Read Novel Spoiled By Mr. Russell Chapter 1311 By Luminous Night

Spoiled by mr. russell chapter 1311–"I know that," Alexander said casually, not reacting much to it. "

Everyone in Kingsland knows about that. Secretary Rollins had spoiled his daughter too much. She's overweight and has a weird temper. The other girls in the circle don't really hang out with her."

Hence, he found it strange when he learned that Lily was in contact with Anastasia, and the latter had even gifted his wife something costly. However, Lily was different from the other women anyway.

"Spoiled her too much..." Lily repeated this phrase and sighed softly.

"You don't think so?"

"Perhaps he loves her, but in the wrong way," Lily elaborated. Alexander could tell she had many emotions from her trip to Cameron's place. "What did you see?"

"It's nothing. I just want to ask you something. What if Gale becomes as fat as Ms. Rollins in the future? How would you treat him?" Lily asked while pointing to their son sitting in the baby chair.

Subconsciously, his gaze followed her finger's direction. The little boy had no idea his parents imagined one of his future possibilities. He was working hard, learning to take in food by himself. With a fork in one hand, he tried to pick up the spaghetti on the plate before him.

Patter!

It fell back to the plate while some of the sauce splashed onto his face. Alexander had no words.

Galen inherited Alexander and Lily's beautiful features, and he was an adorable kid. At times, Alexander would feel proud when he looked at Galen, and he felt that his son would undoubtedly grow up to be a man who was even more charming than he was.

Upon hearing the question from Lily, he could not help but imagine Galen with the kind of figure Anastasia had.

'Uh…'

He stared at Galen's innocent face, and at that time, Galen looked up to smile at him, revealing his two tiny teeth. All of a sudden, he felt sorry for his son. Even the thought of it scared him. Shaking his head, Alexander exclaimed, "No way!"

"Hey, I said what if," Lily said while helplessly caressing Galen's head. She also felt it was an impossible scenario, but it was just a what-if question.

"There's no what-if!" Alexander insisted. "There's no way my son would lose control] to that point!"

"Do you think Secretary Rollins thought it was possible?" Lily asked again, "Could he have imagined that Anastasia would be so overweight when she was still an infant?"

Alexander had no words for a moment before he started, "No, it's not like that." He raised his hand. "Lily, we're talking about someone else right now. Let's not involve our son, all right?"

Although Galen would sometimes get jealous and fight for Lily's attention with Alexander or rile Alexander up on purpose, he was still Alexander's son. There was no way Alexander could bring himself to imagine his son as a fat man. Even the thought of it made Alexander feel guilty.

They could not continue with the conversation on this topic. Lily sipped her red wine and continued, "I just want to say that Secretary Rollins has a big role to play in how Anastasia turned out today. I'm not sure what you guys define as 'spoiling her too much,' but I noticed that he controls her too much, and he's losing control over that."

Then she recounted the cake incident earlier today. Alexander frowned and picked up a piece of steak to feed her. "According to what you told me, I don't find anything wrong with it. Perhaps his tone was harsh, but his intentions were well. It's only right for an overweight person to control their diet. If he lets her be, it'l] only get worse."

"The problem lies with the fact that he has good intentions!" Lily opened her mouth, took a bite of the steak, and chewed it slowly. "

Everyone knows he does it for Anastasia's benefit. That's why they think there's nothing wrong with it, just like what you said. Perhaps Anastasia sees nothing wrong with it too."

Alexander was puzzled. "Then what's the problem?"

Read Novel Spoiled By Mr. Russell Chapter 1312 By Luminous Night

Spoiled by mr. russell chapter 1312–"How long do you think humans can go without eating?" Lily asked seriously.

Without hesitation, Alexander said, "There's research data on this. People can go about seven days without eating anything."

Lily nodded and continued, "A human body consumes energy even if they don't do anything. If humans were to consume their energy every day without eating anything to compensate for that, how could their bodies take it in the long run?"

