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The next morning.

After learning that Matthew's wife was about to arrive in Cathay, some of the disciples from hidden sects deliberately delayed their return by a few days.

They planned to hold a welcoming banquet for Mrs. Larson, which also served as an event to see their companions off.

As for the banquet, Matthew personally took charge of the preparations, which consisted of herbal cuisine. For that reason, the disciples from the hidden sects volunteered to prepare various ingredients for Matthew. The bustling scene livened up the entire backyard again. But at this moment, an unexpected guest arrived.

"Mr. Kozak, you can't enter Renew Pharmaceuticals' courtyard."

"Get lost! Do you know who I am? If you stop me again, I promise you won't be able to make a living in Cathay."

"Mr. Kozak, this..."

"Go away, you ignorant fool."

After pushing the staff away, Emmanuel strode into the courtyard, where he saw Matthew rolling up his sleeves and squatting on the ground.

In the meantime, Matthew was handling various ingredients needed for the herbal banquet. Moreover, his clothes were soaked, making him look extremely destitute.

"Hey, isn't this Dr. Larson? What happened? Did you get eliminated from the Holy Doctor Competition and end up doing odd jobs?"

Seeing Matthew's appearance, Emmanuel couldn't help but feel proud.

After he failed to fulfill his promise to Tritus about hindering Matthew from getting his medical qualification certificate, he was dismissed and lost the reward Tritus promised.

Helpless, he had to leave Cathay and seek refuge with his senior, Casper Gallagher.

Since he had a master's in conventional medicine, his abilities were not too shabby. Moreover, after working in one of CAUMP's branches, a medical association, for several years, he had some practical experience in various alternative medicine practices.

By combining conventional and alternative medicine, Emmanuel surprisingly developed well overseas.

Later, he passed the interview at Gallagher Medical Group and became a manager-level executive. He had made a huge reversal, and his situation was getting better.

Those various encounters made Emmanuel gradually get carried away. That was why he volunteered with the excuse that he was familiar with the place when Casper announced his plan to visit Cathay to meet with the new Holy Doctor.

When he landed here, he came straight to find Matthew, ready to settle the old scores. But Matthew was confused when facing Emmanuel's arrogant appearance.

Do I know this guy?

After thinking for a while, he discovered that he had no impression of Emmanuel at all, so he shook his head and asked, "Who are you?"

On the other hand, Emmanuel thought that Matthew was pretending not to know him.

"Oh, pretending to have amnesia? Weren't you very arrogant before? Stop pretending. Even if you had forgotten about me, I still remember you. I wouldn't have been in such a sorry state if it hadn't been for you. But of course, I have to thank you too. If it weren't for you, I wouldn't be where I am today." Since he had Just gotten off the plane, Emmanuel didn't know that Matthew had won the Holy Doctor Competition, but seeing Matthew's destitute appearance gave him the idea that this was a good time for his revenge. However, Matthew didn't intend to pay any attention to the sarcastic man.

Has he gone crazy?

"Well, I'll take that as a compliment!" After giving a faint reply, Matthew continued to wash the ingredients in his hands.

Emmanuel's sense of satisfaction that had just been aroused instantly disappeared.

The impact of his words was weak, causing him to feel uncomfortable, and his previous feeling of pride turned into anger.

Seeing that the other party was ignoring him, he stepped forward and kicked the plate in front of Matthew. "I am now the manager of Gallagher Medical Group. As long as I say the word now, you will no longer have any place in Cathay!"

After speaking, he raised his foot and ruthlessly stomped on the scattered herbs on the ground!

However, he didn't notice that the atmosphere around him was becoming colder and colder.

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While Emmanuel was in high spirits, Roland and the others returned from grocery shopping and discovered a stranger standing before Matthew, seemingly showing off his brilliance and oblivious to the gloomy expression on Matthew's face.

"Who are you?"

Following Roland's reprimand, Emmanuel finally stopped what he was doing.

Before leaving Bainbridge, he had heard about Renew Pharmaceuticals and that it was the place for disciples of the hidden sects to stay. Therefore, it was clear that the people in the backyard were participants from various hidden sects.

Emmanuel had restrained his temper when it came to dealing with these kinds of people.

