

## God tier Farm 2511

### Chapter 2511 The mysterious power of the East (2)

“But Wu recovered in just six days! This was the truth! And the results of the examination just now showed that some of the small injuries on his body have healed. He’s now as strong as a bull!” Diego said excitedly, “he must have a way! This will be a revolutionary innovation for the recovery of sports injuries!”

As the team doctor, Diego knew Wu Lei’s physical condition the best. After all, he was the one who took part in Wu Lei’s transfer check – up the entire time. Hence, when he came to the hospital today for a full body examination, he decided to check on Wu Lei’s previous minor injuries as well. They were all contusions or physical injuries. They were not very serious injuries, but they would sometimes hurt faintly and even affect Wu Lei’s performance.

In the end, after today’s examination, except for his shoulder joint, which he was most concerned about, all the minor injuries on Wu Lei’s body had healed. It was as if Diego had found a treasure.

“Don’t be so excited! Don’t get too excited!” The interpreter quickly said, “I’ll ask him right away ...”

After that, the translator turned to Wu Lei.

Wu Lei saw how excited Dr. Diego was and how much he was talking about. He didn’t know what he was talking about, so he asked in confusion, “What’s wrong with doctor Diego? Is my examination result not too good?”

“No, no, no! Wu, the results show that you’re really close to being completely healthy!” The interpreter quickly said, “in the words of Dr. Diego, you’re as strong as a bull now!”

“So, I can participate in the team’s training?” Wu Lei asked in surprise.

“I don’t know about that, but I don’t think it’ll be a big problem judging from Dr. Diego’s condition,” the interpreter shrugged.

“That’s great!” Wu Lei could not help but wave his fist.

When he made the decision to accept the surgery, he actually had the intention to take a gamble. He did not gamble on the success rate of the surgery. The difficulty of the surgery itself was not too high, and the possibility of failure was not high. The only difference was the degree of perfection of the repair. He naturally gambled on whether the promised complete recovery within a week could be realized. This was because it sounded like a fantasy, but Wu Lei believed it for some reason.

Now, it seemed that he had made the right bet!

“Let’s not celebrate yet,” the interpreter said, “doctor Diego is going crazy! He asked me to ask you if you have any secret to your recovery. How can you increase the recovery speed by six or seven times?”

“I accepted the rehabilitation treatment of Traditional Chinese Medicine,” Wu Lei muttered to himself, “which included the external application of a pure Chinese medicinal ointment and the cooperation of acupuncture. However, please tell Dr. Diego that I’ve already promised the Chinese doctor not to reveal his name and identity. Please ask him not to ask for too many details ...”

Actually, the translator could more or less guess it. After all, he had been with Wu Lei for the past few days, and Xia ruofei had been visiting Wu Lei every day with the medicine box. No one else had come. Who else could this magical Chinese medicine doctor be other than Xia ruofei?

The translator had also returned to Spain from China not long ago. He knew Xia ruofei well. After all, Xia ruofei was a popular person on the Internet in China. Naturally, he had heard some rumors about Xia ruofei, including the rumor that Xia ruofei had personally developed the Jade skin cream. Now, it seemed that these rumors were not without reason!

As an expert in Huaxia, the translator was not prejudiced against Chinese medicine like a few Westerners. When he was in Huaxia, he had even experienced cupping and Chinese massage, but he had never heard of such an immediate effect of Chinese medicine, so he was amazed.

In the face of doctor Diego's anxious eyes, the interpreter translated Wu Lei's words to him.

After hearing this, Diego was stunned. After a long while, he muttered to himself, "Chinese medicine is so magical. It's indeed the mysterious power of the East ..."

The translator kept his professional ethics and did not reveal his guess. Although Diego was very tempted, he could not do anything if Wu Lei did not want to say more. He could only make up his mind to look for relevant information on Chinese medicine and do some research.

On the way back to the club, Wu Lei asked, "Doctor Diego, can I join the team's joint training now?"

The team was preparing for the home game against Valencia, and Wu Lei was in a very anxious mood.

"Of course!" Said Diego. Your body is completely fine! As the team doctor, I have the responsibility to report the players' physical conditions to the coaching staff in time. I should be the one to decide whether the players' bodies are suitable for training and competition!"

Diego had a proud look on his face as he spoke.

Wu Lei was overjoyed, "Thank you so much!" Doctor Diego!"

Diego, who was sitting in the front passenger seat, turned his head and blinked at Wu Lei. He said, "You're welcome, this is my job! And I think the Parrot Legion needs new blood. If you can play, I hope you can perform well in the match against Valencia this weekend. Of course, it would be even better if you score a goal!"

Parrots was the nickname of the Spanish club, and Diego was naturally a fan of the Spaniards. Otherwise, he would not have become the team's doctor. It was hard to imagine a fan serving as the team's doctor.

"Definitely!" Wu Lei clenched his fist and said.

The car first sent Wu Lei back to the hotel, then returned to the club.

Chapter 2512 The mysterious power of the East (3)

As soon as he returned to the club, Diego could not wait to go to the Office of the Head coach, Ruby. He proposed to let Wu Lei resume the team's training tomorrow.

Ruby wondered if Diego had gone crazy today, or if he had drunk too much at noon and was still unconscious. How long has it been since Wu Lei's surgery?

Diego slammed a stack of examination reports on Ruby's table and said, "I'll tell you responsibly that Wu's body has fully recovered!"

"How is this possible?" Ruby said in surprise.

He did not look at the stack of reports because he knew that Diego would not joke about such things. Moreover, there was no point in faking it. Wu Lei had only been in surgery for six or seven days. If he had not recovered, he would have exposed himself during training to a top European League team. Even if it was training, the intensity of the confrontation was not small. It was impossible for Wu Lei to complete the training without the recovery of the surgical wound.

"Wu used Traditional Chinese Medicine's rehabilitation treatment, and the effect was unexpectedly good," said Diego. It's a pity that the Chinese doctor isn't willing to come forward, otherwise I would strongly recommend the club to hire him for a high salary to specialize in the recovery of sports injuries."

"So," Ruby said, "there's really nothing wrong with Wu's body?"

"Of course! But I'm only responsible for making suggestions. It's your coaching team's business to adopt or not to adopt them!" Diego said. He then raised his chin and continued, "you know nothing about the mysterious Eastern forces ..."

After saying that, Diego turned around and left Ruby's office with a tsundere look on his face. He was going to look for some Chinese medicine books to study.

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Wu Lei did not have to wait for too long. After Diego went to Ruby's office, the club informed Wu Lei that he could participate in the team training tomorrow.

Wu Lei was so happy that he almost jumped up. He quickly told Xia ruofei the good news.

"There's still one last treatment session," Xia ruofei said. "Since you're going to participate in the training tomorrow, let's do it tonight!"

Wu Lei now respected Xia ruofei like a god. He said without hesitation, "I'll do as you say!"

At night, Xia ruofei went to Wu Lei's room to give him one last treatment and had just finished the ointment. Then, he examined Wu Lei again and found that his initial estimation was very accurate. Wu Lei's body had now fully recovered, and some of the previous internal injuries had also been cured.

