

Chapter 217

In the dry winter, Tong Lili, who has been tired for more than 30 hours, finally lies in her quilt. Although she is unwilling and uncomfortable, she can't open her red and swollen eyes. She is too tired.

Zhang Fan is also tired. He stays up late and has a high concentration of spirit, which makes him a little dizzy. He pulls the curtains and takes a hot bath. The floor temperature in the house is not low, and the cold outside the window can't be transmitted to the room at all.

The winter in the frontier is really cold. The temperature of more than 30 degrees below zero condenses all the water molecules in the air into frost. The dry and cold temperature is also the best time for virus growth.

In a dry climate, the mucous membrane of the human respiratory tract is easy to break. The skin and mucous membrane are the first protective wall against diseases. The dry and cold weather causes the virus to rage.

Influenza, listening to what is less powerful than what HIV, hepatitis B. Like a weak brother, there is no threat.

In fact, this disease has been accompanied by the history of human evolution. The number of people who died because of it can be said to be astronomical. The strongest outbreak was in 1918. The death toll reached more than 20 million, almost killing Europe.

This disease is really a indiscriminate attack. General diseases have a susceptible population, but this disease is not. Regardless of age, regardless of gender, it is possible to be infected. Science and technology are developing, influenza is also evolving, and humans can land on the moon, but there is no way to completely eliminate this thing.

China's ancestral medicine has been despised by future generations, but it is because of this medicine that the flu is not so rampant in this land, but in modern society, the pace has become faster, and no one is willing to treat patients patiently.

Social pressure and life pressure make ordinary people feel that they should be cured the next day when they are ill. They really can't accept the treatment of a cold for a month. Many occupations have no income if they don't work one day. They can't afford the cost of time.

At the beginning of the onset of influenza, there is no difference or little difference between influenza and the common cold. What is really abnormal is that the power of influenza begins to appear two or three days later. Generally, it is very common to have a high fever and a fever of more than 39 degrees.

Then there are all kinds of discomfort, such as chills, headaches, fatigue, muscle soreness and sore throat. If the disease is an ordinary flu, it takes about a week for the body to overcome the virus, and then the symptoms can be relieved slowly. If the body can't beat the virus, then the subsequent virus or bacterial pneumonia will come. If it can't be effectively controlled, Then the outcome is death, and like a biological weapon, death with the source of infection.

The transmission route of influenza is mainly air droplets. The virus spreads through speaking, coughing and sneezing with the secretion of respiratory tract. The most terrible thing is that the virus can stay in the air for about 30 minutes.

In densely populated areas, people within tens of meters of a sneeze may be infected. This is not a joke. People with a little age should remember the SARS that strained China. At that time, the first windows were fully open on both large and small occasions. Air circulation can reduce the number of viruses in the confined space.

Flu feels very simple. In a word, it is a virus. In fact, the disease is really complex and powerful. It is so powerful that China has to establish a systematic monitoring program for it. This is also the only disease that China attaches so much importance to and mobilizes the national medical system to monitor.

Influenza virus is an RNA virus. There are many core polymerase proteins in it. Up to now, its properties have not been thoroughly studied. Moreover, this thing will also change. If two viruses of different strains infect one cell at the same time, it will cause the recombination of virus genes, that is, the drugs that were originally effective for the disease may be ineffective after the change.

It's terrible here. Sometimes most ordinary treatment, that is, symptomatic, is not the cause. What does it mean, that is, it just treats the symptoms of patients' discomfort, cooling, cough relief and analgesia, but has little impact on the virus.

Influenza virus is not heat-resistant and can be inactivated by ordinary disinfection. But once you enter the human body, you can't help it. You can't burn people because of this! Therefore, it is necessary to wash hands more and carefully on weekdays.

In the first two to three days after the illness, the infectivity is the strongest moment, but this time is often when people don't care. If a person is sick and doesn't pay attention, the whole family will be infected, so don't feel that the family is sick. It's loving to lie down in front of him. You don't know whether there is love, but you're stupid.

In the winter flu outbreak season, once the family has cold symptoms, those who are not sick should wear masks to ensure their health before they can take care of the sick family!

In the era of Lao Huang in the municipal hospital, doctors in directional surgery only transferred to surgery, and doctors in directional internal medicine only transferred to internal medicine. Although it is also beneficial, it is not comprehensive after all. In the Ouyang era, it is mandatory for young doctors to transfer all departments.

Although this measure seems very inhumane to young doctors, because a transfer is two years. In these two years, there is no income, no status and no sense of belonging, but after these two years, doctors themselves can realize the benefits of the transfer. The first is the comprehensiveness of knowledge. Medical treatment is a complex. More than a decade ago, we began to pay attention to it after throwing away the things of our ancestors and learning to treat head and foot pain abroad.

Ouyang is also a hospital president with clear ideas in this era. This is not. This time, her idea shows great power.

In chasu City, a typical influenza outbreak occurred. The respiratory department, cardiology department and pediatrics department of the hospital were overcrowded. Not to mention adding beds, people who can find a hospital bed in the corridor are people with strong social relations. According to the normal length of stay, these people are expected to wait until next year to be hospitalized for influenza.

What should I do? Mass influenza outbreak, no beds in the hospital, what to do? Urged by the superior leaders from phone to phone, find a way! Let the hospital find a way!

Ouyang took all the logistics personnel and sorted out the hospital hall. The hospital beds and everything were easy to solve, but what about doctors and nurses? Where can I find so many professional doctors and nurses?

There is a way. At the order of Ouyang, all doctors on leave, whether you are married or sick, must come to work as long as you can walk around!

Then, the most important measures came! Iron lady has responsibility!