

God tier Farm 371

Chapter 371: Direct upgrade (1)

On the branches of the nameless plant, there were three ripe spiritual fruits, emitting a sweet fragrance.

The spirit fruit had obviously ripened completely, and the branches were bent from the pressure.

Xia ruofei was very clear that two of the spiritual fruits were from the previous two upgrades. He had already verified that each time the space upgraded, there would be one more spiritual fruit. Once the spiritual fruit was picked, in the outside world, two more spiritual fruits would grow in the same location.

There was another exception. If the realm upgraded during this period, no matter what level the spirit fruit was ripened to, it would be directly ripened.

This should be the situation today.

This was because another spirit fruit had grown beside the two Spirit fruits.

Moreover, this spirit fruit was in a completely mature state.

In other words, the mysterious black stone that was the size of a pigeon's egg had actually completed a complete upgrade of the spirit map space!

Moreover, during the last upgrade, although the old spiritual fruits had also grown rapidly, they had not ripened directly.

But this time, it was in a completely mature state.

In other words, after absorbing the mysterious black stone, not only did the spirit map scroll complete an upgrade, but there was also a high possibility that there would be excess energy.

Xia ruofei couldn't help but click his tongue. What was this mysterious black stone? It actually had such a remarkable effect.

Perhaps it was worthless to others, but in Xia ruofei's hands, it could be used as a Jade that was worth tens of millions of Yuan. The last upgrade of the space had cost Xia ruofei about fourteen million Yuan. According to the previous rules, the upgrade this time would cost at least thirty million Yuan, or even more.

Now, a mysterious black stone the size of a pigeon's egg had already done it, and there might even be more.

Of course, in Xia ruofei's mind, this black stone was worth more than 30 million Yuan. After all, 30 million Yuan worth of Jade could only upgrade the realm. However, this black stone had definitely upgraded the realm by one level. It even provided Xia ruofei with a new way to upgrade the realm.

Its value was hard to estimate!

Xia ruofei suppressed his excitement. Just as he was about to pick the three spiritual fruits, his eyes unintentionally fell on the nameless plant. He could not help but stare.

He noticed that the nameless plant seemed to have grown taller.

It had been a long time since he had obtained the interspace, but the growth of the nameless plant was extremely slow. Xia ruofei could barely feel it growing, but this time, he could see that it was taller than before.

Xia ruofei quickly used his mind and a measuring tape floated up from a box beside the pond. It flew towards Xia ruofei with the power of space and landed in his hand.

He had measured the height of the nameless plant last time, so as long as he measured it again, he would naturally know whether this was his illusion or not.

Xia ruofei used a measuring tape to measure. As he had expected, the nameless plant had grown by about 10 centimeters.

It had directly upgraded the realm by one level. Even the unmentionable, slow – growing, nameless plants had grown by ten centimeters. The spiritual Qi in the realm had even turned into mist ... The black stone had become even more mysterious in Xia ruofei's heart.

He took a few deep breaths to calm his excited mood. Then, he took the Tupperware and tweezer and carefully picked the three ripened spirit fruits and the strange flower petals that had grown because of the upgrade of the space, and put them in the Tupperware.

Looking at the five spiritual fruits in the container, which were emitting an alluring fragrance, Xia ruofei suppressed the strong urge to take one and eat it. He closed the container tightly and put it back. Although he knew that these spiritual fruits were definitely good stuff, he really did not dare to eat them rashly. Otherwise, if his body could not take it and exploded, there would be no one to reason with.

Xia ruofei walked around the original space. Everything was normal. Be it the Golden nanmu sapling, the ginseng, the iron – Skin dendrobe, or the young red Dragon, everything was in high spirits.

Especially after the realm had been upgraded, the concentration of spirit Qi had increased again. These plants and animals were even more energetic, and the realm was full of prosperity.

Xia ruofei was initially worried about Blackie, the other puppies, and the Hornet in the new space. However, when he saw that the red Arowana was full of energy, he was relieved.

The original space was very small, only about eight mu. Very quickly, Xia ruofei had finished his inspection.

Then, with a thought, he teleported from the original space to the new space.

Under Xia ruofei's deliberate control, he appeared on the peak of the mountain in the new space.

After entering the new space, Xia ruofei's first feeling was that he was suddenly enlightened.

The original space was only about eight mu. Although the spiritual Qi was very rich, it was hard to avoid a sense of oppression after staying there for a long time. In the new space, this was the highest mountain in the space. It seemed as if there was no end to it. Xia ruofei felt much more open – minded.

Blackie and the rest sensed that Xia ruofei had entered the medium and rushed towards the hill.

Xia ruofei laughed and ran down the mountain.

Blackie was the fastest. Fluffy one, fluffy two, and the rest were a few meters behind it. It jumped into Xia ruofei's arms.

Xia ruofei laughed heartily and hugged Blackie. He rubbed its smooth fur and said, "Little black, did you miss me?"

Blackie stuck out its tongue and licked Xia ruofei's finger affectionately.

"Go! Accompany me to walk around the space first!" Xia ruofei said as he continued down the mountain.

Blackie had already exceeded the weight of an adult dog, but Xia ruofei could still carry it easily.

Fluffy one, fluffy two, and the rest followed behind Xia ruofei.

The all-terrain vehicle was parked at the foot of the mountain. Xia ruofei jumped into the car and placed Blackie on the passenger seat.

Fluffy one, fluffy two, and the rest were already used to it, so they jumped into the car as well.

Xia ruofei laughed and started the car. Then, he stepped on the gas pedal and sped through the medium.

With this upgrade, the area of the new space had expanded several times.

Xia ruofei drove for a long time before he arrived at the space membrane. He walked around the new space along the space membrane and could roughly estimate the size of the new space.

1000 mu.

This was the rough area that Xia ruofei had calculated. It was more than two times larger than the space after the last upgrade.

Besides, Xia ruofei realized that the terrain of the new space was also changing significantly.

Xia ruofei had felt it when they were going down the mountain. The height of the mountain had at least doubled, and it had expanded as a whole, so the foot of the mountain had begun to form a continuous shape.

The river that curved in front of the mountain had widened by two times, and its length was several times longer than the original. The spatial spirit pool in the river gushed, setting off waves from time to time, making a huge splashing sound when washing the riverbank.

The lake at the end of the river was also several times larger. The lake was sparkling with light, and it was a beautiful scene.

The terrain in the space was also constantly changing.

The rise and fall of the ground became more obvious. There were mountains, lakes, and basins in the space. Xia ruofei even found a small valley.

Looking at everything in front of him, Xia ruofei even had the illusion that he was in the medium but he felt like he was in a quiet resort in the outside world.

Xia ruofei even drove the all – terrain vehicle to the huge iron cage to check on the condition of the Hornets.

The bees buzzed in and out of the hive. Every single one of them was full of energy, and they were much larger than when they were first stored in the spatial pocket. Every single one of them looked extremely agile and fierce. A large number of them flew in and out of the hive at the same time, causing one's heart to tremble.