Alexander seemed to understand it, but perhaps not entirely.

"Think of humans as robots. If you want the robots to lose weight or do anything, you'll need to give it something to move." Then

Lily paused for a moment before continuing, "Anyhow, she's losing weight the wrong way now, and it'! be difficult for her to do so like this. Also, her mental health will worsen if this continues."

Lily wanted to tell Alexander that Anastasia's mental health was already on the verge of crumbling. Anastasia's resistance toward food had reached a limit, and she would be at either end of the spectrum if this continued. She would become anorexic or bulimic, and either one would destroy her life.

"You want to help her?" After hearing all that from her, Alexander still could not understand what she meant entirely, but he had a rough idea of what she was trying to say.

"I'm not a saint, and I can't save everyone," Lily lowered her head and took a bite of spaghetti. Two seconds later, she raised her head.

"Still, I do want to help my friends."

Concerning the dress incident the other day, Anastasia did not make things difficult for Lily, even after the salesperson instigated her. From that, Lily could tell that Anastasia was not brainless and arrogant.

Moreover, she had gifted Lily something so costly, so Lily considered it as a repaid debt.

"Do you need my help?" Alexander habitually asked even though he knew his wife would say no every time.

However, he heard something he had not expected from Lily, "Yes!"

He raised his brow, slightly surprised, but he mostly felt happiness. Lily was too independent and refused his help whenever she had problems. She could handle those problems independently, as if nothing could stop her from doing what she wanted.

Although Alexander admired her for that, it made him feel slightly useless. Since Lily could deal with all her problems, he felt that, as her husband, he was a "redundant" presence.

"Oh?" He became interested. "How do you want me to help?" Lily smirked. "I'll need to use your name to invite Anastasia to our place from time to time."

Alexander was still waiting for her to continue in high spirits, but she had stopped talking. It seemed she had said everything she needed to say.

"That's it?"

"Yeah." Lily nodded but wondered what else she would need from him.

Alexander was speechless. He thought he could finally be of use to her, but she just needed to use his name to do something.

'That's all?! For real?'

Lily noticed the disappointment on his face and quickly explained,

"I didn't need it at first, but I think Secretary Rollins is relatively rigid and hard to communicate with. Plus, he was already rather unhappy because I gave Anastasia a piece of cake today, so I bet he already has a bad impression of me.

"That's why I wanted to borrow your name to say... to say that Galen likes to play with her and that you'd like to invite her over frequently to play with him."

Initially, Lily could not think of an excuse, but when she caught sight of their son, who had his face full of sauce by the side, an idea formed in her head. 'Isn't he the best excuse?'

Read Novel Spoiled By Mr. Russell Chapter 1313 By Luminous Night

Spoiled by mr. russell chapter 1313–Cameron was strict about Anastasia's diet, but he still encouraged her to socialize and hoped she would have friends. However, Anastasia was always reluctant to do so, perhaps due to her low self-esteem.

Alexander was speechless. 'It turns out Lily just wants to use my name to do something, and she even said she didn't need me at first! I'm still useless, even more so than that punk.'

He turned to look at Galen, who returned a bright smile as if to mock him for being useless to his wife when he was such an influential man in the business world. Alexander just stared at him. 'What are you laughing at? You're just a tool!

Lily did not realize the eye contact between the two and assumed that Alexander had agreed to her request. 'That's settled then. If Secretary Rollins asks about it next time, iust tell him what I said earlier."

Alexander was speechless. 'It turns out Lily just wants to use my name to do something, and she even said she didn't need me at first! I'm still useless, even more so than that punk.'

He turned to look at Galen, who returned a bright smile as if to mock him for being useless to his wife when he was such an influential man in the business world. Alexander just stared at him. 'What are you laughing at? You're just a tool!

Lily did not realize the eye contact between the two and assumed that Alexander had agreed to her request. 'That's settled then.