"No problem!" Xia ruofei smiled and said, "you can go for the team's normal training tomorrow. Don't feel any pressure. You're completely healthy now!"

"That's what Dr. Diego said today!" Wu Lei grinned.

"I'm looking forward to your performance this weekend!" Xia ruofei said, "I'll be there this weekend to cheer you on!"

"I still don't know if I can get on the list!" Wu Lei said shyly.

"Then use your performance in training to conquer the manager!" Xia ruofei said.

"En!" Wu Lei nodded his head heavily.

The next day, Wu Lei participated in the team's normal training. Head coach Ruby specially observed him and found that Wu Lei's body seemed to have fully recovered. Some of the big confrontations were also not vague.

After two days of training, Ruby thought about it carefully and, combined with Wu Lei's performance in training, finally put Wu Lei on the list for the weekend home game against valekano.

Ruby and Diego did not know that the mysterious power of the East was still in effect in Wu Lei's home debut.

Chapter 2513 The power of the East continues to show its might (1)

On Saturday afternoon, the El prart Stadium of Barcelona, Spain, was almost full. The fans in the traditional blue and white team uniform were singing and dancing in the stands as if they were celebrating a grand festival.

It was hard to imagine that a domestic mid to mid – tier Super League team could have such a high attendance rate.

Moreover, many of these fans had been supporting the same team for several generations. No matter how the team performed, even if it was relegated, they would not change their determination.

In contrast, the domestic football culture still needed to be cultivated.

In the changing room, Wu Lei was inexplicably excited. This was his first time on the LA Liga roster since his transfer.

Although he was not in the starting lineup, Ruby had made it clear when he laid out the tactics. If the team was leading, Wu Lei would be replaced at the end of the second half. First, he wanted Wu Lei to feel the rhythm and atmosphere of La Liga. Second, he hoped to use Wu Lei's characteristics to help the team. Once the score fell behind, vallecara would definitely make a big counterattack. After all, RCD Espanyol was not a strong team, even if it was an away team. Valekano wanted to at least win a draw and one point, otherwise it would be a complete failure for them.

Through this period of understanding, especially his observations during training, Ruby had a relatively accurate grasp of Wu Lei's characteristics.

Wu Lei's technique in front of the goal was a little lacking. His ability to dribble the ball to break through and his physical confrontation ability was also slightly worse. However, Wu Lei's strengths were also very obvious, which was his speed, good awareness, and flexible running position.

Therefore, Wu Lei was often able to run through the gaps in the game. When he was in the Chinese Super League, Wu Lei got a lot of single – Blade balls. It was also because of this that the number of times he missed single – Blade balls appeared to be more, and he was even criticized by the fans.

However, on the other hand, if it wasn't for Wu Lei's awareness of running, it might have been impossible for anyone else to get so many chances to be solo.

In the LA Liga, the opponent's understanding of Wu Lei was almost zero.

Some sports media even bluntly stated that the Spanish clubs had signed Wu Lei because of the huge Chinese market behind him. In fact, his ability was not enough to establish himself in La Liga.

In this case, it was a good choice to use Wu Lei as a surprise. If the opponent was unprepared and caught off guard, they were likely to be hit from behind by the Spanish team.

Wu Lei knew that he was likely to have a chance to play in this game, and his mood could not calm down for a long time.

As the manager had to lay out the tactics, the interpreter was allowed to enter the locker room. Although the interpreter kept talking about Ruby's tactical arrangement in Wu Lei's ear, Wu Lei did not really listen to it. His mind was in a half – confused state.

This was rare for a 27 – year – old player, not to mention that Wu Lei had been training in the Chinese Super League for many years and had even won the best goalscorer in the Chinese Super League. However, when he came to the Spanish club, he seemed to be a newcomer again. Even his mentality was a bit like that of a young player.

When the players came out to warm up, the away players were greeted with a sky full of boos, while the Spanish players were greeted with cheers when they walked out of the passage.

Wu Lei listened to the singing and cheering of the audience. He felt that it was both real and unreal.

Wu Lei could experience this level of cheering once every two weeks in China, but this time he was wearing the Spanish team's traditional blue and white uniform. Standing in the LA Liga arena, the feeling was completely different.

After the warm – up, the main players re – entered the players' passageway to wait, while the substitutes went straight to the substitutes' bench and sat down.

After a while, the players from both sides, led by the referee team, stepped into the court, followed by the "song of fair play." Then they played the coin toss and went back to their own half to prepare.

With the whistle of the referee, the 23rd round of the Spain Football League First Division against vallecabo officially began.

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In the capital, thousands of miles away.

The match was being broadcasted live in a studio inside the PP company building.

PP sports had won the exclusive network broadcasting rights for La Liga this season. Originally, the broadcasting rights for La Liga were only one of the big IP for soccer in the entire PP sports. However, ever since the news of Wu Lei's transfer came out, the exclusive network broadcasting rights for La Liga had become very popular. It could be said that PP company had made a lot of money.

It was also because Wu Lei had transferred in the middle of the season, when the broadcasting rights had already been settled. Otherwise, at the same price, PP companies would definitely not be able to get it, and domestic competitors would definitely try to snatch it at all costs.

However, now that the broadcasting rights had been decided, they could only watch as PP company was envious. If they wanted to fight for it, they could only look at the next season.

Originally, due to the time difference between the broadcasts of La Liga and real Madrid, the broadcast time was not very friendly to the Chinese audience. It was basically two or three o'clock in the morning. Unless it was a hardcore fan or a popular game, such as the National Derby between Barcelona and real Madrid, there would not be many netizens watching the live broadcast.

However, for today's game, the LA Liga officials had adjusted the broadcast time. The game would kick off in the afternoon, local time in Barcelona. In China, it was midnight. Although it was still a little late, it was already a pretty good time to watch the game for many fans. The poor Chinese fans were used to enduring the time difference to watch the live broadcast of high – Level games.

Chapter 2514 The power of the East continues to show its might (part one)\_2

Moreover, once the news of Wu Lei's entry into the squad list was reported, more fans paid attention to the game.

PP company also adjusted the server resources at the last minute. The facts proved that this decision was very correct. The kick – off started at midnight in China, but the live broadcast started at around 10 pm. For a full two hours, the guests and hosts were talking about football. There were also various short videos about Wu Lei, including highlights of his in the Chinese Super League, training scenes in Spain, and even some gossip outside the stadium, such as the group photo of the three of them in the restaurant that Xia ruofei posted on Weibo.

As soon as the live broadcast began, the number of people watching the live broadcast continued to increase. By 11 O'clock, it had far exceeded the number of people watching the La Liga live broadcast at the same time. It was even more than the people watching the Derby. If the server resources had not been adjusted in advance, it would definitely be stuck now.

The judge whistled and the host, Shen fangjian, immediately said, "Hello, PP sports viewers, welcome to the live broadcast of the 23rd round of La Liga, Espanyol's home game against valekano. Today, we have Jia Tianning, director Jia, and I, Shen fangjian, to bring you the commentary. With the whistle of the referee, the game has officially begun. Next, I will introduce the starting lineup of both teams. Later, we will also combine the game and ask director Jia to analyze the formation and tactics of both teams ..."

While the two players were introducing the starting lineup of both teams, the live broadcast camera swept over the substitutes 'bench.

