

I. Family 1191

Chapter 1191: Five Elements Union Sutra, Battle Formations

Jiang Country, a certain small marketplace.

“Azure Phoenix Immortal City has a new City Lord, True Immortal White Peak is suspected to have been killed by a Demonic Path Cultivator...”

“No wonder the bunch of sword-crazed folks from Heavenly Sword Sect are acting like they’ve lost their minds...”

A beautiful woman dressed in a black gauze skirt, with a heavenly face and a demonically enchanting figure, narrowed her long, slender phoenix eyes as she read the information on the jade slip in her hand.

This woman was none other than Nangong Milí, disguised by the Misty Sky Bead.

She came to Jiang Country on a mission, thinking to settle her scores with Lu Changsheng on the side.

Who would have known that she would be ambushed by Heavenly Sword Sect when crossing the border of Jiang Country.

If not for the Misty Sky Bead, this exotic treasure for concealment, she almost perished en route.

It was for this reason that upon entering Jiang Country, she was extremely careful and cautious, immediately contacting the undercover agents of Five Poisons Cult within Jiang Country’s Cultivation Realm to understand the situation and find out what happened.

“Which power has done this, to dare commit such an act, isn’t this a slap in the face of Heavenly Sword Sect...”

Nangong Milí’s phoenix eyes were deep and enthralling.

Although she had not heard of this new City Lord of Azure Phoenix Immortal City, True Immortal White Peak,

She knew that anyone capable of becoming the City Lord of Azure Phoenix Immortal City was definitely not simple.

You should know that this Immortal City is located at the border of Jiang Country and Yue Country. Without the consent of Heavenly Sword Sect, it would be difficult for this person to secure the position.

Now that the City Lord had taken office not long ago, he was killed within Jiang Country's territory by a Demonic Path Cultivator, naturally incensing Heavenly Sword Sect.

“Could the news about Tianyuan Secret Realm originate from this power, intending to stir up trouble in Jiang Country?”

“If that's the case, the waters of Tianyuan Secret Realm might be deeper than the Sect Hierarchy has described, and at this moment, a Heaven-and-Earth Net might already be prepared.”

Nangong Milí pondered with a slightly grave expression on her face.

Although she came to Jiang Country mainly for Lu Changsheng,

She didn't want to miss the opportunity of Tianyuan Secret Realm either.

Even if she couldn't gain the fortunes of the secret realm, as long as she could obtain useful information, the mission could still bring her substantial benefits.

After pondering for a long time, Nangong Milí gently lifted her hand and another jade slip appeared, her divine sense checking the information inside.

“Lu Changsheng, Qingyun Region, Master of Bihu Mountain, Second-Grade Talisman Master, Second-Order Alchemist, Cultivator at the mid-stage of Foundation Establishment...”

“But relying on the inheritance of the Talisman Path, his strength is far beyond the ordinary, practicing the Dual Cultivation Technique with his wife Lu Miaoge, his combat power is comparable to that of a False Core Immortal... He and his wife once defeated the Great Elder of the Jin Family from Golden Dragon Ridge, who had just broken through to False Core...”

“This man has a total of seven wives and forty-nine concubines... More than two hundred sons and daughters, among which there is a son named Lu Qingshan, who is apprenticed under the Tianyuan True Immortal of Jinyang Sect in Yue Country, and is one of the Nascent Soul Seeds of Jinyang Sect...”

Nangong Milí read the jade slip with information about Lu Changsheng’s appearance, and for some reason, the more she read, the more irritated she became.

Her slender, jade-like hand’s veins popped up, her face as cold as frost, full of chilliness.

Nangong Milí has always disliked sharing, preferring to monopolize everything.

Even if in her heart, she had no involvement with Lu Changsheng,

Seeing the multitude of his wives, concubines, and children, she still couldn’t suppress the annoyance and discomfort welling up within her.

“No wonder this man hasn’t come to the Five Poisons Cult to inquire over the years... Not showing half the concern for Xiao Chan, not even a single letter to care for and inquire about the situation, turns out he has so many tender wives and beautiful concubines at home, as well as children.....”

“Such a faithless and heartless man deserves to die!”

Nangong Milí’s eyes were like water, cold and piercing.

Although she doesn’t consider having dozens of wives as too many,

This sort of behavior is simply irritating to her.

It's like her own toy has been taken by others.

Especially feeling angry about her... her own disciple Meng Xiaochan's ordeal.

Over the years, although she hadn't said much, she could clearly see that her disciple Meng Xiaochan was always thinking of Lu Changsheng.

If it wasn't for her restraining, making her disciple take care of Nangong Yaoyao for a long time, it's possible that Meng Xiaochan would've secretly run to Jiang Country to find Lu Changsheng by now.

"All men should die!"

Nangong Milí cursed again, her stunning face like an iceberg, unspeakably cold.

Afterward, Nangong Milí took out the map of Jiang Country's Cultivation Realm's power distribution, searching for the location of Bihu Mountain.

When she saw the location of Bihu Mountain, her eyebrows furrowed.

"Bihu Mountain is so close to Qingyun Sect?"

Nangong Milí's brows were tightly knitted.

Heavenly Sword Sect is currently hunting down Nascent Soul Immortals attracted by Tianyuan Secret Realm all over the place.

Jiang Country's Four Great Immortal Sects are definitely in a state of high alert, especially since Qingyun Sect is now surely on full alert.

Especially with Tianyuan Secret Realm located at the boundary between Qingyun Sect and Luoxia Sect, venturing deeply into the region controlled by Qingyun Sect right now is extremely dangerous.

Moreover, snatching Lu Changsheng away would be easy,

But it would be very difficult to leave Jiang Country with him safely.

Besides, the brief interaction in the past and the Golden Core Charm, as well as this Misty Sky Bead he nurtured for her, made her feel Lu Changsheng was not simple.

He is absolutely not as simple as the information recorded on this jade slip, merely at the mid-stage of Foundation Establishment!

“That dog of a man broke through the mid-stage of Foundation Establishment with my Profound Yin Jade Liquid back then.”

“How could he still be at the mid-stage of Foundation Establishment after so many years!”

Nangong Milí’s phoenix eyes showed a complicated emotion as she murmured to herself while gently pursing her luscious red lips.

“With the Misty Sky Bead, as long as I’m extra careful, I should be safe.”

“First, take a look at Tianyuan Secret Realm, if the situation is wrong, then give up immediately, and then go to Bihu Mountain...”

After pondering for a long time, Nangong Milí stood up, her body wrapped in a black gauze dress, revealing a demonically charming and perfectly exquisite figure.

She was born loving beauty.

Chapter 1192: Five Elements Union Sutra, Battle Formations_2

Even though she used the Misty Sky Bead to disguise her appearance, her figure and face remained stunningly beautiful, enchanting all beings.

Nangong Mili put on a black veil to slightly cover her unearthly beautiful face, then gracefully walked out of the cave mansion with elegant steps.

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Bi Lake Mountain.

“Twenty Ninth Level Energy Refinement...”

Upon hearing the system notification, Lu Changsheng felt a surge of pure Mana in his Qi Ocean Core and couldn't help feeling emotional.

For most Foundation Establishment Families, the Ninth Level of Energy Refinement constitutes advanced combat power.

Families like Qingzhu Mountain and Hundred Birds Lake generally have just over a dozen cultivators at the Ninth Level of Energy Refinement.

But now, among his children, there were already twenty at the Ninth Level of Energy Refinement.

“Who knows how many of these twenty will ultimately reach Foundation Establishment.”

Lu Changsheng sighed deeply.

Although no one in his family had ever failed at Foundation Establishment.

However, he knew well that having all his children break through to Foundation Establishment is very difficult, nearly impossible.

Like his son, Lu Yun, who had used a High-Grade Breakthrough Elixir to advance from Middle Stage to Late Stage of Energy Refinement.

This kind of situation affects their breakthrough to Foundation Establishment.

Lu Yun's situation is not unique.

Many of his children with Low-Quality Spiritual Roots had only managed to break through to the Late Stage of Energy Refinement by relying on High-Grade Breakthrough Elixirs.

They managed to reach the Peak of Qi Refining before the age of sixty mostly by relying on consuming pills.