If Secretary Rollins asks about it next time, just tell him what I said earlier."

"Okay..." Alexander hummed, slightly upset.

Maria had waited outside the institute for two days but caught no sight of Austin. It made her doubt herself. 'Did I get the wrong message? That's impossible! Did Austin not come here at all? That seems possible! After all, he's the miracle doctor. It's good enough for them that he frequents them occasionally to give them some advice. Why would he come here daily on time like a white collar?'

That thought made Maria feel dumb at this moment. After staying here for two days, her complexion did not look well.

She could have gotten her subordinates to come and watch over the place while she rested at home, but she had no choice because she wanted to show Austin her sincerity.

Since she did not get any good sleep and stayed in the car for the past two days, she looked slightly swollen, and anyone could tell she was exhausted. Just as she contemplated whether or not she should give up, she saw Austin exiting through the institute door.

'He's inside? When did he get in? I didn't see him. I've been here for two days and didn't see him.'

Maria was stunned but did not know that Austin had not left the institute in the past two days. He slept and had his meals in there, so it was natural that she could not meet him by staying outside the building.

Austin was not faring much better than her, either. Once he left Dominic's place, he immediately headed for the institute, swearing to solve the problem by himself.

However, two days passed, and he came out of the institute looking dejected. He promised Thompson he would succeed. If he did not, it meant Lily was better than him. Austin could not accept losing to an outsider of the industry, who was even a woman.

Frustrated, he planned to return home to get some rest and clear his head. After cooping up in the institute for so long, he felt like his brain was not functioning anymore.

He had parked his car at the parking lot outside the institute, and just as he stepped foot in there, he heard hurried footsteps behind him. The pair of high heels clicked against the cemented floor, adding to his headache from the lack of sleep.

Subconsciously, he looked over, only to feel a gush of wind blowing against him, followed by a panting woman as she rushed to speak

. "Mr. Fike. Mr. Fike…"

Before Austin could make sense of the situation, he saw a figure running toward him. The woman was going to reach him, but at her last step, she twisted her ankle and staggered at a distance close to him. Then the woman pondered on him-no, she crashed into him.

Read Novel Spoiled By Mr. Russell Chapter 1314 By Luminous Night

Spoiled by mr. russell chapter 1314–Austin widened his eyes. He wanted to dodge, but his legs were rooted to the ground. Hence, he stood frozen in place.

Slam!

Maria knocked Austin to the ground. She did not think she would trip over her heels as well, and her body was leaning forward as she lost control over it. Her arms were wide open, and she crashed into Austin entirely.

"Mr. Fike? Mr. Fike, are you alright?" She hurried to get up, but it only made her press down on him even more.

Austin was gritting his teeth by now, and with all his strength, he shoved Maria away. He lifted himself off the floor and brushed the dust off his clothes as he yelled in rage, "Who the h*II are you?! Are you nuts?!"

"I'm sorry! I'm so sorry!" Maria felt awkward and embarrassed. Initially, she wanted to show her sincerity toward Austin, but she almost crushed him to death.

"Mr. Fike, I didn't fall on you on purpose. I tripped right there, and look how my heels are broken. I..." As Maria explained herself, she stretched her leg out to show him, afraid he would not trust her words.

Austin was beyond furious at this point. His elbow and back were hurting, and he took a few steps back fervently upon seeing what she was about to do. "Don't come near me! Leave me alone!"

Maria froze in her spot upon getting reprimanded. "Mr. Fike, I've been waiting for you. It's been two days! I finally saw you after two days, and I was just too excited to see you! I'm really sorry for what just happened!"

'Two days?" Austin put two fingers up and asked in surprise, "You said you waited two days for me here?"

"Yeah!" She nodded quickly, thinking that her actions had touched the miracle doctor's heart. "I called you before this, but you... were too busy, so

I had to come here to wait for you. Well, I have something really important to ask of you. My niece..."