Of course, this was normal for the broadcast. The camera was actually aimed at the head coach, Ruby. However, Ruby was not sitting in his seat at the moment. Instead, he was standing on the sidelines, watching the situation of the game. When the camera was focused on Ruby, it happened to capture Wu Lei, who was sitting on the substitute seat behind him.

Shen fangjian immediately stopped introducing the starting lineup and said with some excitement, "We saw Wu Lei appear on the screen. His eyes were fixed on the field the whole time, and his eyes were full of desire for the game!"

Shen fangjian's partner, Jia Tianning, sighed, "How long has it been since we've seen our Chinese players appear in the top league? I'm filled with all sorts of feelings after seeing this scene today!"

"Let's hope Wu Lei has a chance to play in this match," Shen fangjian said.

"It would be even better if we could score a goal!" Jia Tianning said.

Shen fangjian joked, "I don't even dare to hope for it. As long as he can play, I think it's a big victory. I'm already very satisfied that our Chinese players can appear in the LA Liga. Step by step, I believe Wu Lei will be able to stand firm in La Liga!"

Jia Tianning said seriously, "I think if Wu Lei plays, the hope of scoring is not small. First of all, it's determined by his position. He's a striker and the player closest to the opponent's goal." Secondly, Wu Lei's unique characteristics and his excellent running skills determined that he would definitely get a good opportunity. Of course, it depends on the playing time the head coach gives him, the cooperation of his teammates, and Wu Lei's own mentality ..."

As the host, Shen fangjian needed to control the process of the live broadcast. He couldn't just say whatever came to his mind like Jia Tianning.

Shen fangjian felt that Jia Tianning was exaggerating, but the camera had already cut back to the scene, so he quickly said, "Let's continue to watch the game. Coach Jia, what kind of tactics do you think valekano will use in this game?"

The two commentators continued to commentate on the match. At this time, the bullet screen of PP sports 'live broadcast was about to explode. The netizens were expressing their opinions one after another.

"This is a bit too much! Don't you know what Wu Lei's level is?"

"These two commentators are also drunk. Just one scene and they can blow the sky out! Those who don't know better would think that Wu Lei has already performed a hat – trick!"

"I'm certain that Wu Lei won't be playing in this match!"

"The brother who said that Wu Lei can't play is a little too sure. I think the RCD Espanyol will definitely let him go up symbolically for the Chinese market, but it must be during the garbage time when the game is about to end. Maybe he won't even have time to touch the ball after he goes up and the referee will end the game, hahahaha!"

"Alright! Then I'll take back what I just said and change it to this: If Wu Lei can get more than 15 minutes in this game, I'll eat sh \* t on a live broadcast! I'll post this as proof!"

"He's from the dock team, what level can he be? Didn't Wu Lei get a three – piece set? Single blade, anti – aircraft cannon, hands over head to express regret!"

"That's a very accurate summary. It's simply a bloodbath!"

A bunch of netizens were ridiculing him, but there were also many netizens who couldn't stand it and stood up to refute him.

"Can't you guys just hope for the best? In any case, Wu Lei is the first Chinese player to enter the top league in the past decade, okay?"

"The one who criticized Wu Lei for throwing a solo blade, didn't he think about why he could run away when others couldn't? This means that his consciousness is stronger than others!"

"They are still defaming their own players at this time. Can't the Chinese fans be more United? No matter which team you were a fan of, now that Wu Lei was overseas, he was representing the Chinese players. Although I don't like the Shenggang team, I support Wu Lei unconditionally now!"

Everyone on the internet had their own opinions, and it was very lively.

There were also netizens who took Zhang Xizhe, a Chinese player who had transferred to the Bundesliga, as an example. At that time, after Zhang Xizhe transferred to the Bundesliga's Wolfsburg, he had zero playing time for half a season, but he had participated in a lot of marketing activities outside the game. He was jokingly called "a car seller" and "a water dispenser keeper." Many netizens concluded that Wu Lei's biggest mission in the Spanish team was to "look at the water dispenser."

Moreover, it also depended on the mood of the head coach. If he did not put Wu Lei on the list, then Wu Lei would not even have the right to look at the water dispenser.

The internet was noisy and the game was still going on. The Spanish team's situation was a little bad. It had been less than half an hour since the game started and they were already behind 0 – 2. One of the two balls they had lost was a low – Level mistake by their defender and the other was a shot – bang world wave from the other side. The goalkeeper was powerless.

On the sidelines, the manager, Ruby, also frowned and looked at a loss.

At the 33rd minute of the game, the team's main winger, Piatti, who was playing in the same position as Wu Lei, twisted his foot when he landed in the process of a snatch. He rolled on the grass in pain, and his screams could be heard by the audience through the broadcast.

The team doctor rushed into the field. After a brief examination, he immediately gestured to the technical area for a substitution. Piati was so seriously injured that he could no longer play.

Ruby's face turned even darker. This was really a house that had been leaking and raining overnight.

He shouted a few words at the assistant manager with a livid face, and the assistant manager quickly called Wu Lei and Ferreira, who was also a new player, to the sidelines for an emergency warm – up.

Piati was carried out of the field on a stretcher, and the game resumed. At this time, the Espanyol club had one less player to play for the time being. The two substitute forwards were warming up. Ruby did not dare to rashly send them on the field before they had enough points in their warm – up. If one of them was injured, they would definitely lose.

Ruby was still hesitating about who to send.



The situation on the field was very passive, and Ruby could not hesitate for too long. He quickly made a decision to let the assistant manager go to the fourth official to request for a substitution, while he called Wu Lei and the translator over to give them face – to – Face instructions.

It was already very obvious that Wu Lei was about to go on stage!

China's internet was abuzz. Everyone thought that even if Wu Lei had a chance to play, it would only be in the latter half of the second half. They did not expect that there were still more than ten minutes left in the first half. Because of an accidental injury, Wu Lei's playing time was brought forward so much. This meant that he would have about an hour to play in this game.

"This works too? This operation is really a bit amazing!"

"It must be the wish of the vast number of Chinese fans that played a role!"

"Although it's a little unkind, I couldn't help but laugh from the bottom of my heart when I saw Piatti fall to the ground ..."

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Chapter 2515 The power of the East continues to show its might (Part 2)\_1

Soon, Ruby finished his instructions and Wu Lei came to the sidelines to wait for the game. The fourth official next to him held the substitute card in his hand and waited for a dead ball to appear on the field before Wu Lei could be replaced.

The Chinese fans who stayed up all night to watch the game suddenly lost their sleepiness and stared at the computer screen in front of them. The broadcast screen was still the game scene, but at the bottom of the screen, Wu Lei could be seen exercising while watching the field.

This scene brought tears to the eyes of many old fans.

The team doctor, Diego, followed the stretcher and went around most of the field to return to the substitutes 'bench. Piatti was directly sent to the ambulance. Diego would also follow the ambulance to accompany Piatti to the hospital. The mysterious power of the East! It definitely was!

In the PP sports studio, Shen fangjian and Jia Tianning were also very excited.

"We saw that our Chinese player, Wu Lei, has been appointed to the role due to an accidental injury!" Shen fangjian said. He was now standing on the sidelines, ready to make his appearance. The Chinese fans have been waiting for this moment for too long!"