After contemplating for a moment, Lu Changsheng arrived at Blue Cloud Peak's Summit and silently commanded: "System, draw a prize."

A light red virtual roulette wheel appeared, then it swiftly began spinning.

[Ding, congratulations to the host for obtaining the Cultivation Technique "Five Elements Union Sutra!"]

[The reward has been sent to System Space; host can view it anytime]

A crystal-clear Jade Scroll pattern appeared, accompanied by the system notification sound.

"A Five Elements Technique?"

Lu Changsheng raised an eyebrow, looking towards the System Space for the details of this Cultivation Technique.

[Cultivation Technique: Five Elements Union Sutra]

[Grade: Orthodox Level]

[Description: The signature Cultivation Technique of the Five Elements Sect, circulating the Five Elements endlessly, gathering the Great Five Elements Wheel, Five Elements Parasol, forming the Five Elements Battle Formations!]

"Just a Five Elements Technique..."

Lu Changsheng felt immediately disinterested upon seeing this Cultivation Technique.

Although the family needs techniques to build up its foundation.

At this stage, however, the family doesn't actually need such top-tier techniques.

Instead, they need more Advanced, Exquisite Level, or even Peripheral Sect Level Techniques.

Because it's too strenuous for cultivators with Lower-Grade Spiritual Roots to cultivate Orthodox Level Techniques.

Exquisite Level Techniques are more suitable for them.

Even though "The Seven Luminaries Great Freedom Sword Scripture" was divided into seven Exquisite Level Sword Techniques.

But currently, few of the Lu family disciples have the temperament compatible with the Sword Techniques.

Therefore, Lu Changsheng has always wanted a few more techniques similar to the Seven Luminaries Sword Scripture.

"Inherit."

Lu Changsheng's mental spirit stirred slightly, and he applied the Five Elements Union Sutra.

Immediately, the content, key points, and insights of this technique poured into Lu Changsheng's mind like enlightening nectar.

After a long while.

Lu Changsheng opened his eyes, his face filled with joy.

“Good, good, good, the system finally did well this time.”

Lu Changsheng was delighted.

He had just been thinking about obtaining a few techniques like the Seven Luminaries Sword Scripture.

And this “Five Elements Union Sutra” indeed seemed similar to the Seven Luminaries Sword Scripture, containing five subsidiary techniques.

They are “Metal Light Essence-Condensing Technique,” “Wood Armor Essence-Condensing Technique,” “Heavy Water Essence-Condensing Technique,” “Separation Fire Essence-Condensing Technique,” and “Earth Solid Essence-Condensing Technique.”

All these five techniques are Exquisite Level Techniques.

However, unlike most Exquisite Level Techniques.

These five can only be cultivated up to the Foundation Establishment Stage, with no hope of Core Formation.

To break through to Core Formation, one must cultivate multiple techniques.

According to the cycle of the Five Elements, where Metal fosters Water, Water fosters Wood, Wood fosters Fire, Fire fosters Earth, Earth fosters Metal.

Cultivators of the “Metal Light Essence-Condensing Technique” after reaching Foundation Establishment can dual cultivate “Black Water Essence-Condensing Technique,” thereby enhancing their foundational essence.

Once the “Black Water Essence-Condensing Technique” reaches Great Success, they can then dual cultivate “Wood Armor Essence-Condensing Technique” to continue building their foundational essence.

After dual cultivating two techniques, there's hope to break through to Core Formation.

If one can cultivate all five techniques, forming a cycle of the Five Elements, this can significantly increase the likelihood of Core Formation!

This is also the reason this technique makes advancing from Qi Refining to Foundation Establishment very easy, increasing the chance by twenty or thirty percent compared to ordinary techniques.

But after reaching Foundation Establishment, trying to achieve Core Formation is as hard as ascending to heaven!

Regarding Core Formation, with the Five Elements Mana circulating, one can seamlessly switch to cultivating the "Five Elements Union Sutra."

The Five Elements Sect created these five techniques, not only to lower the threshold of the technique so that more disciples can cultivate, but another reason is to enhance the collective combat power of the sect!

After minor accomplishment in cultivating the "Five Elements Union Sutra," one can condense a Five Elements Wheel, forming a Five Elements Battle Formation with cultivators who practice these five techniques!

This kind of Battle Formation shares some similarities with the Daoist Soldier Battle Formation.

It could even be said that these five techniques are intended to train ordinary disciples as Dao Soldiers, hence it's easier initially and more challenging later.

If someone truly has extraordinary talent and manages to cultivate all five techniques to break through to Core Formation, the sect will naturally be willing to invest heavily in their training."

"Although it's almost impossible to achieve Core Formation while cultivating these five techniques, the probability of breaking through to Foundation Establishment from Qi Refining is increased by twenty or thirty percent compared to ordinary techniques."

“Even those with Low-Quality Spiritual Roots, as long as they cultivate these five techniques and have the aid of Foundation Establishment Elixirs, have a fifty to sixty percent chance of breaking through to Foundation Establishment.”

Lu Changsheng took a deep breath and slowly exhaled.

This technique’s advantages and disadvantages are very clear.

It sacrifices the later stages for the sake of the earlier stages.

Unless one has extraordinary talent and great fortune, it’s nearly impossible to cultivate all five techniques and break through to Core Formation.

Usually, those with such talent would not choose to cultivate these kinds of techniques.”

“Great Five Elements Wheel, Five Elements Battle Formation...”

Chapter 1193: Five Elements Union Sutra, Battle Formation_3

“I’ve heard that when an invasion war breaks out in the Cultivation World, the Immortal Sects would train Loose Cultivators and Family Forces, teaching them Battle Formations, enabling Loose Cultivators to form Battle Formations to enhance their combat strength.”

Lu Changsheng muttered to himself.

As for Battle Formations, he had only heard about them and had a rough understanding, not clear on the details.

Now, through this “Five Elements Union Sutra,” he had gained a bit more insight.

Ordinarily, a Foundation Establishment Cultivator would have no chance of defeating a Nascent Soul Immortal.

However, a Foundation Establishment Cultivator who cultivates the “Five Elements Union Sutra,” when joined by a dozen or so cultivators practicing the five associated Cultivation Techniques to form a Five Elements Battle Formation, combining all their Mana, might possibly contend with Nascent Soul Immortals.

If they encounter a Nascent Soul Immortal without Magical Treasures or Divine Skills, or perhaps even a False Core, it’s not impossible for a reversal where Foundation Establishment defeats Core Formation.

“These five Cultivation Techniques can be placed in the Sutra Pavilion of the Family as a priority choice for those with Low Quality Spiritual Roots.”

Lu Changsheng looked at the vast, misty Bi Shui Lake and exhaled lightly.

Core Formation was, barring a miracle, an extremely remote possibility even for those with Middle Grade Spiritual Roots, let alone Low Quality ones.

While cultivating this Technique might sever the path to Core Formation, at least it would increase the odds of Foundation Establishment.

If one can’t succeed at Foundation Establishment, then what’s the point of even talking about Core Formation?

Moreover, Lu Changsheng never felt that just by his being there, all his children could break through to Foundation Establishment.

Even though the Family isn’t short on Foundation Establishment Elixirs now, he couldn’t possibly give every child multiple chances at Foundation Establishment.

After one attempt, if Foundation Establishment fails, they need to rely on their efforts and performance.

After all, not lacking Foundation Establishment Elixirs doesn’t mean the Family has enough Spirit Stones for everyone to spend without limit.

Besides his own children, grandchildren are also starting to cultivate, and they too need resources.

He can't support everyone fully.

Nor does he have the capability or the time and energy.

"I wonder how this 'Five Elements Union Sutra' compares to the Legacy Technique of the Five Elements Royal Family?"

At this moment, Lu Changsheng suddenly thought of the Five Elements Royal Family, one of the three Nascent Soul Great Clans in the Jiang Country.

The Core Formation Old Ancestor of the Wang Family had once shaken the Jiang Country with the name of the Five Elements.

"If someone in my Family is born with a Five Elements Physique and cultivates this 'Five Elements Union Sutra,' wouldn't the name of the Five Elements fall to my Lu Family in the future?"

Lu Changsheng stroked his chin, finding the idea of someone in his Family shaking the world with the Technique and Magical Powers of the Five Elements quite amusing.

