

I. Family 521

Chapter 521: The Mysterious Yin Seductive Body, Imbalance of Yin Yang Energies!_2

So what is there to mind?

If he minded and couldn't let go, he would have just had Ling Zixiao set up a formation to isolate this area.

At this moment, the primordial yin essence in Nangong Mili's body was still surging violently, causing his Qi, blood, and mana to flow wildly throughout his body. "This primordial yin origin is too powerful; my primordial yang is not sufficient to merge with it completely, only a portion can be nourished back!"

Lu Changsheng began to use the Tender Embrace Technique.

But in the face of such vast and powerful primordial yin essence, the Tender Embrace Technique simply couldn't facilitate dual cultivation....

Because dual cultivation requires both individuals to have similar cultivation levels.

Or for the stronger to assist the weaker.

There has never been an instance where the weaker assists the stronger in dual cultivation!

At this point, the True Elixir primordial yin he was drawing from Nangong Mili was too immense.

And it contained a yin origin essence, causing his primordial yang to be completely insufficient for the merging of yin and yang. "It seems that this primordial yin essence can only be used to enhance my cultivation level," thought Lu Changsheng to himself.

He channeled a part of the essence that had merged the yin and yang back into Nangong Mili's body.

At the same time, he activated the “Seven Luminaries Great Freedom Sword Scripture,” refining the excess primordial yin essence.

This vast primordial yin essence was superior to many elixirs and miraculous medicines.

Just then. “Hmm!?”

Lu Changsheng suddenly felt an imbalance of yin and yang in the yin-yang fish in his Qi Ocean Core that was devouring the Yin Origin.

His Yin Yang Five Elements Foundation Base’s yin yang energies were already predominantly yin over yang.

It was only maintained in balance by the spirit-nurturing energy of the Golden Core Lady.

But now, as the yin-yang fish absorbed the pure Yin Origin, the yin energy grew even more exuberant, causing an imbalance in yin and yang. “An imbalance of yin and yang?”

Observing this, Lu Changsheng’s brow furrowed slightly as he pondered what to do.

He could now make the yin-yang fish stop refining the Yin Origin.

But without absorbing it, the Yin Origin could only be used to enhance the cultivation level.

However, when compared to strengthening the foundation, merely improving the cultivation level seemed much less significant.

Moreover, using such a vast Yin Origin and primordial yin essence solely for enhancing the cultivation level would be extremely wasteful.

Because the cultivation level enhanced through dual cultivation, if excessive, could lead to a shallow foundation, which would require a lot of time to consolidate. “Could this Yin Origin, with its cold and yin properties, suppress the backlash of the Dragon Roar Origin and the Dragon Roar Physique?”

A thought struck Lu Changsheng, and an idea surfaced in his mind.

His biggest problem in using the Dragon Invocation Technique to draw out Ling Zixiao's Dragon Roar Physique's origin was the backlash against the spiritual body.

Therefore, he had thought of using some kind of cold yin artifact or mana to suppress the backlash of the Dragon Roar Physique to facilitate the extraction.

Previously, he had planned to wait for Nangong Mili to awaken and have the Nascent Soul Immortal suppress Ling Zixiao's Dragon Roar Physique so he could perform the extraction himself.

Now, the Yin Origin from the Nascent Soul Immortal's spiritual body made him realize he could use it to suppress the Dragon Roar Origin.

If feasible, not only could he take the opportunity to resolve the Dragon Roar Physique, but he could also extract the Dragon Roar Origin to balance and enhance his own yin yang energies.

Without hesitation, he made up his mind and took action!

Lu Changsheng turned to Ling Zixiao and called out, "Zi Xiao!" "Hmm?"

Ling Zixiao was admiring Nangong Mili's perfect jade body.

Startled by Lu Changsheng's call, she paused. "Xiao Chan's master should have some kind of yin spiritual body and harbors some Yin Origin that is beneficial to dual cultivation. This origin might be able to suppress the backlash from your Dragon Roar Origin and spiritual body!" Lu Changsheng quickly explained to Ling Zixiao. "Yin Origin? Suppress the Dragon Roar Origin and the backlash of the spiritual body?"

Upon hearing this, Ling Zixiao showed a look of surprise and delight.

She was aware that the biggest issue Lu Changsheng faced in resolving her Dragon Roar Physique was the backlash of the Dragon Roar Physique itself.

If the origin extraction proceeded, it would trigger the Dragon Roar Physique's backlash, with yang energy scorching her body, putting her life at grave risk.

If this Yin Origin could suppress the Dragon Roar Origin and the backlash of the spiritual body, then Lu Changsheng could unreservedly extract and plunder the Dragon Roar Origin to resolve the Dragon Roar Physique.

But the next moment, the joy on her face froze.

She realized that to use Nangong Mili's Yin Origin to suppress her own Dragon Roar Origin, it could only be done through dual cultivation in the marketplace.

Doesn't it mean she now had to engage in dual cultivation with Lu Changsheng?

Although she had been intimate with Lu Changsheng many times before, this method of dual cultivation, especially with Meng Xiaochan as a third wheel, made her feel somewhat hesitant.

However, seeing Lu Changsheng's sincere gaze, remembering that at this time, he had acquired such rare spiritual body origin not to enhance his own cultivation level but to help resolve her Dragon Roar Physique, and realizing that this was a rare opportunity to resolve her Dragon Roar Physique, she clenched her teeth and immediately nodded in agreement, "All right!" "Ah... this..."

Meng Xiaochan, standing to the side, heard their conversation and her delicate face froze in a daze, somewhat bemused.

Wasn't her lover using a secret dual cultivation technique to heal her master?

Why, before the healing was even finished, were they moving on to solving Ling Zixiao's issue?

The thought of Lu Changsheng using her master's spiritual body origin to solve Ling Zixiao's condition made Meng Xiaochan feel uneasy inside.

But she couldn't really say anything against Lu Changsheng's decision.

She just pursed her lips and asked softly, "Lu Lang, my master won't be in danger from this, right?"

Certain spiritual bodies, once their origin has been extracted, may face deterioration and danger. “Xiao Chan, don’t worry; nothing will happen,” “Your master is likely not a natural enchantress but a kind of spiritual body with some Yin Origin that is beneficial to dual cultivation.” “That’s why there was a problem with the dual cultivation technique just now; I could only stop and refine this origin essence.”

Lu Changsheng did not hide anything as he continued running the “Tender Embrace Technique,” transferring some of the yin yang essence to Nangong Mili while explaining the reason to Meng Xiaochan.

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Having said that, he asked aloud, “Xiao Chan, do you know what kind of Spiritual Body your master has?”

“My master has never told me, and I am not clear about it.”

Upon hearing this, Meng Xiaochan pondered for a moment, shook her head, and indicated that she did not know.

The matter of a Spiritual Body is very private.

Usually, it is not disclosed to others.

Especially since Lu Changsheng said that Nangong Mili’s Spiritual Body is beneficial to dual cultivation, in such cases, it is even less likely to be revealed.

...

Because a Spiritual Body suitable for dual cultivation is very suitable for being a cauldron.

If it were known, it could easily attract the attention of those with ulterior motives, attracting trouble like bees to honey.

“A naturally charming body, with the Yin Origin Source, a dual cultivation physique?”

“Could it be the Profound Yin Charming Body?”

“Lu Lang, the Yin Origin Source you just mentioned, is it in the state of jade liquid?”

Upon hearing Lu Changsheng’s description, Ling Zixiao reflected and spoke.

As she couldn’t cultivate, she had scoured various texts in search of a solution for the Dragon Roar Physique.

Now, hearing Lu Changsheng’s words, a corresponding type of Spiritual Body immediately came to her mind.

“Exactly.”

Lu Changsheng, surprised and doubtful at her words, nodded.

He had just sensed that this Yin Origin Source, when integrated with the Primordial Yin essence, exhibited a jade-liquid state.