"I am Emmanuel Kozak from Gallagher Medical Group. I have some personal grievances with this kitchen helper, Matthew Larson. I hope you all can give us a moment."

He deliberately emphasized that he was from Gallagher Medical Group, which was one of the top 500 companies in the world so that the disciples from the hidden clans would be wary of him. After all, judging from Matthew's destitute appearance, he must not have much of a status among this group of people. Therefore, they wouldn't offend him for the sake of a kitchen helper.

Just as he finished speaking, Roland quickly stepped forward and stood before Emmanuel.

"F*ck you!" He cursed.

The next moment, Emmanuel felt a sharp pain in his nose before his whole body flew out and crashed heavily into the corner of the wall.

The intense pain made Emmanuel instinctively cover his head and howl in pain. Tears mixed with snot flowed continuously down his face as he threatened.

"Ah, you're done for. How dare you hit me? You're dead!"

Emmanuel threatened, but it did not affect the others, especially Roland.

Seeing that the other party was still so stubborn, Roland had the urge to approach the other and deliver several slaps. in the end, he gave up after seeing Matthew shake his head.

Instead, just squatted down and warned, "I don't know if I'm going to be dead, but you have destroyed the Echinacea, Goldenseal Root, Borage, and many others we brought back. According to market prices, you need to compensate us with 57 million. Of course, I will also compensate you for the medical expenses!"

Although Emmanuel was a conventional medicine practitioner, he was selfproclaimed to know most of the precious alternative medicinal materials. The few medicinal materials Roland mentioned were indeed priceless treasures.

Upon hearing the amount he needed to compensate, Emmanuel felt his heart skip a beat, and the pain in his nose bridge seemed to lessen.

His annual salary was barely 300 thousand dollars. Even if he sold himself, he still couldn't come up with so much money.

"This can't be. This is impossible. Isn't this guy just a kitchen helper? How can he even come into contact with such expensive herbs? You must be extorting money. Yes, that's it. You must be extorting money," Emmanuel argued, his face turning red.

Following Emmanuel's argument, Roland raised his arm again. "You're unrepentant. How could you still call him a kitchen helper? I wasn't planning to beat you up, but blame yourself for being stupid."

With a crisp slap, a palm print appeared on Emmanuel's face, but when Roland was about to deliver the second slap, a voice suddenly came from behind them.

"Stop!"

Everyone turned their gaze toward the voice and saw a middle-aged foreign man standing at the entrance. His burly figure seemed to be about to burst out of his brand-new suit, but his appearance was refined and elegant.

When Emmanuel saw who it was, he immediately broke free from Roland's grip and crawled toward the man, pleading, "Mr. Gallagher, you have to help me. I just wanted to catch up with Matthew but didn't expect these young people to falsely accuse me of damaging their medicinal materials and demand nearly 60 million as compensation. These things aren't worth that much. They're just trying to extort money!"

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Looking in the direction Emmanuel pointed, Casper saw a bunch of trampled herbs on the ground, and his expression fell involuntarily.

Although he was not proficient in alternative medicine, he could still recognize some medicinal herbs. Those precious herbs on the ground would fetch a much higher price if put on the market. Then, he looked at the young man who seemed like a kitchen helper with his rolled-up sleeves, and a hint of surprise suddenly appeared on Casper's face.

When he arrived in Cathay, he immediately went to Gallagher Medical Group's Bainbridge branch. After learning every detail about the new Holy Doctor, he immediately rushed to Renew Pharmaceuticals.

Originally, Casper thought the new Holy Doctor would be very proud and difficult to meet with. After all, young people were always full of themselves, and with such excellent achievements, it was natural for him to be proud.

But he didn't expect to bump into the other party right after entering the courtyard. Moreover, if it weren't for the detailed information and photos, he would never have thought that the calm young man in front of him, whose clothes were stained with water, would be the newly promoted Holy Doctor of Cathay.

His thoughts spun around quickly, and he adjusted his suit before quickly approaching Matthew.

Meanwhile, Emmanuel stood to the side with a nosebleed and tears streaming down his face. Coupled with his incessant chatter, Casper couldn't be bothered with him.

"Holy Doctor Larson, hello... I am Casper Gallagher. It's nice to meet you for the first time!"