"Though, if that day does come, I reckon the name of the Five Elements Royal Family would no longer exist."

Lu Changsheng chuckled lightly and shook his head.

The Five Elements Royal Family is in decline now.

He had heard that ever since the Elder Ancestor of the Xu Family devastated their sect, their prestige plummeted.

Over the years, the Family's territory has been gradually encroached upon by other forces.

He guessed once the Core Formation Old Ancestor of the Wang Family dies, the entire Family might struggle to maintain its status as a Great Clan.

...

Lu Changsheng went to check on his children's Medicinal Bath progress in the Mount Sumeru Cave Heaven.

Lu Ping'an was still undergoing the Medicinal Bath initiation, hoping to directly break through to the eighth level of the Hundred Refinements Treasure Body Art through it.

Lu Lingxiao had a very solid foundation and was still refining his body through the Medicinal Bath initiation.

Lu Yun, Lu Caizhen, Lu Qingsong, and Lu Xingchen had already finished their Medicinal Bath initiation.

Such Medicinal Bath initiations aren't necessarily better the longer they last.

After reaching a certain limit, it becomes difficult to absorb more of the medicinal properties.

Even more so, accumulating too much medicinal energy in the body that cannot be refined could damage oneself.

"Who will go first?"

Lu Changsheng looked at his children in front of him and asked aloud.

To ensure his children successfully reach Foundation Establishment, he would naturally lend a hand with his Yin-Yang Origin Source.

But the recovery of the Yin-Yang Origin Source takes time.

Therefore, Foundation Establishment can't be done all at once; it needs to be done one by one.

The four looked at each other before Lu Qingsong stepped forward and said solemnly, “Father, let me go first.”

“Good.”

Lu Changsheng glanced at Lu Yun, Lu Caizhen, who were still somewhat nervous, and nodded.

He then handed a Top-grade Foundation Establishment Elixir to Lu Qingsong.

Even though the latter had Foundation Establishment Elixirs given by Lu Qingshan.

But those were ordinary elixirs.

And as a father, he couldn’t just stop providing them because his son had elixirs of his own.

“Thank you, father.”

Lu Qingsong took the Foundation Establishment Elixir, sat cross-legged, began adjusting his condition, getting ready for Foundation Establishment.

“You can watch from the side.”

Lu Changsheng looked at Lu Yun and the other two and said aloud.

“Yes, father.”

The three nodded in response.

Although they knew the process of Foundation Establishment by heart,

they still wanted to see how others performed Foundation Establishment and the details of the process as their turn approached.

So just like that, time ticked by.

Lu Qingsong quietly adjusted himself.

This time was quite dull; Lu Changsheng did not wait by his side but went to accompany his wives and concubines.

Just asking Mount Sumeru to notify him once Lu Qingsong passed the three challenges of Foundation Establishment.

Chapter 1194: Alternating Foundation Establishment, Hundred Refinements Treasure Body Art Tenth Layer!

Lu Family Mansion.

“Husband, during these days, a total of three people have come to refine Foundation Establishment Elixirs. One of them is a Loose Cultivator named Luo Cheng, and we are still verifying his identity information.”

“The other two are from the Yan Family Fort and the Poshan Gang of the Five Peaks Market...”

Lu Miaoyun reported the recent family affairs to Lu Changsheng.

“Three of them, it seems they all have hidden their tracks well.”

Lu Changsheng laughed softly upon hearing these words.

He had thought it would take half a year or so before someone would come looking to have elixirs refined.

Unexpectedly, three people had come knocking so quickly.

If the reputation and word of mouth are fully established, his family can earn a fortune by refining Foundation Establishment Elixirs.

“The Yan Family Fort can be given priority for arrangements. Once someone in their family achieves Foundation Establishment, they can help us by spreading the word.”

Lu Changsheng continued, “What kind of force is this Poshan Gang?”

He was aware of the Yan Family Fort, a family force with two Foundation Establishment Cultivators.

But he had never heard of the Poshan Gang.

“The Poshan Gang is a Loose Cultivator’s guild in the Five Peaks Market. The leader is called Chu Kuang, a Foundation Establishment Cultivator. The guild members are all Loose Cultivators who make a living by hunting Demon Beasts.”

Lu Miaoyun, with a gentle and graceful appearance, said softly.

“I see.”

Lu Changsheng nodded slightly: “Such forces like the Poshan Gang can be accepted for refining Foundation Establishment Elixirs, but we will not provide a breakthrough cultivation site for them.”

He had a rough understanding of forces like the Poshan Gang.

They claim to unite for warmth, to team up to slay demons.

But with such a group gathered, daily killings and robberies, including foul plays among themselves, may not be uncommon.

Thus, offering them a cultivation site to break through to Foundation Establishment could invite unnecessary trouble.

“Mm~”

Lu Miaoyun replied softly.

At this time, Lu Changsheng thought of the two inferior-grade Foundation Establishment Elixirs refined by Li Xingruo and summoned his son Lu Xingyang.

A moment later, Lu Xingyang arrived in the main hall.

He appeared to be in his thirties, dressed in a green robe, with a refined and gentle demeanor, and greeted with a clasped fist, "This son has seen Father, and all the Lady Mothers."

"Xingyang, how much time is left until the Red Leaf Valley Market auction?"

Lu Changsheng inquired.

"Father, there are seven months left."

Lu Xingyang replied immediately.

"Seven months..."

Upon hearing this, Lu Changsheng tapped his fingers lightly on the armrest, saying, "Since that's the case, you should prepare well for this auction, release some information to hint that there will be a Foundation Establishment Elixir at the auction."

Although the news of refining Foundation Establishment Elixirs had been released, many forces were still observing.

Therefore, Lu Changsheng thought about striking while the iron was hot, adding fuel to the fire.

This would not only attract those who were hesitant.

It would also increase the traffic of the Red Leaf Valley Market, enabling the sale of the family's inferior and common Foundation Establishment Elixirs at a good price.

“Foundation Establishment Elixir!?”

Lu Xingyang was slightly surprised when he heard this.

As the Patriarch of the Lu Family, he was naturally privy to many secrets of the family.

But still, he was surprised to hear about auctioning a Foundation Establishment Elixir.

After all, aside from the Three Great Immortal Cities, only top-tier marketplaces like the Qingyun Market would possibly have Foundation Establishment Elixirs.

Ordinary marketplaces could not possibly have such elixirs.

“Yes, just one inferior-grade Foundation Establishment Elixir. You can arrange the rest yourself,” Lu Changsheng said.

Foundation Establishment Elixirs are considered a strategic resource.

Even if it is an inferior-grade elixir, he would sell no more than one.

The next one he plans to offer for sale in a few years or see if it’s possible to exchange it for some rare Heavenly and Earthly Treasures from someone else.

“Father, if such news is put out, it might attract some ill-intentioned people that could impact the market’s public order and stability...”

Lu Xingyang said this.

If a Foundation Establishment Elixir is to be the finale of the auction, then the event must be organized well and prepared thoroughly.

But if the scale is elevated, given the current state of Red Leaf Valley Market, it would be difficult to maintain public order.

“Regarding public order, go find your Sister Wangshu and tell her not to run around these days. She should stay put at Red Leaf Valley Market.”

“And in a few months, the family will arrange for others to be stationed at the marketplace as well.”

After pondering for a while, Lu Changsheng continued.

Although his daughter Lu Wangshu had only been at Foundation Establishment for a little over a year.

Her Life-bound Divine Talisman was already condensed, and with the Profound Origin Bead, the Ninety-Nine Mysterious True Strategy, alongside Second Rank and Third Rank Talismans, she could fight even those in Foundation Establishment Late Stage, or even bombard them to death with Talisman Sea Tactics.

So with this daughter stationed in Red Leaf Valley Market, their combat power was entirely sufficient.

Moreover, with Lu Muping presiding over Red Leaf Valley Market, if any problems arose, Bihu Lake Mountain and Qingzhu Mountain could rush there at a moment's notice.

“Sister Wangshu...”

Upon hearing this, Lu Xinyang's heart skipped a beat. He always felt that this sister was not so reliable.

But since his father said so, he naturally had no objections and clasped his fist, “Understood, your son will make the arrangements.”

