

Chapter 5481

Mateo praised and affirmed Nanako so much, but Nanako herself was extremely humble.

After bowing deeply, she said flatly, "Thank you Master Hong for your compliment."

"Compared with you, I am just a primary school student who has just started."

"I dare not be called a martial arts genius."

"Now I have just found the way of introspection, so I should work hard."

Mateo praised, "In addition to talent, a good martial arts technique is the second element of martial arts practice,"

"And being not arrogant or impetuous is the first element of martial arts practice."

"Three elements, Ms. Ito monopolizes the three, and the future is bound to be limitless!"

Nanako bowed again, "Thank you for the affirmation, the students must go all out!"

Mateo nodded, smiled, and said, "The lunch break is short,"

"Let's go to eat I will continue in the afternoon."

Nanako smiled and shook her head and said,

"I will not go, I will hurry up and continue to consolidate!"

Seeing her working so hard, Aoxue on the side quickly said,

"Then I won't go either! I want to try Nanako's kind of method!"

Mateo didn't know what the two of them were talking about just now,

Thinking that Nanako had imparted some experience to Aoxue, so he said with a smile,

"Okay, okay, if you two keep encouraging and helping each other like this,"

"You will definitely be able to get twice the result with half the effort!"

After that, he smiled and said, "Then I won't bother you two."

The two hurriedly bowed to say goodbye, and after seeing Mateo leaving,

They hurriedly sat back on the futon again.

Aoxue couldn't wait, so she quickly sat down cross-legged, and said excitedly,

"Nanako, I'll try it now as you said!"

Nanako nodded, and said, "Be sure to have nothing else on your mind,"

"Once you start trying to brainwash yourself, subconsciously tell You have really realized your soul is out of your body,"

"So you must not be troubled by any movement around you anymore,"

"Look for that high place in your heart, and when you find it,"

"Jump, you will definitely gain something!"

"Yes!" Aoxue said heavily Nodding, "I am also grateful to you in my heart."

For ordinary people, if they find a way to break through,

They will regard it as the biggest secret in their hearts,

And they will rarely reveal it to others.

But Nanako didn't keep any secrets at all, and even explained all the details to her in great detail,

Which made Aoxue thank her and admire her very much.

However, the two girls didn't have too many polite words at the moment.

After Aoxue settled down, she began to concentrate on finding a breakthrough according to the method Nanako introduced.

Nanako, on the other hand, quietly took out the mobile phone with flight mode turned on from under the futon,

Turned off the flight mode, and quickly sent a message to Charlie.

Charlie saw her fingers flying on the screen for a while,

And the mobile phone in his pocket immediately vibrated,

And he knew that it must be the message from her.

He took out his phone and saw that it was her.

In the message, Nanako said, "Mr. Charlie, I have great news to share with you!"

Charlie pretended not to know anything and replied

"What good news? Tell me about it."

Nanako replied, "I have already mastered the method of peeping into the meridians and circulating true qi!"

"Strictly speaking, I am already a real warrior!"

Charlie pretended to be surprised, "Really?!"

"Breakthrough into a warrior so quickly?! Isn't it too fast?"