After hearing Casper's self-introduction, the crown prince of Mightwater was amazed because Gallagher Medical Group was not only one of the top 500 companies in the world but also one of the top fifty global medical companies. Also, Casper Gallagher just happened to be its CEO.

Since Emmanuel was not far away from them, he instantly felt his head buzz when he heard how Casper addressed Matthew.

Kitchen helper?

Matthew Larson?

The Holy Doctor?

How is this possible?

Casper had given up several projects worth billions of dollars and came all the way to Bainbridge just to meet Cathay's new Holy Doctor. However, never would Emmanuel have guessed Matthew was the new Holy Doctor.

Remembering his disrespectful behavior toward Matthew just now, Emmanuel knew that if Casper's plan failed because of him, his and would be more miserable than being expelled and forced to retire by the Medical Association.

At that thought, he felt cold sweat start to trickle down his forehead.

Meanwhile on Matthew's side, he politely returned the greeting when he saw the other party extend his hand.

Compared to Emmanuel, Casper's behavior and demeanor were more elegant. Though he had an extremely high status, he was low-key and approachable, which gave Matthew a good first impression.

However, Matthew was a bit puzzled by the sudden approach from such a big shot. Reasonably speaking, there should not be any interactions between them.

Noting Matthew's confusion, Casper explained, "I apologize for the intrusion. Actually, I have a favor to ask. Can you spare some time for a conversation?"

But as soon as he finished speaking, Matthew shook his head without hesitation. "I'm sorry, Mr. Gallagher, but I still have some important matters to attend to. What's more, your employee has completely destroyed the precious ingredients for my herbal cuisine, so I need to prepare new ingredients. You may take a seat if you can wait a while. I apologize for the inconvenience..."

Just as Matthew Larson was about to leave, he suddenly thought of something and turned his head and spoke to Emmanuel, who was standing not far away, still bleeding from his nose. "Oh, by the way, Emmanuel. Have you decided to compensate or spend the rest of your life in the Martial League's prison? I remember the last person causing trouble at Renew Pharmaceuticals had quite a miserable ending."

After speaking, Matthew turned and left, leaving a gloomy Casper standing there.

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At this moment, Emmanuel wished he were invisible if possible, but Matthew still called out his name.

"What happened?" Perhaps due to anger, Casper's voice sounded a bit hoarse.

Emmanuel couldn't help but want to slap himself a few times.

If only he hadn't behaved so recklessly. If only he had investigated this matter beforehand, then he wouldn't have caused such massive trouble. However, no matter how much he regretted it now, he had to answer obediently.

After Emmanuel explained everything in detail, Casper was less angry. "This is your personal grudge. As an outsider, I'm in no position to intervene. Mr. Emmanuel Kozak, thank you for contributing to our company during your time here. Also, a friendly reminder. They didn't extort you. The market value of those precious herbs you destroyed is more than 60 million, so you'd better watch out!"

Upon hearing that, Emmanuel breathed a sigh of relief.

Everything would be fine as long as Casper didn't hold him responsible for that incident, but after careful consideration, Emmanuel suddenly panicked.

Is Mr. Gallagher implying that I have been dismissed?

When he thought about the nearly 60 million in compensation, he instantly turned ashen. "Casper... Casper, you can't abandon me like this."

To Casper, nearly 60 million was just a drop in the bucket, but to Emmanuel, that amount was like an astronomical figure.

Just as he was about to rush up to Casper and beg for mercy, two black-clad bodyguards suddenly appeared behind him and pinned him to the ground.

"How dare you attack Mr. Gallagher.'

One of the bodyguards raised his arm, but just as his fist was about to land on Emmanuel, Casper suddenly stopped him.

"Since we were colleagues, there's no need to end things so badly. Take him out and throw him into the sea!"

But considering they were in Cathay's capital and doing so might cause unnecessary trouble, Casper changed his order. "Forget it. Just throw him out..."

As soon as he finished speaking, the two bodyguards dragged Emmanuel out as if carrying a bag of trash, no matter how much Emmanuel struggled.

On the other hand, since few of the medicinal herbs had been damaged, Matthew had to prepare them again.

In fact, it wasn't that he didn't want to stop it. But sometimes, mentally tormenting the opponent was more effective than killing them.

Since money was no longer necessary for Matthew, he thought mentally destroying someone with ill intentions toward him for a dish was a good deal. However, when Matthew had just walked out of the kitchen and arrived in the courtyard, he noticed Casper hadn't left.