...

In the blink of an eye, a month passed.

During this time, Lu Changsheng mostly focused on procreation.

But it was very difficult to bear offspring after Core Formation.

Even with the Five Aggregates Proliferation Method, only one concubine was currently carrying a child.

“It’s really not easy to have children after Core Formation.”

Lu Changsheng shook his head and sighed.

At the beginning when he just achieved Core Formation, he also had relations with his wives and concubines.

But he did not pay much attention to it at the time.

Now, after a month of focus and effort in this area, to have only conceived one child, truly made Lu Changsheng shake his head.

“Without bloodline talent, I suppose a Nascent Soul Immortal wishing to have a child would need to prepare for several years.”

Lu Changsheng thought to himself, feeling that if this were the case, being able to conceive so quickly was already quite fortunate.

That time with Nangong Mili was simply a stroke of amazing luck!

“Master.”

Chapter 1195: Taking Turns at Foundation Establishment, Hundred Refinements Treasure Body Art Tenth Layer!_2

Just at this moment, the voice of Mount Sumeru rang in Lu Changsheng's mind, indicating that Lu Qingsong had already passed the three challenges of Foundation Establishment and was preparing to condense his Dao Foundation.

“Good.”

Upon hearing this, Lu Changsheng immediately went to Mount Sumeru Cave Heaven.

Lu Miaoge and Lu Miaohuan were also in the Cave Heaven, paying close attention to Lu Qingsong's condition.

“Husband, father.”

Upon seeing Lu Changsheng, they immediately called out to him.

“Hmm.”

Lu Changsheng nodded with a smile, then turned his gaze to Lu Qingsong, who was in the process of making his breakthrough in Foundation Establishment.

Through the Spiritual Pressure vortex surrounding Lu Qingsong's body, Lu Changsheng could tell that even if his son successfully established his Foundation, the chances were high for a Bedrock Shatter Foundation.

This made him sigh inwardly.

In his earlier years, he had given Lu Qingsong quite a number of Elixir Medicines and Heavenly and Earthly Treasures to solidify his foundation.

When Lu Qingshan and Lu Qingzhu returned, they also gave him many valuable items, but the effects on his Foundation Establishment were still far from ideal.

It could only be said that this son's talent was lacking, as were his innate abilities and comprehension, and then he spent too much time on various affairs.

“Mount Sumeru.”

Lu Changsheng called out, signaling Mount Sumeru to stabilize the nature’s spiritual energy.

Then he activated the Yin Yang Creation Scripture, and from his Qi Ocean Core, where the Yin Yang Great Path Golden Core spiraled, a Yin Yang Fish emerged in his palm.

“Qingsong, concentrate your spirit, give your all to Foundation Establishment!”

Lu Changsheng spoke with a grave voice, infusing the Yin-Yang Source into his son’s body.

“Boom!”

The moment this Yin Yang Energies entered Lu Qingsong’s body, his Elixir Lake in the Qi Ocean Core boiled furiously, the Spiritual Pressure around his body surged violently, and he displayed an expression of agony.

Fortunately, Mount Sumeru was there to help him stabilize the nature’s spiritual energy; otherwise, the spiritual energy drawn by this Spiritual Pressure would have exceeded the limits his body could withstand.

“With such poor innate foundation, not only is the effect of the Yin-Yang Source hard to fully manifest, it could even backfire.”

Lu Changsheng inwardly sighed.

Back in the day, Lu Wangshu improved his Dao Foundation with the help of this Yin-Yang Source.

But for Lu Qingsong, it was an unbearable burden.

It could only be said that as he made his breakthrough to Core Formation, the potency of the Yin-Yang Source was far too intense for ordinary people to bear.

“At least a Without Flaw Foundation is needed for the effects of this Yin-Yang Source to be fully brought out.”

Lu Changsheng murmured in his heart, his Divine Sense focusing on his son’s Foundation Establishment progress.

Then he placed his palm on his shoulder, using the Yin-Yang Source as a medium to help him condense his Dao Foundation.

Just like this, time slowly passed.

Half a month later, inside Lu Qingsong’s Qi Ocean Core, a Dao Foundation covered in cracks slowly took shape.

The Dao Foundation radiated dazzling halos, bathing Lu Qingsong’s body, making his physique glisten, suffused with the Spiritual Pressure of Foundation Establishment.

“Success!”

“Foundation Establishment succeeded!”

The nearby Lu Miaoge, Lu Miaohuan, Lu Yun, and others all showed excited expressions, as if inspired.

Yet in his heart, Lu Changsheng sighed.

In the past, he always criticized others for their lackluster Foundation Establishment.

Now, his own children, one by one, had become what he once deemed unworthy of Foundation Establishment.

Like Lu Qingsong, if it weren’t for his help, it’s feared that the Dao Foundation might have collapsed halfway through its condensation.

If only he was a bit more capable, he could have condensed an imperfect Foundation, rather than a Bedrock Shatter Foundation.

“Father...”

Lu Qingsong opened his eyes, his face full of joy, but he looked at Lu Changsheng with a hint of shame.

During the Foundation Establishment process, he was acutely aware of the several times his Dao Foundation nearly collapsed and he almost failed the breakthrough.

It was entirely due to his father using the Yin Yang Fish to forcefully condense his Dao Foundation.

“Hehe, not bad, my Lu Family has gained another Foundation Establishment Cultivator. A cause for celebration indeed.”

Lu Changsheng was not inclined to blame his son and said with a cheerful smile.

After all, who wouldn’t want to execute a Foundation Establishment well and condense a Perfect Foundation Base?

But with one’s talent and capabilities being limited, one cannot ask for too much.

“Qingsong, congratulations on your breakthrough in Foundation Establishment!”

“Congratulations, my son, on your Foundation Establishment!”

“Congratulations, Brother Qingsong.”

The people nearby voiced their congratulations.

Regardless of the type of Foundation Base, making a breakthrough in Foundation Establishment is a joyous event worthy of celebration.

“Thank you, mother, aunt.”

Lu Qingsong said, then turned towards Lu Yun and the others to say, “I merely went first; I wish you all an early congratulations on your successful Foundation Establishment, Brother Yun, Sister Caizhen, Xingchen, Lingxiao.”

“Qingsong, you’ve just broken through, solidify your realm well.”

Lu Changsheng said gently.

For a Without Flaw or Perfect Foundation Base, once the breakthrough is made and the realm is stable, one only needs to consolidate it briefly.

For such a Bedrock Shatter Foundation Base, which has just been broken through, it’s important not to feel too excited or too saddened, not to use Mana hastily, and to spend more time stabilizing the realm.

“Yes, father.”

Lu Qingsong nodded and quickly closed his eyes, running his Cultivation Technique, quietly experiencing the transformation and metamorphosis of breaking through the Dao Foundation.

Lu Changsheng also looked at the others, asking who would be the next to go.

The four of them had already decided that Lu Lingxiao would be next.

Immediately, Lu Lingxiao began his attempt at Foundation Establishment.

He was already well-prepared.

After a brief moment of gathering his breath, he started the breakthrough process.

The three challenges of Foundation Establishment were naturally a walk in the park for Lu Lingxiao.

Previously, it took Lu Qingsong nearly a month to adjust his state and pass the three challenges of Foundation Establishment.

Lu Lingxiao only took a day.

This efficiency left Lu Yun, Lu Caizhen, and Lu Xingchen feeling somewhat dazed.

They realized that the difference between people can sometimes be even greater than the difference between humans and monkeys.

“Huff, huff, huff—”

After passing the three challenges of Foundation Establishment, a surging tide of nature’s spiritual energy converged towards Lu Lingxiao, forming a massive Spiritual Energy vortex.

This Spiritual Energy vortex was ten times that of Lu Qingsong’s.

“No wonder there’s such a big gap between Foundation Establishment Cultivators....”

Lu Caizhen murmured softly.

She knew there were differences in quality among Foundation Establishments.

But she didn’t have a clear understanding before.

Now, witnessing the process of Foundation Establishment for both Lu Qingsong and Lu Lingxiao, she had a clear realization of it.

Chapter 1196: Taking Turns at Foundation Establishment, Hundred Refinements Treasure Body Art Tenth Layer!_3

“Ling Xiao is a Spiritual Body, so his foundation differs from ordinary people.”