"I believe that once Wu Lei makes his appearance, he'll definitely be able to bring a different content to the team's offensive line!" Jia Tianning said. Especially his flexible running and keen sense of smell in front of the goal, he would definitely be of help to the team! Although Spain is now two goals behind, there's at least an hour left including injury time. There's definitely enough time!"

As soon as Jia Tianning's voice fell, a loud cheer suddenly rang out in the hall!

It turned out that the Spanish team had made a pass in the opponent's penalty area that was not a big threat. As a result, the opponent's Center back kicked the ball to clear the siege. The football crossed an

extremely strange arc and went directly into the goal. The goalkeeper did not react at all and just watched the football enter the goal.

1 to 2! Espanyol had pulled back one point!

It was an absolute accident. Not only were the opposing defenders and goalkeeper stunned, but even the Spanish players on the field were also stunned for a moment before they began to celebrate.

Wu Lei couldn't help but raise his arms and shout.

"Oh! What did we just see?" Shen fangjian couldn't help but shout excitedly, "Wu Lei hasn't played yet, but the situation on the field has changed. An own goal by valekano has allowed the Spanish team to close the gap. Now there is only a one – point difference between the two teams!"

"The situation is very favorable for Wu Lei!" Jia Tianning analyzed, "after the Spanish team pulled back a point, their morale must be very high. Moreover, the opponent's own goal is very demoralizing. After Wu Lei comes on, he will definitely get a chance!"

The fans watching the live broadcast on the internet were even more imaginative, and all kinds of commenters also appeared.

"Ball King Wu hasn't even appeared yet, but the other side is already scared to death!"

"Ball King Wu is mighty! When the valekano players saw the famous Ball King Wu standing on the sidelines, their legs immediately went soft, hahaha!"

"Wu Lei is definitely the lucky star of Espanyol!"

"After the game, the valekano players were interviewed and said that when they saw Ball King Wu getting ready to play, they refused in their hearts. They only wanted to ask Ball King Wu one thing ... Can you introduce me to play in the Chinese Super League?"

"Pfft! What a godly turnaround!"

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While the fans and commenters on the internet were reveling, Wu Lei finally made his appearance.

As piaty had already left the field, Wu Lei did not need to wait for the player to be replaced. The referee waved and he ran into the field. The fourth official also raised the substitute card.

When Wu Lei stepped on the turf, Shen fangjian said excitedly, "This is a historical moment! I believe that this scene of Wu Lei will be repeatedly mentioned a few years later! This was the return of Chinese players to the five major leagues after ten years! Who said that Wu Lei is looking after the water dispenser?"

At this moment, the live broadcast cut to the audience's podium. Xia ruofei and Zhou leiyun's smiling and clapping were captured in the camera and displayed in front of the fans all over the world.

"We saw that the chairman of glory World Group and the chairman of the Spanish club, Mr. Zhou leiyun, also came to watch the game. I believe Wu Lei must be in the mix." Shen fangjian said, "after all, other than Wu Lei, this competition can't be considered a particularly important one."

Jia Tianning said, "everyone, pay attention. Next to Mr. Zhou leiyun is Mr. Xia ruofei, the overbearing President who is currently very popular on the domestic internet. A few days ago, President Xia and Wu Lei were interacting on Weibo. President Xia even posted a photo of the three of them eating together. Today, President Xia came to the stadium to watch the game. It can be seen that their relationship must be very good!"

"I hope that Mr. Zhou and Mr. Xia's arrival will bring good luck to Wu Lei!" "Let's take a look at the situation on the field," Shen fangjian said. "Valecano has the ball now. They've pushed along the right side into Spain's half of the field and are now passing the ball forward ... The pass is a Little Big. Wu Lei is rushing up from the back and has intercepted the ball!"

Shen fangjian's voice suddenly raised a few octaves, "After Wu Lei intercepted the ball, he directly stepped forward with a big kick and a beautiful man passed the ball! Wu Lei bypassed Vallecana's right midfielder ... The other side directly fouled and put Wu Lei down! It's a human pass, but ..."

Chapter 2516 The power of the East continues to show its might (Part 2)

"The referee blew his whistle!" Jia Tianning said. And he even showed a yellow card! It was an obvious tactical foul! The other party had already extended his leg to trip Wu Lei while he was passing by. Otherwise, there would be a large open space in front of Wu Lei, so he could have picked up his speed!"

Shen fangjian said, "this was Wu Lei's first touch of the ball. He gave everyone a beautiful tackle, followed by a very elegant man – ball pass. In the end, he even created a yellow card for the opponent. This series of performances can be said to be very eye – catching!"

"Yes!" Jia Tianning said. It could be seen that Wu Lei was very confident! I believe the manager on the sidelines, Ruby, must have seen it ..."

Shen fangjian said, "Piatti was sent to the hospital by an ambulance right after he left the field. His injury is probably not optimistic. Although it's a little unkind to think this way, objectively speaking, Piatti's injury did give Wu Lei an opportunity. With Wu Lei's performance after he came on, I think Wu Lei is very likely to be in the starting lineup in the next game!"

"If Piatti had rested for a while, Wu Lei might have been able to sit firmly in the main position!" Jia Tianning said.

"But we still hope that Piatti is fine. After all, people who really love football don't want to see any player get seriously hurt, even if the player is Wu Lei's rival," Shen fangjian said with a smile.

The two of them continued to talk. Although Shen fangjian, as a commentator, couldn't speak too much, everyone could feel from his relaxed tone that Piatti's injury had made Shen fangjian and Jia Tianning very happy. It was just that they couldn't say it out loud.

The fans began to discuss one after another. They did not need to suppress their emotions and expressed their joy for Piatti's injury.

"Did Ball King Wu have the help of the gods? Piatti's injury was too timely!"

"The first game was a substitute, the second game was a main force, and then he scored a lot of goals! Ball King Wu is mighty!"

Some fans also felt that the two commentators were exaggerating.

“It was just an ordinary interception and breakthrough, and it was in their own half of the field. Even if they broke through, it wouldn’t be much of a threat. Shen fangjian and Jia Tianning can actually play such a trick. They are really drunk!”

It just so happened that at this time, Jia Tianning said in the commentary that Wu Lei’s style was a bit like gregzman, which made some fans even more unbearable.

“This is so embarrassing! Could the two of them be a little more objective? Are you comparing Wu Lei to gregzman?”

“No. Extra, Wu Chui Tang is officially established today! Hall Master Shen fangjian! Vice Hall head Jia Tianning!”

“I beg the two Hall Masters, please show mercy! What if Ball King Wu goes back to look at the water dispenser again in the next game?”

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The live broadcast room was filled with bullet comments, and the game was still going on. Soon, the first half of the game was coming to an end.

Other than that breakthrough, Wu Lei didn’t get any good opportunities. Maybe it was because they hadn’t gotten used to each other yet, so his teammates rarely passed the ball to Wu Lei. Sometimes, when Wu Lei ran out of an opening, his teammates couldn’t pass the ball in time. He remembered Shen fangjian and Jia Tianning sighing.

