

First Strong 288

Chapter 288 - Leave, give away

This time the retreat, Shen Lang certainly did not have time to rest and sleep, basically it is not eating or drinking.

In the dead forest that year, he did not break through the third weight. He only spent one night, and that is still the effect of all the spirits and the first Yangshen.

It is not used for such a long time to absorb all these spiritual springs. It is also to directly make up for the overdraft of his body.

Then began to absorb the energy inside the Lingshi, in addition to leaving a backup, the spirit stone of the blue sea, and the medium Lingshi here, Shen Lang are crazy absorbed.

Has been through three days and three nights of retreat!

But the problem has come. Now he has more and more reserves in his body, but he is still a little worse than breaking through the fourth weight of “Yin and Yang Bozhengzheng”.

It is equal to saying that he is now the third peak of cultivation. When he has just broken through the third weight, he is already high and does not know much. It is much stronger than when he came back from the dead forest.

But if you want to break through the fourth weight, you still can't do it. You need an opportunity!

In fact, I want to make a breakthrough. Shen Lang is completely clear. After all, this was created by his various comprehensive works of Buddhism and Taoism in the later period. The problem is that it takes time. If you want to quickly “jump”, you can only rely on the opportunity of external force.

Since the card is at the third peak, Shen Lang has not forced it. This is a strong demand.

After three days and three nights of retreat, he is ready to leave the sword.

The Lingshi left by the cold autumn, Shen Lang obeys the promise of high separation, that is, cultivated and used, and did not take it away, but it also consumes five medium spirit stones.

After the immersion and absorption of Lingquan, the Qiushui Sword is obviously different from the one that has just returned to him. Now, with the recovery of Shenlang's strength, it has improved a little, and it is no small progress.

Although he has not encountered the Chu Mofeng, but if he analyzes it at a high level and the level of the sovereign, even if it is not difficult to win, it is not a problem to escape when necessary.

From the Jianling, Shen Lang confirmed that the Jianling had recovered, and then rushed over to the direction of the sword.

Before I even went to the Jiange, I heard the voice of Gao Li: "Are you coming out? Come straight up!"

Gao Li must always pay attention to the situation of Jianling, but Shen Lang did not expect how long the retreat would take, and he could not keep it at all times. The relationship is forbidden and it is not convenient for the arranger to guard.

I came back to the room above the Jiange, but it was different from the three days ago. Gao was not sitting in the big room, but waiting for him at the door.

"It seems that Shen Xiaoyou's harvest is not small, but he is grateful!" Gao can see the change of Shen Lang at a glance.

Shen Lang smiled a little: "In fact, I was injured before, but now I am only recovering after a small upgrade."

He noticed the words of high separation – "little friends"!

At the beginning, Gao Li was arrogant. His elders were strong and respected. It was the lord who saw him and he also had to respect the three points. People like Shen Lang need not say anything.

After the exhibition on the back reveals the understanding of Qiushuijian and Jianling, he unconsciously changed his mouth “Mr. Shen”, but now he uses “little friends”, indicating that there is still a close relationship.

“please!”

Please Shen Lang enter, after the guest host is seated, Gao Li personally began to charcoal fire tea.

“I have to go, to say goodbye to the elders.” Shen Lang said directly.

“Can you be sure?” Gao Li did not retain anything, and it was very direct.

Shen Lang smiled and said: “Nothing needs to wait until you are sure to do it again. I am visiting Jianzong, and I am not sure that you will pay attention to

This makes the high-distance and a bit of awkwardness. They really don’t pay attention to the Shenlang. Now they are also helpless after paying a great price.

“Do you want the old man to help?” Gao Li asked again.

Shen Lang glanced at him: “The high elders should not be hypocritical. Is this really helpful?”

Gao is away from the orthographic color: “Because of the relationship of Xiaoyou, let me see the cold autumn public hand book, for our swords, there is great benefit. This love is to be returned. As for the Chu Mofeng...”

He showed a proud attitude: “I am not afraid of him!”

“Thank you.” Shen Lang arched his hand: “The strength of the elders, I believe, the foundation of your school, I believe more. This is not afraid of bringing trouble to the sword, but my grievances with them, but also me. Handle it yourself!”

Although Gao Li is not a guest, but it has not reached such a level of care, Shen Lang does not want to owe human feelings.

“Not bad! Men should have such an imposing manner!” Gao Lizan praised.

After a simple tea drink, Shen Lang resigned.

“And slow, I have a little blessing!”

Gao Li said, took out a small tray that was prepared with five medium-spirited stones and a bottle of medicinal herbs.

“Lingshi is helpful for your future cultivation. The medicinal herbs are prepared for injuries. It is best not to use them.”

Shen Lang can't smile, he is straight, and even the medicine after the injury is ready...

“Since the elders are so heart-warming, I am also welcome.” Shen Lang generously accepted: “And I also tell you, the spiritual stone inside the Jianling, in addition to cultivation and consumption, I did not bring one out. The water there It's not bad, quite aura, I'm drinking it.”

In this case, he is a bit embarrassed to let Gao.

In fact, to send this gift, Gao Li is of course useful, that is, deliberate enthusiasm, so that Shen Lang's conscience can not pass. If you really want to take away those spiritual stones, you may leave them out.

An explanation behind Shen Lang, the natural explanation is to see through his intentions, but also to clarify that he did not take it away.

As for Shen Lang, who intentionally or unintentionally told him the secret of Lingquan, he did not put it in his heart. He thought that Shen Lang did not bring food and drink. He was thirsty and drank water.

“Is it a good way to leave a contact? After all, it is a good friend hundreds of years ago, I hope I can be a friend in the future.” When he got up and sent the Shenlang, Gao Li took out a mobile phone.

No problem, Shen Lang also took out the mobile phone and exchanged the number, WeChat and other contact information with him.

Although they are in the depths of the Tianshan Mountains But from time to time someone is going out and practicing, it will not be completely closed, the outside trend may not keep up, but it will not be out of touch with the times.

Shen Lang also basically confirmed that the friendship of high separation is directed at this. Leave contact information, if there are still problems in the future, such as Jianling, such as the practice of what, perhaps will find him again.

After all, he is more aware of the outsiders in the cold autumn era than their own.

Gao Gao sent Shen Lang down the sword, and then summoned to praise, let the singer send Shen Lang out.

To praise the previous attitude, it is more respectful. Now see the attitude of the elders and let him be more respectful.

From the valley outside the magic array, Yang Yang did not stay on the rock, and directly followed the sent waves to the edge of the Tianchi. When Shen Lang urged him to go back, he handed a black card with respectful hands and said that their peripheral forces were still a bit of a business in the world. This card can be brushed by him.

Shen Lang was slightly hesitant and accepted. Money is nothing compared to things that are high.

This is considered to be the high sincere representative of the friendly sincerity given by Jianzong.