Instead, there were several unfamiliar black-clad men behind him. "My apologies, Mr. Larson... Regarding the incident of my employee, no, former employee, damaging your ingredients, I am deeply sorry for this. Therefore, I have specially prepared some new ingredients and herbs for you. I hope you will accept them."

As he spoke, the men behind Casper opened the boxes in their hands one by one, revealing the ingredients Emmanuel had destroyed. Also, there was double the amount of ingredients.

Huh? What's this?

Nothing comes for free, so what's the catch?

With Casper's identity, he didn't have to do this, yet he did, and that puzzled Matthew.

What kind of favor could make the other party lower their status like this?

"Mr. Gallagher, this is unnecessary. You didn't destroy my ingredients..."

But Casper shook his head. "But he was once my employee, wasn't he?"

Matthew wasn't a petty person, either.

Since the other party had shown his attitude, he would not dwell on that small matter anymore. "Alright, but I do have something important to attend to now. So if you have other matters to handle, you can go ahead. I still need quite a while."

Matthew wasn't being pretentious because today's lunch was not only a farewell for his companions but for entertaining some distinguished guests too.

"It's alright, Mr. Larson. You can go ahead. All you have to do is provide me with lunch."

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Upon hearing these words, Matthew immediately understood what was going on.

It seemed there was indeed an urgent matter. Otherwise, the other party wouldn't have personally come to his door and even offered to wait on-site until Matthew had time to spare.

While Casper was feeling anxious, Matthew was equally as anxious.

That was because just as Casper was joking, Matthew received a call from his distinguished guest.

"What? You're already in the car? Did the plane land early? Well, that's unprecedented. Alright, drive slower. I'm not ready yet."

After hanging up the phone, Matthew quickly took the ingredients and excused himself. "Mr. Gallagher, please excuse me."

Then, he hurriedly ran back to the kuchen.

Meanwhile, Casper watched Matthew's fiustered appearance and couldn't help but be curious. He wanted to know what kind of person could make this young man so restless.

Just as he was pondering, his assistant walked up to him. "Mr. Gallagher, are we letting this kid get away with disrespecting you like this? Shouldn't we..."

Before the assistant could finish speaking, Casper turned around. "Are you trying to teach me how to do things?"

His cold gaze was like a sharp sword piercing the assistant's heart, and the latter couldn't help but shiver and immediately said, "I dare not!"

"Do your own job. You're not needed here, so step aside," Casper said.

After that, the black-clothed men obediently stepped back, leaving only Casper sitting calmly in front of the courtyard's stone table without saying a word.

As for the disciples from the hidden sects, they were bustling around at Matthew's command. "Lola, come help me clean the chicken."

"Roland, we need more fire..."

"Easton, have you finished refining the concoction? I need it urgently."

It was the first time Casper had ever seen such a scene, and he couldn't help but be curious about Matthew. Though arrogant, Matthew was close with his peers and treated them like brothers. On the other hand, he completely ignored Casper, a person of great importance.

That man is really interesting!

Casper observed everything around him with great interest.

Gradually, various fragrances wafted through the courtyard. "Wow, it smells so good?"

"Matthew, is it ready yet? I'm hungry!"

"I'm hungry too. Can we start eating?"

"What are you talking about? All you think about is food. Mrs. Larson hasn't arrived yet. Be patient."

Even Casper, who had always been calm and composed, couldn't help but feel his stomach growl while salivating at the strong aroma.

If he hadn't seen the information about Matthew beforehand, he wouldn't have thought that Matthew was a master chef. Then, Casper widened his eyes when a perfectly golden, tender-looking chicken passed before him.

Just by smelling the aroma of that delicacy, he felt the fatigue from his long journey lessen slightly. "Am I dreaming?"

As one delicious dish after another was served on the table, footsteps could be heard outside the courtyard.

Upon receiving Matthew's invitation, Brittany, Roxanne, Leanna, and others arrived one after another. On the other hand, Emmanuel, who was thrown out of the courtyard, stood up with resentment and dusted himself off.

"Just you all wait. Some day, I will make you suffer!"

However, as soon as he finished speaking, a voice came from behind him.

