

## Clan Cultivation 60

### Chapter 60

After describing the concept of self-cultivation and basic theory, from shallow to deep, he began to talk about some things to pay attention to during the Qi training period, how to quickly improve the cultivation base, how to quickly break the bottleneck, the taboo of taking medicine pills, and how to get rid of the erysipelas in the body. ;

Next, I will talk about some common sense, some precautions, and some key things in the foundation-building period, how to avoid detours, how to solidify the foundation, and increase the probability of breaking through the realm of Zifu.

Many cultivators listened and suddenly realized.

Even Lu Xuanji was deeply moved when he heard it.

Hearing this, I can avoid some thunder points and big pits.

Then, he talked about the Zi Mansion again, but this time it was vague, and he just said it roughly.

When it comes to the Golden Core Stage, it is even more concise.

I just talked about the ninth level of gold elixir, the ninth transformation of gold elixir, and the mana of Jiazi, etc.

At the end, Ancestor Jin Xi said, "Cultivator of Zifu, can I ask a question?"

A Zifu cultivator said, "I dare to ask the ancestors, how to achieve Jindan?"

"There are three disasters in foundation building, nine disasters in Zifu, and 12 calamities in Jindan. If a cultivator reaches the peak of Zifu, he needs to experience 12 disasters before he can become Jindan. The so-called 12 calamities can be understood as advanced Twelve conditions for Jindan." Ancestor Jin Xi spoke with a solemn tone.

"First, to convert true essence into mana; second, to accumulate ten Jiazi mana; third, the quality of mana must reach one turn of gold; fourth, at least three small supernatural powers must be perfected, or the three Great supernatural powers and small achievements, one needs to be attacked, one needs to be healed, and the other is defensive. Fifth, the spirit must be strong, and it can lift a hundred jins of heavy objects. Comparable to the second-grade spiritual tool; seventh, mana control skillfully, to enter the micro stage; eighth, to survive the thunder tribulation; ninth, to survive the calamity of heaven; It is best to have a fourth-grade spiritual treasure to protect the Tao; the twelfth, requires great luck."

Another monk asked, and Ancestor Jin answered one by one.

At this moment, a cultivator of Zifu asked, "Ancestor, without spiritual roots, is it really impossible to cultivate?"

"Without spiritual roots, it is really impossible to cultivate immortals."

Ancestor Jin Xi said: "However, there is a way to make mortals born with spiritual roots. Legend has it that True Monarch Yuanying pays a certain price to give mortals spiritual roots. Another legend is that there is a fifth-grade good fortune fruit that can be served Spiritual roots can be born after going down."

Another cultivator from Zifu asked, and Patriarch Jin Xi replied,

Soon the eight Zifu monks finished their inquiries.

"This deity, there are three tests set up in Ziyang Mountain, which test aptitude, comprehension and luck. If aptitude is not good, comprehension can make up for it; if aptitude and comprehension are not good, there is still luck to make up for it. If aptitude and comprehension are not good, luck is also bad. Stop cultivating as soon as possible, go home and retire directly."

Ancestor Jin Xi said lightly, with a cold tone.

With a wave of his arm, thousands of people in the square immediately disappeared.

The next moment, he appeared at the foot of the mountain.

impressive!

Lu Xuanji sighed in his heart.

Thousands of cultivators waved their hands and sent them down to Ziyang Mountain. This was a demonstration.

Preaching, this is kindness.

But just now, it was a demonstration.

The long-term way is to give both kindness and power.

At this moment, a woman in white appeared and greeted everyone to the first level.

"Fellow Daoist Long Xuan, what's the point of these three levels?"

At this moment, a Zifu monk asked.

"It doesn't matter. Success is the best, and it's okay to fail. Power is just a game for my young lady."

But everyone looked at her, but they did not despise her, but were in awe.

Long Xuan, both the maid of Old Ancestor Jin and the younger sister of Old Ancestor Jin, have a deep relationship with each other, not to mention that she is a cultivator of the Purple Mansion, and she is powerful in her own right.

Walking on, I came to a hillside with one hundred and eight steps.

"This is the first test."

Brush brush brush!

The monks began to climb, and the ten steps ahead were quickly climbed up.

But soon some monks couldn't hold it anymore and rolled down the steps one after another.

But there were also monks who persisted and continued to climb.

Lu Xuanji also climbed the steps. When he climbed the steps, he felt a repulsive force, a squeezing force, that pushed him down the steps. Sure enough, there was a cultivator in front of him who couldn't hold it any longer and was pushed down the steps, but when he was pushed down the steps, there seemed to be a force to bless him, and he flew so high that he didn't hit the person below.

Brush.

The second, the third.

Lu Xuanji was constantly climbing, and the repulsive force was also increasing.

He had to push his true essence and keep climbing forward. When he reached the fifty-fifth order, the pressure was increasing, and his true essence was running faster.

Dengdeng.

At this moment, Lu Xuanji saw that there were three cultivators of the Purple Mansion who had already reached the top.

At the same time, more than a dozen cultivators were seen being pushed down.

Keep moving forward, with the increasing pressure of advancement, it seems that the true essence has been tempered, and the purity is improving.

This step has the effect of quenching true essence.

Lu Xuanji was slightly happy and continued to climb.

In the end, one hundred and eight steps were completed, and they reached the top.

At the same time, there were thirty-five monks, twenty-four in the Qi training period, eight in the foundation-building period, and three in the Zifu period.

This test is mainly to test the purity of true qi, or true essence.

For those whose cultivation was improved by taking drugs, most of their true qi or vain true essence would not be able to withstand the pressure and would be pushed out. On the contrary, the cultivators of Zifu have all experienced the purification of real essence, and the purity of real essence is high, and they can pass the first level.