After listening to their commentary, they felt that it was a crime for the Spanish players not to feed Wu Lei the ball.

And a few times when his teammates passed the ball to Wu Lei’s feet, he did not hold the ball to attack, but directly transferred the ball with a kick, and then immediately turned around to run for an empty space.

However, at this time, the ball would not be sent back to Wu Lei and would start to develop on the other side, so Wu Lei returned to nothing again and again.

The first half of the game went into injury stoppage time, and Wu Lei finally got a good chance.

He received a straight ball from his teammate on the left side of the penalty area. This time, he finally did not move out with a kick. Instead, he took two steps and then changed direction to sweep into the penalty area.

The vallekano team’s Center back quickly leaned over, and Wu Lei’s left front, the opponent’s right back also leaned over to help with the defense.

Wu Lei was very calm when he took the ball. With a light poke, he passed the ball through the gap between the opponent’s right back and center back.

The opponent's Center guard subconsciously stretched out his foot to intercept, but there was a deviation in his judgment of Wu Lei's speed. As a result, he did not touch the ball, but it just scraped Wu Lei's foot.

Wu Lei was tripped by his opponent and lost his balance. He fell forward and fell on the grass.

It was a foul in the penalty area.

A quick whistle sounded and the referee in a good position did not hesitate to point his finger at the penalty spot. He also showed a yellow card to the center back who had committed the foul.

A penalty kick! And it was a Yellow Point set!

The players of the valekano team quickly surrounded him to explain, and some even jumped into the water, indicating that Wu Lei had dived.

However, the referee was very determined. He motioned for the players to back off while walking into the penalty area, ignoring the pleas of the valekano player.

In PP sports's live broadcast room, the two leaders of Wu Chui Tang, Shen fangjian and Jia Tianning, were in high spirits.

"A penalty! The referee is pointing at the penalty spot!" Shen fangjian said agitatedly, "the opposing players are still surrounding the referee. What else is there to explain? It was a very obvious foul, and it was right under the referee's eyes. How could he have escaped punishment?"

"Wu Lei's debut was perfect!" Jia Tianning said, "he's only been on the field for a dozen minutes so far, but he's managed to create a penalty kick and two yellow cards! Spain had really made a big profit by bringing in Wu Lei! He has attracted the huge Chinese market, and Wu Lei's ability is definitely on point. In a small and medium – sized club like RCD Espanyol, he will definitely have no problem getting a main position!"

The netizens also started to discuss in the bullet screen. This time, there were a lot less sarcastic voices, and the screen was full of "Ball King Wu is mighty" comments.

Although Wu Lei did not have many opportunities to perform, he had deftly broken through the joint of the two players in the face of the opponent's backline defense and successfully created a penalty kick and a yellow card. This series of performances could be said to be quite perfect. Even the most demanding fans could not ask for more from Wu Lei at this time.

The efforts of the valekano players were in vain, and the referee's decision was very decisive.

The broadcast also quickly played the slow – Motion footage, which showed that the other side did not touch the ball. After the football passed, he stretched out his foot and tripped Wu Lei.

The referee asked both players out of the penalty area and then stood on the side to let the Spanish players take the penalty kick.

To everyone's disappointment, the penalty kick was not initiated by Wu Lei, but by the number one penalty scorer, iglesias.

When the “Panda” Iglesias walked to the penalty spot with the football in his arms, Wu Lei was already standing outside the penalty area, ready to rush up and make up the shot at any time.

However, Iglesias did not give him a chance to make up for the shot. He was very stable in his penalty kick and instantly turned the score into a 2 – 2 score. The two teams were back at the same starting line.

After the penalty shot, Iglesias even came over to touch Wu Lei’s head. The two men walked towards their own half with their arms around each other’s shoulders.

The fans at the scene were all excited. Many international students were waving Chinese flags and shouting Wu Lei’s name as they jumped.

Those who did not know better would have thought that it was Wu Lei who had just scored!

The first half of the game was over not long after the penalty shot.

In the second half, the two sides changed sides and fought again. Neither side was able to score again. After a dull second half, the RCD Spain and Valencia shook hands and made peace, each getting a point.

The Chinese fans had all kinds of comments about the game, and the online media was not stingy with praise for Wu Lei’s performance.

Wu Lei did not care about the outside world. After he returned to the hotel, the first thing he did was to visit Xia Ruofei and express his gratitude to ‘miracle doctor’ Xia ‘.

Xia Ruofei beckoned Wu Lei to sit down and asked with a smile, “Wu Lei, through this match, where do you think your weakest link is?”

Chapter 2517 Superstar cultivation plan (1)

Wu Lei thought for a while and said, “First of all, compared to the Chinese Super League, La Liga’s pace is much faster. I’m not used to it ...”

Xia Ruofei smiled and nodded. “I can tell. You didn’t take the ball much today. You basically just shifted the ball. Although you didn’t break through often in the Chinese Super League, you were still very calm when you took the ball and protected it.”

Wu Lei was a little embarrassed and said, “The other side is coming up too quickly. I’m worried that I’ll lose the ball, so it’s better to deal with it as soon as possible and then run for the opening.”

“It’s not that this way of playing is bad ...” Xia Ruofei muttered to himself. “Of course, I’m just saying this from the perspective of a fan! You’re a professional. I think ... Since you’ve just joined the team, there might not be any problems with this kind of play. But if you play for a long time, your teammates may not pass the ball to you much, and it will be more difficult for you to get opportunities. After all, you can’t always rely on running through gaps or even running out to score a goal! Moreover, if your teammates didn’t have confidence in you, even if you had an opening, they might not pass the ball to you. Instead, they might choose a more secure passing route. Also, even if you get the chance to shoot, it’s ...”

“You also often miss a single blade, right?” Wu Lei scratched his head in embarrassment and said, “Actually, the ability to seize opportunities in front of the door...How should I put it? “Some people

on the internet say that my psychological quality is not good, but I don't admit it. In fact, I'm not too nervous every time there's a single – handed ball. Maybe my basic skills are a little worse, and my left and right feet are unbalanced. I could have used my left foot to shoot directly, but I wanted to adjust to my right foot every time. As a result, the other side would fill in the position as soon as I adjusted, and there would be no shooting angle ...”

Xia ruofei laughed and said, “it seems like you're quite objective about yourself.” Have you thought about how to solve this?”

Wu Lei smiled bitterly and said, “the gap is all – Round. To be honest, I should be a very good striker in the Chinese Super League, but in La Liga, or in the whole of Europe, a striker like me is relatively ordinary. I may be able to play in a small and medium – sized club like RCD Espanyol, but my competitiveness is limited. After all, I'm 27 years old this year. A lot of things have been set in stone, and the room for improvement is limited.”

“Then let me share my opinion?” Xia ruofei said with a smile.

“Please speak!” Wu Lei quickly said.