“Then there’s no mistake, this is ‘Profound Yin Jade Liquid’, and this immortal’s Spiritual Body should be the Profound Yin Charming Body!”

“The Profound Yin Charming Body, naturally possesses Charming Bones, and when cultivating Yin-attribute techniques, it has a certain enhancement!”

“Moreover, the bearer of the Profound Yin Charming Body will nourish the profound yin qi within their body upon reaching the Foundation Establishment Stage, aiding in breaking through bottlenecks and realms!”

“The higher the cultivation level, the better the effect on breaking through bottlenecks!”

“If the owner of the Spiritual Body breaks through to the Core Formation Stage, and the profound yin qi becomes dense, it will transform into Profound Yin Jade Liquid, which can help Nascent Soul Cultivators break through bottlenecks, and perhaps even... realms!”

Ling Zixiao, too, was amazed at Nangong Mili's Spiritual Body and explained the effects of the Profound Yin Jade Liquid to Lu Changsheng.

“Profound Yin Jade Liquid can help Nascent Soul Cultivators break through realms!?”

Upon hearing this, Lu Changsheng was amazed in his heart.

Helping Nascent Soul Immortals break through realms meant that it could also assist in the breakthrough to the Nascent Soul.

However, such rare Profound Yin Jade Liquid had been obtained by him, basically squandering a heavenly resource!

If others knew that such jade liquid, which could aid in the breakthrough to the Nascent Soul, was obtained by a mere Foundation Establishment Cultivator like him, they would probably be green with envy.

“No wonder just a bit of Profound Yin Jade Liquid ingested by my yin and yang energies cause such an imbalance!”

Lu Changsheng paused internally, coming to a more direct understanding of the preciousness of this Yin Origin Source.

If so, suppressing the Dragon Roar Origin with the Profound Yin Jade Liquid should not be a problem.

He ran his mana, stopping the yin and yang energies from refining the Profound Yin Jade Liquid, and shouted to Ling Zixiao, “Zi Xiao, hurry, otherwise this Profound Yin Jade Liquid will be refined by my mana!”

“Okay!”

Hearing this, Ling Zixiao no longer hesitated.

She immediately removed her light blue palace attire, revealing her snow-white, voluptuous and graceful jade body.

This body was not as enchantingly enticing as Nangong Mili's, but was still lithe and graceful.

“Splash!”

Lu Changsheng transferred the ‘Tender Embrace Technique’, solely focusing on healing, and released Nangong Mili.

Then, he embraced Ling Zixiao tightly and jumped into the spiritual pond.

“Splish Splash—”

The two entered the spiritual pond, causing a splash of water.

“Zi Xiao!”

Lu Changsheng raised his hand to signal, first taking out a Spirit Pill from his Storage Bag for Ling Zixiao to consume, to avoid any accidents during the process.

He then called out with a serious voice, indicating that he was about to begin.

“Mmm.....”

Ling Zixiao, wrapping her arms around Lu Changsheng's neck and entwining his waist with her legs clad in sheer white stockings, responded.

After watching for so long, she was already emotionally moved.

“Dragon Invocation Technique!”

Lu Changsheng firmly held the shapely waist of the beauty, took a deep breath, and activated the Dragon Invocation Technique.

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“Roar!”

As the Dragon Invocation Technique was activated, the Flood Dragon arrived inside Ling Zixiao’s body, roaring at the Dragon Ball and tentatively seizing the Dragon Roar Origin.

Immediately, the slumbering Dragon Soul within the Dragon Ball was awakened, bursting forth with a commanding dragon cry, with an imposing aura in waves.

“Ugh~”

Ling Zixiao let out a muffled grunt, wrapping her arms around Lu Changsheng’s neck.

...

“Zixiao, relax.”

Lu Changsheng knew that the process of seizing the Dragon Roar Origin using the Dragon Invocation Technique was extremely painful for Ling Zixiao.

In previous seizures of the Origin Source, Ling Zixiao was almost unconscious, nearly passing out.

He gently stroked her smooth skin, helping her body to relax.

Then, he activated his cultivation technique and infused the Profound Yin Jade Liquid into the Spiritual Pond.

After a moment, the Profound Yin Jade Liquid near the Flood Dragon transformed into a black Phoenix Bird.

“Screech!”

The Phoenix Bird, upon seeing the Dragon Ball, cried out, spread its wings, and dove towards it, swallowing the golden Dragon Ball into its stomach.

In an instant, the boiling turbulence of the Spiritual Pond began to subside.

“Could the effect be this good!?”

Lu Changsheng was pleasantly surprised to see the Profound Yin Jade Liquid instantly suppress the Dragon Roar Origin.

He had guessed that the Profound Yin Jade Liquid could subdue the Dragon Roar Physique.

But he hadn’t expected the effect to be this remarkable.

Immediately, he operated the Dragon Invocation Technique, letting the Flood Dragon roar and begin to snatch the Dragon Roar Origin.

“Ergh~”

Ling Zixiao’s body tensed as the dragon and phoenix struggled, with the Flood Dragon seizing the Dragon Pearl Essence.

Her fair skin glowed pink and became covered with a layer of fine sweat droplets.

This was also one of the reasons Lu Changsheng brought Ling Zixiao to the Spiritual Pond.

Although the Spiritual Energy in the pond wasn’t particularly dense, it still had some nourishing effects.

It could slightly alleviate the pain of the backlash from the Dragon Roar Physique.

“Roar!”

Under the Flood Dragon’s seizure, a strand of golden Dragon Roar Origin slowly emerged from the Dragon Ball and the black Phoenix Bird’s body.

But immediately, the Dragon Ball, suppressed by the Phoenix Bird, started to violently thrash, and the Dragon Soul roared ferociously, almost bursting out.

The black Phoenix Bird, facing this situation, also flapped its wings and issued continuous cries, attempting to suppress the Dragon Ball.

However, this was the Dragon Soul’s territory within the Spiritual Pond after all, where the Dragon Soul held sway.

Even though the Phoenix Bird was stronger than the Dragon Soul at the moment, it couldn’t easily suppress the Dragon Ball.

Suddenly, a fierce struggle between the dragon and the phoenix commenced.

The just-calmed Spiritual Pond, at this moment, began to roil and boil once again.

“Seize!”

Lu Changsheng dared not hesitate.

He knew that it was better to endure short-term pain than to prolong the suffering.

The Flood Dragon roared, ready to swallow the strand of Dragon Roar Origin in one gulp.

“Ahh...”

All at once, it seemed as if raging waves surged within Ling Zixiao, roaring continuously.

“Bring the elixir!”

Seeing this scene, Lu Changsheng knew that even with the Profound Yin Jade Liquid’s suppression, the Dragon Roar Physique would still cause some backlash.

Moreover, Ling Zixiao was already in a weakened state.

The seizure of the Origin Source by himself also caused certain damage to Ling Zixiao herself.

He reached out with a large hand and took out a bottle of Elixir Medicines and a stack of Talismans from the Storage Bag, applying them to Ling Zixiao.

These were prepared by him specifically for Ling Zixiao.

“~

“Ugh~”

Under the power of the Elixir Medicines and Talismans, Ling Zixiao’s condition instantly stabilized a great deal.

Her willow brows relaxed, she exhaled a breath of turbid air, and her tense delicate body gradually loosened, trembling slightly.

“Dragon Invocation Technique!”

Lu Changsheng firmly supported her slender willow waist with both hands and called out softly.

He let the Flood Dragon swallow the golden Origin Source in front of it.

After swallowing a strand of Dragon Roar Origin, the Flood Dragon did not leave.

Instead, it roared at the Dragon Ball and continued to snatch Dragon Roar Origin.

Within the black Phoenix Bird, the Dragon Soul let out a mournful cry, and another strand of golden Origin Source slowly emerged.

Now with the Profound Yin Jade Liquid suppressing the Dragon Roar Physique, Lu Changsheng naturally could not, like the first time, hastily snatch just a strand of Dragon Roar Origin.