Xia ruofei tried to direct the Hornet with his mind again. He realized that he was relatively successful in controlling about 150 Hornet at the same time, which was a great improvement from the last time.

Xia ruofei knew that this was probably because after the realm was upgraded, his spiritual connection with the realm had become closer.

After seeing the Hornet, Xia ruofei was finally ready to look at the mysterious wordless stone tablet.

Earlier on, they had come down from the other side, so Xia ruofei did not know if there were any changes to the wordless stone tablet.

With a hint of anticipation, he drove the stationary vehicle to the foot of the mountain on the other side of the stone tablet.

Xia ruofei jumped out of the car and ordered Blackie and the rest to wait for him. Then, he quickly climbed up the mountain.

The wordless stone tablet was located halfway up the mountain and Xia ruofei arrived there very quickly.

Before Xia ruofei could look at the wordless stone tablet, his eyes were attracted by something else. His eyes revealed a shocked expression and his mouth slowly opened wide. In the end, it was so wide that an egg could be put in it, but he didn't notice ...

Chapter 372: The mysterious stone chamber (1)

The wordless stone tablet was on a platform, and not far behind it was a mountain wall.

Before the space had been upgraded, not a blade of grass had grown on this mountain wall. Other than being very flat, there was nothing special about it.

However, when Xia ruofei stepped onto the platform, the first thing he saw was a dark cave on the mountain wall. The entrance of the cave was neat and flat. It was obviously not formed naturally.

Xia ruofei stood there, dumbfounded. He stared at the cave for a long time.

This should be the second place in the space with artificial traces. The first place was the wordless stone tablet.

Xia ruofei looked at the entrance of the cave and felt a little scared.

The original stone tablet was fine. Although Xia ruofei knew that this stone tablet was extraordinary after using his mind power, it was still a small stone tablet.

But now, it was a huge cave! The pitch – Black hole was like a ferocious beast with its mouth wide open. In this quiet space, there was a sense of oppression that made people’s hearts palpitate.

Xia ruofei stood there in a daze, many thoughts running through his mind.

What was in this cave that appeared out of nowhere? Would there be any danger? Could it be a living person?

It had been a long time since he had obtained the spirit map space. Xia ruofei had always been the only owner of this space, and his control over the space had increased day by day. Now that a cave had suddenly appeared, Xia ruofei felt an inexplicable panic in his heart.

He was no longer in the mood to check if there were any changes to the wordless stone tablet after the space upgrade. All his energy was focused on the cave.

Xia ruofei tried to release his mind power to see if he could investigate.

However, there seemed to be an invisible barrier at the entrance of the cave, and his mind could not penetrate into the cave.

It seemed that he had to go in and take a look himself.

Although Xia ruofei had no confidence in this and he did not want to enter the cave at all, now that it had appeared, there was a huge uncertainty. No matter what, he could not just leave it be.

Xia ruofei approached the cave step by step. He walked very slowly but steadily. His breathing was also adjusted to the best condition. His muscles were all tensed up so that he could react at the first sign of trouble.

When he reached the entrance of the cave, Xia ruofei pulled out the military dagger from his waist and held it in his hand. He took a deep breath and walked into the cave ...

The highest point of the cave was about two meters, and the width was about 1.5 meters.

As soon as Xia ruofei entered the cave, he felt that it was very dark. He took out a strong flashlight and shone it inside. He realized that it was a long and straight tunnel. The cave walls were very smooth. It was obvious that it was man – made.

Xia ruofei walked carefully into the cave. His high – Top leather boots made contact with the stone floor and made a “ka ka” sound. It echoed in the cave and the atmosphere became more tense.

The tunnel was about 50 meters long. Xia ruofei kept his guard up as he advanced.

Gradually, he found that the tunnel seemed to be slanted downward, which meant that he had been going downhill all the time, getting closer and closer to the mountainside.

As they advanced, Xia ruofei kept using his flashlight to shine at the cave walls and ceiling, but he found nothing.

After a while, Xia ruofei had reached the end of the tunnel.

As they got closer, Xia ruofei realized that there was a 90 – degree turn. Xia ruofei shone the flashlight at it but still found nothing.

He gritted his teeth and stepped into the new tunnel on the right.

As soon as he entered, Xia ruofei could feel that the spiritual Qi in the cave seemed to be richer than outside. It was no longer pitch – dark, and there was something embedded in the ceiling of the cave every seven or eight meters. It was emitting a faint glow, which lit up the corridor a little.

Xia ruofei shone the flashlight at the source of the light and realized that it was an egg – sized ball.

“Could this be the legendary Night Pearl?” Xia ruofei couldn’t help but Mutter to himself.

Because of the downward slope and the turn, the new tunnel should theoretically be dark. However, Xia ruofei realized that it was not dark at all.

Although the faint glow did not light up the tunnel as bright as day, they could still see the path clearly.

Xia ruofei did not put away the bright flashlight. He held the military dagger in one hand and the bright flashlight in the other as he continued to walk in.

This new tunnel was even shorter, only about ten meters long.

Soon, Xia ruofei reached the end of the new tunnel.

His eyes immediately lit up ...

At the end of this new tunnel, there was another turn, and then a stone room appeared.

The light in the stone room was much stronger than that in the corridor, and it was also a faint yellow light.

Xia ruofei stood at the entrance of the stone chamber. He could see that the inner walls and ceiling of the stone chamber were embedded with many glowing beads like the ones he had seen in the new corridor. They lit up the entire stone chamber.

Xia ruofei stood at the door for a moment before walking in. Although he did not know if it was dangerous inside, he could not turn back now that he was already here.

He remained on high alert and stepped into the stone chamber.

The various dangerous traps and hidden weapons that he had imagined did not appear. Everything was calm.

Chapter 373: The mysterious stone chamber (2)

Xia ruofei did not let his guard down. He slowly walked into the stone room, his right hand holding the sharp military dagger tightly.

He quickly observed the stone room’s environment.

The stone room was not very big. It was only about 10 to 20 square meters in size. Other than the entrance that Xia ruofei had come in from, there were no other passages. Of course, it was still unknown if there were any hidden passages.

Xia ruofei's worry that there would be a stranger did not exist. There were not many things in the stone room, and he could see everything at a glance.

There was a small stone bed in the innermost part of the room. It was actually a big stone. However, judging from its level and the stone strip on the wall, which was obviously a pillow, Xia ruofei could tell that it was a bed.

On the stone bed, there was a round thing that looked like a stone or Jade. Xia ruofei couldn't tell what it was made of, but from the outside, it looked like a futon that he had seen in movies.

There was only a stone table and two stone chairs in the stone room. The small stone room still seemed a little empty.

Xia ruofei's attention was quickly drawn to the stone table.

The stone table was slightly larger than the usual study table used at home. Although there was nothing on it, there was a round protrusion that was very eye – catching and somewhat out of place.