“You don't have to be so polite.” Xia ruofei waved his hand and said, “I think you have a problem that needs to be solved, and that is your physical resistance! You're too thin now. Your body may be enough in the Chinese Super League, but it's definitely not enough in European football. You can't hold the ball if you can't handle the physical confrontation, and you fall when someone touches you. The more you can't hold the ball, the less confidence you have. That's why, like today's game, you don't have time to think about what's more reasonable when you receive the ball, and you just pass it out. ”

Wu Lei nodded in agreement and said, “That's right! That's right! In fact, my first breakthrough in the first half would have passed if I were in the Chinese Super League. The other side didn't even have the chance to make a tactical foul. But today, I was put down by someone, so my confidence was more or less affected in the later games. ”

“I'll definitely do more strength training,” Wu Lei continued. “The coach also said that I'm too weak and need to get stronger.”

“Mm! However, the training must also be targeted and scientific. You can't lose your quick – witted advantage while you're still strong after training. That's not worth it. ” Xia ruofei said.

“Yes, the fitness coach will develop a specific training plan.” Wu Lei nodded and said.

Xia ruofei smiled and asked, “I can help you train. It won't conflict with the plan made by your fitness coach, and it won't affect your normal training. It should be able to improve your physical fitness quickly. Are you interested?”

When Wu Lei heard this, he said almost without thinking, “I'm interested! Of course I'm interested!”

After Xia ruofei had helped Wu Lei with his rehabilitation, Wu Lei had developed a blind trust in Xia ruofei. As long as Xia ruofei asked for it, he would subconsciously believe that there was no problem. So, he agreed almost without thinking.

“Don't you want to know the details of the training?” Xia ruofei asked with a smile.

“The training that President Xia is doing for me is definitely the most suitable for me. There’s no need to ask!” Wu Lei said directly.

Xia ruofei laughed and said, “sure!” My training is actually very simple. You just need to follow me and do a movement. It’s a bit like yoga, but it only looks like it. In fact, it’s completely different. ”

The training that Xia ruofei wanted to help Wu Lei with was actually the few movements of the little golden man that he had learned from the stone tablet in the spirit map space.

This was a set of body cultivation techniques. Xia ruofei had already started to practice it before he got the great Dao technique.

Xia ruofei had experienced it himself and knew the magical effect of this body – refining technique. The first set of movements was enough to improve Wu Lei’s physique. If he trained for a long time, Wu Lei’s physical fitness would be stronger than many European players.

What was even more valuable was that the body – tempering technique of the little golden man improved the body in all aspects. If Wu Lei practiced this, not only would he not lose his body’s flexibility, but his speed would also become faster as his physical quality improved. By then, Wu Lei’s strength would definitely increase by a large margin.

#### Chapter 2518 Superstar cultivation plan (2)

In fact, even though Xia ruofei had obtained the great Dao formula, he had not given up on the little golden man body – tempering technique. Instead, he had always persevered in his cultivation. He had always felt that Qi and body – tempering complemented each other. It was like walking with two legs. If one of the legs had a problem, he would definitely not be able to walk fast.

However, this set of nine movements was too difficult. After Xia ruofei had cultivated the great Dao Arts, his cultivation had increased a lot and he had reached the ninth Qi realm. However, he could only do six of the little golden man’s movements in the entire set of body – refining techniques.

In fact, every time he observed the stone tablet, the little golden man would demonstrate a whole set of nine movements. However, if one’s physical fitness did not meet the cultivation requirements, they would forget those movements completely after watching them. Even if they tried very hard to recall, they would not be able to remember a single thing. And once the physical fitness met the requirements, the essentials of the next set of movements would immediately appear in the mind. It could be said to be quite magical.

With Xia ruofei’s current level of practice, it would not be a problem for him to teach Wu Lei the first movement that he had already mastered.

“Wu Lei,” Xia ruofei continued, “if you want to train with me, there are two things I must make clear to you.”

“Please speak!” Wu Lei quickly said.

“First of all, the movements I’m teaching you are a secret. You can’t tell anyone after you’ve learned them.” Xia ruofei said seriously.



“Of course, no problem!” Wu Lei said, “you should know that I’m a man of my word. Since you’ve specifically reminded me, I’ll definitely not reveal this to anyone, including my parents and family.”

Xia ruofei nodded and said, “there’s one more thing. If you cultivate according to my method, it will be very painful. If you can’t endure it, you won’t be able to complete it.” So you have to think about it carefully. That kind of pain is really not a joke. Many tough men may not be able to persist. ”

Wu Lei did not hesitate and said firmly, “”As long as I can become stronger, I’m willing to endure any pain!”

“OK!” Xia ruofei said, “in that case, let’s start now!” After you’ve mastered it, you can train by yourself in the future. ”

“I can’t wait!” Wu Lei said with a smile.

“Follow my movements!” Xia ruofei said.

Then, Xia ruofei skillfully performed the first set of the Golden Man’s movements that he had already practiced to the point where he was extremely familiar with it. For someone who had already practiced the sixth set of movements, the first set of movements was rather easy to do. Moreover, his current physical strength allowed him to do this set of movements without feeling any pain.

In other words, the first set of movements was no longer of any help to Xia ruofei.

Every set of the little golden man’s movements looked very strange. Some of the twists were no less than yoga, so on the surface, the two were very similar. It was just that the actual content was completely different, and the effects were naturally as different as heaven and earth.

Seeing Xia ruofei’s action, Wu Lei immediately followed suit and stood still.

As a professional football player, Wu Lei’s body was flexible. The movements were not difficult for him. However, he had watched Xia ruofei’s movements and could only imitate 70 – 80% of them. It was impossible for them to be exactly the same.

If the little golden man wanted his movements to have the effect of refining his body, he couldn’t make the slightest mistake. Even the slightest mistake wouldn’t have the slightest effect.

Therefore, Wu Lei did not feel anything special when he made that move.

Xia ruofei was too familiar with this movement. He only took a glance at Wu Lei and immediately judged that Wu Lei had deviated at least six times. Some of them were due to the angle, while some were not twisted enough.

“Stay in this position and don’t move!” Xia ruofei said.

Then, he stood up and walked to Wu Lei’s side. He corrected the deviations bit by bit. After every deviation was corrected, he would remind Wu Lei to remember the feeling and keep his movements.

Soon, Xia ruofei corrected the last mistake. It was the angle at which he raised his arm.

Before correcting this deviation, Xia ruofei said, “”This is the last part that is not up to standard. After I correct it, you will feel severe pain. But you can rest assured that this movement will not harm your

body. You just need to try your best to endure the pain and hold on for as long as you can. The longer you hold on, the better the improvement effect on your body. Do you understand?"

Wu Lei nodded slightly nervously.

Hence, Xia ruofei held onto Wu Lei's arm and slowly moved back.

After Xia ruofei corrected the deviation, Wu Lei suddenly felt an intense pain. He groaned in pain.

However, he was already mentally prepared, so even if the pain was omnipresent, as if thousands of needles were stabbing his body at the same time, he still endured it and his movements did not change at all.

"Very good!" Xia ruofei encouraged him, "just keep this up. The longer you persist, the better!"

Wu Lei did not respond to Xia ruofei's teasing. In order to maintain this position, one had to be fully focused and one could not move one's body at all. Hence, he did not even dare to nod, let alone speak.

The pain continued to hit him, and Wu Lei had to clench his teeth and hold on. Even the muscles on his face were twitching.

Now, Wu Lei had truly experienced what it meant to pass a second like a year. Now, every second that passed felt as long as a year. It was not an exaggeration at all.