"Wait. You waited here for two days just to see me?" Austin interjected, obviously hearing nothing else she said besides the fact that she stayed out here for that long.

"Y-Yes!" Maria was stunned because Austin did not look pleased.

Not only was he displeased, but he was also slightly afraid. "What the f*ck? She waited out there for two days just to see me? If her intention is to kill me, I'll probably be dead by now. Look at what happened earlier. What if she had a knife earlier? Even though she didn't, she almost crushed me to death. It seems I need to be more careful of my surroundings whenever I go out next time"

Austin turned to leave, and Maria returned to her senses to catch up with him after a moment. "Mr. Fike. Mr. Fike..."

"Stop there!" Austin berated and pointed at her. "Stay away from me!"

"Mr. Fike, my niece is suffering from an incurable disease. I hope you can help her. You can request anything you want, and we'll be sure to satisfy you. My niece is Secretary

Rollins' daughter. If you can cure her disease, you can have anything from fame to wealth!"

Maria said it in a hurry, hoping to convince him. "Or you can tell me what you want! We can talk about it!"

She did not expect it to be this difficult to deal with the miracle doctor. If it were not for her husband's career and sake, her family, and the fact that Cameron would be indebted to them, she would not have to suffer.

Austin abruptly stopped and turned back to ask, "I can ask for anything?"

Seeing as there was still hope, Maria nodded in delight. 'Yes, of course! My family is rich and influential. Mr. Fike, you..."

"I want you to stay the h*II away from me. Can I ask for that?"

Maria was stunned.

Read Novel Spoiled By Mr. Russell Chapter 1315 By Luminous Night

Spoiled by mr. russell chapter 1315–Maria's brain could not process Austin's words, and she stood there, stunned. Austin did not care for all the things she had mentioned. Since everyone thought he was Dominic's secret apprentice, many wealthy and influential people sought his help. It was not like he helped all of them.

He knew he was not Dominic's secret apprentice. Although he was confident in his medical skills, there was a risk of things going wrong.

When that happened, he would offend influential people, so taking the risk would not be worth it.

Moreover, he understood that he could not accept their invitation easily with the increasing number of people who sought his help. It would only make him lose his mystique and make him appear worthless.

"Mr. Fike, I don't have ill intentions, and I'm not lying to you. Didn't you learn about medicine to save people's lives? My niece is only a little over 20 years old, and she consulted many doctors about her condition, but none of them could help her.

"If you could save her, you could make a name for yourself in the whole world!" Maria was unwilling to give up and chased after Austin.

However, Austin only strode more quickly into the parking lot to look for his car. He was not in the mood to entertain her at all.

Seeing that he was going to leave, Maria panicked and stood in her spot. Stomping her foot, she said through gritted teeth, "If you really are the miracle doctor and you're his secret apprentice, why won't you dare to help us? You're just a conman, aren't you?"

That was Fabian's doubt earlier, while Maria was confident that Austin was not a conman. However, she could not care about all that now.

She had been waiting for two days and even tripped earlier, making her look pathetic. Still, she did not get Austin to help her and even had to endure his harsh words. It made her so mad that she blurted the words out.

It stopped Austin's hurried footsteps in their tracks. He turned around and gave her a severe look. He had not taken her seriously, making Maria think he was hostile toward everyone.

Getting stared at by him in this way made her feel uneasy.

She gulped her saliva subconsciously. 'Sh*t! Did I offend him? I'm so dead! He'll be even more unwilling to help me now!"

"Who did you call a conman?" His voice was frigid.

That was what he hated the most. Austin was allowed to reach his position and enjoyed all the fame and honor, but he did not think he was a conman.

He knew his medical skills deserved recognition and honor. It was just that Dominic was too stubborn and had not officially taken him in as his apprentice. However, it was true that he was skilled in this field, so how could he be a conman? He just did not clear the misunderstanding. That was all there was to it.