He needed to seize as much of Ling Zixiao's Dragon Roar Origin as possible.

After all, once this opportunity passed, there would be no such shop to find.

This surge of Profound Yin Jade Liquid was not eternal.

In the process of suppression, the Profound Yin Jade Liquid was also being consumed.

Once the Profound Yin Jade Liquid was fully expended, it would be difficult for him to plunder the Dragon Roar Origin like this.

Additionally, there was a limited supply of Elixir Medicines and Talismans he had prepared for Ling Zixiao.

Once the power of the Elixir Medicines and Talismans faded, he would have to rely on himself to stabilize Ling Zixiao's condition.

And currently, Ling Zixiao's body was still in recovery, in a state of weakness.

To solely rely on him to stabilize her condition through the Yin Yang Nirvana Art and the Life Extension Technique was far too difficult.

Moreover, there was Nangong Mili waiting for him to come to her rescue.

“Boom boom boom—”

The Dragon and Phoenix kept roaring, fighting, as if to shatter the entire secluded pond.

The Flood Dragon, meanwhile, took the opportunity to keep snatching the Dragon Roar Origin.

One strand!

Two strands!

Three strands!

...

Strand after strand of Dragon Roar Origin was snatched and swallowed by the Flood Dragon.

“Um... Lu Lang...”

When the Flood Dragon snatched the eighth strand of Dragon Roar Origin, Ling Zixiao’s complexion turned from pale to a bit ghastly pale.

Her entire body trembled as if she had been electrocuted, her voice weak and trembling.

“It’s okay now, it’s all right.”

Lu Changsheng gently stroked the beauty and quickly spoke to comfort her.

He knew that he couldn’t continue to draw more from her.

Ling Zixiao’s condition was too weak at the moment.

The plundering of the Dragon Roar Origin caused her significant harm.

If too much Origin was plundered at once, it could severely damage her foundation.

Later, even if the Dragon Roar Physique issue was resolved, she would face the problem of a damaged foundation, making it difficult to make any progress.

“Dragon Invocation Technique!”

Lu Changsheng immediately operated the Dragon Invocation Technique and took all eight strands of the Dragon Roar Origin into his body.

“Boom boom boom—”

No sooner had the eight strands of Dragon Roar Origin entered his body than they rushed about chaotically.

This caused Lu Changsheng’s body to surge with blood and Mana, and a muffled grunt escaped from his mouth.

The initial single strand of Origin had not caused him any harm.

But now, suddenly absorbing eight strands of the Dragon Roar Origin, it had a certain impact on him.

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However, this shock remained within a tolerable range.

“Hundred Refinements Treasure Body Art!”

“Seven Luminaries Great Freedom Sword Scripture!”

Lu Changsheng activated his cultivation technique, as his blood and mana surged, suppressing the Dragon Roar Origin within his body.

The next moment.

“Hmm——”

...

The Yin Yang Energies in the Qi Ocean Core, transformed into little Yin Yang fish, swiftly swam over.

With a ‘whoosh’, they swallowed a strand of Dragon Roar Origin and began to refine it.

“Hmm~”

As Lu Changsheng stopped plundering the Dragon Roar Origin, Ling Zixiao’s eyes opened and closed amidst a spring-like, mesmerizing haze, her movements languid and seductive, and her voice was no longer filled with such pain.

Under the gentle comfort, her voice at times lofty, sometimes melodious, at times seductive, and at times soft...

Meng Xiaochan, not far away, blushed and palpitated at the sound of these tender moans.

Watching the ‘splash splash’ of the water constantly splashing in the spiritual pool.

She didn’t understand why the elegantly composed, dignified and graceful Ling Zixiao would make such sounds at this moment.

Moreover, even though the voice sounded extremely painful, it seemed to contain hints of joy.

She pursed her lips, refusing to watch this scene.

Discarding distractions, she came to one side, eyes on the nose, nose on the heart, to check on her master’s condition.

Although she had great confidence and trust in Lu Changsheng,

Still, she couldn't help worrying about her master's situation in her heart.

Through checking, she could see that a stream of pure Origin Essence was flowing slowly within Nangong Mili's body, nourishing her physical meridians.

However, this Origin Essence was still too scarce compared to Nangong Mili's current condition.

"If this continues, I believe master will be able to wake up and recover," she pondered.

Subconsciously, she glanced at Lu Changsheng and Ling Zixiao in the spiritual pool.

"Splash splash——splash splash——"

The night waters were shrouded in mist, with a gentle breeze blowing, crisp sounds along with the splashing of the water.

Under the bashful moon and starlight, ripples spread across the water, a myriad of enchanting scenes not meant for outsiders.

"Rumble rumble——"

"Yin Yang Nirvana Art!"

Dragon Roar Origin and primordial Yin Essence within Lu Changsheng surged wildly.

His Hundred Refinements Treasure Body Art and Seven Luminaries Great Freedom Sword Scripture were operating rapidly, continuing to elevate.

He paid no attention to his own improvement, but focused on Ling Zixiao who was nearly unconscious amid her confused awareness.

Supporting the beautiful woman's waist, he began to use the Yin Yang Nirvana Art to alleviate her pain and stabilize her condition.

“Speaking of which, the Tender Embrace Technique can allow the fusion of primordial Yin and Yang. I wonder if the Dragon Roar Origin and the Profound Yin Jade Liquid can also merge?”

Lu Changsheng tightly held her slender waist, maintaining the rhythm, and looking at the Profound Yin Jade Liquid in Ling Zixiao’s body, he thought about his own Yin Yang Energies.

If the two Origins could merge, perhaps there might be unexpected benefits.

No sooner said than done.

After stabilizing Ling Zixiao’s condition with the Yin Yang Nirvana Art, he began to activate the Tender Embrace Technique.

He attempted to fuse a portion of the Profound Yin Jade Liquid with Dragon Roar Origin.

Under the operation of the cultivation technique, the two Origins slowly began to merge.

However, they could not achieve a perfect fusion like the primordial Yang and Yin, hence creating one from two, and two from three...

“As expected, it won’t work,” he said with a slight shake of his head.

Lu Changsheng knew it wasn’t just a match of one Yang Origin and one Yin Origin that could merge.

The merging of the Great Sun Essence and Tai Yin Moon Radiance was solely due to the Spirit-nurturing Energy obtained from a Core Formation girl.

Otherwise, these Yin Yang Energies would absolutely not have formed.

“Pity that there’s only a tiny wisp of Spirit-nurturing Energy,” he lamented.

“If I had more of this Spirit-nurturing Energy, perhaps the Dragon Roar Origin and Profound Yin Jade Liquid could integrate in a Yin Yang fusion,” Lu Changsheng mused.

He then continued to pay attention to the enhancement of the Yin Yang Energies, refine the primordial Yin Essence, and heal alongside Ling Zixiao through dual cultivation.

Now with the replenishment from Dragon Roar Origin, Profound Yin Jade Liquid, and primordial Yin Essence, his whole being was brimming with vitality and energy.

Seeing Meng Xiaochan with a flushed face, nurturing Nangong Mili's body, he called out, "Xiao Chan, bring your master over here..."

....

Outside Qingzhu Mountain.

"Boom boom boom——"

Yu Jinyang, Yu Yuanshan, and Yu Ningjun, three Foundation Establishment cultivators, were persistently attacking the Foundation Establishment area of Qingzhu Valley.

During this time, they were not attacking non-stop.

To avoid excessive mana consumption and risking the Lu Family activating the great formation in desperation, they stopped to rest and recover their mana periodically.

But as soon as they felt recovered, they would resume the harassment and assault.

After seven days, the hearts of everyone in the Lu Family were shrouded in a deep gloom.

After all, to launch such an assault and harassment on Qingzhu Mountain was like rudely defecating on their heads, an extreme provocation!

Yet, faced with such brazen challenge, they dared not retaliate and could only endure the harassment.

“Boom boom boom——”

After seven days of harassment, the trio’s attacks grew increasingly ferocious.