"Hello, are you Mr. Emmanuel?"

Seeing him nod, several members with the Martial League logos on them approached him. "We have received reports of you causing trouble, provoking others, and damaging someone else's property. Please come with us..."

The spark of hatred in Emmanuel had just ignited but was completely extinguished the next moment.

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Exotic delicacies filled the round table, and fragrant dishes were everywhere the eye could see.

After the last dish was served, Matthew didn't even have time to take off his apron before rushing out of the courtyard.

At that moment, a luxury car also slowly came to a stop.

"Mom and Dad, you must be tired. Everything was happening at the same time, so I couldn't come to pick you up..."

Helen and James didn't mind that. "It's okay. You have a different status now, so being busy is normal."

Since Matthew won the Holy Doctor Competition, Helen hadn't stopped smiling. Not to mention the constant praises she heard, the various extravagant gifts sent to their door by acquaintances and strangers had almost filled the entire villa.

"Not bad, young man. I kept misunderstanding you before, but I didn't expect you to be so capable." James also patted Matthew's shoulder with satisfaction.

The pharmacies the couple owned in Eastshire and Stonedale used to develop smoothly, but as the pharmacy continued to expand, they began encountering some obstacles. After all, they were violating other people's interests.

Therefore, it was inevitable for them to encounter various obstacles. But now, things were different because when those who had previously targeted Cunningham Group learned that the Cunningham's son-in-law was now the newly crowned Holy Doctor of Cathay, they rushed to Eastcliff overnight to apologize in person.

Only after the couple explained that they were going to Bainbridge to see Matthew early the next morning did the reluctant gift-givers and apologizers leave.

"Mom and Dad, I was just lucky..."

No matter what happened in the past, they were still a family. It was the best scenario that everything was fine.

"By the way, didn't Chloe come with you?" Matthew asked when he saw that his sister-in-law was not among the group.

At the mention of her younger daughter, Helen's face darkened. "She wanted to come to Bainbridge with us, but someone from the family had to stay behind to look after the pharmacies and company. We can't fully entrust them to outsiders."

After listening to that, Matthew nodded.

Yes, that was the true nature of his mother-in-law.

Just as James was planning to have a good chat with his newly successful son-in-law, Matthew's wife, Sasha, cut in. "Alright, alright. Didn't you say on the plane that you were starving because you didn't have breakfast? Did your hunger disappear now that we're here?"

Helen's face couldn't help but darken. "You little brat, you shouldn't be exposing someone's shortcomings."

As she spoke, she raised her hand, wanting to pinch Sasha's ear. Sasha was startled and giggled before quickly hiding behind Matthew.

"Mom and Dad, I've prepared a feast. Shall we eat?"

Following that, Helen stopped in her tracks. "Hmph, you two work well together. Come on, James. Let us famished souls head over to eat so that we won't bother the youngsters."

After that joke, the Cunningham couple headed to the courtyard under the lead of the crown prince of Mightwater, leaving Matthew and Sasha alone.

The two stared at each other for a long while before saying in unison, "You've lost weight!"

Matthew cupped his wife's face with a happy smile and looked at her affectionately. "You must have been exhausted during this period."

Following Cunningham Group's constant development, Sasha naturally had more things to deal with. It was indeed difficult for a young girl who had just taken over the company to handle everything. "It's fine. I have help from Master Tiger and Stanley, and the ten great families from the two provinces have paved the way for us. Everything is going smoothly. It's just that things are complicated and a bit tiring."

As Sasha spoke, she walked up to Matthew and gently rested her head on his chest, feeling the warmth and tranquility of his embrace.

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Under the fall breeze, the temperature grew colder.

The two embraced tightly under the bright sunshine.

Matthew glanced down at his wife in his arms with his eyes filled with deep affection. When their eyes met, Matthew was about to lower his head but then thought of something.

"How long are you going to keep peeking, young lady?"

Inside the car, a pair of large eyes secretly watched the couple while hiding behind the seat.

Seeing that Matthew had already noticed her, Natalie stuck out her tongue. She hopped down the car and skipped over behind Matthew's back before humping onto his shoulders.

"Matt, did you miss me?"

After releasing his wife, Matthew could only pat Natalie's hand on his back dotingly. "Of course I did. I missed you a lot!"

