Gacha 31

31 Muscle Refining Pill

The next day was the same, but this time, Alex started to refine muscle refining pills.

"Alex you have come"

"Yes teacher"

"Then today we refine restoration pill"

Alex shook his head "I want to refine muscle refining pill first".

Alex wondering, if his strength becomes too strong for the body to handle, he will get hurt from the inside, like his bone or muscle. Since he from modern earth, he learned this in biology class. So he decided to make a muscle refining pill first.

The dean didn't ask why Alex choose to refine that. But the king already told him, Alex is from another world. so he thought maybe he chose that because of his knowledge from another world.

Alex grabbed a set of muscle refining pill ingredients. He started to refine them according to the recipe.

'first time...failed'

'second time...failed'

'fifth time...failed'

'tenth time...succeed'

'fifteenth time...succeed'

He stopped after the fifteenth time. He only managed to make 3 out of 15 sets. The success a bit low, but he still satisfied, because he managed to make a top-grade one

[Low-Grade Muscle Refining Pill (53%)

Use: refine the muscle in the body (bronze)

Limit: 1]

[Mid-Grade Muscle Refining Pill (78%)

Use: refine the muscle in the body (silver)

Limit: 1]

[Top-Grade Muscle Refining Pill (96%)

Use: refine the muscle in the body (gold)

Limit: 1]

According to the recipe, a low-grade pill muscle refining pill will make your muscle strength like a bronze, while mid-grade become silver, top-grade become gold, and for peak grade, it will become diamond. The better the grade of this pill, the higher your muscle efficiency to channel strength.

"Hmm... I will refine the peak-grade one then"

He refined another fifteen set ingredients, this time he managed to make 5 out of 15 sets. But he leaped out of joy because he managed to make one peak-grade pill.

[Peak-Grade Muscle Refining Pill (100%)

Use: refine the muscle in the body (diamond)

Limit: 1]

He immediately ate the pill. Suddenly a pain came from all over his body.

"Aahh.....!" He screamed.

The dean shocked, he immediately came over to Alex.

"Alex...Alex... What happened to you?"

"Aahhh...Wait..a...bit...tea...cher" Alex tried to endure the pain from the inside of his body.

"Aahhh!" Alex continued to scream in pain

"I..." He wanted to help but, looking at Alex who had a determined eye he stopped. It pained him seeing Alex like this.

After a while, the pain subsided.

"Ha....ha..." Alex laid down tiredly. "I am fine now teacher". After he gave a confirmation to his teacher, He immediately saw his status

Name: Alexander Sirius (Peak Phase Body Tempering Stage)

Job: Adventurer(Primary), Alchemist(Secondary)

Rank: 2

Level: 271

STR: 435

AGI: 378

VIT: 401

DEX: 394

INT: 190

So this is what it means muscle refining. His whole body was sore, but he noticed, he has better control from his body.

Muscle refining pill didn't increase his STR and INT but increase his DEX and AGI greatly, even his VIT manage to break 400 points. This is the effect of the peak-grade muscle refining pill.

"Alex...you okay?"

"I'm fine, teacher. I just eat a peak-grade muscle refining pill. Just now I manage to refine my muscle"

"I see, as long as you are fine." Then he asked, "What is the effect?"

"The effect increase your DEX and AGI greatly, and also VIT. But didn't add any STR and INT"

The dean nod. "AGI, VIT, and DEX are related to muscle. I remember when I trained my muscles, those three are the ones that increased."

"But, The pain like what teacher just saw"

"Though the pain was great. If you look from the greater view, your muscles will be refined to... I can't say to its peak, but close to it. while you only need to endure the pain. You don't need to do any bothersome and time-consuming training. This is really good, though it is the effect of peak-grade one, the lesser grade still gave a big advantage." The dean nod again. "So now you have genuine rank 4 prowess?"

Alex nodded.

"Ahaha.. a 17 years old rank 4" The dean laughed.

"Well, how about you rest for today?"

Alex thought for a while, he nodded. he went back to his room.