Yu Jinyang, the leader, even brought out a golden mountain-like large magic artifact, continuously bombarding the formation, causing immense noise and commotion.

Just then.

“Boom!”

Over Qingzhu Valley, the swirling spiritual energy vortex suddenly shook violently as if a dam had broken, collapsing with a thunderous crash.

“The spiritual energy vortex has collapsed; this means a Foundation Establishment failure! Hahaha!” Yu Ningjun saw the dispersion of the spiritual energy vortex inside Qingzhu Mountain and immediately relished the disaster with a hearty laugh.

In this expedition against the Xiahou Clan, he successfully established his Foundation using a Foundation Establishment Elixir and Foundation Establishment Spirit Objects he had exchanged for with his family’s contributions.

Whereas the Foundation Establishment hopefuls of the Lu Family had failed, which brought him great joy.

“Foundation Establishment failure, Lu Family of Qingzhu Mountain’s fate has run out!” Yu Jinyang beheld the sight, his authoritative visage betraying a smile as he stroked his snow-white beard.

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He immediately turned to Yu Yuanshan and Yu Ningjun and said, “Now that the Lu Family has failed in Foundation Establishment, we can go back.”

“Yes, ancestor.”

A smile also appeared on Yu Yuanshan's face as he nodded.

The failure of the Lu Family in Foundation Establishment indicated that things would proceed according to their family's plan.

As long as the Zheng Family Ancestor, Lu Yuanzhong, was dead, those two spiritual lands, along with the Red Leaf Valley Market, would fall into the hands of their Yu Family.

By then, relying on the resources of these spiritual lands, their Yu Family would be able to rise even further!

...

"Yes, ancestor!"

Yu Ningjun originally wanted to go and see the faces of the Lu Family cultivators, to mock and ridicule them.

But he remembered that their purpose in coming here was to harass while concealing their identities.

Although it was likely that the Lu Family and other clan forces could guess that it was their doing,

such matters should not be brought into the open.

Otherwise, it would look too ugly.

Moreover, the Lu Family Ancestor, Lu Yuanzhong, was not yet dead.

If he were driven to desperation and flipped the table, laying a hidden trap to kill their Yu Family disciples, it would cause a lot of trouble.

Immediately, the three of them took one last look at Qingzhu Mountain, confirming that the Foundation Establishment had failed. They then transformed into escape lights and left the territory of Qingzhu Mountain.

Within Qingzhu Mountain.

“The spiritual energy vortex has dispersed, this is...a failed breakthrough.”

“Damn it, if it weren’t for these three Foundation Establishment Great Cultivators constantly disrupting and harassing us, how could this have happened...”

“Is this the heavens wanting to destroy our Lu Family!”

“The family has elder Yuan Zhong and Uncle Changsheng, who is a Second Grade Talisman Master! There’s still a chance to continue nurturing for Foundation Establishment in the future!”

The Lu Family members saw the dispersal of the spiritual energy vortex above Qingzhu Valley and all had unsightly expressions, feeling heavy-hearted.

Knowing the dispersal of the spiritual energy vortex signified that the Foundation Establishment had failed.

“Ancestor, I have failed your expectations, I’ve let the family down.”

Lu Miao Feng walked out of the secret chamber weakly, his eyes bloodshot and voice hoarse.

Failure in Foundation Establishment, even after consuming a Foundation Establishment Elixir, caused him a certain amount of injury.

“Sigh, this is not your fault.”

Lu Yuanzhong’s face seemed to age a lot all at once.

Looking at the younger generation in front of him, he deeply sighed.

He was someone who had been through it all.

He knew the difficulty of Foundation Establishment.

Especially when the entire family's survival and future were all on one's shoulders.

This pressure, burden, and responsibility were truly too heavy!

Back then, he had a good environment to concentrate on breaking through Foundation Establishment.

But for Lu Miao Feng, this Foundation Establishment Elixir not only carried the future survival of the family,

it also embodied his high hopes and the sacrifice made by Lu Miaoge!

With all those psychological pressures, and coupled with the disturbance from external enemies, it was natural for his mental and emotional state to be affected.

And for breaking through bottlenecks and realms, the state of one's essence, energy, and spirit are all very important.

Lu Changsheng, preparing for his Foundation Establishment breakthrough, took nearly half a month to adjust his state even in a nearly sure-win situation.

"Ancestor."

"Paying respects to the ancestor."

"Ancestor, Miao Feng, Feng'er."

At this time, Lu Yuanding, Lu Miaoge, and other Lu Family elders and core members came to the depths of Qingzhu Valley to pay respects to Lu Yuanzhong and to visit Lu Miao Feng.

At this moment, they were all heavy-hearted.

The other Lu Family disciples were not aware of Lu Yuanzhong's condition.

Being Lu Family elders and part of the core leadership, they naturally knew that Lu Yuanzhong was now in a bad state with not much life left.

Now that Lu Miao Feng had failed in Foundation Establishment, within ten years, they would be powerless to gather the wealth needed to obtain another Foundation Establishment Elixir and to cultivate for Foundation Establishment.

“All the elders, Sister Miaoge, I've failed to meet your expectations, I've let the family down!”

Seeing everyone, Lu Miao Feng clasped his hands into fists, veins popping, biting his lips until they bled red, and bowed deeply with a hoarse voice.

He knew the family had spent much cost and effort on this Foundation Establishment Elixir and three Foundation Establishment Spiritual Objects.

But now, with his failed Foundation Establishment, all these costs and efforts had turned into ash.

“Miao Feng, you should rest well now, do not hurt your body and affect your foundation.”

Lu Yuanzhong, seeing Lu Miao Feng in this state, sighed softly and had someone take Lu Miao Feng away to rest.

Although with the protection of a Foundation Establishment Elixir, failure in Foundation Establishment would not pose any major issues,

without proper recuperation and cultivation, it could still affect his foundation.

Especially with Lu Miao Feng's current mental state, which obviously had some problems.

If not adjusted, it could even lead to a Heart Demon.

The Lu Family's current high-level combat power was already scant, with no successors.

If Lu Miao Feng were to suffer another mishap, it would be another great loss for the Lu Family.

"Yes, ancestor."

"Elders, Miao Feng is taking his leave."

Knowing his current state was very bad, Lu Miao Feng, with a pallid complexion, nodded slightly and bowed before excusing himself.

"Now that Miao Feng has failed in Foundation Establishment, in the upcoming time, consolidate and integrate the family business, and dispose of the smaller businesses..."

After Lu Miao Feng had left, Lu Yuanzhong looked at Lu Yuanding, Lu Miaochang, and the others, and spoke out.

It sounded very much like he was preparing the family for future contingencies.

"Yes."

The others, upon hearing Lu Yuanzhong's words, all looked heavy-hearted and troubled.

"Ancestor, I am now at the peak of the Ninth Level Energy Refinement. In a few months, once I refine my mana to be smooth and satisfactory, I can attempt Foundation Establishment."

At this moment, Lu Miaoge said with her lips pursed.

She had broken through to the Ninth Level Energy Refinement six years ago.

It was only because she switched to cultivating the "Saturn Solar Sword Technique" that she delayed her progress in cultivation.

“It’s not possible.”

As soon as she spoke, Lu Yuanzhong and Lu Yuanding immediately objected.

“Miaoge, if there is no Foundation Establishment Elixir, attempting Foundation Establishment is extremely dangerous without guarantee, and absolutely not something to try lightly.”

Lu Yuanzhong looked at Lu Miaoge and said in a grave voice.

Apart from coordinating the three phases of Foundation Establishment and increasing the chances of success, a Foundation Establishment Elixir also protects the meridians and Dantian.

Otherwise, a failure in Foundation Establishment could lead, at the lightest, to injury and regression in cultivation level.

Chapter 526: Xiao Chan, Bring Your Master Over!_4

The repercussions could be severe, causing damage to the energy channels and rendering one crippled or even leading to death.

