

Chapter 6820

The two looked at each other and nodded at the same time,

And put the pill into their mouths at the same time.

Before the pill entered their mouths,

They could feel the vigorous spiritual energy contained in the pill,

Which was almost gushing out of the pill.

People who practice Taoism are extremely sensitive to spiritual energy.”

“And there is no spiritual energy in the world for them to absorb.”

“So when they come into contact with the pills rich in spiritual energy,

Their intuition will become very sharp.

The two suppressed their excitement and put the pills into their mouths.

As the pills turned into a hot stream,

They both felt an unprecedented strong spiritual energy entering their stomachs,

And then rushing to the sea of consciousness in their brains along the meridians.

Although the two had prepared themselves mentally that the Super Cultivation pill would be much stronger than the small Cultivation pill,

When the pills really dissolved in their bodies,

They were both shocked by the incomparably powerful spiritual energy.

This Super Cultivation pill can at least be equivalent to dozens or even nearly a hundred small Cultivation pills.

Moreover, pills are like taking medicine when people are sick.

If the dosage is small and scattered, the effect will be greatly reduced.

So, in summary, the efficacy of the Super Cultivation pill is enough to be equivalent to a hundred small Cultivation pills.

The two felt like a person who never had enough to eat,

Suddenly got a feast that could last for days,

And the spiritual energy in their bodies instantly rose several levels.

Charlie used spiritual energy to transfer the spiritual energy into the two people's bodies,

Helping them to guide the spiritual energy into the sea of consciousness,

And reminded them: "Don't keep all the spiritual energy in the sea of consciousness."

"Now, follow me to mobilize the spiritual energy from the sea of consciousness."

"And let the spiritual energy strengthen your meridians."

The two were not proficient in controlling the spiritual energy.

Ria had always had little spiritual energy in her body,

And the little spiritual energy she had was left in the dantian.

Although Jeremiah had opened her sea of consciousness,

She was reluctant to transport the spiritual energy she had accumulated into her meridians on weekdays,

And kept it in the sea of consciousness just in case.

Now, Charlie asked them to lead the spiritual energy out of the sea of consciousness and transport it into the meridians.

At first, the two instinctively felt a little distressed,

But this was Charlie's order after all.

The two did not dare to delay at all,

And immediately followed Charlie's instructions to transfer the spiritual energy from the sea of consciousness to the meridians of the body.

After being nourished by the spiritual energy,

The meridians have become stronger and stronger,

And even the smoothness is constantly improving.

For those who practice Taoism, they often ignore the strengthening of the meridians and the body because they have mastered the spiritual energy.

But in fact, the meridians are the underlying structure of cultivation.

This is like the infrastructure of an industrial country.

The better the infrastructure, the faster the future development speed.

Because there is abundant spiritual energy to squander,

The two realized for the first time that the meridians can have such a powerful change under the effect of spiritual energy.

The improvement brought by this change is very obvious,

So that the two can immediately realize that their bodies have undergone earth-shaking changes.

More than an hour later, the two used nearly half of the spiritual energy contained in the elixir to strengthen the meridians and Dantian.

After the meridians and Dantian have been greatly improved,

The two have noticed an obvious change,

That is, once they need to mobilize a large amount of spiritual energy,

The unobstructed meridians will make their response speed faster.

At this time, the two heard Charlie's voice ringing in their ears:

"Okay, you can end the meditation."

The two opened their eyes at the same time and saw Charlie in front of them,

And they were very excited.

Everyone can realize that their strength has been greatly improved.

Although it is just a pill,

It can at least save them two to three years or even four to five years of hard training.

Jeremiah stopped sitting cross-legged and knelt directly in front of Charlie,

Saying respectfully: "Thank you, Mr. Wade, for your help!"

Ria also hurriedly followed suit, kneeling side by side with Jeremiah,

And said devoutly: "Thank you, Mr. Wade, for your help!"