Xia ruofei walked carefully to the stone table and reached out slowly to touch the round bump.

There was no response ...

Xia ruofei tried to turn it again but realized that it didn't move at all.

Still no?

Xia ruofei thought for a while and pressed down hard.

This time, he seemed to have found the right way. The round protrusion was pressed into the table by Xia ruofei.

Then, Xia ruofei heard a series of cracking sounds. He quickly got into a defensive posture and focused on being alert for any unknown danger.

There was still no danger. Xia ruofei's posture was in vain.

However, what happened next still made Xia ruofei's eyes widen.

On the ground next to the stone table, two slates slid to two sides, and then a one – meter – wide stone platform slowly rose up with a cracking sound. The stone platform was also shrouded in a layer of blue light.

Xia ruofei subconsciously took a step back, his face full of wariness.

After a full two to three minutes, with a click, the stone platform rose to its position, basically level with the stone table.

Xia ruofei looked over and saw that there were five light balls of different sizes on the stone platform. Each light ball was wrapped in something, and it was barely visible.

From left to right, the first ball of light seemed to contain a thin book, while the second to the fourth balls of light each contained a palm – sized Jade tablet. They all looked similar. The last ball of light contained a small Jade box.

Xia ruofei walked to the side of the stone platform. With a trace of curiosity, he slowly reached out his hand to the light ball on the far right. He looked at the booklet on the left, which was the most shabby. Xia ruofei thought that the most valuable item should be the jade box on the far right, so he went straight to his target.

Unfortunately, this ball of light seemed to have the same effect as the space membrane. His hand could not penetrate it at all. A soft but extremely tenacious repulsive force prevented his hand from penetrating the ball of light.

Xia ruofei gritted his teeth and increased his strength, but it was of no use.

He then used his mind and spatial force in an attempt to break through, but his efforts were in vain.

The more Xia ruofei used his strength, the stronger the repulsive force became. It maintained a delicate balance. The jade box lay quietly in the ball of light, but Xia ruofei could only look at it. He could not reach it.

He forced a smile and changed his target to the second light ball from the right. Inside it was a Jade tablet. It was the closest to the jade box, so it should be more precious than the other three items.

Unfortunately, the situation was exactly the same as before. No matter how hard Xia ruofei tried, he could only see it but not touch it. He could not even think of breaking through the protection of the light ball.

Xia ruofei did not believe it. He turned to the third ball of light from the right.

Failed.

The fourth ball of light from the right.

He still failed ...

Xia ruofei felt as if he had used all his strength, but he still couldn't shake the light balls. However, he could feel that the first light ball on the right had the strongest defense. When it came to the fourth light ball, Xia ruofei could make it shake slightly as if it could break into the inner part at any time.

However, he was just a little bit off. No matter how hard he tried, he was still a little off.

Xia ruofei had to change his target to the last one, which was the first one on the left. There was a light ball with a small booklet inside.

He clenched his right hand into a claw and tried to break through. The familiar repulsive force came, but there was no effect ...

With a thought, Xia ruofei combined the invisible spatial force with his own body's strength and tried again!

The ball of light's Halo began to shake slightly.

Xia ruofei gritted his teeth and continued to increase the strength. The light ball was shaking more and more.

In the end, Xia ruofei roared and used all his strength to push in. At the same time, the five elements in space exploded with a huge force.

With a “crack,” the extremely flexible ball of light finally broke, turning into spots of light and disappearing into the stone room.

Xia ruofei was sweating profusely and panting heavily. He was really out of energy.

He didn’t expect that a seemingly fragile ball of light would actually have such a powerful defense.

Xia ruofei felt that the strength he had used just now could have bent a steel pipe, but he had only managed to break through.

He looked at the four light orbs beside him and suddenly felt a sense of powerlessness.

He didn’t know when he could break them ...

Xia ruofei believed that as he continued to grow stronger, that day would come. As for now, he could only look at the things in the ball of light with envy.

Soon, Xia ruofei recovered a little. He immediately focused on the thin booklet.

Xia ruofei slowly reached out his hand and grabbed the booklet.

Without the defense of the light ball, Xia ruofei easily grabbed the booklet in his hand.

It felt silky smooth in his hand. This booklet was not made of ordinary paper. It was more like silk, but tougher. It looked like a normal piece of paper. The golden light on its surface made Xia ruofei realize that it was not as simple as silk.

He had tried to tear the book, but it was impossible for him to do so with his own strength. If it was ordinary silk, he could easily tear it apart with a little force.

There were no words or pictures on the cover of the booklet. Xia ruofei slowly opened it with a trace of expectation ...

Chapter 374: Body tempering soup (1)

Xia ruofei’s eyes fell on the first page and his eyes widened ...

It was blank!

It was actually a blank!

This page, which looked like paper but was not paper, like silk but was not silk, had nothing on it except for some tiny golden stripes. Whether it was words or pictures, there was nothing ...

Xia ruofei quickly flipped to the back and finished the thin seven to eight pages.

There was no miracle, and every page was empty.

Your sister!

I've been brewing my emotions for a long time. You've taken off everything and you're showing me this?

Xia ruofei had the urge to tear the booklet into pieces.

However, he remembered that he had tried his best just now, but he couldn't damage the booklet in the slightest, so he decisively gave up this unrealistic idea to avoid humiliating himself.

Xia ruofei flipped to the first page unwillingly and observed every detail carefully. He was just short of using a magnifying glass to check it inch by inch.

Unfortunately, he still could not find any clues. The Golden patterns did not have any pattern. At least, Xia ruofei could not find any pattern after analyzing for a long time.

Xia ruofei was very disappointed. A stone room had suddenly appeared in the new space. He took out the booklet with great effort, but it turned out to be a wordless heavenly book. The other four items looked good too, but he could not take them out.

Is the heavens playing with me?

His interest waned, and he prepared to throw the booklet on the stone platform and leave.

However, he did not give up, so he opened the booklet again.

Since the naked eye couldn't see anything, what about the heart? Xia ruofei said in his heart.

He had obtained the spirit map space for a long time, so he was very familiar with the use of the power of the mind. He had also made a preliminary examination of the stone tablet and found nothing strange about it, but when he immersed his mind in it, he immediately discovered its wonders.

Could this be the same approach?

Xia ruofei immediately focused on the first page of the booklet.

The invisible mental force acted on the small booklet. One second, two seconds, three seconds ...

Xia ruofei still couldn't sense anything unusual. It was like an ordinary page and his mind power couldn't penetrate it.

Xia ruofei revealed a bitter smile. It seemed that he would really gain nothing this time ...

But at this time, a magical scene appeared.

His mind was indeed unable to sense any changes, but he could see with his naked eyes that the Golden stripes on the page were gradually moving under the influence of the power of his mind.

Xia ruofei's spirit was lifted. It was a good thing that there was a change!

He hurriedly continued to concentrate, and the invisible power continued to be output, acting on that page.