"Hmph, I knew it!" Natalie tightened her arms around Matthew's neck even more and refused to come down, no matter what.

Since that was the case, Matthew could only hold his sister with one hand and his wife's hand with the other.

Meanwhile, when the crown prince of Mightwater brought Matthew's parentsin-law to the courtyard, the group of young people greeted them warmly. "Mr. and Mrs. Cunningham, hello. I am Roland Schmidt from Shrewsdon Valley Sect. I'm good friends with Matthew, so you can call me Roland."

"I am Easton Barnes..."

After everyone introduced themselves individually, Helen replied faintly, "Hello..."

At the same time, she secretly pondered in her heart. Looking at the attire and appearance of these people, they didn't look rich at all. They seemed to be trying to establish a relationship with her son-in-law, Matthew, who had just made a name for himself.

On the other hand, the decently dressed foreigner in the yard seemed to be someone with status, but that man was probably here to ask Matthew for help, so there was no need to pay too much attention to him.

With that thought in mind, she and her husband took their seats. As for Roxanne, when she saw Helen and James, her expression noticeably changed. Her previously smiling face became gloomy.

When Matthew entered the room, he set his little sister down and greeted everyone. "Don't stand around. Please have a seat. We're all family, so there's no need to be so polite."

"Mr. Gallagher, if you don't mind, let's have a meal together!"

Casper naturally wouldn't refuse such an invitation. He couldn't count the times he was surprised while sitting in the courtyard earlier.

All kinds of precious herbs and spiritual fruits seemed to be worth nothing to Matthew. That spendthrift kept throwing them into the pot without proper reason.

If Casper hadn't experienced many situations, he would have freaked out long ago. That was such extravagant and wasteful behavior.

Did he need so many precious herbs to make one dish?

"Thank you for your hospitality, Mr. Larson, and who is this?"

After Casper stood up, he noticed the woman next to Matthew. Though he had seen countless beautiful women worldwide, this was the first time he had encountered such a delicate and beautiful woman.

"This is my wife, Sasha Cunningham..."

"This is Casper Gallagher..."

Sasha's eyes lit up. "Hello, Mr. Gallagher. I've heard a lot about you. I didn't expect to meet you here today."

Both were involved in the medical industry, and Casper's name resounded throughout the industry.

Gallagher Medical Group rarely dealt with alternative medicine, but in terms of conventional medicine, their business covered almost the entire industry, including experiments, research and development, equipment, hospitals, conventional medicine, and so on.

According to industry rumors, Gallagher Medical Group was about to enter the clinical beauty industry, an emerging market. Their new anti-aging injections had already been introduced to the market. Just one injection was nearly 300 thousand. It was a completely lucrative new market.

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What was most astonishing was that even in the face of such an expensive anti-aging injection, women worldwide still flocked to it.

It was said that orders for those injections were already booked until the following year's summer, with a tendency to extend even further.

That pushed Gallagher Medical Group's popularity to its peak.

"Hello, Miss Cunningham. It's an honor to meet you. You are truly a beautiful and charming woman." Casper performed a standard gentleman's greeting while speaking. While shaking Sasha's hand, he had originally planned to kiss her hand, but when he saw Matthew's gloomy face, Casper suddenly remembered something and stopped his action.

Seeing this, Sasha couldn't help but smile.

Stingy man!

Back at the banquet, everyone had been waiting for a long time. When Helen saw Matthew was still chatting, she hurriedly approached him and urged, "We are all starving. Let's talk later."

After speaking, she pulled Matthew toward the banquet.

"Mr. Gallagher, let's take our seats."

Smiling awkwardly, Casper followed them to the table.

In front of him was a large round table filled with various dishes, all of which were herbal dishes Matthew made himself. There were roasted turkey breast with greens, citrus braised chicken, chicken popcorn, braised beef, pork stew, and many others.

The table was filled with a variety of delicious dishes and a fragrant aroma.

Seeing the feast, the disciples from the hidden sects couldn't help but salivate.

"Let's toast to Matthew's in-laws," Easton proposed, and everyone raised their glasses.

Being the guest of honor, Helen, though reluctant, still pretended to be polite and raised her glass in response for the sake of her son-in-law.

But after sitting down, she couldn't help but whisper to Matthew, "Matthew, what are the Shrewsdon Valley Sect, the Mountain Breeze Sect, and the Seaside Pavilion?"