"Ah..Alex" Alicia who sat on the sofa reading book. Noticing Alex came back she welcome him

"I come back princess" Alex walk like a drunken man, he can't walk steadily because of his muscle still sore.

"What happened to you? Why are you walking like this?" looking at Alex, she worried.

"I'm fine, I refine my muscle just now. So It's still sore. I will be fine after a bit rest"

"That's good then" she relieved, then she jokingly said "What now? Maybe you will have a rank 4 prowess like you said"

"Yes" Alex said.

"That's no way right, I'm just joking wit..." she realized what just Alex said, "You now have a rank 4 prowess?"

She astonished by this development. Alex nod.

She leaped with joy, just like she was the one who breakthrough. "Congratulation Alex"

"Thank you, Princess"

"What did you do to refine your muscle? I remember when I was 14 years old my father, make me run a few kilometers with stone. After that, I can't walk for a few days"

"I..." He hesitated a bit to tell her about alchemy. But he decided to tell her "Do Princess know about alchemist?"

"Alchemist? Isn't that a legendary job? The one who ascended to godhood?"

"I'm studying in Alchemy too."

"You...you study too? That means you are Alchemist?"

"Yes, as my secondary job"

"You..." She speechless, because she was too shocked with the revelation just now.

She unconsciously hugged Alex "That great, congratulation Alex"

Alex froze, he feels the soft two mount pressing his chest. though it was smaller from Firia. But somehow, it made him happier. Alicia hugging him was better than Firia hugging him. He wonders why is that.

After a while, Alicia just realized. She blushed.

"Al...Alex... This..."

"Umm.."

The atmosphere becomes awkward.

Alicia tried to break the awkwardness, "Then you late for the past few days because making pill?"

"Yes... I'm planning to give princess and the others too. I'm still waiting for the ingredients to come"

"Thank you Alex" she didn't know what pill will he gave but she knows, it must be a very good pill. But she noticed "Others?"

"Yes, I'm planning to give grand duke, madam, Princess Lea, Princess Mia, Firia, The king and crown prince"

Alicia surprised, the one Alex choose was the one who closes to him directly or indirectly. She feels gratified when looking at Alex. "On behalf of them, I thank you" She bowed.

"Ah..Princess, you don't need to..." He tried to help her up. "I just want to repay them for their care to me"

"Alex since your muscle is sore, how about you sleep in the bed tonight"

Alex froze, after a while, Alicia froze too, she blushed. What just she said invite many misunderstandings.

"This... Since the bed was big we can sleep together." And she added many more misunderstandings.

"Ah...I mean we just sleep, only 'sleep' there were no other meanings behind it" She tried so hard to explain.

"It's alright princess, sleeping on the sofa didn't affect me a bit"

"Ah...Okay then" She didn't know why she felt a bit disappointed.

For two days, he managed to make three more peak-grade muscle refining pills with the remaining ingredients. Find authorized novels in Webnovel, faster updates, better experience,

This time he wanted to make the skin-refining pill. As usual, he grabbed a set of ingredients for the skin-refining pill.

'first time... failed'

'second time...failed'

'third time...failed'

"fiftieth time... peak grade pill, succeed'

After his fiftieth time, he managed to make a peak-grade skin-refining pill.

The skin-refining pill was even harder than the muscle refining pill.

[Peak-Grade Skin Refining Pill (100%)

Use: refine body skin

Limit: 1]

Even in the pill manual, it said the use of this pill is the same with his system 'refine body skin' there are no other explanations.

He braced himself, the pain from muscle refining pill still etched in his mind.

He ate the pill. This time he didn't have any pain. He opened his status.

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DEX: 394

INT: 205

The effect only gave a few points of VIT, so he confused. This pill was hard to make but the effect was so insignificant.

After a while, he suddenly felt his skin a bit itchy, he tried to scratch the place. When he scratch, he didn't notice his skin peeled off and the new skin becomes so smooth. Alex astonished but he immediately felt every inch of his body become itchy, he immediately stood up

"Teacher I will go back to my room" he ran away.

Even his teacher shocked, he wondering why Alex like that. He shrugged his shoulder and continue refining restoration pills.