resort to using Path techniques to defeat his opponent.

By cultivating the second stage of the Longevity and Creation Technique, he would gain the ability to fight beyond his level. Nash closed his eyes and began to refine his body according to the second stage techniques.

The true energy in his energy center surged wildly, transforming into dozens of before they coursed through his muscles and bones.

energy streams

There were nine stages to the Longevity and Creation Technique, but it did not mean that the first stage halted after one progressed to the second stage. Instead, Nash would be cultivating both the first and second stages simultaneously every time he cultivated. Although the nine stages within the technique seemed unrelated, they were actually intricately intertwined-seemingly disconnected yet inseparable.

The spiritual energy within the ring seemed boundless, and Nash's body felt like a bottomless abyss.

With the Longevity and Creation Technique's first stage accomplished, he did not need to worry about his body being overwhelmed. He was able to stabilize his position at the peak of the Profound Reality Realm with just an afternoon's worth of cultivating.

The second stage enhanced his physical strength and his bodily resilience. Nash could feel his body becoming more taut very clearly.

By now, it was already dark out.

At the Jonford People's Hospital, Winnie's fingers had been sewn back, and he was now looking at the ceiling with a sense of hopelessness as the hospital director's words echoed in his mind.

full recovery will be extremely difficult. It's likely that you'll end up with a lifelong

Jugegrnaut's expression was dark. His fists were clenched so tightly that they were creaking.

his martial arts and then hand

bit by bit. I want to violate his woman right in front of him and toy,

mother-in-law!

before feeding him to the dogs!" Winnie said

teeth.

was going to torture Nash ever since he was sent to the hospital. He wanted Nash to

first. I'll avenge

He had to go back now and discuss how he was going to deal with Nash.

Villa. None of the martial artists

back to the villa. It was now surrounded by groups of

to have come from all over the country and even the world. Yet, they were all dressed in matching

so many people here?" Bianca asked

just celebrated his birthday two

where all these people came from.

Skadi saw a handsome man and immediately let out a yelp, which instantly attracted

eyes.

After three seconds of silence, everyone went back talking and laughing.

"Bianca, do you see that handsome guy with white hair over there? He's Sylvester Scott. He's ranked among the top 100 martial arts experts in Sian and even made it into the top 10,000 on the world martial arts rankings!

"Oh my god, he's so handsome!"

Skadi was so excited that she immediately wheeled her chair over. However, it was also right at this moment that a figure suddenly fell before Skadi's wheelchair.

His face was flushed, and he looked slovenly. Although he seemed to have fallen rather simply, he ended up lying on his side with one hand propping up his head while the other was wrapped around a

bottle of wine.

"Hey, hey, hey! What are you doing? Are you trying to scam... Are you the Drunken Fist, Hector

Nodrunk?"

Skadi wondered if the person in front of her was actually Hector Nodrunk, the stage nine grandmaster who ranked 159th on the Drakonia Martial Arts Ranking.

He was rumored to be extraordinary in Drunken Fist and was unmatched within those of the same realm. He had even challenged experts of the Profound Reality Realm and presently stood at the pinnacle of the Drunken Fist world.

"Sorry... I fell asleep!" Hector let out a belch. Then, he opened his hazy eyes and stood up while defying the laws of physics.

Skadi was utterly stunned.