"I-I was just babbling nonsense. Please don't take it to heart. I know you're busy, but I'm only doing this for my family. I hope you..." Maria trailed off. She had no idea what he was thinking at this moment. He looked to be such a gentleman, but it was tough to communicate with him.

Austin continued to stare at her while his mind processed what she had just said earlier. 'She said something about Secretary Rollins' daughter and that none of the doctors could treat her illness. I've been too busy with the research, but I've not made any progress recently. Perhaps I could discover something if I switched my focus to something else. Plus, I can always say I went to help people with their illnesses if things are not moving well here at the lab"

With that thought, he became less cold, and his tone improved. "You mentioned that your niece has a condition. What is it?"

Upon hearing that, Maria's eyes widened, thinking she still had hope. She became much more energetic and quickly said, "Mr. Fike, it's like this..."

Read Novel Spoiled By Mr. Russell Chapter 1316 By Luminous Night

Spoiled by mr. russell chapter 1316 –With Alexander playing along, Lily called and invited Anastasia over the next day.

Lily wanted Anastasia to go to her house because, firstly, Anastasia did not enjoy being in public places and being stared at.

Secondly, she could be more casual and relaxed in the house.

Apart from that, Anastasia's house would not be appropriate. If her father, Secretary Cameron Rollins, were to return or say anything, her treatment would be disrupted.

'That's right! Anastasia requires treatment. I think her obesity is caused by both psychological and physiological problems"

To ascertain the problem, Lily needed to take the woman's pulse.

However, before concluding, Lily did not want to reveal much. Even Alexander had no idea that she was Dominic's secret apprentice.

To Lily, there was nothing special about her relationship with Dominic. She had only learned something that she was interested in from an expert and that might be useful in the future.

Coincidentally, the expert was famous, and people became curious about the man's "last apprentice." Without the title, Lily knew few would care who she was, as they were only obsessed with her connection with her teacher.

Anastasia was a little late, but she brought a pot of lily of the valley. She had anticipated Lily's tastes and preferences, so she had gone out of her way to track down these valuable plants.

Lily was happy to see the young woman had brought her favorite plants, but she was concerned that her home would become too crowded if Anastasia continued to bring them every time she visited.

"Ms. Rollins, I wouldn't dare to invite you over if you bring gifts every time." Lily laughed as she walked over to greet her.

"It's nothing, and what matters is that you like it. I'm not into plants, but I have many of them." Anastasia came to a halt in her path after two steps and rested at the doorway.

She had not been well lately and often felt weak. Drowsy every day, she could doze off despite herself, even just after she woke up. She was on one of her better days when she demanded the dress from Lily.

"But if you gave me a pot every three or five days, my house wouldn't be able to fit them all." Lily took her hand casually and half- jokingly as she noticed her getting tired.

"Every three or five days?"

Anastasia acutely grasped the key point but could not get it. "Why would I give one every three or five days?"

Lily led her inward, seated her on the sofa, and poured a cup of tea before handing it to her. "Because I'll be inviting you over often in the future. If you bring a gift each time, won't you bring me a pot of plants every three or five days?"

Anastasia was surprised. She only came on Lily's invitation and had no idea Lily would invite her frequently in the future. After zoning out for two seconds, she said sadly, 'Then I might have to disappoint you. I won't be coming here often. I don't go out often, and I don't enjoy it."

She would not have made this trip if she had not felt connected with Lily.

Having had enough of her relatives gossiping about her at the dining table, she would do her best to avoid attending her family's annual gatherings.

They would not say it to her face out of respect for her father, but she could still feel their stares and overhear their tittle-tattle.

She would only grow upset hearing them, and she decided it was better not to go.

Read Novel Spoiled By Mr. Russell Chapter 1317 By Luminous Night

Spoiled by mr. russell chapter 1317–"Well, you must leave home every once in a while." Lily smiled. "Try the tea."