Lu Changsheng spoke to his children beside him, to prevent them from being disheartened.

“Spiritual Body!?”

“No wonder...”

Upon hearing this, everyone’s faces showed sudden enlightenment.

People like Lu Xingchen and Lu Lingxiao had not participated in the ceremony to measure the Spiritual Roots.

Therefore, even among brothers and sisters, discussions about the talent of Spiritual Roots were rare.

“Mount Sumeru!”

Lu Changsheng called out, asking Mount Sumeru to enhance the infusion of nature’s spiritual energy into Lu Lingxiao.

Then, he injected the newly regenerated Yin-Yang Source into Lu Lingxiao’s body.

In comparison to Lu Qingsong, Lu Lingxiao possessed a robust foundation and Second Order Body Refining capabilities, fully capable of withstanding the beneficial effects of this origin source.

Despite this, Lu Lingxiao’s sharply contoured face still showed an expression of pain, his muscles glowed with a slow burn of black fire, and the Dragon Roar of Yang Energy surged.

“This is what is truly called Foundation Establishment.”

Watching his son in this state, Lu Changsheng nodded slightly in his heart.

Knowing his son Lu Lingxiao's foundation, he understood that without much interference from himself, he could condense a Perfect Foundation Base.

Three days later.

“Boom!”

Suddenly, a torrential and boundless surge of Qi-Blood vitality flowed within Lu Changsheng, causing a rhythmic throb in his entire body, and his Hundred Refinements Treasure Body Art seemed to start autonomously, breaking through to the Tenth Layer.

Lu Changsheng knew this was because his son Lu Ping'an's Hundred Refinements Treasure Body Art had broken through the Eighth Level.

Which caused his own Hundred Refinements Treasure Body Art, which was already on the verge of a breakthrough, to start breaking through autonomously.

He immediately asked Lu Miaoge and Ling Zixiao to look after Lu Lingxiao. He, on a whim, needed to enter closed-door cultivation for a while.

“Alright, I'll take care of Ling Xiao here.”

“Go, my Lord.”

Lu Miaoge and Ling Zixiao immediately nodded in agreement.

The inspirations of cultivators were mysterious and unpredictable.

They could appear at any time.

Capturing such moments could be very beneficial.

Lu Changsheng went to the Changsheng Hall, within his own Cave Mansion, unleashed his physical restraint, and let the Hundred Refinements Treasure Body Art operate autonomously.

“Roll Roll Roll——”

In a brief moment, within the Cave Mansion, endless resplendent treasure light erupted, like a volcanic explosion, shooting out from Lu Changsheng’s body.

The Cave Heaven power from Mount Sumeru isolated this burst of physical vitality for Lu Changsheng.

Otherwise, this commotion alone could flip over the Changsheng Hall, affecting Lu Qingsong outside, who was consolidating his realm, and Lu Lingxiao who was making a breakthrough in Foundation Establishment.

“Roll Roll Roll——”

The Qi-Blood roared and surged, growling incessantly, like thunderbolts from the nine heavens exploding, rolling out and submerging the entire Cave Mansion.

Lu Changsheng could clearly see his own Qi-Blood glowing with a golden luster, converging into his lower dantian like myriad rivers joining the sea.

Then, like a pillar of a rainbow, it surged toward the middle dantian and upper dantian, causing the omnipotent and boundless dragon essence energy to hover over his head.

His entire being resembled a primordial True Dragon roaring, shrouded in a tide-like surge of Qi-Blood and vitality.

“Clang Clang Clang——”

Sounds like a symphony of golden iron and horses resonated from within Lu Changsheng’s body, organs producing melodious harmonies like heavenly music, bones and meridians continuously reforged under the hammering.

[Congratulations to the host on ten offspring breaking through to the Foundation Establishment Stage, obtaining Bloodline Effect: Offspring's Spiritual Body Inheritance Rate increased by 1%, and receiving one Advanced Level lottery chance!]

In the midst of this process, Lu Changsheng faintly heard a system notification.

But he paid no attention to it, focusing solely on breaking through the Hundred Refinements Treasure Body Art.

Although his physical body had already reached the limit for a breakthrough,

this process still required some time.

Time ticked away.

After half a month.

Lu Changsheng's eyes opened, as if they contained the rotation of the sun and the moon, emitting two divine beams.

His body appeared flawless, his muscles gleaming and revealing a robust physique.

Standing up, a layer of golden powder fell off his body.

This was the impurity expelled during the breakthrough process.

But such impurities could even be used to refine Magic Artifacts!

Lu Changsheng, feeling the immense increase in Divine Power throughout his body, extended his hand and pressed it towards the void.

“Bang——”

With a muffled sound, space slightly collapsed.

“Every breakthrough in Body Refinement brings an indescribable sense of fulfillment and security.”

A faint smile appeared on Lu Changsheng’s face.

Although he knew the Tenth Layer of Hundred Refinements Treasure Body Art wouldn’t cause a qualitative change in his strength,

the feeling of being filled with power from head to toe, invincible and robust, was quite delightful.

After tidying up his robes and casting a Cleansing Technique, Lu Changsheng walked out of the Cave Mansion.

At that moment.

“Thump, thump-thump, thump-thump-thump——”

Lu Changsheng suddenly heard a crisp and rhythmic knocking sound.

“Where is this sound coming from?”

Lu Changsheng was slightly startled.

The next instant, he remembered he had picked up a daughter, whom he had forgotten for a while.

He immediately went to the side hall and opened the Crystal Coffin.

“Daddy!”

Bing'er heard Lu Changsheng approaching, immediately came out of the coffin, revealing about half of her head, looking at him with clear, flawless eyes, seemingly saying she had slept enough and it had been a long time.

"Bing'er, daddy was a bit busy with some things."

Lu Changsheng said apologetically, picking Bing'er out of the coffin.

"It's okay, Bing'er was waiting for daddy."

Bing'er held onto Lu Changsheng like a little kitten, her beautiful eyes slightly squinted, snuggling into his arms, delicately sniffing with a look of comfort.

Lu Changsheng looked at Bing'er, who was so close to him, with an expression of helplessness.

He felt that he could not always let Bing'er sleep in the coffin, nor did he have the heart to do so.

"Bing'er's temperament seems like it will get along with Ling'er and Xiaohe, right?"

Lu Changsheng thought to himself, feeling it was necessary for Bing'er to blend into the family.

This way, when he was unavailable, she could look for Bai Ling or Lu Linghe to play.

"Bing'er, later I'll introduce you to a few sisters; when you're bored, you can go and play with them."

Chapter 1197: Taking Turns at Foundation Establishment, Hundred Refinements Treasure Body Art Level 10!_4

Lu Changsheng rubbed the little head of the other party and spoke.

"Mhm mhm, Bing'er will listen to Daddy."

Bing'er replied with an obedient and sensible expression on her face.

Lu Changsheng left Changsheng Hall with Bing'er.

Lu Lingxiao and Lu Qingsong were consolidating their Realms.

Lu Yun, Lu Caizhen, and Lu Xingchen were sitting in meditation, stabilizing their state.

“Yun'er, Caizhen, you two break through together.”

Lu Changsheng looked at his three children and said aloud.

From the situation of Lu Qingsong just now, he could see that one of them simply couldn't withstand the Yin-Yang Source.

It would be better to split the Yin-Yang Source in two and affect both of them at the same time.

“Yes, Daddy.”

The two of them, hearing this, nodded and began to prepare for Foundation Establishment.

Lu Changsheng then left Changsheng Hall and went to the back mountain of Bi Yun Peak to find his son, Lu Ping'an.

At this time, Lu Ping'an was taming a Silver-winged Golden Falcon.

“Daddy.”

Upon seeing Lu Changsheng and Bing'er, Lu Ping'an immediately called out.

However, he was slightly surprised seeing Bing'er; he had never seen her before and felt that she didn't seem to have a marital relationship with his father.

“Mhm.”

Lu Changsheng nodded slightly, glanced at the Silver-winged Golden Falcon, and said, “This Silver-winged Golden Falcon can be used for traveling, but at this stage, try to avoid using it for battles in public places.”