The Golden stripes also moved faster and faster, and then began to combine and break down ...

Gradually, Xia ruofei saw the Golden stripes forming lines of words.

And these were not strange characters, they were just normal Chinese characters, but they were all in traditional Chinese.

It might be a little difficult to write in traditional Chinese, but Xia ruofei had no problem recognizing characters.

Lines of golden text appeared on the page, floating in the wind.

Xia ruofei stared at the words, trying hard to remember the content. The joy on his face grew.

This first page recorded a prescription, but this prescription was not used to cure diseases, but to temper the body and strengthen the bones and muscles of martial artists.

This prescription called “body tempering soup” had two versions. The complete version needed the petals of the strange flower, while the simplified version didn’t. Of course, the efficacy of the simplified version was much weaker than the complete version.

However, according to the author of this “body tempering soup,” even if the petals of the exotic flower were removed, the body tempering soup would still be many times stronger than ordinary body tempering medicine.

Of course, in this prescription, the petals were not called “strange flower petals”. Xia ruofei recognized them at a glance through the illustrations. He was too familiar with these strange flower petals.

Hence, after obtaining the spirit map space for so long, Xia ruofei finally knew the official name of the nameless plant and the strange flower petals on it.

The author of ‘body tempering soup’ had named the nameless plant spirit heart tree and the strange flower spirit Heart Flower. The author had not mentioned the name of the fruit produced by the spirit heart tree. Xia ruofei thought to himself with some evil interest, Could it be called the spirit heart fruit?

However, this was only a fleeting thought in his mind. Now, his main energy was naturally used to memorize the contents recorded on this page.

The herbs required for the body tempering soup were all very common Chinese medicinal herbs, which could be easily purchased from any Chinese medicine pharmacy.

Apart from the strange flower petals, the Kasaya should be called the spirit Heart Flower petals now.

There wasn’t much content on this page, and the Golden text gradually showed up to the last few lines. The front was full of the body tempering soup’s content, including what medicinal herbs were needed, the amount of each medicinal herb, the brewing process, some precautions, and so on.

Xia ruofei committed them to memory.

Just as Xia ruofei thought that the page was about to end, he saw a new prescription.

“Pregnant spirit soup” was the name of the new prescription.

However, at this time, it was already showing the last few lines, so the content on this page only briefly introduced the effects of the gestation soup.

Xia ruofei was surprised to find out that the spirit nourishment soup was used to help with the training of one's spiritual power. The first ingredient that was required to brew the spirit nourishment soup was called 'spirit heart fruit'. As for whether the spirit heart fruit was the fruit from the spirit heart tree, Xia ruofei had no idea.

Because at this point, the content of this page had already ended.

He estimated that the next page should have more detailed illustrations and other required medicinal herbs.

Xia ruofei maintained the output of his spiritual power and read it a few times. After memorizing the contents of the page, he retracted his spiritual power.

Xia ruofei immediately took out his notebook and pen and prepared to jot down everything he had just written down. After all, a good memory was not as good as a bad pen. What he had recorded now was all in an instant. It was inevitable that he would forget it if he took a long time. However, he would not have to worry about forgetting it if he wrote it down in a notebook.

However, when Xia ruofei opened his notebook and was about to take down notes, he stopped and smiled bitterly.

It turned out that after he had removed his mental energy, those golden characters still existed, and did not return to the original golden stripes without any pattern.

Xia ruofei couldn't help but Pat his forehead. He shouldn't have such a preconceived idea! He had thought that the Golden characters would return to their original positions with the withdrawal of his spiritual energy. Therefore, after the characters were completely revealed, he maintained his spiritual energy for a long time to memorize the contents.

He didn't expect it to be useless!

However, it was a good thing that these words would not disappear. It would be much easier to read them next time.

Xia ruofei thought of the "spirit heart fruit" mentioned in the last few lines. He couldn't help but want to confirm if it was the spirit fruit that he had already kept five of.

So he flipped to the second page, held his breath, and focused his attention on the page. He was ready to use his mental power to return the Golden stripes to their original positions.

However, Xia ruofei felt a slight pain on his head. It turned out that he had used up all his mental energy while he was restoring the contents of the first page.

He didn't expect that he would consume so much energy in just a few minutes.

It seemed that he could not restore the contents of the second page for the time being, Xia ruofei thought with a bitter smile.

Hence, he kept the booklet close to his chest and walked out of the stone room. Xia ruofei was not in the mood to continue exploring the stone room. He only wanted to restore the contents of the booklet.

Therefore, he quickly left the cave and returned to the original space.

Xia ruofei was prepared to use a petal of the spirit Heart Flower to recover his spiritual energy and then continue to study the booklet.

Chapter 375: Powerful medicinal effect (1)

Xia ruofei immediately took out the preservation box that stored the petals of the spirit Heart Flower from the original space. Five petals were produced every three days. At this stage, the production was greater than the consumption. Hence, there were more and more petals of the spirit Heart Flower in the box during this period of time. There were already more than 30 petals.

Xia ruofei used a pair of tweezers to pick up one of the pieces and put it in his palm.

The petals of the spirit Heart Flower instantly melted and seeped into Xia ruofei's skin.

The warm current appeared. Xia ruofei had long gotten used to this feeling. He picked up the water bottle beside him and took a few big gulps of the spiritual pond water. Then, he sat down on the recliner beside the spiritual pond and began to read the booklet leisurely.

It was only one page, and Xia ruofei had memorized the contents.

Previously, for the convenience of 'practicing medicine', Xia ruofei had bought many common Chinese medicine and stored them in the space. He also had all kinds of tools for decocting medicine.

Xia ruofei got up and went to a wooden shelf that was specially bought to store Chinese medicine. After checking, he realized that the Chinese medicine needed to make the body tempering soup could be found here.

He was waiting to recover his mental power. Since he had nothing to do, he decided to follow the method in the booklet and try to make a body tempering soup.

Xia ruofei took the clay pot and skillfully followed the prescription. He put the required herbs into the clay pot according to their respective quantities. Then, he added a petal of the spirit Heart Flower and fetched the spatial spirit pool water. He started a fire to boil the medicine.

A medicinal fragrance gradually filled the space.

Under the slow boiling of the fire, the water in the claypot became less and less. Xia ruofei began to boil the body tempering soup according to the prescription.

Xia ruofei was already very familiar with the method of brewing the medicine. However, the method described on the Golden page was a little complicated. For example, he had to add a few herbs in the beginning, add two more herbs before boiling the medicine for the first time, then turn off the fire to cool it down. When the temperature of the medicine dropped, he had to add another herb, and finally, he had to grind the last herb into powder. After the medicine was boiled and the dregs were removed, he had to add it into the medicine and stir it evenly.

Xia ruofei did not know what was going on, but he only needed to know the way. He did not need to know why. He just had to follow the procedures strictly.

After half an hour, Xia ruofei had made a body tempering soup for the first time.