Anastasia was okay to drink tea, but she only took a tiny sip. As she was about to put down the cup, she licked her lips thoughtfully and took another small sip. "It's sweet?"

She did not look surprised but horrified, as if she had done something terrible. She immediately set the cup down, spilling some of the tea. "Did you add sugar? Why are you doing this to me?"

Lily observed Anastasia's reaction in silence and said slowly, "I didn't add another sugar. The sweetness came from the tea leaves."

"How is that possible? How can tea be sweet by itself? Besides, I can't have anything sweet!" Anxious, Anastasia held her neck and wanted to throw up but could not as she only took two sips.

Lily poured a cup for herself and spoke after calmly drinking the tea, 'This is ginseng oolong tea. Since it's naturally sweet, it could lower blood pressure and lipid levels. Also, it's good for your body." I

Anastasia's eyes lit up after learning what the tea could do, and she looked less disturbed. "Is that true?" 4

"You've been so good to me by giving me agarwood and the lily of the valley. What do I get from lying to you?" Lily took a cloth, wiped the spilled tea, and refilled Anastasia's cup. "Have some more."

Anastasia somehow trusted Lily. She put her worries to rest and held up the cup to drink, finishing the tea in two swigs. "It's delicious!" She reached out to grab the teapot. "I'd like more."

However, Lily beat her to it and took the teapot away. "No." E

"Why?" Anastasia did not understand. "Didn't you say I can drink this, and it's good for my body?"

"It's good for you, but you must only take things in modest amounts.

Overdoing something is just as bad as underdoing it." Lily met Anastasia's puzzled gaze and poured her another cup of tea.

"Drink slowly and take your time to taste it. Remember what I told you last time about the fun of enjoying our food."

Having heard what she said, Anastasia did not drink her tea in two or three swigs but took small sips to taste the tea instead. "It's sweet and mellow. What an excellent tea. I never had it before."

"Not only have you never had this tea before, but you've refrained from taking other drinks, haven't you? Technically, you don't even dare to drink water."

'She's right!' Anastasia opened her mouth as if to say something, but she hesitated.

After a while, tears welled up in her eyes. "L-Lily, can you save me?" Anastasia spoke with a thick nasal voice, trying hard not to cry. She looked particularly pitiful with her pleading expression.

"Don't say it like that." Lily wanted to help her anyway, but she felt awkward now that the young woman pleaded with her so.

"I mean it!" Anastasia thought Lily was unwilling and hurriedly came over to grab her arm. "I know I might sound ridiculous as I've seen many doctors, and I feel I should give up. However, I have no idea why but I feel like you can save me!"

Read Novel Spoiled By Mr. Russell Chapter 1318 By Luminous Night

Spoiled by mr. russell chapter 1318 —Anastasia did not know what was wrong with her. Over the years, she had sought help from mainstream specialists and healers of alternative medicine. She even tried going to the gym. However, nothing could solve her problem.

The truth was, besides being obese, she was weak and would easily pass out.

According to alternative medicine practitioners, she lacked vitality, while the specialists claimed she was suffering from hormonal imbalances. There were several diagnoses and proposed treatments, but none worked.

Her father had not restricted what she ate at first, but seeing her getting in worse shape over the last two years, he anxiously decided to treat her the way he ran his department and started to enforce a strict diet plan for her.

He thought soldiers were trained by controlling their diet and making them exercise. Although Anastasia could not undergo physical training due to her health problem, he could control what she ate, thinking she would surely slim down by eating little.

It was effective for the first few days, and Anastasia lost nearly 11 pounds in half a month. However, the progress stopped, and she even started to gain weight instead.

Cameron was both upset and anxious. He concluded that his daughter had been eating behind his back or the diet plan was not strict enough. He even thought she should eat even less.

For the past two years, Anastasia grew increasingly unhappy with her life. If she had not reserved that dress for her birthday and subsequently met Lily, she would remain stuck in her own world.

