

Training starts

Chapter 23

My training with Talia yesterday was hard and frustrating, I could barely manage to get the breeze to pick up. We spent most of the time trying to clear my mind and meditate.

Talia showed me some of her abilities. They are amazing, and she is so powerful.

She tried to reassure me that it was a slow process and it took her a long time before she managed to do anything. Clearing your mind and meditation is the first step.

She took me to spar with her to take some of my frustration out. I had no chance against her, but she said I was the best challenger she has had in a long time.

She also said I had the ability to beat any Alpha with my skills and strength. Only another special wolf would prove a challenge to me from now on.

I got up nice and early for my second session and met with everyone for breakfast, I left with Talia for our practice session.

"We will do it a bit differently today, we will start with a sparring session to get out any frustration and worries first, then calm and clear your mind. First, I have some news for you" she tells me.

"I had a little chat with Lucian yesterday. He called to get my help with a problem" she says

"Does he know I am here," I ask, worried

"No he asked, but he won't find out anything from me. He seems quite desperate to find you and rather regretful for his actions" she states calmly.

"I am sure he is. He should have been given the proof yesterday of my innocence. It is a bit late now" I snort

"I know, anyway she is in the cells, and her father is not happy about it. The fact that he was involved needs to be addressed. My Beta and warriors will be arriving with him later on today to place him into custody. I have asked Lucian to keep a hold of the daughter for now, which should keep him busy and away from here for now as we train and plan things. I will have to get her brought here at some point, and he will want to be present for their sentencing, but we will deal with that later" she tells me.

"I am a bit surprised he is wanting them punished, to be honest" I say

"I am not. He is finally seeing clearly. He was warned by me a couple of years ago. Unfortunately, the moon goddess speaks in riddles, and he couldn't work out the warning or who it referred to in time. He is now filled with guilt, desperation, and loss. He will feel worse after his new message I passed to him, but that is for another time. I will tell you when the time is right" she says, confusing me more.

"For now, we fight, so you can get him out of your head" she tells me, getting into position.

We spar for an hour non stop, it is really effective as I can only think about her next attack and how to best her. I manage to get the upper hand a couple of times and even pin her twice, but she always manages to get out of it.

"That was excellent work Aurora, you are a fantastic warrior. How your father can be so blind I will never know" she says, laughing.

"So you have the pleasure of knowing him" I say sarcastically.

"Oh yeah, him and his lovely wife never met a nicer couple. I tell you those two deserve each other" she says, rolling her eyes, making me snort out a laugh.

She is so down to earth, I mean she is a Queen and most Alpha's and Luna's are not this relaxed and down to earth, I really like her.

"Tell me about it, wait until you meet my sister she got the best of both of them"

"I can't wait" she says as we both laugh.

"Right well let's sit, clear our mind, and meditate. When your head is fully clear and you are relaxed, I want you to feel the air on your skin, then concentrate on the power within using Athena to move the air around you" she explains.

I do as she asks, closing my eyes and shutting down my thoughts, I connect myself to Athena as we both relax to feel a sense of calmness envelop us. I feel at one with her as we feel the air touch our skin, not sure what to do really. I started to imagine it brushing past me and encircling me.

I start to feel as if a breeze is going by getting stronger and stronger as we imagine it getting faster.

"Open your eyes, Aurora, but keep a hold of your thoughts and calmness" Talia instructs.

I open my eyes and see myself encased in a wind cylinder, not quite a twister, but you could see the air moving around me.

"Now start to slow it down to a stop" Talia instructs.

I imagine the air slowing down and settling back down to normal as it slowly stops moving around me and goes back to nothing. I jump up excited.

"That was great. It won't take you long to master air now that you have managed to manipulate it" she tells me.

We spend a couple of hours practising a few different things with my air ability. Some things are easier than others. I need a lot of practice to improve each one, but Talia says they will improve quickly now that I have gotten the hang of it.

It takes me around a week to get strong in most of the different parts of it. Talia has now taken to shooting arrows at me to stop with my air. She also roped Shawn in to shoot at to motivate me more, having the Kings shoot at him too, so I have multiple targets.

I ended up raising him and putting them into a mini tornado, much to Talia amusement.

"Now that's what I want to see, no point knocking down the arrows when you can disable the source" she says, laughing at her dizzy mates.

The next thing she wants me to do is to call on the rain so I can build up to a storm and lightning. For this, I need more than calmness, I need to tap into my anger without letting it consume or overtake me. I need to focus and control it, or it will control me, and the storm will go everywhere instead of where I want it directed.

Calling something is harder than manipulating something that is already there.

If it is raining, I can easily increase it or remove it with practice, but I need to bring it from no where also.

This is the challenge I need to overcome. Talia said this was the hardest part for her it took her a week to get a spark and another week for a small ball to appear. It was a month and a half in total to grasp her real power fully.

I am glad I have her to guide me. She had no one to help her. She had to figure everything out for herself. At least I have someone who has been through it before to give me tips on how to go about it.

"So now we have tortured these boys for a while. How about we watch the stuff Lucian sent then have a chat with Beta Jerry? I think a week alone in the cells is long enough to stew" she asks me.

"I would love to come" I reply

"Right let's shower, then we will meet in my office. We can have lunch there while we watch the videos" she suggests.

"Sounds good" I reply.

"Queen Talia, would it be ok if I joined you? I would like to see Jessica's interrogations and observe her fathers" Shawn asks.

"That's fine, just stay back and don't get involved" she agrees.