Although as an Earth-grade Lower demon beast, the Silver-winged Golden Falcon wasn’t particularly rare.

But after all, it was stolen loot, and Lu Changsheng thought it necessary to remind his son to be cautious.

“?”

Lu Ping’an was taken aback.

Looking at the Beast Control Token in his hand, and then at the Silver-winged Golden Falcon, he immediately understood that this Spiritual Beast was probably obtained by his father from others and was considered stolen loot.

“I understand.”

Lu Ping’an nodded in response.

Although he knew that his father’s behavior outside should not be as mild and refined as it appeared.

But in his heart, such a gentlemanly image of his father, fighting and brawling with others, felt very bizarre.

“Daddy, I plan to set off with the trading caravan in half a month.”

Lu Ping’an spoke out.

He had already set the date, but because of the delay due to practicing the Hundred Refinements Treasure Body Art, he wanted to set out as soon as possible.

“Good, be careful on the road, and if you encounter danger, there’s no need to keep hiding your strength.”

Lu Changsheng said with a smile.

In his words, he handed a stone bead to Lu Ping’an and said, “This bead has the effect of distinguishing truth from falsehood; during your trading journey, if you encounter items you can’t discern, you can rely on this bead.”

“Right, you should also take this Seeking Spirit Mouse with you; it can sense any treasures along the way.”

Lu Changsheng passed the Seeking Spirit Mouse to his son.

This Seeking Spirit Mouse now held no use for him, having it with the caravan could serve some purpose.

“Seeking Spirit Mouse? Treasure-seeking Mouse?”

Lu Ping’an looked at the huge golden mouse in front of him, paused and said, “Daddy, can this Seeking Spirit Mouse be used in public places?”

“???”

Lu Changsheng watched his son for a moment and said, “This Seeking Spirit Mouse can be used, but be a bit more careful with this stone bead.”

“.....”

Lu Ping’an fell silent and securely put away the bead.

After Lu Changsheng finished giving instructions to Lu Ping'an, he went to the Lu Family Mansion.

At this moment, Ling Zixiao brought her daughter Lu Linghe to Lu Changsheng, indicating that Xiaohe wanted to go on the trading journey with Lu Ping'an.

And her son Lu Lingxiao also had this idea.

So Ling Zixiao planned to join this trading journey herself to look after the two children.

After all, she really wasn't at ease with her daughter going so far away.

And Lu Lingxiao, now grown up, had only ever been active in the surrounding area.

This trading journey was a good opportunity to broaden his experience and knowledge.

"Good."

Lu Changsheng looked at his wife before him, thought for a moment and then replied with a smile, "With you, Zi Xiao, accompanying them on this trading journey, I am much more at ease."

Although his son Lu Lingxiao had just broken through to Foundation Establishment and should concentrate on cultivating techniques at home to master the Foundation Establishment Technique.

But with his son having this idea and his wife speaking up, Lu Changsheng naturally wouldn't refuse.

Moreover, it was indeed necessary for his children to go out more and broaden their horizons and experiences.

This trading journey was a good chance for Lu Lingxiao to gain experience.

With Ling Zixiao looking after them, Lu Changsheng was very relieved, even more so about the journey itself.

Chapter 1198: Yin Yang Integration Spirit Pill! The Caravan Sets Out!

While Lu Changsheng was chatting with Ling Zixiao, Lu Linghe, looking at Bing'er who stood next to Lu Changsheng with a delicate and dreamy appearance, asked aloud, "What's your name? How come I've never seen you before?"

"My name is Bing'er."

Bing'er looked at Lu Linghe in front of her, unafraid of strangers, her voice tender and pleasant.

"Bing'er? My name is Lu Linghe, you can call me Xiaohe."

Lu Linghe was very outgoing and could chat with anyone on a regular day.

Upon hearing that Bing'er was also her father's daughter, she was quite surprised.

She immediately turned to Lu Changsheng to ask whether this was an older sister or a younger sister.

"Uh..."

When Lu Changsheng heard this question, he was actually puzzled by it.

Seeing the naïve and innocent look on Bing'er's face, he laughed and said, "She is a younger sister. Xiaohe, you must take good care of her."

"Okay."

Lu Linghe immediately nodded in agreement, wanting to take Bing'er to play.

"Daddy."

Bing'er, holding onto Lu Changsheng's wrist, had eyes filled with longing and reluctance to part.

"Bing'er is still a bit shy; it would be good for you to interact more often."

Lu Changsheng spoke softly.

He knew Bing'er wasn't actually shy.

She simply had just woken up and couldn't bear to leave him.

This situation required a period of adaptation.

"Daddy!"

Seeing this, Lu Linghe also puffed her cheeks, holding onto Lu Changsheng's wrist, wanting him to accompany her to play.

"Alright, alright, alright."

Lu Changsheng thought about how Lu Yun and Lu Caizhen would take at least half a month to go from Foundation Establishment to passing the third stage of Foundation Establishment, and replied with a smile, deciding to take Lu Linghe and Bing'er out for a walk.

He also planned to visit his father-in-law Lu Yuanding in Qingzhu Mountain to see his son Lu Qingxuan and daughter Lu Qingqi.

....

When Lu Changsheng arrived at Qingzhu Mountain and saw the condition of his father-in-law Lu Yuanding, he sighed lightly.

The other was now like a candle flickering in the wind, likely to burn out at any moment.

However, the old man's spirits were somewhat lifted when he heard that Lu Changsheng planned to auction a Foundation Establishment Elixir at the Red Leaf Valley Market.

Fifty years ago, Qingzhu Mountain destroyed the Chen Family of Red Leaf Valley and established the Red Leaf Valley Market.

This market held much of his efforts.

It could even be said that the Red Leaf Valley Market was a milestone for the Lu Family of Qingzhu Mountain, a significant mark in the family's development process.

Fifty years had passed, and although the Red Leaf Valley Market had developed well, it was still only a medium-sized market.

Now, auctioning a Foundation Establishment Elixir there would undoubtedly bring the market to an unprecedented prosperity.

At this moment, a strong desire for survival surged in Lu Yuanding's heart.

He wanted to see such glory at the Red Leaf Valley Market before passing away!

"Father-in-law, take good care of your health. I will come to pick you up when the time comes."

Seeing this scene, Lu Changsheng took out various life-extending Spiritual Medicines from the Storage Ring, helping Lu Yuanding refine them.

Given his condition, these life-extending Spiritual Medicines actually had limited effects.

They could only help maintain his vitality as much as possible, hardly extending his life.

"Changsheng, you've gone to expense."

Lu Yuanding's voice was old and weak. It was apparent that these Spiritual Medicines were not cheap.

However, Lu Changsheng's abilities in refining these medicines' effects with his mana also astonished him, secretly thinking that his son-in-law was indeed not as simple as rumors suggested.

"Father-in-law, you are being too formal."

Lu Changsheng smiled.

"Qingxuan, Qingqi....."

After the old man rested, Lu Changsheng also inquired about his children's conditions, asking them to look after Lu Yuanding more in the days to come, then took Bing'er and Lu Linghe for a walk, returning to Bi Lake Mountain.

Back home, Lu Changsheng asked his son Lu Xingyang to speed up the arrangements of the Red Leaf Valley Market auction.

If possible, to also move up the schedule.

He recalled how the Lu Family Ancestor, before his death, wanted to see the establishment of the Red Leaf Valley Market and its opening.

But the old man ultimately died with regrets.

Therefore, he did not want his own father-in-law to die with regrets as well.

"Yes."

Although Lu Xingyang was unsure of what was happening, he still obediently responded.

Later, Lu Changsheng went to Mount Sumeru Cave Heaven, checked on Lu Yun and Lu Caizhen who were starting their Foundation Establishment, and talked about the situation of his father-in-law with Lu Miaoge.

He asked her to visit Lu Yuanding more during this time.

If Lu Miaoge could use her ‘Taiyi True Water’, Lu Yuanding should be able to endure until the auction begins.

“Okay.”

Lu Miaoge slightly pursed her lips, her expression somewhat downcast.

Over the years, she had always visited her father Lu Yuanding frequently.

However, Lu Yuanding had told her to prioritize her cultivation and to go out alone as little as possible, so he gradually stopped letting her visit.

