Chapter 231

As soon as Zhang Fan saw it, he didn't start, so he said to Lao Yu's head, "old man, use your own strength to see if you can go back in." The old man held his strength, and the muscles around his ass were contracting with the naked eye. Then, slowly, a prolapsed bowel entered. She saw such a strange thing with her own eyes. Yu tou's wife covered her mouth. She couldn't help laughing and felt inappropriate. Don't laugh, but the scene in front of her was really funny.

"Old man, go in. Now that your pants are off, I'll check them for you. " Zhang Fan said and took a step forward. He wanted to make a digital diagnosis of the anus.

What's the feeling of this examination? In professional terms, it's really meaningless. The examiner wears gloves, applies lubricant and gently inserts it into the anus and rectum. That's it, a few words.

If the doctor feels it, it's really strange. First, the sphincter force of the anus is relatively large, and the temperature inside the rectum is higher than that on the skin surface.

When Zhang Fan gently slipped his lubricant coated finger into Lao Yu's anus, Lao Yu's head began to contract the anal sphincter as soon as he was nervous" Relax, old man. The more nervous you are, the worse you feel! Soon. "

"Yes!" Although the promise is good, the muscles just can't relax. Muscle tension, Zhang Fan's fingers are like being held tightly by a toothless old lady with her mouth, and with the contraction of muscles, there is a force to suck her fingers inward! The surrounding soft intestinal wall gently and smoothly stroked Zhang Fan's fingers. Weird comfort!

Gently quit, and then patted Lao Yu's head on the waist with an unchecked hand, "well, old man, get up slowly and put on your pants."

Zhang Fan took off his gloves, washed his hands and sat in a chair waiting for the old man to clean up" Old man, at present, you can still treat it with conservative methods. If you can't, you have to operate. "

"I don't want surgery!" The old man probably didn't understand the meaning of conservatism, but he immediately stared at the operation and said.

"Listen to the doctor first. What are you worried about?" The old lady pushed her old man.

"Do you often constipate?" Zhang Fan asked while writing the outpatient medical record.

"Well, I've been constipated since I was young. Ouch, sometimes I squat for half an hour and my feet are numb and I can't stand up. "

"Have you seen this constipation?"

"What can I see here! No. "

"Grandpa, your condition is probably related to your constipation, and frequent constipation leads to abnormal abdominal pressure, which makes your anus prolapse. I'll prescribe some medicine for constipation first. You go back and have a look. "

"The intestines come out. Can you take medicine? If you can't, you can have an operation. When you sneeze and cough, the intestines fall out. It's really scary!" The old lady said with a little worry.

"If you want to have an operation, do it yourself, but I won't!" Old Yu stared and said that he didn't see it himself. He didn't feel serious, but the old lady saw it with her own eyes.

"Don't worry first. Take medicine first. If it doesn't work, come back to the operation." Zhang Fan smiled, old child, that's it.

Don't laugh at this prolapse. People used to eat more coarse grain and do more physical work. There are not many diseases due to stress prolapse, but look at people now.

In the morning, a cigarette, holding a mobile phone, especially on weekends, a toilet can go for half a day. It feels very comfortable. In fact, this hurts the anus the most. For a long time, hemorrhoids and anal prolapse can't run away. It should be easy to finish in three to five minutes.

And now the refinement of diet is also an important factor leading to constipation. An appropriate amount of coarse grain is necessary, and the importance of coarse fiber is self-evident.

After the examination, he wrote the outpatient medical record. The old man took the medical record and said, "what's the matter, old man, you say." Zhang Fan looked at the old man's expression and asked.

"Doctor Zhang, don't tell your father-in-law about this, otherwise I can't be a man!"

"Well, don't worry, I'll keep it a secret." The old man and his wife left. Zhang Fan and the nurse couldn't help laughing.

In the morning clinic, hemorrhoids account for the majority, and the identities of patients are very similar. They are almost sedentary and long-standing occupations, with a large proportion of drivers, teachers and organ cadres. Some are in severe pain, and some are bloody stool. Zhang Fan took in several patients who needed surgery in one morning.

Back to the Department, Zhang Fan looked at the reception of the patients. Generally speaking, it is still good. The doctors in the Department are still cooperating. What should we do.

Shao Hua has prepared everything that should be ready. Although Zhang Fan is very worried, he has asked many friends who have been to Thailand. They all say it's safe and there's no problem following the tour group.

"How many days are you going?" Zhang Fan watched the two girls busy packing up.

"Ten days, what's the matter? Do you want to go?" Shaohua asked Zhang Fan while packing up.

Zhang Fan tilted his lips. "Are all the things ready. What else do you need to buy? "

"Even the clothes for changing seasons, there is nothing else to prepare for. Go out and get them. Stand in the way! " Zhang Fan is also helpless. Shaohua takes his sister to see the world. Although he is not at ease, he can't help it. Who makes him a local steamed stuffed bun.

Zhang Fan's parents have gone to the capital. The next day, the old couple regret to die. This season, the tourism in the capital is off-season, with bad climate and serious haze.

And the most serious thing is to eat. The tour group said to take care of food and accommodation. It lives in a small hotel. It tastes moldy when entering the door. That's OK. Three meals a day. I've really starved the old couple in the past two days. Zhang Fan's mother, who didn't eat much, now has a super good appetite.

Not good cooking, but less. Ten people at a table, although they are all old people, there are a lot of people. Rice is full. What kind of rice is very cheap, and then there are four dishes. There are four dishes on a small plate, including shredded potatoes, boiled cabbage, scrambled eggs with tomatoes, sauerkraut noodles and meat. The meat is almost invisible minced meat.

A group of old people follow the guide during the day. They can walk more than ten kilometers a day. They have a large amount of activities and have no oil and water. After two days, these people are really hungry. The dishes are finished in an instant. A basin full of brown rice is also clean.

They are old people who are reluctant to spend money, and they are ordinary people who are reluctant to spend money. The old couple lay on the hard board bed in the small hotel. Zhang Fan's father chirped, "Hey! I'm really suffering. What I think about every day is meat, fat braised meat and braised lion's head! "

"Why don't we go out and eat? Look at the saliva around your mouth and wipe it quickly." Zhang Fan's mother, who ate three bowls of brown rice, said.

"Forget it. Just bear it. When you get home, eat well for three days! Never travel again. This is not tourism. This is a foreign crime! "

During the seven-day tour, the tour group took these old people to the Great Wall, climb Xiangshan Mountain and watch the flag raising. Anyway, they went to all the places they should go. They came as much as they could. As soon as they returned to the hotel, these old people almost lost their strength.

On the last day, the so-called functional belt that can treat systemic diseases and enhance physique was brought out by the Miss guide. The upper and lower lips fooled these old people. The most important thing is that this belt can appetizer! It's very good to prolong life, give it to relatives and friends and use it for yourself.

"This belt can relieve everyone's fatigue and fatigue. Now let's try it. Tomorrow is the last day to take it back. Today, the boss of our functional belt invites you to eat and take a bath. "

The meal was not bad, at least a little meat. After dinner, these people organized the elderly to feel the culture of the old capital and take a bath!

The next day, Miss guide began to deceive, what fatigue was gone, and what food was very delicious. People are random animals, especially the elderly. They arranged a good care and scrambled to buy it with money. A group of old people, unwilling to eat or drink, began to buy a belt, three thousand three!

Almost all the old people who went there bought it. The atmosphere was mysterious. If they didn't buy it, they seemed to be sorry for who they were. They were experts in creating the atmosphere! Zhang Fan's mother also bought one. She was reluctant to buy two, so she bought one and changed it with Zhang Fan's father!

Hey!