Lu Miaoge was not only one of the Lu Family’s top combat power.

She was also a First Grade Top-Level Talisman Master, in the process of breaking through to the Second Grade.

The Lu Family absolutely would not allow her to attempt to break through to Foundation Establishment without a Foundation Establishment Elixir.

Seeing this, Lu Miaoge gently nodded her head, without speaking a word.

“Miaoge, Changsheng should be back soon, right?”

...

At this time, Lu Yuanding asked Lu Miaoge.

The situation of the Lu Family was not good, morale was low.

If Lu Changsheng, the Second Grade Talisman Master, were present to preside over the clan, it could serve as a deterrent and stabilize the people's hearts and morale.

Moreover, with Lu Changsheng's guidance, Lu Miaoge would be able to advance to a Second Grade Talisman Master even faster.

If the Lu Family had another Second Grade Talisman Master to preside over them, relying on the Talisman Path, it might be possible to acquire another Foundation Establishment Elixir within a few years.

"Changsheng mentioned he'd be out for a year, he should be back soon."

Upon hearing this, Lu Miaoge's lips slightly pursed as she couldn't help but miss Lu Changsheng in her heart.

She felt that with Lu Changsheng by her side, her heart would be peaceful and much more at ease.

"Yes, the outside world is not calm either, I've heard that some of the Xiahou Family members who escaped have turned into demon cultivators, causing havoc; a few small families were attacked not long ago."

Lu Yuanding nodded his head, sighed slightly, his face filled with worry.

.....

The mountain top was shrouded in a hazy morning mist, stirring without wind.

The spiritual pond was still rippling, continuously undulating, accompanied by a crisp sound.

After days and nights of hard work during this period, Lu Changsheng's physical body, along with his mana nourished by the Vital Essence, the Dragon Roar Origin, and the Profound Yin Jade Liquid, had reached the peak of the Third Level of Foundation Establishment.

Precious light flowed all around his body, encircled by spiritual light, undulating like waves, one after another.

“Boom!”

At that moment, the liquid mana in his Qi Ocean Core expanded to the limit of the initial stage of Foundation Establishment.

The Seven Luminaries Great Freedom Sword Scripture began operating automatically, initiating the breakthrough!

He was facing the bottleneck from the initial stage of Foundation Establishment to the Middle Stage!

Feeling the threshold of the breakthrough challenge, the Yin Yang small fish inside Lu Changsheng, while refining the Dragon Roar Origin and the Profound Yin Jade Liquid, surged into the Core Lake in his Dantian, causing the lake’s water to roil.

Simultaneously, the spiritual pressure from the outside increased, and massive amounts of Spiritual Energy swept toward Lu Changsheng to converge upon him.

“Boom, boom, boom——”

Under the influence of the Yin Yang Energies and the Spiritual Energy, the Core Lake whipped up waves and towering billows that lashed out against the Yin Yang Five Elements Foundation Base.

The bottleneck that trapped countless people, before Lu Changsheng, was effortlessly and naturally broken through.

The Mana Spirit Lake expanded significantly in an instant, with droplets of liquid mana forming.

The Dao Foundation’s jade platform burst forth with Spiritual Light, crystal clear and appearing more solid and powerful.

“This is, another breakthrough!”

By the side of the spiritual pond, with a pale face and wearing a blue dress, knees held by folded arms, Ling Zixiao sensed the tumult.

She turned her head towards the pond where Lu Changsheng, pressed by Nangong Mili, showed an expression of surprise on her face.

It hadn't been long since Lu Changsheng's previous breakthrough.

And now he had broken through again!

But thinking of Nangong Mili's Profound Yin Charming Body, she came to a realization.

The Profound Yin Jade Liquid could help break through bottlenecks during Core Formation!

For Foundation Establishment Cultivators, it naturally had great benefits, such as enhancing cultivation level and breaking through bottlenecks!

“Huh? This cultivation level, it isn't the late stage of Foundation Establishment, it's... the Middle Stage!?”

Ling Zixiao sensed the might of this mana and spiritual pressure, discerned Lu Changsheng's true Cultivation Level, and was slightly startled with an incredulous look on her face.

Previously, she had always thought Lu Changsheng was at the middle stage of Foundation Establishment!

She hadn't expected that Lu Changsheng had just broken through to the Middle Stage.

That is to say, before this Lu Changsheng's Cultivation Level was only at the Second Level!

Thinking of how Lu Changsheng, with merely Foundation Establishment Second Level Cultivation, managed to kill five Foundation Establishment Cultivators!

And among them, one was the renowned ‘Purple Robed Wanderer’ from Jiuxiao Immortal City; for a moment, Ling Zixiao didn’t know what to say.

Such combat prowess and strength were simply outrageous!

In her many years at Jiuxiao Immortal City, she had never heard of such a person!

Even the heavenly sword-wielding True Disciples of the renowned Heavenly Sword Sect perhaps didn’t possess such fighting power!

If this achievement were to be known, Lu Changsheng’s name would likely become famous immediately!

“However, such a matter, when it comes to him, seems quite reasonable.”

Ling Zixiao watched Lu Changsheng, thought about his various performances, and murmured to herself in her heart.

She felt that this level of power was not unacceptable.

After all, he had long ago ceased to be measured by ordinary standards.

Had it not been for Lu Changsheng’s usual demeanor and actions, which didn’t really resemble that of an old monster reincarnating by seizing a body.

She would’ve been tempted to suspect that Lu Changsheng was an old Nascent Soul monster reincarnated.

Meng Xiaochan, who was meditating with her eyes closed nearby, sensed this spiritual pressure and aura.

She opened her beautiful eyes, somewhat surprised as she looked towards Lu Changsheng.

She didn't expect Lu Changsheng to have broken through to the Middle Stage of Foundation Establishment already!

Although she didn't know when Lu Changsheng had made his breakthrough to Foundation Establishment.

She knew that she had been a few years ahead of him.

Having been nurtured by the Five Poisons Cult and Nangong Mili, her current Cultivation Level was still in the Third Level of Foundation Establishment.

But now, Lu Changsheng had made the breakthrough to the Middle Stage before her.

"As expected of Lu Lang!"

Meng Xiaochan looked at Lu Changsheng, her eyes full of admiration and joy.

She felt happy for Lu Changsheng and somewhat proud.

After all, it seemed she had a bit of credit for him being able to break through so effortlessly... right?

However, when she saw that Lu Changsheng seemed to be looking towards her, she immediately closed her eyes, pursed her lips, and pretended not to notice.

Before, Lu Changsheng had asked her to help hold onto the master, and then...

It had caused an unprecedented impact on her Dao Heart.

She was afraid that Lu Changsheng would continue to ask her to help hold the master again.

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“Indeed, diligent practice pales in comparison to fortuitous opportunities!”

“This is the true way to cultivate!”

Lu Changsheng, seeing how easily he had broken through to the middle stage of Foundation Establishment, showed a faint smile on his face and sighed with emotion.

In order to break through to the middle stage of Foundation Establishment more quickly, he had refined many elixirs suitable for the early stage of Foundation Establishment to advance his cultivation level.

But at this moment, they were basically unnecessary.

“Now that I’ve broken through to the middle stage of Foundation Establishment and have the Profound Origin Bead at my side, I can easily defeat cultivators at the middle stage of Foundation Establishment, and I can even start to use magical treasures,” Lu Changsheng contemplated as he looked at the Profound Origin Bead circling above his Dantian.

...

The small realm from the second level to the third level of Foundation Establishment didn’t offer a significant improvement.

However, breaking through from the early to the middle stage of Foundation Establishment had almost doubled his mana!

With such an increase, amplified by the Profound Origin Bead, his mana was almost comparable to that of a cultivator in the late stage of Foundation Establishment.

A cultivator in the late stage of Foundation Establishment could barely use magical treasures.

But because of the high consumption and the high cost of magical treasures, very few in the late stage of Foundation Establishment would use them.