Whether it was the color, smell, or taste of the medicinal soup, it was no different from what the prescription said. As for whether it could achieve the effect of the prescription, it would only be known after trying it.

The prescription said that after the body tempering soup was boiled, it should be taken immediately after it had cooled down.

Xia ruofei waited for a few minutes before he picked up the bowl and finished it in one gulp.

Although it was still a little hot, it was not unbearable.

This medicinal soup seemed to be less bitter than ordinary Chinese medicine when it entered his mouth. It had more medicinal fragrance and tasted quite good.

As soon as the medicinal soup entered his stomach, a familiar warm current gushed out. It was much stronger than when Xia ruofei used an entire petal of the spirit Heart Flower.

Xia ruofei was caught off guard. His face turned red and he felt like his body was on fire.

Xia ruofei's skin turned red all of a sudden. It was as if his entire body had swelled up. Every inch of his skin was burning as if it was on fire. All the pores on his body felt as if they were being pricked by needles.

He didn't expect the medicinal properties of this body tempering soup to be so violent.

Xia ruofei cursed the author of the booklet a thousand times in his heart. He had said everything but he did not explain the properties of the body tempering soup. Wasn't this a scam?

Xia ruofei felt that he had to do something. Otherwise, he might really explode and die.

The first thing that came to his mind was the strange action demonstrated by the little golden man in the stone tablet.

He couldn't think too much now. Xia ruofei sat on the ground and skillfully posed in a posture that was more difficult than yoga.

As soon as he did this, Xia ruofei felt more comfortable and the pressure on him decreased.

One minute ... Two minutes ... Three minutes ...

Xia ruofei could not feel the pain that he usually felt when he practiced this movement because the pain after taking the medicine was even worse ...

He couldn't even feel the passage of time, and just maintained this position, motionless.

If Xia ruofei had a clock in front of him, he would be shocked because he had been holding on for far longer than usual.

Time slowly passed by.

The surging warm current in his body seemed to have found a way to vent out and gradually reduced. However, the speed of reduction was too slow and Xia ruofei was still in extreme pain.

He didn't know how much time had passed, but he suddenly heard a light cracking sound, as if something had been broken.

Xia ruofei was stunned for a moment and then realized that something was in his mind.

He closed his eyes to take a look, and his face immediately revealed a look of great joy.

It turned out that without realizing it, he had suddenly recalled the second set of movements the little golden man had demonstrated.

At this moment, Xia ruofei was still in the posture of the first set of movements, but he could no longer feel the pain of practicing them.

Xia ruofei had a sudden realization. He must have completed the first set of movements, which was why the second set of movements in his mind had been unlocked.

Chapter 376: Powerful medicinal effect (2)

At this time, the warm current in his body had decreased a lot, but it was still surging. Xia ruofei did not hesitate and immediately changed to the second posture.

Every set of movements the little golden man demonstrated was extremely strange, and the second set was naturally no exception.

Xia ruofei had the experience of practicing the first set of movements, so after two failures, he succeeded in the second set of movements.

The moment the second set was completed, Xia ruofei couldn't help but groan. The familiar pain from the first set of movements came back.

At the same time, he also felt that the warm current in his body was being consumed much faster.

Xia ruofei was overjoyed. He knew that he had passed this small crisis and the effects of the body tempering soup would be worn out soon.

However, the pain from practicing the second set of movements was getting more and more intense. Xia ruofei could be said to be in pain and happiness at the same time.

After a few minutes, the last bit of the medicine was absorbed by Xia ruofei's body.

At the same time, Xia ruofei groaned in pain. He could no longer maintain his second posture and fell to the ground like a dead dog.

Xia ruofei knew very well that if it were not for the effects of the body tempering soup, he would not have been able to practice the second set of movements for so long.

After recovering some energy, Xia ruofei struggled to get up.

He wasn't in a hurry to test how much stronger he had become after taking the body tempering soup, but he really couldn't stand the smell of his body.

After Xia ruofei absorbed the effects of the body tempering soup, not only did he break through to the second set of movements, but a thick layer of black grease appeared on his skin again. When he practiced the first set of movements, he would expel some filth, but it was already very little. He did not expect to force out so much filth this time.

Xia ruofei couldn't help but think, "how dirty is my body? Why can't the impurities be discharged?

If someone who practiced martial arts knew Xia ruofei's thoughts, they would probably go crazy with jealousy.

When a person ate the five grains, it was natural for impurities to accumulate in the body. Those who practiced martial arts tried all kinds of ways to purify their body and expel these impurities, but under normal circumstances, the results were very little.

For someone like Xia ruofei, who could expel so many impurities at once, it was definitely a heaven – defying opportunity. Yet, this guy was still complaining that he had too many impurities in his body. How pretentious was he?

Xia ruofei had wanted to continue exploring the booklet after his spiritual power had recovered. However, he had to change his plan now because he had to wash up first.

There were rivers and lakes in the new space, but Xia ruofei did not want to pollute this paradise – like place. It was better for him to wash up in the outside world. The earth outside was already polluted enough, and he did not mind.

Xia ruofei returned to his room.

He took his clothes to the bathroom and washed them five times before he was finally clean of the smelly, greasy dirt. After changing into a clean set of clothes, Xia ruofei entered the medium again, feeling refreshed.

Xia ruofei had been fully revived. Both his physical strength and spiritual power had been restored to their peak.

However, he was not in a hurry to study the booklet.

After taking the body tempering soup this time, Xia ruofei felt that his body had become much stronger. Naturally, he wanted to test it out.

After the experiment, Xia ruofei couldn't help but feel speechless.

His body seemed to have broken away from the limits of the human body that was scientifically understood.

Just now, Xia ruofei had tried to jump from the same spot in the medium. He had actually jumped three meters high easily. This jumping power was simply too heaven – defying! If he went to the Olympics, wouldn't he win all the gold medals in the jumping event?

In terms of strength, Xia ruofei performed a set of military boxing in the medium, which was called vigorous and vigorous. He also performed Tai Chi and felt that he had become more comprehensive. It was as if he had mastered the profound and obscure parts.

However, Xia ruofei still did not have a direct understanding of his own strength. Hence, he found a Phoebe zhennan tree in the original space and used all his strength to punch the unlucky tree.

With a loud bang, a deep fist mark appeared on the Phoebe zhennan tree, and almost the entire fist was buried in the tree.

Then, Xia ruofei heard a series of cracking sounds and the Phoebe zhennan tree fell to the ground in front of Xia ruofei's astonished eyes ...

The broken part was the part that Xia ruofei had punched.

Xia ruofei's eyes widened in disbelief. The tree was more than 30 centimeters in diameter! He had actually broken it with one punch ...

Then what if this fist landed on a human body?

Xia ruofei used to be an elite member of the Special Forces, and the Special Forces had high physical requirements for soldiers. However, in the era of firearms, physical fitness was only the basic guarantee of combat. They still relied more on various advanced weapons.