As time passed by, Wu Lei's body couldn't help but tremble. Finally, his trembling became more and more intense, and he finally left the state of practice due to the deviation of his movements.

Xia ruofei had been keeping a watch on Wu Lei's time from the beginning. He waited until Wu Lei had exhausted himself and left the cultivation state. He then lay on the ground and panted heavily. He quickly glanced at the countdown on his phone and realized that Wu Lei had only been in the state of the little golden man for a little more than two minutes.

This number was not too bad, but compared to the first time Xia ruofei had practiced the body – tempering movements of the little golden man, it was much worse.

However, this was Wu Lei's first time practicing the little golden man's body – tempering movements. The fact that he could last for about two minutes already showed how strong his willpower was.

Fortunately, there was no one else in the room. If someone walked into Xia ruofei's room, they would think that Xia ruofei had "humiliated" Wu Lei.

Xia ruofei chuckled and pulled Wu Lei up from the ground. "How do you feel?"

"It hurts!" Wu Lei said without hesitation, "President Xia, that feeling was too painful. It was the first time I've ever felt that in my life!"

"Other than the pain?" Xia ruofei asked with a smile.

"When I stopped the action, I felt so comfortable!" Wu Lei said. And it's full of strength, as if every cell is cheering, even my bones are a few taels lighter!"

"This is the right feeling!" Xia ruofei said, "you can do this practice twice a day, but it must be absolutely accurate. Otherwise, it won't work. I can help you correct it at the beginning, but you have to remember this set of movements as soon as possible. That way, you can continue to practice even when I return to China."

"Understood!" "No!" Wu Lei said seriously, "as long as I can improve my strength, I can endure any pain!"

Xia ruofei chuckled and nodded. "Your clothes have been stained by your sweat, and the smell can be smelled from 800 miles away. You'd better go and wash up!"

In fact, what Wu Lei excreted was not only sweat, but also all kinds of impurities accumulated in his body. It was because of these impurities that Wu Lei's physique was greatly strengthened.

After hearing Xia ruofei's words, Wu Lei finally smelled the unpleasant smell. He quickly said, "President Xia, I'm going to take a shower and change my clothes. I want to practice again today. Please give me your advice!"

## Chapter 2519 The heart of the strong (1)

### The heart of the strong

Xia ruofei laughed and said, "you can shower here!" Aren't you afraid that you'll suffocate others when you go out with this smell?"

"This ..." Wu Lei said awkwardly. After all, Xia ruofei was the boss of the club and had helped him so much. He already felt that he owed him a lot of favors. Now that he had made the boss's room stinky and wanted to take a bath here, he was a little hesitant.

Xia ruofei laughed, "you're a man, why are you being so shy?" Wait a minute, I have some clean clothes here, I'll go get it for you. "

With that, Xia ruofei got up and walked into the bedroom. He took out a new set of sportswear and a box of underwear from the interspace. He had put many different types of clothes in the interspace. He did not need to tidy up when he went out. He could just take whatever he needed from the interspace.

Xia ruofei walked into the living room and stuffed the clothes into Wu Lei's hands. "Hurry up and go!"

"Alright then!" Wu Lei said, "thank you, director Xia!"

Xia ruofei waved his hand and said, "hurry up!" Hurry up! I have to hurry up and ventilate the room. This smell ..."

Wu Lei was even more embarrassed when he heard that. He quickly took the clothes and rushed into the bathroom.

Xia ruofei turned on the ventilation system in the room and opened a few Windows at the same time. Then, he sat on a chair by the window, lit a cigarette, and enjoyed the night view of Barcelona as he smoked.

By the time Wu Lei came out of the shower, the smell in the room had almost dissipated.

His figure was similar to Xia ruofei 's, so Xia ruofei's clothes were quite suitable for him.

As soon as they came out of the bathroom, Wu Lei said,""President Xia, my clothes have been sealed in the laundry bag. I'll take them out and throw them away later."

Xia ruofei laughed and said,"I can still wear it after a shower!" Don't waste it!"

Wu Lei scratched his head and said,"I sniffed it myself just now and I almost vomited ... Why is there such a strong smell?" I sweat a lot during training, but I don't sweat like this!"

Xia ruofei said,"this action can expel some impurities from your body. These are things that your body can't purify normally. They've been accumulating in your body. Of course, they don't smell good."

"Then if I were to learn this move, wouldn't it cost me a lot of clothes?" Wu Lei said worriedly.

Xia ruofei couldn't help but laugh."What beautiful things are you thinking of! Only the first few times had better effects. How could it be like this every time? Your body doesn't have that many impurities for you to excrete!"

"That makes sense! That makes sense!" Wu Lei scratched his head and said,"President Xia, I'll go back to my room to rest first and find a few sets of clothes that I don't really wear. I'll come back later and please continue to guide me!"

Just now, he only felt a piercing pain. It was not until he took a shower in the bathroom that Wu Lei felt the changes in his body. Although there was no change in his body shape, he clearly felt that his body's flexibility and strength had been improved to a certain extent.

He had just finished today's match, so he would feel a sense of fatigue. However, after today's practice, this familiar feeling of fatigue had been swept away.

Naturally, Wu Lei knew that the move that Xia ruofei had taught him was not simple.

He had only persisted for about two minutes, and there was already such an effect. If he persisted for a long time ... Wu Lei felt extremely excited when he thought of this.

He wished he could practice a few more times a day, but Xia ruofei had advised him to practice twice a day and to persist for as long as possible each time. That was naturally reasonable, so he did not plan to practice more himself.

Of course, it was very difficult for him to practice more now. Without Xia ruofei's correction, he would not be able to do this move without any mistakes. In addition, as a professional athlete, he was also very clear about this principle. It was the same in football training. Blindly adding more training might not necessarily be effective. It was better to plan it according to one's physical condition. Otherwise, not only would it be ineffective, but it might even backfire and cause physical injury.

Wu Lei rested in his room for about an hour. Then, he changed into a pair of short – sleeved sports shorts and returned to Xia ruofei's room.

"Mr. Xia, I've already handed your clothes to the hotel staff. They'll send it to your room after they're done washing it," Wu Lei said as soon as he entered the room.

Xia ruofei smiled and waved his hand. "It's just a set of clothes. Besides, you've only worn it for a few minutes. What's the matter if you wash it or not?" You're too serious ..."

Wu Lei had an honest smile on his face and said, "I've already troubled you ... Then ... If it's possible, shall we start now?"

Xia ruofei nodded. "If you think you're ready, we can start anytime."

In fact, practicing this set of movements from the little golden man wouldn't cause any harm to the body, and there wasn't a problem of whether one could bear it or not. The key was that the pain was very difficult to bear if one didn't have great perseverance, especially after practicing it once and immediately repeating it after a short rest.

Xia ruofei's will was strong enough. When he first started to practice, he would feel terrified whenever he thought about the pain he had to go through during the last practice.

And if they couldn't bear the pain and broke down mentally, they wouldn't be able to hold on for a long time. Moreover, the more one persisted to the limit, the better the effect.

## Chapter 2520 The heart of the strong (2)

Therefore, mental preparation was even more important.