At most, they would use the embryos of magical treasures.

However, Lu Changsheng had the Profound Origin Bead at his side.

Not only was the increase in mana comparable to the late stage,

but he could also store ten times more mana!

This allowed him to be more extravagant than other cultivators!

“It’s a pity that my ‘Hundred Steeds Towering Pagoda Lock’ is a high-grade magical treasure,”

“Right now I can only stimulate a lower-grade magical treasure at most,” Lu Changsheng thought of the Hundred Steeds Towering Pagoda Lock in his System Space, which he had not yet taken out.

But this magical treasure was a high-grade treasure, something he couldn’t stimulate at his current level.

Immediately afterward, he extended his divine sense.

He discovered that the limit of his divine sense had astonishingly increased to 230 zhang!

He had surpassed even those who had just broken through to the late stage of Foundation Establishment!

After briefly checking the details of his breakthrough, Lu Changsheng rubbed the smooth and full mounds of snow and circulated his cultivation technique to end the dual cultivation therapy.

“Mm~”

In her coma, Nangong Mili’s brows tightened, her dainty nose was covered in sweat droplets, her juicy lips parted slightly, exhaling an alluring, unconscious moan as soft as orchid breaths.

“Pop!”

Lu Changsheng let go of the graceful Nangong Mili and prepared to consolidate his cultivation realm.

Despite engaging in dual cultivation day and night, even with him cultivating the Hundred Refinements Treasure Body Art, his body tough as iron, and nourished with essence, the Dragon Roar Origin, and the Profound Yin Jade Liquid, he still felt fatigue.

Moderation was key to ensure lasting progress!

He sent out his divine sense to check Nangong Mili's current condition,

to see how effective his efforts during these days had been.

"The state of her physical frailty has almost alleviated,"

"Her meridians and Dantian are withered and strained, but with gradual nourishment, they should also not be a problem,"

"It's just this True Elixir, still dim and lustreless, without the slightest change..."

Lu Changsheng looked at the condition inside Nangong Mili and frowned slightly.

With such prolonged dual cultivation, Nangong Mili's condition had indeed improved a lot.

Probably after some more time, she should be able to wake up.

But as for the recovery of her True Elixir cultivation level, it would probably still be difficult.

"Forget it, as long as she can wake up, that's enough,"

"I'm just a Foundation Establishment junior cultivator; how could I understand the condition of a Nascent Soul Immortal," Lu Changsheng exhaled lightly and shook his head.

He held the fragrant soft jade in his arms and walked out of the spiritual pool.

It had to be said that Nangong Mili was truly a peerless beauty.

After many days of dual cultivation, he had yet to reach a sage-like state.

He still found Nangong Mili in his arms to be incredibly alluring, endlessly enchanting.

He was somewhat looking forward to the dual cultivation healing after Nangong Mili awakened.

“Lu Lang,”

Seeing that Lu Changsheng had finally stopped, Ling Zixiao let out a sigh of relief and approached with concern.

After all, Lu Changsheng had been healing Nangong Mili,

then had resolved his own issue with the Dragon Roar Physique,

before proceeding to heal both of them together.

Throughout it all, he hardly had any rest.

“Lu Lang,”

Seeing this scene, Meng Xiaochan also immediately went forward with a worried expression.

“I have just had a breakthrough and need to consolidate my cultivation realm,”

“Xiao Chan, watch over your master for me. After I consolidate my cultivation, I’ll continue healing your master,” Lu Changsheng spoke.

“Alright, thank you, Lu Lang!”

Hearing this, Meng Xiaochan immediately nodded and responded, taking her master into her own arms from Lu Changsheng’s embrace.

Lu Changsheng turned to Ling Zixiao and asked with concern, “Zi Xiao, are you alright now?”

After their recent session, Ling Zixiao’s condition had returned to an extremely weakened state, needing further care,

but he was still unclear about the current status of her Dragon Roar Physique.

“I’m fine, my husband, you should focus on consolidating your cultivation,”

Ling Zixiao said with a smile, indicating that her concern was not urgent.

“Alright.”

Hearing this, Lu Changsheng nodded and sat down with his eyes closed to consolidate his cultivation.

Chapter 528: Nurturing the True Elixir with Yin Yang Energies, Nangong Mili Wakes Up!_1

Lu Changsheng sat cross-legged, circulating the Seven Luminaries Great Freedom Sword Scripture.

He used the remaining primordial yin vital energy and Profound Yin Jade Liquid inside his body to consolidate his cultivation level.

After days of dual cultivation and refining, very little of the primordial yin vital energy and Profound Yin Jade Liquid remained.

It was no longer sufficient to support his continued breakthrough.

Nevertheless, Lu Changsheng was satisfied with advancing from the second level to the forth level of Foundation Establishment.

After all, most of his Profound Yin Jade Liquid was used to suppress the Dragon Roar Physique and nourish the Yin Yang Energies.

...

As the cultivation technique was fully activated, seven elegant yet fierce strands of Sword Qi emerged from Lu Changsheng's body, swirling around him and exuding a sharp and piercing aura.

"Is this... a Sword Cultivator?"

"Lu Lang is actually a Sword Cultivator?"

Ling Zixiao and Meng Xiaochan looked at each other with a mix of surprise and speculation upon seeing Lu Changsheng meditate and regulate his breathing.

The sharp and domineering Sword Qi Mana convinced them that Lu Changsheng was a Sword Cultivator.

Yet Lu Changsheng's usual demeanor, behavior, and combat methods did not resemble those of a Sword Cultivator at all.

They thought to themselves, could it be that Lu Changsheng practiced sword techniques simply because he happened to possess an excellent Sword Scripture?

"Just how many secrets does he have..."

Ling Zixiao gazed at the meditating Lu Changsheng.

Then, supporting her cheek with her hand, she studied his handsome features.

Usually, Lu Changsheng appeared gentle and refined, with a calm and detached demeanor.

Like an orchid or a noble pine, his presence was indescribably comfortable and soothing, as though one was basking in the spring breeze.

However, now as he fully activated the Seven Luminaries Great Freedom Sword Qi, his entire person revealed a sharp edge, and his eyes seemed to carry an additional hint of cold arrogance and dominance.

“Is this his true appearance?”

Ling Zixiao silently pondered.

In her presence, Lu Changsheng always behaved with genteel refinement, much like a modest gentleman.

This made her feel uneasy.

After all, she believed that a genius like Lu Changsheng should naturally be very proud.

In her view, this current sharp and arrogantly dominant demeanor was more fitting for Lu Changsheng’s temperament.

“Boom, boom, boom—”

Unaware of the women’s thoughts, Lu Changsheng fully activated the Sword Scripture, and Mana surged through his body like a raging river.

He also turned his Mental Spirit inward, inspecting his own Qi Ocean Core and Yin Yang Five Elements Foundation Base.

In his opinion, the greatest enhancement from this breakthrough wasn’t his Cultivation Level, but the foundation!

After the Yin Yang Energies devoured and refined the eight strands of Dragon Roar Origin, they also consumed and refined a considerable amount of Profound Yin Jade Liquid.

Now, the Yin Yang Energies resembled two distinct Yin and Yang fish.

Previously, the Yin Yang Energies would only merge into one to form a Yin Yang fish when they were engaged in action.

But now, in a normal state, they were nearly forming into little fish.

The Yin Yang little fish circled the five-colored Dao platform to the east, emanating an inexplicable charm.

“My Dao Foundation has become about twenty percent more robust than before.”

“If my Yin Yang Energies can progress further and fully transform into Yin Yang fish, my Dao Foundation will undergo some sort of metamorphosis.”

Lu Changsheng quietly experienced his Dao Foundation and pondered in his heart.

He felt that as long as he devours and refines enough Yin Yang Origin Source, the Yin Yang Energies will completely transform into Yin Yang fish.

At that time, his Dao Foundation would experience some kind of metamorphosis.

As to what the metamorphosis would entail, he was not clear.