For a Special Forces soldier, it was not good to have poor physical fitness. However, physical fitness alone was not enough to become an outstanding Special Forces soldier. For example, when Xia ruofei was in the Army, he was not only required to be skilled in driving all kinds of special vehicles but also in operating all kinds of advanced weapons.

Chapter 377: Powerful medicinal effect (3)

Lone Wolf's soldiers had even received a month of flight training. Although they could not be compared to professional pilots, each of them had the ability to fly a helicopter in an emergency during combat.

But today, Xia ruofei suddenly realized that the combat power of the human body was beyond his imagination.

He had only just started practicing the second set of movements, but he already had such a strong body. If he were to master all nine sets of movements, to what extent would his body be trained?

Xia ruofei did not even dare to imagine it.

At that time, would he become a Superman who wore his underwear on the outside?

After Xia ruofei recovered from the shock, he immediately realized something. He immediately revealed a pained expression as he thought that he had personally broken a gold – threaded nanmu tree!

This was all money!

Not long ago, the meter – thick Phoebe zhennan material was sold for 10 million US dollars!

He had actually destroyed one with one punch ... Although this Phoebe zhennan wood was far from being a talent, as long as it was planted in the space, it would only be a matter of time before it grew to the extent of the original big material, and this time would not be too long.

Xia ruofei felt as if he could see stacks of green US dollars leaving him ...

With a bitter face, he bowed to the broken piece of Phoebe zhennan wood and muttered to himself, "I'm really sorry! I didn't mean to let you encounter such an undeserved disaster ..."

Then, Xia ruofei cut off the branches of the Phoebe zhennan tree one by one. He then started to dig a hole and cut all of them.

Since he had already interrupted it, he naturally couldn't waste it. He couldn't lose all his money!

Since he had lost one of the 30 – centimeter – thick Phoebe zhennan, he would have to cut out ten or twenty of them. This way, he would lose some time and cost, but he could also harvest more precious wood. Xia ruofei finally felt a little better.

After feeling his insanely strong body, Xia ruofei finally decided to continue studying the book. He was also looking forward to the spirit nurturing soup mentioned at the end of the first page!

Xia ruofei flew back to the pool and picked up the booklet on the recliner. She flipped to the second page and focused her mind. She used her mind power to read the second page.

Slowly, the Golden stripes began to move.

Xia ruofei clearly felt that it was much more difficult to restore the contents of the second page compared to the first page. With the same use of spiritual power, the Golden stripes were moving at a slower speed. Xia ruofei even felt that his strength was not enough.

He couldn't think too much at the moment, so he could only focus his energy and continuously output his mental power.

The Golden stripes unhurriedly began to break down and assemble, forming lines of text.

Xia ruofei was not in the mood to care about what was written. He was trying his best to support the output of his spiritual power. He knew that once the Golden characters were formed, they would not fade away, so he would have plenty of time to read them later.

The Golden characters took their time to form and arrange themselves.

Line after line, line after line.

Xia ruofei felt that his spiritual energy was almost exhausted. Finally, the last golden character was formed and the entire page emitted a faint golden light.

Xia ruofei stopped the transfer of spiritual power as if he had been relieved of a burden.

He even felt that he wouldn't be able to hold on for a few more seconds. Fortunately, he managed to restore an entire page of content.

As for the contents of the third page, Xia ruofei did not even think about trying to restore it. He realized that the larger the page number, the more mental strength he would need to restore it. He felt that restoring the first page was relatively easy, but he had already tried his best when he reached the second page. Naturally, he could not even think about the third page. He could only try it when his mental strength was stronger.

When Xia ruofei thought about strengthening his spiritual power, he immediately remembered that the soup was used to help with the cultivation of spiritual power.

Thus, he perked up and quickly picked up the booklet to read it carefully.

The joy on his face grew. He was amazed that the second page had the complete formula for brewing the gestation soup.

Just as he had expected, the “spirit heart fruit” mentioned on the last line of the first page was indeed a spirit fruit that grew on the spirit heart tree. Xia ruofei already had five of such spirit fruits.

Unlike the body tempering soup, which had two versions, the spirit nourishment soup only had one version. Moreover, the spirit heart fruit was an indispensable main medicine. As for the other medicinal herbs, they were common Chinese medicinal herbs like the body tempering soup. However, their prices should be more expensive than the medicinal herbs required for the body tempering soup.

Furthermore, there was one herb that could not be bought with money. However, it was not a problem for Xia ruofei because it was wild ginseng. Xia ruofei had planted many of them in the interspace. There were not many wild ginsengs needed to brew the pregnancy soup. Xia ruofei could just dig out one and it would last for a long time.

After reading the introduction of the spirit heart fruit, Xia ruofei broke out in a cold sweat.

It turned out that this spirit heart fruit really couldn’t be consumed directly because it contained a deadly poison. Only by mixing it with a few medicinal herbs in the prescription would the poison be neutralized. Otherwise, if one ate a small piece the size of a fingernail, one would immediately bleed to death from all seven orifices.

Xia ruofei couldn’t help but feel a sense of fear. The spiritual fruit that was emitting an alluring fragrance was actually poisonous. Fortunately, he was more cautious and didn’t eat it rashly. Otherwise, the grass on his grave would be long gone.

No, if he died in this spirit map space, it was impossible for anyone to find him, so there wouldn’t even be a grave ...

Xia ruofei’s face turned pale. He decided that in the future, he would not try anything in this space without knowing the exact situation. Otherwise, he would die without even knowing how he died.

After he finished reading the formula for the pregnancy soup, Xia ruofei realized that the second page was not finished.

Hence, Xia ruofei continued to read with anticipation ...

Chapter 378: The spirit nurturing soup (1)

Xia ruofei's appetite had been piqued by the body tempering soup and the spirit nourishment soup. Although the effects of the spirit nourishment soup had not been tested yet, the body tempering soup had given Xia ruofei a huge surprise.

Perhaps it could also be said that he was frightened. If he hadn't practiced the strange posture demonstrated by the little golden man just now, he really might have exploded and died from the powerful medicinal properties.

Hence, Xia ruofei was looking forward to the next part of the second page.

However, when he took a closer look, he could not help but reveal a bitter smile.

The next page was still a prescription, but it was called "jaded skin ointment". Xia ruofei didn't know whether to laugh or cry.

The jadeskin ointment had only one effect, and that was to beautify one's face. According to the prescription, this jadeskin ointment could not only make one's skin softer, but it could also completely remove the toxins from the body from the surface to the inside. Long – term use could even have the effect of retaining one's beauty.

Perhaps to the girls in the world, this was a precious prescription that couldn't be bought with money. However, to Xia ruofei, it was of little value.

Ever since he had started absorbing the petals of the spirit Heart Flower and practiced the little golden man's strange posture, a lot of impurities had been discharged from his body, and he had become even fairer and more tender. He was even more developing in the direction of a pretty boy.