Seeing his wife looking this way, Lu Changsheng immediately consoled her.

...

Afterwards!

Lu Changsheng arrived at the summit of Blue Cloud Peak, silently muttering to himself: “System, draw.”

The advanced spinner appeared.

Golden light spun around.

Under Lu Changsheng’s gaze, the golden light slowly stopped on the ‘Elixir’ reward section.

[Ding! Congratulations to the host for obtaining: Yin Yang Integration Spirit Pill!]

[Reward has been added to the System Space, the host can check at any time]

Suddenly, an elixir bottle icon emerged from the large spinner, accompanied by a system notification sound.

“Yin Yang... Integration Spirit Pill?”

Seeing this reward, Lu Changsheng raised his eyebrows, thinking of the Melding Spirit Pill he had won in a draw years ago.

Immediately his Mental Spirit stirred, looking towards the System Space.

[Yin Yang Integration Spirit Pill]

[Grade: Fifth Rank]

[Description: The Yin Yang Integration Spirit Pill, consisting of a Yin and a Yang Pill, when taken by a man the Yang Pill, and a woman the Yin Pill, after three days of intimacy, pregnancy is guaranteed, and the child's Spiritual Root Talent is greatly enhanced]

“Guaranteed pregnancy, greatly enhances talent, what a fine item!”

Lu Changsheng looked at the Yin Yang Integration Spirit Pill, instantly filled with excitement.

Setting aside other aspects, just the grade of this elixir made Lu Changsheng feel it was extraordinary.

Back in the day, a Third Rank Melding Spirit Pill had enabled Ling Zixiao to give birth to siblings Lu Lingxiao and Lu Linghe.

Chapter 1199: Yin Yang Integration Spirit Pill! The Caravan Sets Out!_2

This Fifth Rank Yin Yang Integration Spirit Pill, isn't it just like taking off directly!?

Especially after taking it, the couple would surely conceive after three days of intimacy, which made him think of Bai Ling.

Bai Ling, that girl, has wanted to have a child for a long time.

Lu Changsheng also wished to have a child with extraordinary talent with Bai Ling.

However, no matter what, they just couldn't conceive.

After breaking through to Core Formation, Lu Changsheng also tried, wondering if two negatives could make a positive and thus achieve a direct hit to the soul.

But while the idea was beautiful, reality was cruel.

No matter what positions they tried, or even the Five Aggregates Proliferation Method, Bai Ling's belly simply did not respond.

If it weren't for a medical examination showing no issue, Lu Changsheng would have suspected there were problems with his body.

"I'll try it with that girl Bai Ling later."

Lu Changsheng contemplated in his heart, deciding to take this Yin Yang Integration Spirit Pill with Bai Ling.

Aside from the continued lack of pregnancy,

Bai Ling's bloodline talent is also undoubtedly remarkable.

Picked up by him in her early years, she didn't rely much on Elixir Medicines; within just a short fifteen years, she broke through to Foundation Establishment and condensed the Black Dragon Dao Foundation.

Now, after thirty-one years in Foundation Establishment, her Cultivation Level is at the Sixth Layer.

This sort of cultivation talent is hardly any less than that of a First-Grade Spiritual Root.

It's just that after so many years, Bai Ling's personality has not improved much; she is still timid and weak, very introverted, and barely noticeable on normal days.

Other than cultivating, her daily life involved nurturing Black Dragon Daoist Soldiers and Bi Shui Lake's Spiritual Beasts, or occasionally taking care of the children, and she hardly ever went out.

...

Two days later.

Lu Changsheng looked at Lu Caizhen, who had passed through the three stages of Foundation Establishment, and infused part of the Yin-Yang Source into her body, helping her to condense her Dao Foundation.

Two days later, Lu Yun also successfully passed the three stages of Foundation Establishment and began to condense his Dao Foundation.

At this time, the disparity between Spiritual Roots became clear.

If you talk about the foundation, comprehension, and temperament, Lu Caizhen isn't much better than Lu Yun.

Even in terms of temperament, after so many years, Lu Caizhen still behaves like a child and is nowhere near as steady as Lu Yun.

However, during the Foundation Establishment process, Lu Caizhen, with her Fifth Grade Spiritual Root, found the process much easier than Lu Yun.

Of course, that was also because Lu Yun did not perform well.

Despite being prepared for so long, he was still nervous and encountered stumbling blocks while condensing the Dao Foundation.

“Sigh.”

Seeing this, Lu Changsheng let out a deep sigh.

He felt that if it went on like this, even with his own intervention, his son Lu Yun was likely to fail at Foundation Establishment.

Indeed, after Lu Changsheng forcibly condensed the Dao Foundation three times, Lu Yun’s Dao Foundation still dispersed.

While Lu Changsheng could continue to help him forcibly condense the Dao Foundation,

Lu Yun’s Physical Body, meridians, and Dantian had already reached their limits.

If he continued the condensation, in case of failure, it would damage his meridians and Dantian.

Faced with this situation, Lu Changsheng stabilized his son’s condition and released all the nature’s spiritual energy from the Qi Ocean Core to avoid any harm to his son’s body in case the Foundation Establishment failed.

“Father....”

Lu Yun’s face was somewhat pale, filled with shame.

Five people in the family were undergoing Foundation Establishment.

Lu Qingsong and Lu Lingxiao had already succeeded in Foundation Establishment.

Lu Caizhen, judging by the looks of it, should be able to succeed.

The remaining Lu Xingchen, without even thinking, one could tell that he definitely would succeed in Foundation Establishment.

Except for himself, who failed at Foundation Establishment.

Especially just now during the Foundation Establishment process, where his Dao Foundation collapsed and his father helped to condense it, going back and forth three times.

Yet even in such a situation, he still failed, which truly made him feel utterly ashamed.

“It’s just a failure in Foundation Establishment, there’s no need to take it so to heart.”

Lu Changsheng said to his son in a gentle voice.

This son had been the Family Head for many years and had become much more stable.

But at his core, he was still someone lacking decisiveness and self-confidence.

The bigger the event, the more it showed.

“Father’s words are true.”

Lu Yun lowered his head in agreement.

“You should know the Cultivation Technique your mother cultivated, right?”

Lu Changsheng looked at his son and said thoughtfully.

Although failing at Foundation Establishment first time provides experience, making the next attempt more likely to succeed,

such things, in the end, depend on the individual.

People with a poor mentality, having failed once, may face even greater pressure the next time and might even become fearful.

As Lu Changsheng saw it, his son Lu Yun was very likely to end up in this situation.

And this son was indeed getting on in years.

After he recovers, he probably only has one more chance at Foundation Establishment.

So rather than that, it might be better to let him follow the path of the Heavenly Longevity Technique now.

“The child knows, mother’s Cultivation Technique is called the Heavenly Longevity Technique...”

Lu Yun replied softly upon hearing this.

“In my hands are a few Heaven-and-Earth Spiritual Plants, choose one later and cultivate this technique, how does that sound?”

Lu Changsheng spoke.

Although this son was disappointing,

he still watched him grow up from a young age and had high hopes for him.

Moreover, over the years, this son had been diligent and didn’t make any major mistakes, making quite a contribution to the family.

“The child will follow father’s arrangement.”

After a moment of silence, Lu Yun replied softly.

“Good, that’s settled then, you should go back and rest properly now.”

Lu Changsheng patted his son’s shoulder, smiled, and indicated he shouldn’t worry too much.

“Thank you, father.”

Lu Yun bowed and walked out of the Mount Sumeru Cave Heaven.

At this time, Lu Miaoyun and Qu Zhenzhen were outside the Cave Heaven.

“Yun’er.”

When Lu Miaoyun saw her son Lu Yun looking like this, she immediately knew that her son had failed in Foundation Establishment.

She didn’t enter the Cave Heaven precisely because she was worried that her presence might pressure him and affect his Foundation Establishment.

Unexpectedly, her son still failed at Foundation Establishment.

“Mother, I’ve disappointed you.”

Lu Yun said softly.

From a young age, his mother had strictly taught him, had high expectations, but his abilities were limited, and his sensitive heart led to an increasingly self-effacing personality, constantly subservient in his actions.