But deep down, he had such a feeling.

“However, Yin Yang Origin Source is exceedingly rare; I am already fortunate to have obtained so much of it.”

“To allow the Yin Yang Energies to devour enough Yin Yang Origin Source and undergo metamorphosis will likely be very difficult.”

Lu Changsheng knew just how scarce this type of Yin Yang Origin Source was, and did not cling to expectations.

...

Nine days later.

“Huff!”

Lu Changsheng opened his eyes and expelled a turbulent breath, like a sword, stabilizing his Cultivation Realm.

“Congratulations to Lu Lang on breaking through to the middle stage of Foundation Establishment!”

“Congratulations to Lu Lang on the great improvement of your Mana.”

The two women beside the spiritual pond saw Lu Changsheng awaken and immediately smiled, offering their congratulations.

“Hehe, it’s just a minor improvement,” Lu Changsheng said with a light laugh.

“Without you guys, I wouldn’t have been able to break through.”

For Lu Changsheng, waking up to care and congratulations felt rather pleasant.

The path of cultivation is cold and lonely; one should be accompanied by a partner and a beloved!

If on the path of cultivation one seeks only immortality, and cultivates alone to the end, accompanied only by loneliness, what is the point?

“Zi Xiao, how are you feeling now?”

Lu Changsheng, flanked by the two women, sat down and inquired about Ling Zixiao’s condition.

He wanted to know how her Dragon Roar Physique was after the extraction of the eight strands of the Dragon Roar Origin.

“My Dragon Roar Physique is currently suppressed...”

“But I feel that once I start cultivating, the Dragon Roar Physique will still recover,” said Ling Zixiao, her face pale and weak, with a hint of breathlessness.

Now, as long as she takes good care of her body and refrains from cultivation, the Dragon Roar Physique would remain stable.

There would not be problems of scorching Yang energy or withered meridians and Dantian.

“Zi Xiao, rest assured, I’ll find a way to completely resolve your Dragon Roar Physique,” Lu Changsheng reassured her with a warm voice and a nod.

If before, he felt that Ling Zixiao’s condition was very thorny,

Now, with the Dragon Roar Physique subdued through the Profound Yin Jade Liquid, he was confident in resolving the Dragon Roar Physique.

Once he returns, as long as Lu Miaoge cultivates the Water of Virtue Technique to use the Taiyi True Water to adjust Ling Zixiao’s body,

To rejuvenate her frail body and withered meridians and Dantian, then it would be possible to gradually resolve it through the Dragon Invocation Technique.

Then, not only would Ling Zixiao’s Foundation Establishment strength recover, but she would also be able to continue cultivating.

Furthermore, an idea formed in Lu Changsheng’s mind.

Since the Dragon Roar Physique was so tenacious and capable of self-healing recovery,

Could he perhaps not completely eradicate Ling Zixiao's Dragon Roar Physique.

Chapter 529: Nurturing the True Elixir with Yin Yang Energies, Nangong Mili Wakes Up!_2

“

Maintaining the balance of Ling Zixiao's Dragon Roar Physique was essential to assist his cultivation.

Meanwhile, Lu Changsheng could use the Dragon Invocation Technique to continually seize the Dragon Roar Origin Source and enhance his Yin Yang Energies.

Of course, this was just an idea Lu Changsheng had.

The feasibility of it would still need to wait until Ling Zixiao's condition was resolved, after which he could ask for her opinion.

After chatting with Ling Zixiao for a while, Lu Changsheng told her to rest well and then started to chat leisurely with Meng Xiaochan.

...

Their relationship was one with a mixture of gratitude and grudges, and they didn't know much about each other.

Now that she was going to be the mother of his child, there was no escaping that fact.

It was natural for the two of them to get to know each other a little better and to develop their relationship.

Lu Changsheng held Meng Xiaochan in his arms.

He asked about the mission and chatted about Jin Kingdom and the Five Poisons Cult.

While he knew about these matters in general terms,

He definitely didn't know as much as Meng Xiaochan.

Moreover, when chatting, it's always necessary to find some topics to talk about.

Facing Lu Changsheng's initiative, Meng Xiaochan felt a bit shy.

But still, she snuggled cutely against him and answered in a gentle whisper.

Lu Changsheng found Meng Xiaochan's demeanor very adorable and pinched her delicate and fair face.

During this time, he had been in close contact with Ling Zixiao and Nangong Mili.

Both women had tall, voluptuous figures.

Especially Nangong Mili.

Her figure was sinuous and enticing, ripe and juicy like a peach, irresistibly tempting.

Holding Meng Xiaochan, who had the delicate body of a young girl, offered a different but equally delightful flavor.

As they chatted lazily, Lu Changsheng learned a bit about Jin Kingdom's culture and customs, as well as its three great demon sects.

He grasped some of the differences between the two countries.

The immortal sects of Jiang Country and the demon path sects of Jin Kingdom had their distinctions.

"Xi Yue, I'm going to check on your master's condition," Lu Changsheng said.

After chatting for a while, Lu Changsheng saw Nangong Mili at a side, dressed in a purple dress that made her slender figure infinitely tempting.

“Mm-hmm,”

Although Meng Xiaochan was reluctant to leave Lu Changsheng’s embrace,

She wouldn’t forget about her master because of it.

Lu Changsheng stood up, took hold of Nangong Mili’s wrist, and checked her condition.

During these days, Meng Xiaochan had used her mana and elixir medicines to nurture her master’s physical body and meridians.

Even though it wasn’t very effective, it still made some difference.

After examining her condition, Lu Changsheng lifted her skirt and began to heal her through massage.

A light breeze rustled, and two or three fallen leaves were carried by the wind into the tranquil spirit pond, creating ripples.

After a long time, the wind picked up again.

A tall pine tree nearby swayed in the wind, making a rustling sound.

Several pine cones fell with a clatter, dropping into the pond and splashing little waves.

...

Several days later.

Lu Changsheng, as usual, checked on Nangong Mili’s situation.

Her physical body and meridians were being nurtured and had largely moved past the critical period.

However, her Qi Ocean Core and True Elixir remained dull and lacked luster.

“By the way, could my Yin Yang Energies have an effect on a Nascent Soul Immortal’s True Elixir?” Lu Changsheng wondered as he looked at Nangong Mili’s True Elixir.

His Yin Yang Energies could cleanse and repair others’ Dao Foundations.

Initially, Xiao Xiyue’s Lunar Primordial Spirit Foundation had a tiny crack in it.

Under the baptism of his Yin Yang Energies, not only was it restored,

But it also transformed into the Lunar Primordial Spirit Foundation!

Lu Changsheng had hypothesized that the reason his treatment of Xiao Xiyue’s Dao Foundation was so effective and resonant was partly because his Yin Yang Energies originated from her.

Now, his Yin Yang Energies had also absorbed and refined Nangong Mili’s Profound Yin Jade Liquid.

Perhaps his Yin Yang Energies might have some additional effect on Nangong Mili.

Moreover, the True Elixir of a Nascent Soul Immortal had some similarities with a Foundation Establishment Cultivator’s Dao Foundation.

Both were the foundation of a cultivator!

If his Yin Yang Energies could cleanse a Dao Foundation, perhaps they could have some effect on the True Elixir as well?

No sooner thought than done!

Lu Changsheng positioned her with her back to him, rubbing her snow-white bottom until it blushed like dawn, then he transferred his Yin Yang Energies into Nangong Mili's body.

He then embraced her limp body and sent his Divine Sense into her to observe the effect of the Yin Yang Energies.

To see if they could have the desired effect on the True Elixir as he had guessed.

He saw his Yin Yang Energies swimming like two small fish slowly into Nangong Mili's Qi Ocean Core.

They then gently made their way towards the dimly lit, purple True Elixir.

Along the way, a trace of Yin Yang Energies seeped into the dull True Elixir.

"Hmm, it actually works?"