Now that he had skin that even women would be jealous of, the jaded skin ointment was of no use to Xia ruofei.

Xia ruofei continued reading until the end of the second page. He found that there was nothing new after the formula of the jaded skin ointment was written down.

It seemed like he would not be able to gain anything today.

Xia ruofei thought for a while and drank a few mouthfuls of the spatial spirit pool water. The water had the same effect of recovering spiritual power, but it was not as effective as the petals of the spirit Heart Flower. Then, he continued to study the formula for the pregnancy soup.

He found that other than the wild ginseng, which was readily available and could be dug up at any time when needed, there were also six or seven common medicinal herbs that he had stored in the medium. However, there were still three medicinal herbs that he did not have here.

Although these three herbs were not rare, Xia ruofei had only bought some commonly used herbs and kept them in his storage space as backup. He could not have brought the entire Chinese medicine room here, so it was normal to be missing a few herbs. He was lucky that he had all the herbs needed for the body tempering soup.

There was no way to brew the spirit nourishment soup without the necessary herbs.

However, Xia ruofei was not in a hurry. He kept the booklet and entered the new space.

Xia ruofei returned to the stone room with ease.

He had just taken the booklet and did not have the time to explore the stone room.

Now that he was waiting to recover his spiritual power, Xia ruofei had the time to come back and explore the place.

The stone room was not big, less than 20 square meters. Xia ruofei carefully inspected every inch of the room. Soon, he had searched the entire room. Other than a small mechanism on the stone table, there was nothing special about the stone room.

Of course, there was no danger.

Xia ruofei was now almost certain that the owner of the stone room, or rather, the owner of the spirit map space, had no ill intentions towards him. Otherwise, with the strange methods that he had seen that were beyond the scientific explanation, even if he was a special Combat Elite, he would have died without a trace.

Xia ruofei finally came to the stone bed.

There was only a round cake – shaped object on the stone bed. It looked like a futon, but the material was neither like jade nor ordinary stone. It felt cool when he touched it.

Xia ruofei looked left and right, but could not find anything. He decided to sit on it and feel it.

So, he took off his shoes and jumped onto the stone bed. Then, he sat cross – legged on the futon.

As soon as he sat down, Xia ruofei felt a cooling sensation. It was not just the feeling of his buttocks touching the futon. His entire body felt refreshed, especially in his mind. It was as if a clear stream had flowed through it, and his thoughts became much clearer.

Then, Xia ruofei was surprised to find that his spiritual power was recovering at a much faster speed.

Previously, in order to restore the contents of the second page, his mental power was almost exhausted. After drinking a lot of space spirit pool water, his mental power began to recover slowly.

However, once Xia ruofei sat on the futon, the slow recovery speed more than doubled.

Good stuff! Xia ruofei couldn't help but smile.

Since the futon had such an effect, Xia ruofei was not in a hurry to get down. With the help of the futon, the recovery speed of Xia ruofei's spiritual power was not much different from using the petals of the spirit Heart Flower.

After a while, Xia ruofei felt that his spiritual energy had recovered.

He stood up from the futon and picked up the booklet again. Although he knew that the possibility was low, he still wanted to try to restore the contents of the third page.

The contents of the booklet were undoubtedly precious. If he could restore more of it, it would be very helpful to Xia ruofei.

He turned to the third page and held the booklet with both hands. Then, he concentrated his mind and continuously sent out his mental power to the page.

Xia ruofei suddenly felt a sense of heaviness and sluggishness. The Golden stripes on the page seemed to weigh thousands of catties and started to move very slowly under the influence of his spiritual power.

Chapter 379: The spirit nurturing soup (2)

Xia ruofei's forehead was covered in sweat.

The Golden stripes were still moving at a steady pace, and their various decomposition and regrouping processes were all rather slow.

Words began to appear on the page, but they did not appear regularly from the first word of the first line. Hence, in Xia ruofei's eyes, these were meaningless words that did not match up.

One minute, two minutes ...

Xia ruofei started to feel a headache. It was a sign of overexertion.

However, only a few words had appeared on the page, and a large number of golden stripes were still moving slowly.

Xia ruofei smiled bitterly.

It seemed that this time was destined to end in failure. He did not dare to force out more spiritual power because no one had taught him this knowledge. He did not know if there would be any sequelae if he continued, or if it would cause irreparable damage to his brain.

Hence, Xia ruofei gave up at the right time.

When Xia ruofei retracted his spiritual power, the words that had formed and the Golden stripes that had shifted positions immediately returned to their original positions. The page quickly returned to its original state.

Xia ruofei laughed bitterly. His last hope of trickery had been dashed.

Originally, he thought that since his mental power was not enough, he could restore a small part at a time. Given some time, he could still restore the entire content of the third page.

However, the reality was that an entire page of content had to be restored at once. Otherwise, even if the content had been restored before, it would disappear.

He couldn't just cancel it by chance. He could only restore the contents of the third page by deepening his spiritual power.

However, Xia ruofei was not discouraged.

This was because the spirit nourishment soup was used to strengthen one's mental power. Once he made the spirit nourishment soup, his mental power would not only be upgraded by the space. He believed that he would be able to restore the contents of the third, fourth, and fifth pages very soon.

There was nothing else in the stone chamber. Xia ruofei quickly left the cave and went outside.

He was worried that Blackie and the others would break into the stone room, so he called them over to give them some instructions.

However, Xia ruofei was overthinking. He soon realized that Blackie and the rest could not get into the cave.

The mischievous er Mao rushed to the entrance of the cave just as he was about to give the order. However, it was as if there was an invisible force around the entrance of the cave. Er Mao could not move a single step forward.

Seeing this, Xia ruofei was a little curious. He went over to try and found that it was unimpeded.

He asked Blackie and the other dogs to try, but they were in the same situation as er Mao. They couldn't get in at all.

"It seems like only the owner of the spirit map space can enter and leave this cave freely," Xia ruofei thought.

This way, Xia ruofei was much more at ease.

He then used his mind to inspect the wordless stone tablet again, but he didn't find anything new. It was still the little golden man demonstrating the set of nine movements over and over again.

However, no matter how hard Xia ruofei tried to remember, as long as his mind left the stone tablet, he would forget the remaining seven sets of movements completely. After taking the body tempering soup, he could successfully pose for the second set of movements. Now, he could remember two sets of movements in his mind.

After patrolling around the space, Xia ruofei gave Blackie and the rest some food. Then, with a thought, he returned to the outside world from the new space.

Xia ruofei returned to his room and took a look. It was already past two o'clock in the afternoon. By the time he got home, it was almost time for lunch. He spent most of his time in the new space. The time flow there was the same as the outside world. Without realizing it, a few hours had passed.

However, Xia ruofei did not feel hungry at all. He thought that it was probably because of the body tempering soup.

Xia ruofei decided not to eat lunch. He put on his coat and walked down the stairs.