Although most of them have introduced themselves, hidden sects like the Shrewsdon Valley Sect and the Mountain Breeze Sect would only appear publicly if something major was happening, like the Medical Saint Conference or the re-election of the Martial League. Therefore, Helen didn't know about those sects. In addition, Roland and others only briefly mentioned their sects' names without explaining their status and strength. That was why Helen thought they were from minor forces.

Upon hearing his mother-in-law's question, Matthew patiently explained, "The Shrewsdon Valley Sect is the largest supplier of rare medicinal herbs in Cathay. The Mountain Breeze Sect mainly produces and forges alchemy equipment and are the top-tier manufacturers of our time."

After Matthew introduced all the major hidden sects one by one, Helen's eyes suddenly lit up.

They were all top forces that were isolated from the world. Then, Helen couldn't help but sit up straight, feeling particularly comfortable in the main seat. Most importantly, she saw that even with the support of such powerful forces, those people still respected her son-in-law. Just thinking of that made her even prouder.

"Don't just sit there. Let's start our feast. Don't be shy, and make yourselves comfortable."

Since this was a private gathering, Matthew didn't invite other elders except for his parents-in-law. So, Helen and James had the highest seniority at the banquet.

After Helen finished speaking, the disciples from the hidden sects finally started eating.

"Here, Sasha, this is jasmine chamomile tea, which is great for relieving fatigue," Matthew said as he handed the tea to his wife.

As soon as the tea was placed in front of Sasha, the group led by Roland immediately started making a fuss.

"Matt, I want some too. Can you pour me a cup too?"

"Yeah, Matthew, I also want to try some."

The others spoke with sweet voices that sounded quite flirtatious.

Their teasing made Sasha blush even more, but the more shy she was, the more they teased her.

Laughter and joy filled the air as the conversation continued.

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Casper had never expected that he would attend someone else's banquet one day and be with a bunch of strangers. But this was not his choice.

Two days ago, their company received a distinguished patient, the second son of the national leader from a foreign country called Drioca.

The prince was already in critical condition when he arrived. But with Casper's superb medical skills and top-notch medical equipment, he managed to save the prince's life. However, that was not a long-term solution.

After searching for renowned doctors from various countries without any success, Casper had no choice but to turn his attention to Cathay, the birthplace of alternative medicine.

Coincidentally, the Holy Doctor Competition had just ended, and the new Holy Doctor had been chosen after four years. That was why he came all the way to Bainbridge.

His purpose was to meet Matthew and seek his advice on the prince's stubborn illness. As he thought about all this, Casper couldn't help but reach for the utensils in his hand and taste the delicious delicacies before him, especially the glossy-looking chicken.

Once he took a piece of juicy chicken breast and placed it in his mouth, his nostrils were filled with a strong aroma. The meat was tender, juicy, and not greasy at all. Also, the chewy texture felt like a massage for his teeth.

While savoring the taste, Casper couldn't help but exclaim, "Mr. Larson, I have traveled all over the world and tasted countless delicacies. But the way you cook this simple chicken is truly unique..."

As he spoke, his eyes suddenly lit up.

After finishing the whole piece of chicken, he suddenly felt a warm feeling coming from his hara and flowing throughout his body, followed by his physical and mental fatigue quickly dissipating.

"What..."

The effect he felt from the aroma was not an illusion. The chicken dish could indeed eliminate fatigue.

Seeing Casper's astonished expression, Matthew smiled lightly. "Mr. Gallagher, you should also try the chicken soup. The essence of the whole dish is in the soup..."

Having personally experienced the magical effects of this dish, Casper naturally believed Matthew's words without hesitation. Without further ado, he filled a bowl with chicken soup.

After just half a bowl, Casper felt all his fatigue completely disappear, and all the pores in his body were wide open. He felt completely refreshed and thoroughly relaxed, like he had just come out of a sauna.

"Mr. Larson, if I may ask, where can I buy this chicken? I want to purchase a large quantity. Of course, the price is up to you!"

The effects of this ingredient completely surpassed any ordinary medicine, and as a prominent figure in conventional medicine, Casper knew that medicine was also poisonous. But he had no concerns about this chicken because it was just a chicken.