Seeing this, Lu Changsheng's hand instinctively squeezed her abundant and soft body, feeling it flow through his fingers.

He noticed that the Yin Yang Energies were nourishing the True Elixir.

But as for the effects, he wasn't sure.

This was something probably only Nangong Mili herself would be aware of.

He quietly observed the Yin Yang Energies nourishing the True Elixir.

Eventually, as the Yin Yang Energies were depleted,

The once dull and lightless purple True Elixir seemed to brighten a shade at that moment.

“It seems to have some effect.”

“Unexpectedly, my Yin Yang Energies can actually nourish the True Elixir!?” exclaimed Lu Changsheng, somewhat surprised.

He gained a new understanding of the effects of his Yin Yang Energies.

Feeling his Dao Foundation continuing to transform, he thought that in the future, his Yin Yang Energies might even be able to cleanse and repair a Golden Core!

“Pop!”

Then, he let go of the limp Nangong Mili in his arms.

Moderation leads to endurance and a long journey ahead!

Transferring his Yin Yang Energies into someone else’s body didn’t cause Lu Changsheng too much loss.

Chapter 530: Nurturing the True Elixir with Yin Yang Energies, Nangong Mili Wakes Up!_3

It would take about ten days to half a month to recover.

But relatively speaking, it still consumes a lot of mana and vital energy.

Because the Yin Yang Energies are not an endless source, they also require consumption of one’s own resources to replenish.

Moreover, to be safe and to avoid Nangong Mili seeking revenge after waking up from his treatment,

Lu Changsheng still needed to maintain his condition as much as possible.

Otherwise, after working tirelessly day and night, if he was in a weakened state and then Nangong Mili woke up and attacked him, wouldn't it be embarrassing?

...

However, he had promised Meng Xiaochan to save a life.

Having gained enough benefits himself, Lu Changsheng naturally would fulfill his duty to save that person.

After meditating to recuperate, chatting intimately with Ling Zixiao and Meng Xiaochan to foster feelings, Lu Changsheng continued healing and saving the person.

Seeing that Nangong Mili had passed the critical period and had a certain capacity for self-healing,

to help the other party recover consciousness sooner without affecting her foundation, Lu Changsheng proceeded as planned.

He performed the 'Nirvana Art,' consuming his Origin Source energy to treat and organize the hidden injuries within Nangong Mili.

"Mm~"

Under the treatment of the 'Nirvana Art,' Nangong Mili's thick long eyelashes fluttered slightly, her mouth parted to release a soft, charming sound.

Lu Changsheng, however, didn't pay much attention to this light moan.

In these days, Nangong Mili often made unconscious moans.

"Mm... Mm..."

Nangong Mili's blurry consciousness began to awaken under Lu Changsheng's intervention.

Her beautiful brows furrowed slightly, her body stiffened, and her delicate nose emitted a series of whining sounds.

“Mm ah~”

The next moment, Nangong Mili’s consciousness awakened.

Her phoenix eyes gently opened; her pupils were hazy, and from her red lips came an alluring moan that could make one’s bones go soft.

“What are you doing...”

Nangong Mili’s hair was in disarray, her cheeks flushed red like the dawn, her eyelashes trembled, and the phoenix eyes that had just opened immediately showed shock and anger.

A wave of indescribable panic rose in her heart.

Her memory stayed at the moment when the Core Formation Immortal attacked.

She had instructed her disciple, Meng Xiaochan, to use the Teleportation Talisman to escape.

But now, facing such circumstances made her feel a surge of shock, anger, and panic.

After all, she realized instantly that she was currently in a very weak state.

Her limbs were limp, her graceful body lacking the strength to move.

Her entire tall and exquisite body could only be shaken and jolted without the strength to struggle.

Coming from the Demon Path, she was fully aware that being in such a situation, it would be extremely difficult for her to escape the danger.

“Master, you’re awake!”

Just at this moment, a light and joyous voice rang out, startling Nangong Mili.

It wasn't just her who fell into someone's evil clutches!

Her disciple, Meng Xiaochan, was also in the same plight?

Thinking of her current state and being manhandled in front of her disciple, Nangong Mili's body trembled with humiliation, and a murderous intent appeared in her eyes.

"You're awake so soon?"

Lu Changsheng, seeing Nangong Mili awaken, was a bit surprised as well.

Based on his examination, he had deduced that Nangong Mili would awake only after a few more rounds of treatment.

He had not expected her to wake up now.

"Could it be due to the previous effects of the Yin Yang Energies Nurturing True Elixir?"

Lu Changsheng guessed inwardly.

He also didn't care too much.

When she awoke, she simply awoke.

Lu Changsheng remained silent for a moment before continuing to heal Nangong Mili's wounds.

He then took her pale jade foot, which had a faint blush and pearl-like toes, into his palm, introducing a new method of treatment.

"Mm~"

Nangong Mili struggled subconsciously to resist.

But the resistance was minimal.

Whether it was due to a lack of strength, or worry about being seen by her disciple, she could only allow the actions to proceed.

And after a soft whimper, she bit her snowy white teeth tightly against her red lips.

She didn't want to make a humiliating sound that might shame her in front of her disciple.

"Master, how are you feeling?"

Then, when Meng Xiaochan received no reply from her master, she continued to ask out of concern.

"Sss!"

Lu Changsheng could clearly feel that, with Meng Xiaochan's voice, Nangong Mili's whole body instantly tensed up, making him involuntarily gasp in shock as he was healing her.

"I... I'm fine... Mm~"

Nangong Mili's red lips moved slightly, her voice weak.

But a sudden impact forced a long, charming moan from her mouth.

In that instant, Nangong Mili trembled all over.

A surge of humiliation and fury rose uncontrollably in the depths of her heart!

She, a Nascent Soul Immortal!

One of the Heaven Spider Emissary from the Five Poisons Cult, one of the three great Demon Path sects of Jin Kingdom, how esteemed was her status!

And at this moment, she was being humiliated and trampled upon like this!

Nangong Mili's beautiful face was flushed red like rosy clouds, full of seduction.

But her long, narrow phoenix eyes were ice cold, filled with murderous intent.

She wanted to flay the person behind her a thousand times, tear his body into pieces, and imprison him in the Gu pit to suffer the agonizing pain of a thousand insects devouring his soul!

"Master, don't worry, Lu Lang is healing you."

Meng Xiaochan, hearing the 'crackling' sounds like dry firewood burning intensely beside her, assured her own master.

"Healing!?"

Upon hearing this, Nangong Mili's heart skipped a beat.

She wondered if her disciple was out of her mind.

But the next moment, she could feel that indeed, along with Lu Changsheng's rhythm, an origin source of vital breath was slowly entering her body, healing her.

However, this method of healing made Nangong Mili feel incredibly humiliated and enraged!

"You... let go of me, I don't need you to hea... heal me."

Nangong Mili turned to look, her disheveled hair cascading over her creamy smooth shoulders as she spoke in a feeble voice.

At this moment, the Core Formation master, whose beauty and allure were like a dream, had her fair complexion blushing and transparent, her charms rippling and ready to drip like water.

Her misty, dreamlike phoenix eyes were indeed like captivating silk threads, possessing a magical charm that engulfed one completely.

A few strands of sweat-dampened black hair clung to her pale cheeks, and her slightly parted lips added a pitiful yet enchanting allure to her appearance.

In such a state, with her weak and charmingly melodious voice, she had not an ounce of authority.

It was like an ordinary couple quarreling, as if saying, "I don't want to play with you anymore."

"Sss!"

Lu Changsheng, looking at Nangong Mili's stunning beauty and dreamlike eyes, couldn't help but shiver with cold.

Even though he was battle-hardened, facing the awakened Nangong Mili, he too felt somewhat unsteady.

"If it weren't for Xiao Chan's request, do you think I'd be willing to heal you?"

Lu Changsheng took a deep breath, his energy sinking into his Dantian, and raised his hand to strike the now crimson blushing white expanse before him, signaling her to settle down a bit.