Li Zhifu seemed to have gone for an afternoon nap. Ye Lingyun was alone in the courtyard, diligently practicing the tea – making skills that Li Zhifu had taught him.

Seeing Xia ruofei come down, Ye Lingyun quickly put down the large dustpan in his hand and came forward to greet him respectfully.

Xia ruofei nodded in satisfaction and smiled. "Ling Yun, how have you been these past few days? Old master Li is a master of tea – making, so you must learn everything he teaches you!"

"Yes! Brother Xia, I will definitely work hard to learn from teacher." Ye Lingyun said, "but I'm a little stupid, so I can't meet teacher's requirements ..."

Xia ruofei chuckled. "It's impossible to become a fatty in one go. Learning anything is a gradual process, especially this ancient tea – making method. You have to practice countless times before you can slowly find the feeling. You don't have to be anxious."

Ye linyun nodded and continued, "Brother Xia, I understand ... But I feel that the teacher's emotions seem to be a little irritable ..."

Xia ruofei understood immediately. Li Zhifu must have felt that he did not have much time left, so he wanted to pass on his skills as much as possible. It was inevitable that he would be a little impatient.

However, Xia ruofei didn't want to reveal it so early. Xia ruofei actually liked old man Li's state. At this time, he would definitely teach ye Lingyun all his skills without reservation.

Chapter 380: Spirit nurturing soup (3)

Hence, Xia ruofei laughed and patted ye Lingyun's shoulder. "Old master Li has high expectations of you, so he's being so strict. Don't feel pressured and just try your best to study."

"Alright, brother Xia ..." Ye Lingyun said, "I'll continue practicing then ..."

Xia ruofei nodded, picked up the Knight XV SUV, and drove away from the farm.

On this trip to the city, Xia ruofei was prepared to buy another batch of Chinese medicinal herbs, especially the ones needed to make the body tempering soup and the spirit nourishment soup. He wanted to buy more.

In any case, it would not go bad no matter how long it was stored in the space.

After Xia ruofei returned to the city, she went straight to the largest Tongren Tang pharmacy.

Looking at Xia ruofei's long list and the huge amount on it, the manager of Tongren Hall immediately came out to welcome Xia ruofei, a big customer.

Xia ruofei needed a lot of medicinal herbs. Tongren Hall had to go to the warehouse to transfer the stock, so he had to wait in the store for a while.

He was sitting in the lounge area of the store and playing with his mobile phone out of boredom when an idea suddenly came to his mind. He called the manager of Tongren Hall over and added seven or eight medicinal herbs at the last minute, which also required a large amount.

These seven or eight ingredients were all needed to make the jade skin ointment. Xia ruofei considered that even though he did not need them, it would be good to make some and give them to Ling Qingxue.

He also had some female friends, including female elders, such as Tian Huilan and Wu Liqian. This jade skin cream should be a good gift for them.

What made Xia ruofei speechless was that the herbs required for the jade skin cream were much more expensive than the herbs required for the body tempering soup and the spirit nourishing soup.

He originally only needed to spend more than 60000 Yuan this time, but because of the addition of these seven or eight medicinal herbs, the bill suddenly became more than 100000 Yuan.

No wonder they say women's money is easy to earn ... Xia ruofei thought to himself.

Xia ruofei's spending alone was several days more than the sales of Tongren Hall. The manager was overjoyed and quickly ordered someone to change the tea for Xia ruofei. Then, he personally took Xia ruofei's new list and went to the warehouse to distribute the goods.

After waiting for about ten minutes, the goods were ready at Tongren Hall. After Xia ruofei paid with his card, the manager called a few shop assistants to help with carrying the medicinal herbs.

This time, Xia ruofei bought a few large fiber bags of medicinal herbs. Fortunately, the Knight XV had a large interior space. The trunk and the back row were filled with fiber bags of medicinal herbs. Finally, they were all filled.

After leaving Tongren Hall, Xia ruofei drove back to the farm.

When they arrived at the sparsely populated suburbs, Xia ruofei immediately stored all the medicinal herbs in the car into the space. Now, he did not need to take out the spirit map scroll to store items. Moreover, the Knight XV's Windows were all one-way, so even if cars passed by occasionally, they would not be able to see anything.

It was almost evening when he returned to the farm. Xia ruofei was not in a hurry to return to his room. He decided to walk around the farm and the construction site. After Cao tieshu and the rest had returned home from work, Xia ruofei returned to the villa and had dinner with li Zhifu and ye Lingyun. Then, he went upstairs to his room.

After entering the room, Xia ruofei locked the door and windows as usual, then took out the spirit map scroll and entered the medium.

In the original space, Xia ruofei placed the newly bought herbs in different categories.

Then, he found the medicinal herbs needed to make the Yingling soup according to the prescription and took the preservation box with the spiritual heart fruit.

According to the Golden page's records, the spirit Heart Flower could not come into direct contact with the human body. Otherwise, it would be absorbed directly. However, the spirit heart fruit did not have such a characteristic.

Moreover, although the spirit heart fruit was highly toxic, it would not cause any problems if it came into direct contact with the skin. Only by consuming it would one be poisoned.

Hence, after Xia ruofei opened the container, he reached out and took out a spiritual heart fruit.

As expected, when Xia ruofei held the spirit heart fruit in his hand, it did not get absorbed by his body like the spirit Heart Flower.

According to the prescription, he only needed to cut a small piece of the spirit heart fruit to make a portion of the pregnancy soup.

Xia ruofei didn't hesitate. He took out the military dagger that he always carried with him and cut a piece of the spirit heart fruit. He put it into the clay pot and put the rest of the spirit heart fruit back into the preservation box.

The next step was to brew the medicine.

Just like the body tempering soup, the brewing process of the pregnancy soup was also complicated. Xia ruofei did not dare to be creative at this time. He followed the prescription meticulously and strictly followed each step.

Half an hour later, Xia ruofei received a bowl of herbal soup with the fragrance of the spirit heart fruit.

The color and fragrance were exactly the same as the formula described.

The pregnancy soup was done, but Xia ruofei hesitated when he looked at the bowl of medicine.

If the Golden page's records did not lie to him, the spiritual heart fruit was poisonous!

Could the medicinal soup made from this highly toxic spirit fruit really be drinkable?

Although the prescription said that the toxicity of the spirit heart fruit had been neutralized by several medicines, Xia ruofei was still a little afraid. This was a life – threatening matter!

However, since it had already been brewed, there was no reason to throw it away, right?

Moreover, up until now, what was recorded in the booklet was very reliable. Although the previous body tempering soup was fierce, the strengthening effect on the body could be said to be immediate.

Since the soup was ready, there shouldn't be any problems with its fragrance and color! Xia ruofei encouraged himself in his heart.

Xia ruofei frowned as he carefully recalled every step of brewing the soup. After confirming that there were no problems, he gritted his teeth, picked up the bowl, and drank it in big mouthfuls ...