That blueberry mousse Lily shared with her was the highlight of her day. Therefore, Anastasia had an indescribable sense of trust toward Lily, who made her feel calm and wish she could be her savior.

After roughly hearing about Anastasia's story, Lily thought it was almost what she had assumed. However, she could not help but think that such severe restrictions would only make one crave food more because anything that defied human nature would not last long.

"Lily..." Anastasia said, "I'm treating you as a friend since I have none. I feel connected to you, and your words always struck a chord with me. You have never looked down on me or curried favor with me. Furthermore, I think what you said made a lot of sense. Will you help me?"

Her pleading eyes were full of helplessness.

Lily held Anastasia's hand back and felt she could not hold it entirely.

However, Anastasia had good skin, and her hand was soft.

Anastasia subconsciously tried to withdraw her hand, but Lily held on to it.

"Let me feel your wrist if you like me to help you." Lily did not wish to say she wanted to take Anastasia's pulse and simply said so.

After some hesitation, Anastasia offered her hand and turned it over to reveal the golden underside of her wrist. Lily placed her three fingers on the thick wrist and meticulously felt about to find the right spot.

Due to the thickness of Anastasia's fatty layer, an inexperienced practitioner of alternative medicine might not be able to find her pulse.

Concentrating, Lily found the spot of Anastasia's pulse and quietly held her fingers there for a while.

Anastasia noticed Lily's severe expression and dared not ask her anything despite being curious— instead, she let Lily hold her wrist. When Lily slightly loosened her grasp, Anastasia hurriedly asked, "Were you taking my pulse?"

Lily looked at her silently.

"I met some alternative medicine practitioners before, and that was how they checked my pulse. However, they said I…" Anastasia paused and blushed a little. "They said I was too fat, and it was difficult to find my pulse. So, were you taking my pulse? Did you manage to find it?" "Don't be nervous. I'm not a doctor, and you're not my patient. I just think you have an unhealthy lifestyle, and I want to help you make some adjustments."

Read Novel Spoiled By Mr. Russell Chapter 1319 By Luminous Night

Spoiled by mr. russell chapter 1319–Lily soothingly spoke when she noticed Anastasia's anxious expression. After all, being too nervous would affect hormone secretions, which would not be suitable for Anastasia's treatment.

Besides, Lily did not want Anastasia to regard herself as a patient. Anastasia would feel more relaxed if she did not see it as getting treatment.

"O-Oh, okay." Nodding, Anastasia said, "But my father..."

"we'll keep this from him for now." It was something Lily had wanted to tell Anastasia in the first place. "Let this be a surprise for him."

"A surprise?"

"yes!" Lily nodded assuringly and said, "If you can adjust your condition and slowly become more spirited while slimming down a bit, wouldn't it surprise him? He wouldn't be disappointed if nothing happened, either, would he?"

Lily wished Anastasia could prepare herself mentally before she started working on improving her health.

'Anastasia mustn't worry too much about the results. She should be hopeful yet not overly so she wouldn't be greatly disappointed"

After some thought, Anastasia nodded firmly. "Okay!" What Lily said put her at ease. 'Since I asked Lily for help and she's willing, I must trust her completely!'

Lily let out a slight sigh of relief when she noticed Anastasia was willing to work with her. She knew her efforts would go to waste if

Anastasia would not cooperate.

After making an effort to invite Austin and bring him to the Rollins

'house, Maria did not expect her niece not to be around.

"Anastasia isn't home," the housekeeper answered.

"She's not home?" Maria did not believe it. "She spends more than 300 days a year at home. How is she not here? Is she throwing a tantrum again and asking you to give me excuses, so she wouldn't Need to see anyone?"

She looked inward, thinking that Anastasia was simply being willful.

"Inform her that I've brought Kingland's—no, our nation's most famous miracle doctor. Also, she doesn't need to be afraid anymore because he can cure her illness. Come on, can't an aunt see her niece?" Maria headed inward as she spoke and looked over her shoulder to beckon Austin. "Please come in, Mr. Fike."