Without any hesitation, Wu Lei said with determination, "I've already made preparations! From the day I chose to play football, as long as it can make me stronger, I can take it no matter how much pain it is!"

"Very good!" Xia ruofei looked at Wu Lei with admiration and said, "you have the heart of a strong man. Even if you don't play football in the future, no matter what you do, as long as you maintain this strong heart, you will definitely succeed!"

"Thank you for your encouragement, President Xia!" Wu Lei said, "then I'll start?"

"Come on!" Xia ruofei nodded.

Wu Lei took a deep breath and quickly made the first set of actions for the Golden Man.

Xia ruofei watched from the side and nodded to himself. He did not demonstrate this time but Wu Lei's movements were still up to standard. It was even more standard than the last time he did it when Xia ruofei corrected him. There were fewer mistakes.

This meant that he had been trying his best to feel and remember the small deviations that Xia ruofei had corrected for him.

Although there was still a slight deviation, as long as he maintained this momentum, Wu Lei was not far from being able to practice independently.

Xia ruofei didn't say anything. He walked up to Wu Lei and started to correct his actions.

One, two ... When Xia ruofei corrected the last part of Wu Lei's movement that was not very proper, Wu Lei's body trembled and he could not help but groan. The veins on his forehead popped out and his clothes were drenched in sweat.

However, he had already experienced it once and was mentally prepared for this kind of pain, so his movements this time were more stable than the last time. Even though his whole body was in pain like being pricked by needles, he still maintained this movement steadily.

Xia ruofei walked to the side and sat on the sofa. He looked at Wu Lei, who was gritting his teeth, and praised him in his heart.

Just like the first time, after Xia ruofei corrected Wu Lei's movements, he started the timer on his phone.

Wu Lei persevered in great pain. His clothes were drenched in sweat, and his teeth were clattering. His eyes were red.

Time passed by second by second. Wu Lei felt that he had been holding on for a century, and even his consciousness was starting to blur, but he still gritted his teeth and held on.

At this moment, Xia ruofei said, "Hold on! Only after experiencing the wind and rain would the rainbow be beautiful! You haven't even lasted half of the time you did last time! Don't relax!"

Wu Lei could not speak at this moment, but the trembling of his body had obviously reduced. His eyes were wide open, like a fish that lacked oxygen. Although he looked a little miserable, Xia ruofei could feel the glow on his body.

As someone who had also practiced the body – refining movements of the little golden man, Xia ruofei was well aware of how difficult it was to endure such pain.

He didn't even teach Ling Qingxue and Song Wei to practice this set of movements. Even though he knew that body and Qi cultivation could be carried out at the same time and complement each other, he still didn't plan on teaching them.

The only reason was that the training process was too painful. Xia ruofei could not bear to let his woman go through such pain.

In the end, Wu Lei's consciousness was completely blurred. He had reached his limit and could not hold on with willpower. In fact, this limit might have been reached earlier, but he still relied on his rock – Solid willpower. He subconsciously controlled his body and held on for a little longer.

When Wu Lei fell limply on the carpet, Xia ruofei pressed the clock on his phone.

The time displayed on it was 2 minutes and 35 seconds.

This time, Wu Lei lasted more than 20 seconds longer than the last time.

In fact, when Xia ruofei reminded Wu Lei, he was almost at the same time as the last time he practiced. Xia ruofei saw that he could not hold on any longer, so he said something to stimulate him. He did not expect him to hold on for so long.

20 seconds didn't seem like much, but it wasn't easy for someone who had reached their limit to continue for so long.

When a camel reached its limit, even a straw could crush it, let alone Wu Lei, who was alone. Moreover, Wu Lei had never practiced Qi refinement before. This was only his second time practicing this body – tempering action.

Although the results of Wu Lei's persistence were nothing in Xia ruofei's eyes, he still admired him from the bottom of his heart. He liked this pure, simple player who pursued strength more and more.

Wu Lei laid down for a while to rest. Although the pain in Yingying's body had disappeared, he still felt very tired mentally.

However, when that energy recovered, he felt that his whole body was very clear, as if he had drunk iced sour plum soup in the hot summer.

Wu Lei got up from the ground and bowed deeply to Xia ruofei. He said sincerely, "President Xia, I can't thank you enough for this! If you ever need my help in the future, I won't even frown!"

Xia ruofei laughed and waved his hand. "You're welcome. I know it's not easy to make a living overseas. The reason why I helped you is, on the bigger hand, for the weak Chinese football. On the smaller hand, it's for the sake of the Chinese football! I'm a shareholder of RCD Espanyol, and you're a player under the club. Helping you is helping myself!"

Wu Lei knew that Xia ruofei had said this so that he would not feel that he owed him too much. Otherwise, the Spanish team had dozens of players in the first team. Why did he not teach this set of magical moves to everyone?

Xia ruofei continued, "besides, you're quite right with me. I hope that you'll continue to work hard. Although you're 27 years old, don't think that you have no room for improvement. People have great potential, but the degree of development is different for everyone. Look at Zheng Zhi, he's more than ten years older than you, but he's still active in the Chinese Super League!"

"Brother Zhi is the flag of Chinese football and the role model for every player!" Wu Lei nodded. President Xia, you're right. I think that as long as I continue to practice this set of movements, I still have a lot of room for improvement!"

"That's the right way to think!" Xia ruofei laughed and said, "maybe you can become a big star like Ronaldo and Messi in the future! Our company might also look for you to be the spokesperson!"

"No matter when, as long as you need it, I'll definitely endorse for free!" Wu Lei said without thinking.

Xia ruofei smiled and nodded. "I'll remember that. In the future, your endorsement fees might reach millions or even tens of millions of euros. Don't worry about the money!"

"Absolutely not!" Wu Lei said.

"Hahaha! Alright, it's getting late. You should go back to wash up and rest. You still have to train tomorrow!" Xia ruofei said.

Wu Lei expressed his gratitude to Xia ruofei again. Just as he was about to leave Xia ruofei's room, Xia ruofei muttered to himself, "Wake up earlier tomorrow morning and come to my place."

Wu Lei's eyes lit up and he asked, "Does President Xia want to guide me in my training again?"

"I've practiced it twice." Xia ruofei laughed and asked, "are you afraid of the intense pain when you practice this set of movements?"

"I'm a little scared, but I'll say the same thing. As long as I can become stronger, I can endure any pain!" Wu Lei said firmly.

Xia ruofei nodded. "I want you to train again tomorrow morning. I hope you can master this set of movements as soon as possible so that you can arrange your own time for training." Of course, there's something else tomorrow. You'll know when you come. Anyway, it's good for you!"

"Alright!" Wu Lei nodded. Then I'll come over at 6:30 tomorrow morning, is that okay?"

"No problem! I don't sleep in. " Xia ruofei said.

"I understand, President Xia. I'll go back now. See you tomorrow!" Wu Lei said happily.

"See you tomorrow!"

After Wu Lei returned to his room, Xia ruofei took out some herbs from the medium.

The last time Xia ruofei helped Wu Lei with his recovery, Zhou leiyun had sent someone to buy a whole set of medicine decocting tools, so these were all ready – made. Xia ruofei processed the medicinal materials and began to decoct the medicine seriously.