Later, though he became the Family Head, with so many outstanding siblings in the family, he never got over his sense of sensitivity and inferiority.

Chapter 1200: Yin Yang Integration Spirit Pill! The Caravan Sets Out!_3

Felt that his role as the Family Head totally relied on his mother's connections.

Thus, his personality did not improve; instead, it became even more cautious and meticulous, fearing that his actions would disappoint his parents.

"You are just a Seventh Grade Spiritual Root, and Foundation Establishment is difficult for you; failure is normal. There will be more chances in the future, don't take it to heart."

Lu Miaoyun had always known that her son's sensitive nature was related to her early teachings, and she felt somewhat guilty, softly comforting him.

"Father wants me to cultivate the Heavenly Longevity Technique."

Lu Yun spoke out.

"The Heavenly Longevity Technique?"

When Lu Miaoyun and Qu Zhenzhen heard this, they exchanged a look.

They both cultivated this technique and naturally understood it very well, including its advantages and disadvantages.

"Yun'er, what do you think yourself?"

Lu Miaoyun asked aloud.

In her view, it was good for her son to be able to cultivate the Heavenly Longevity Technique.

Although after cultivating this technique, one cannot stray too far from their Lifespan Spiritual Plant.

But she believed her husband could resolve this issue in the future.

“I, will listen to father.”

Lu Yun spoke in a low voice.

He was also unsure himself.

Wanted to cultivate the Heavenly Longevity Technique, thereby attaining Foundation Establishment, and even potentially Core Formation.

Yet he was also a bit lost, feeling unable to leave Bi Lake Mountain, and even if he attained Foundation Establishment or Core Formation, what would it really mean?

He still remembered when his great grandmother passed away; his mother couldn't visit and could only mourn alone.

If he cultivated this technique, he might not have to experience parting in life or death with his parents.

But, he would likely watch as his wives and children passed away one by one beside him.

After all, he was aware that the conditions for cultivating such a technique were extremely stringent.

The choice given by his father was a sign of favoritism towards him, and he couldn't possibly take care of everyone.

“You rest well first; later, mother will explain this technique to you in detail, and then you can think it over thoroughly.”

Knowing that her son had just failed in Foundation Establishment and was currently very troubled, Lu Miaoyun said softly.

“Thank you, mother.”

Lu Yun gave a formal bow and walked down from Bi Yun Peak.

At this time, Lu Miaoyun and Qu Zhenzhen also entered the Cave Heaven.

Qu Zhenzhen originally wanted to enter the Cave Heaven to check on her daughter's Foundation Establishment progress.

But she was always close with Lu Miaoyun.

If she went in to check on Lu Caizhen while Lu Miaoyun did not check on Lu Yun, it wouldn't look good, so the two waited outside.

"Husband."

"Husband."

The two women arrived at Cave Heaven and called out upon seeing Lu Changsheng.

"Miaoyun, Zhenzhen, you've arrived."

Lu Changsheng called out with a smile.

Then he discussed the matter of his son, Lu Yun, with Lu Miaoyun.

"It has been tough on you, husband."

Lu Miaoyun said softly.

"Caizhen doesn't have any problems, she was able to achieve Foundation Establishment."

Lu Changsheng told Qu Zhenzhen.

With his help, as long as their children weren't of Lower Quality Spiritual Roots and didn't have too poor a mentality or foundation, they were very likely to succeed in Foundation Establishment.

"Mm-hm, it has been tough on you, husband."

Joy flickered in Qu Zhenzhen's eyes.

Five days later, Lu Caizhen successfully achieved Foundation Establishment.

Her Dao Foundation, like Lu Ruyi's, was just barely considered as With Flaw.

However, for these children, Lu Changsheng's standards weren't high; Foundation Establishment was considered a success.

"Dad, mom, auntie."

Lu Caizhen opened her eyes, her face joyful, very happy.

She had never even considered Foundation Establishment in her early years.

Felt that with her type of Spiritual Root, if she still harbored unrealistic hopes for Foundation Establishment, it was merely inviting trouble onto herself.

Why not be happy every single day?

But inadvertently, she took the elixir medicines her brother gave to their mother, which advanced her Spiritual Root to Middle Grade, and she saw some hope for Foundation Establishment.

It's just her lazy nature that, despite having a Fifth Grade Spiritual Root, she only reached the peak of Qi Refining and started challenging Foundation Establishment now.

However, now that she has achieved Foundation Establishment, there's an indescribable joy in her heart.

“Caizhen, congratulations on your breakthrough to Foundation Establishment.”

“Caizhen, congratulations.”

Lu Changsheng, Lu Miaoyun, and Qu Zhenzhen congratulated their daughter.

“It’s all thanks to you, dad and mom.”

Lu Caizhen’s personality resembles her mother Qu Zhenzhen somewhat, characterized as laid-back and quite self-aware.

After some brief chatting, Lu Changsheng asked Lu Caizhen to solidify her realm well.

Then, he called Lu Xingchen over to get ready, starting his Foundation Establishment in three days.

...

Outside Bi Lake Mountain.

A neatly arranged caravan of pack animals, pulling several compartments and stacks of storage boxes.

After so much preparation, the Lu Family Caravan was finally ready to set off.

“Xiaohe, if you want to come home, just tell mom, and daddy will come to pick you up.”

Lu Changsheng patted his little daughter’s head and spoke.

In his view, his daughter was following the business trip just for fun.

Once the novelty wears off, she would likely get bored and want to come home.

“Hmph, daddy, you think I will give up halfway.”

Lu Linghe was wearing a red warrior dress today, her usual buns turned into a high ponytail, looking lively and valiant.

She was imitating the attire of other martial artists.

“Hahaha, daddy will miss you, and if you miss daddy, daddy will come to see you.”

Lu Changsheng looked at his daughter’s puffed cute cheeks, pinched them gently, and chuckled.

“Daddy, I will miss you, and when I earn Spirit Stones, I’ll buy you a gift!”

Lu Linghe, with her eyebrows curved and face delicate, said adorably.

“Okay, when Xiaohe comes home, daddy will also have a gift for you.”

Lu Changsheng said with a smile.

“Bing’er, I will bring you a gift too!”

Lu Linghe then turned to Bing’er next to Lu Changsheng and spoke.

During this time, she had a great time with Bing’er, becoming playmates.

The only regret was that Bing’er didn’t want to join her on the business trip.

“Thank you, Xiaohe.”

Bing’er stepped forward and hugged Lu Linghe.

“Hehe.”

Lu Linghe happily hugged her back.

After bidding farewell to his daughter, Lu Changsheng asked Ling Zixiao, Lu Ping'an, Lu Ruyi, and others to be cautious and to contact him immediately if something happened.

Even so, Lu Changsheng was not at all worried about this business trip.

With Ling Zixiao, Lu Lingxiao, Lu Linghe, and Lu Changsheng himself not letting Lu Ping'an bring the Nine Netherhound, he directly gave the Thousand Faces Puppet Fox to Ling Zixiao.

This would allow them to hold their ground even against a Nascent Soul Immortal.

...

Moments later, the pack animal caravan began its journey.

This caravan, in addition to Ling Zixiao, Lu Ping'an, Lu Lingxiao, Lu Ruyi, included nine Lu Family disciples, three Lu Family Disciples of Qingzhu Mountain, twelve apprentices of Bi Lake Mountain, and fifty Innate Martial Artists.

Their route passed from Bi Lake Mountain through Nine Dragons Market, Green River Marketplace, Five Peaks Market, Qingyun Market, and other along-the-path marketplaces, including various family forces.

During the process, they not only opened up trade routes and established partnerships, but they also enhanced their reputation and evaluated the market situations en route to acquire storefronts and set up business association strongholds.

Originally, setting up business association strongholds was a plan for the future.

However, since Lu Changsheng had gained a large amount of Spirit Stones and Ling Zixiao personally went on the journey, this task was handed over to Ling Zixiao to handle.

"I wonder how much resistance we'll encounter this time."

Lu Changsheng, watching the gradually disappearing caravan, chuckled lightly.

He was actually quite excited about these family forces coming to cause trouble, thus building his son Lu Ping'an's renown.

After all, a family can't solely depend on his and Lu Miaoge's reputations to dominate; it should also have a few brave children to stand tall.