"Hope you don't mind. Anastasia is just being a child and often refuses to meet strangers. I told you about her condition, so you'll know it when you see her. Just don't be surprised since she isn't only obese and weak. She would pass out just like that sometimes."

After speaking, Maria looked over her shoulder at the housekeeper and saw her standing there awkwardly. "Why are you still here? Go!"

"No, Anastasia is truly not home. Someone called her, and she left."

Maria always thought Anastasia stayed home and did not care what others said. Since Cameron was often not home, Maria would come over without permission, and only Anastasia could drive her out by throwing a tantrum.

However, the housekeeper would not dare say much since Anastasia was not home.

"Someone called her?" Maria laughed as if she had heard a new phrase. "Where could she go as a guest? What a terrible lie. Tasia has no friends. Where else could she go?"

"S-She went to Mrs. Russell's house."

Read Novel Spoiled By Mr. Russell Chapter 1320 By Luminous Night

Spoiled by mr. russell chapter 1320–Surprised, Maria could hardly react. She blinked. "Mrs. Russell? Which Mrs. Russell?"

"I'm not sure, and I only know it's Mrs. Russell. She's a friend of Anastasia, and she invited her over to her house."

Knowing little, the housekeeper did not dare to say too much.

"Russell..."

Maria could not think of anyone, but Austin seemed to have an idea.

"Are you talking about Lily Christian?" She would be the only Russell in Kingsland capable of developing a friendship with a household like the Rollins.

'Mrs. Russell... I would never forget about that woman! It's such a small world, isn't it?'

"Yes, I think that's the name."

She did not dare to ask much about Anastasia's personal affair, but she seemed to have heard that the woman's maiden name was Christian.

"Do you know her, Mr. Fike?" Surprised that he guessed the name right away, Maria asked curiously.

Clenching his teeth, Austin smiled coldly.

"I don't just know her!"

Maria was puzzled.

Standing at the doorway with him, she did not know whether to leave. Since Anastasia was not home, Maria was supposed to leave and make another appointment to come again. Even so, it was difficult for her to invite the miracle doctor, and she was concerned that if she offended him, he might decide not to come the next time.

She thought about it and said, "Mr. Fike, please wait for a moment. I'll call my niece and ask her to hurry home, okay?"

"There's no need," he said, holding up his hand.

Maria looked confused.

"Since Ms. Rollins got invited, why don't we join her?" He lifted the corners of his lips. "It's good that the patient is willing to leave the house to get some fresh air. Besides, waiting will just waste our time, and I hate wasting my time."

"Oh..." She was glad he was willing to see Anastasia, but she also thought going over there was a bit strange. "But I have no idea where Mrs. Russell lives."

"Well, I do," Austin said confidently.

Having worked together at the lab, he had read about her details, and her home address was not classified information.

Maria was surprised.

Austin drove his car, and they entered a residential area with luxury villas.

He snorted. 'That bitch has gotten arrogant solely because of her rich and powerful husband. I bet she has managed to form a relationship with Dominic thanks to her husband's reputation.'

Maria remained quiet on their way there. She thought Austin had acted weird since hearing about Mrs. Russell.

'He not only knows where the woman lives, but he also wanted to come over to see Tasia.'

Although she had misgivings about the whole thing, she would not risk saying too much and offending Austin. After all, he was a miracle doctor, and it took her two days to engage him.

Meanwhile, Anastasia had just had a wonderful lunch at Lily's house. She had not enjoyed herself for such a long time.

There was not much food. A small fistful of five-grain rice, a set of chicken breast with button mushrooms, a plate of boiled asparagus, and a lovely soft-boiled egg.

With Lily keeping her company and chit chatting over lunch, it took her more than half an hour to finish the meal.

For a food portion of this size, she would surely finish eating everything within five minutes if she let herself go.