## Chapter 1961-1962 of A Dish Best Served Cold Novel

## Chapter 1961 Yin and Yang Dragon Body

After all, dealing with cruel people like Chu Zhengliang, a little carelessness, is the end of all games.

Therefore, before Mark's strength has returned to its peak, hiding his whereabouts is undoubtedly the best choice.

As for the situation in Noirfork, Mark is not worried for the time being.

As long as the news of his own fall is not spread, Noirfork will not be chaotic.

And the facts are exactly the same. Mark's cultivation this month has not heard any major turmoil in Noirfork.

The whole Noirfork Province is still calm as usual.

Therefore, in the next period of time, Mark can use more energy to improve his own strength.

"By the way, grandma."

"At the beginning, you said that this "Dragon Body" is an extremely powerful technique for refining the body."

"Not only can it increase physical strength, and enhance physical defense."

"It can also repair tendons and heal injuries. There is a self-healing effect."

"But why, I didn't feel the self-healing effect of "Dragon Body"?" "Is it too grandma, you remembered it wrong, or did I neglect something in my practice?" The secret technique of "Dragon Body" was given to Mark by the old lady.

Otherwise, with Mark's identity at the time, how could it be possible to come into contact with such powerful martial arts?

Hearing Mark's question, the old lady suddenly smiled.

"You bastard, it's really exciting."

"I thought, you can't tell?" "To tell you the truth, you didn't neglect anything, and I remembered it correctly."

"This dragon body is in perfect condition. It can strengthen the body against the enemy externally, and heal the wounds internally."

"It is a powerful martial arts that is extremely rare in the martial arts world."

"But the reason you feel this way is because the dragon body you cultivate is not complete."

What?

"Incomplete?" Mark was shocked after hearing this.

The doubts that had been haunting him were undoubtedly solved immediately.

"So, there is another "Dragon Body"?" Mark asked in surprise.

The old lady nodded.

"This "Dragon Body" is divided into yin and yang volumes."

"What you are practicing is one of the "yang" volumes. You can refine it to become a yang dragon body. It is invulnerable to swords and spears, water and fire are not invaded, strong and domineering, and extremely powerful. "The other scroll is the Yin scroll. After you have completed your cultivation, you can become a Yinlong divine body."

"The effect of this Yinlong body is that it has a powerful self-healing effect. It can regenerate the broken bones and reconnect the veins."

"You have only practiced Yangjuan, and you have not practiced Yinjuan. Naturally, there is no self-healing ability."

Old Taijun spoke slowly, in an unhurried tone, calmly.

But Mark was not so calm anymore.

After years of confusion, I finally got an answer.

My heart suddenly opened up, and then he hurriedly asked: "Too grandma, what about the shadow roll?" "Do you know where it is?" Mark's words were full of eagerness.

After all, the Yinlong body's self-healing ability can undoubtedly greatly improve Mark's survival and sustainable combat capabilities.

Just like this catastrophe, if Mark had mastered the Yinlong body, how could he be dead for a lifetime and almost fell to a foreign country?

Moreover, relying on this self-healing ability, Mark didn't have to travel all the way here to trouble Grandma and her old man to heal him.

It can be recovered completely by self-healing.

Therefore, after hearing what the old lady said, Mark was naturally moved by this Yinlong body.

"You grandson tortoise, you are really greedy."

"I wanted the recipe for my Shengshengzaohua soup before, but now I can't wait to want this Yinlong body?" "Next, do you also want to take my old house? Snatch it too?" The old lady laughed.

## Chapter 1962 Do You Really Want To Learn?

Mark's face blushed, and he scratched his head and smiled happily: "Too grandma, am I afraid to trouble you?" "Think about it, I'll be injured more often in the future, so I can't go to you as soon as I get injured. Let's run?" "Too grandma, you are tired, I am a grandson, and I feel so distressed~" Mark has a thick skin, and this is a set of nonsense.

Obviously, he coveted the ability of this yin thunder body, but he put on a look of distressed old man.

However, how could the old lady not know Mark's intestines?

"You bastard, you know how to make my old lady happy by saying nice things."

"However, Mark, it's useless to get this shameless scroll."

"You are a man and you can't practice."

"So, don't you I'm delusional, the Yinlong body is simply not something you can cultivate."

The old lady poured cold water in a pot of cold water, mercilessly.

Mark's mood suddenly fell.

After a long time, I was happy for nothing.

But Mark was still not reconciled, and asked: "Grandma, is there really no way to practice?" "Can't you have this Yin and Yang dragon body at the same time?" "Well..."

The old lady hesitated., Continued, "Actually, you can still have them at the same time."

"Haha, what are you waiting for?" "Quickly, grandma, tell me the shadow is there, I will go to practice."

Mark heard that, originally The sluggish mood, rejoiced again, and said eagerly.

However, facing Mark's joy, the old prince turned his words and continued: "However, the method is a little bit special, and it is by no means pure cultivation~" "What method?" Mark asked.

"Just...

"The old lady opened her mouth, just about to say it, but finally changed her mind, "Forget it, that method is not suitable for you, in short, don't think about Yinlong body.

"Damn, grandma, don't play with me, say ah~" "As long as I can master the Yinlong body, I can bear any suffering!"

Mark was anxious and kept asking. "You really want to learn?"

"Unable to hold back Mark's persistence, the old lady finally took a step back and asked again. "Of course!

"Mark's will is very firm. What he needs most now is strength. If he can master the Yin Dragon Body, Mark's comprehensive strength will undoubtedly be able to reach another level. At that time, the Yin and Yang Dragon Body will be added to the sky. The top ten powerhouses, Mark are confident, and shook their wrists. "Okay, Mark, since you are so persistent, Grandma will give you a chance to master the Yinlong body.

"However, whether you can grasp this opportunity or not depends on your own opportunity."

"But I said, this is your own choice. If something happens in the future, Grandma will not be responsible."

"The old lady didn't know what he was thinking, so she had to leave herself clean in advance. It seems that Mark's choice will have serious consequences. Mark is not stupid, and obviously feels something wrong., Suddenly said suspiciously: "Too grandma, don't you want to cheat your grandson?

"When the old lady heard it, she seemed to have a temper, turned her head and left. Mark saw it, and hurriedly stopped, and then smiled: "Too grandma, I'm kidding.

"You love me the most. I am your grandson. How could you cheat me?"

"Grandson believes in you."

"Next, can you tell me, what should I do?"