What harm could it do?

Sitting beside him, Matthew smiled and shook his head when he heard the question. "Mr. Gallagher, I think you have misunderstood. The chicken itself doesn't have any effects. It just tastes delicious. The key lies in the medicinal herbs it was cooked with. That is how herbal cuisines are cooked."

Casper was even more confused when he heard "herbal cuisine." "Mr. Larson, to be honest, I have tasted many herbal cuisine dishes before. But without exception, aside from the bad taste, the overpowering smell of the herbs was unbearable. Not to mention their lack of effectiveness."

Seeing the distaste on Casper's face, Matthew could only secretly laugh.

It seemed like Casper had been deceived many times.

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Since no one was talking at the dining table, Matthew took advantage of the opportunity to explain to Casper and the several other disciples from hidden sects, "The theory of herbal cuisine can be divided into two categories. The first one is edible medicinal cuisine. We incorporate herbal ingredients such as wolfberry, ginger, and ginseng into our daily cooking. Although this method is effective, the results are not very significant..."

"The other type is what alternative medicine practitioners call herbal cuisine. Herbal cuisine combines the principles of alternative medicine, culinary arts, and therapeutic care. By strictly following herbal cuisine recipes, we combine the essence from medicinal herbs with food ingredients. Then, we use Cathay's unique cooking techniques to combine the two, creating a dish that harmonizes the color, aroma, taste, shape, and medicinal properties..."

"We use medicine to enhance the taste of food while the food conceals medicinal properties. The dishes cooked with this combination are delicious and beneficial for health."

Suddenly, Casper interrupted and asked, "Mr. Larson, if what you said is true, wouldn't these food ingredients be unnecessary?'

He wasn't just nitpicking.

After all, if the essence of the herbs had been extracted, wouldn't it be more convenient to consume them directly?

Why would they need to go through the process of cooking?

"Mr. Gallagher, you have misunderstood the meaning. Alternative medicine emphasizes the five elements and five flavors. Sour enters the liver, bitter enters the heart, sweet enters the spleen, spicy enters the lungs, and salty enters the kidneys. These ingredients are not just delicious food but also medicinal catalysts..." "Furthermore, both alternative and conventional medicine theories state that medicine has 'toxicity.' After combining these ingredients, the harmful toxins in the medicinal herbs will naturally be expelled from the body along with the food."

As Casper listened to Matthew's explanation, his eyes became brighter. "Mr. Larson, what is the core of this theory?"

At that moment, Matthew's expression turned serious. His conversation with Casper was not just a simple explanation. It was also a clash of cultures between alternative and conventional medicine.

After a brief silence, Matthew suddenly put down his utensils and said solemnly, "Medicine and food have the same origin, and diseases have the same causes. The patient is his best medicine!"

Once those words were spoken, the disciples from the hidden sects, who were listening with great interest, also fell into deep thought as if they were savoring the meaning behind what was said.

As for Casper, his whole body trembled. "The patient is his best medicine!"

While repeating these words, he suddenly became ecstatic.

Those few simple sentences struck his ears like thunder and addressed the long-standing problem troubling him. The Drioca Prince's illness was mainly caused by nerve damage in various parts of his body.

Originally, they planned to perform surgery despite the risks, but even with nanoscale medical devices, the surgery was still not feasible.

Not only was the risk extremely high, but even if the surgery was successful, the damaged nerves would cause him to become partially paralyzed or render him unconscious forever.

Casper would have refused if it were an ordinary patient, but the patient's father was a national leader and the major investor in the new market Gallagher Medical Group had just entered-the clinical beauty industry.

If he failed to handle the Drioca Prince's situation well and the other party withdrew their investment, his company would be at risk of bankruptcy due to the disruption of a trillion-dollar funding chain. Of course, crises and opportunities go hand in hand. If they could cure the prince, wouldn't securing additional investments be as easy as pie?

Matthew's theory of herbal cuisine gave Casper a completely new inspiration.

Perhaps the prince's condition did not require any surgery.

Well... Wouldn't it be better to use herbal cuisine to treat the illness?

With that in mind, Casper looked at Matthew with burning eyes and asked, "Mr. Larson, we have a patient in our hospital whose condition is extremely rare and difficult to cure. I was hoping you could give me some guidance."