Special Soldier 391

Chapter 391: Can't leave!

Qin Yuan nodded slightly when he saw He Chenguang's appearance, and then said to He Chenguang:

"This time it depends on your performance."

And when He Chenguang saw Qin Yuan's trusting eyes, he also clenched the gun in his hand, and his mentality became calm.

Seeing He Chenguang's appearance, Qin Yuan also nodded, and then said:

"Well, this time you will be the main attacker, Wang Yanbing will be your observer, and Li Erniu, Xu Tianlong, and Song Kaifei will be the second attacker! Remember, our goal is the Scorpion team!"

But after hearing Qin Yuan's deployment, Li Erniu's eyes widened:

"No, Brother Yuan, we are all assists, so what are you going to do?"

But when Qin Yuan heard this, he smiled:

"Didn't I have already said that, this time the tasks are all entrusted to you, and I will choose two of the best candidates from among you to attend the Hell Lightning Training School. Don't let me down! "

At this moment, everyone became nervous when they heard this. They were already under a lot of pressure when facing a famous scorpion, but now Qin Yuan actually said that the task this time was for them to do!

"Captain, this..."

At this time, several people wanted to say something to Qin Yuan, but when they saw Qin Yuan's eyes, they all swallowed the words in their mouths.

Qin Yuan looked at these people and said faintly: "I know what you are thinking, but you can't be in my life. You must learn to think alone, learn to be alone, and don't remember the slogan I used to train you. ?"

"We are cancer cells, we will take root!"

At this time Xu Tianlong said in a low voice, and after hearing this, a gleam of light flashed in everyone's eyes. They naturally knew what Qin Yuan meant, so they had nothing to say!

"Well, since you don't have any opinion, then this matter is set. Also, I remind you in advance that the general is out, and the military order is not acceptable! The informant named Ahong is very likely not trustworthy!"

Yep?

Hearing Qin Yuan's words, the eyes of He Chenguang and the others suddenly became horrified. In case there was wrong information, it would be enough to make them all overwhelmed!

"Do you remember that there are a few photos of the scorpion that are very close, and when the scorpion is sleeping, you are also special soldiers, what situation do you think can be taken like this?"

Qin Yuan's words caused several people to fall into thinking, He Chenguang said in a low voice:

"This means that the Saigon Rose may sleep with the scorpion."

After hearing He Chenguang's words, everyone's face sank.

After all, this person named A Hong, who was not theirs, is now even more entangled with the scorpion, which is even more difficult to deal with. Under such circumstances, A Hong is very likely to change his mind!

"We can't be sure of what a woman's psychology is thinking, but one thing is for sure, that is, she cannot help Liu Haisheng, or Liu Haisheng would have ran away long ago, she might help

Scorpion. As for how much help, then no Good prediction, after all, once you have this idea, even if it is a hesitation, you will be seen by the scorpion. So wait a while, you must not relax your vigilance, understand?"

At this time Qin Yuan whispered to everyone, and everyone's expressions were also sinking, and he gave a low voice:

"understand!"

"Well, we have arrived, act now, remember, think more, you are facing a cannibal jackal, you must think more!"

"Yes!"

At this time, with Qin Yuan's voice, the helicopter arrived. The members of the red blood cell team followed the rope directly to the jungle below, and then Qin Yuan directly gave a last look at several people and disappeared directly. In the jungle!

Looking at Qin Yuan's leaving back, all the members of the red blood cell team were sinking. Although they knew that Qin Yuan would look at them, they really had to rely on themselves now!

At this time, He Chenguang looked at the setting sun in the distance and said to others:

"Let's go, we still have some way to go!"

After that, everyone arranged their equipment and headed directly toward the direction on the map!

Everyone lowered their voices, eliminated any information that would reveal themselves, and moved forward cautiously.

An hour later, He Chenguang and others finally arrived at the target location, stepped across a minefield, and looked at the faint light in the distance, He Chenguang whispered:

"Already arrived at the mission location, everyone is on guard!"

Then He Chenguang directly found a sniper spot with a wide view, and formed a cross-shooting spot with Li Erniu and others.

At this time, He Chenguang's eyes flashed a ray of light. These two locations were extremely superior. As long as the scorpion dared to show his head, he would definitely die!

In the distance, Qin Yuan smiled slightly when he watched He Chenguang and the others pass the minefield safely. Sure enough, his training was still effective, so that He Chenguang and others had not seen Scorpion's face yet. I was trapped by landmines first.

Next, we have to see if He Chenguang can deal with the scorpion. If he can't pass the scorpion level, He Chenguang will never be alone!

Then Qin Yuan glanced at the direction of the factory area, and a gleam of light flashed in his eyes.

Although the scorpion had been handed over to He Chenguang, Qin Yuan also had to prepare a second hand. This time, Scorpion was definitely not allowed to run away again!

And just when Qin Yuan, He Chenguang and others were acting ' in a room in the factory, there was a burst of women's cry.

This room is exactly Scorpion's bedroom. At this time, a red candle was lit in the bedroom. The long fire light illuminates A Hong who is wearing a red cheongsam. It also fills A Hong's three-point color with the air. In, they are all with a touch of exquisite flavor.

But when I saw A Hong carefully, it was surprising. At this time, A Hong knelt on the ground with a trace of tears on his face, and there was a ray of pity in my eyes.

The Scorpion sitting on the side didn't have any on his face. Instead, he rushed over with a trace of suppressed anger, grabbed A Hong's neck, and said bitterly:

"Why, why are you an undercover agent? Why tell me!"

And A Hong felt the scorpion's anger, but there was a touch of tenderness in her eyes:

"That's because I fell in love with you, so I will tell you this, you go quickly, otherwise, you may not be able to leave!"

Chapter 392: Step on it!

At this time, Scorpion heard what A Hong said, his eyes couldn't stop shrinking, and he said in a deep voice:

"Then do you know, you tell me this, all the plans you have prepared for so long may fall short?"

Having said this, Scorpion suddenly threw Ah Hong onto the bed, gritted his teeth and said:

"Although you are their undercover agent, if you betrayed, it will cause even more serious consequences. Do you know how they will treat you? In this world, no matter which force it is, the methods used to treat the traitor will be extremely cruel!"

But A Hong said with tears in her eyes:

"I can't control so much, I just want to save you, you are a good person!"

Scorpion heard the words of a good person again, but a fierce light flashed in his eyes, and said lightly:

"I'm not a good person. Forget it, let me tell you in advance that I can't take a woman who has no power to rush out, so you can only stay here. As for the consequences, I don't know, the only thing I can do for you is to have the officers and soldiers kill all Liu Haisheng who abused you and his men!"

"This is enough. Also, I hope you don't hurt those officers and soldiers, they are all good people."

At this moment, Ahong couldn't help feeling cold when she heard Scorpion's words. Although she had anticipated the ending, she was still a little disappointed when she heard Scorpion say it. It's dark all the way!

"Well, you will act in accordance with the plan agreed with the officers and soldiers of the East China Sea. Those officers and soldiers should be honest, and I must find a way to escape. By the way, what conditions did they give you to allow you to respond internally?"

Scorpion's face was a bit ugly at this time. Although he had escaped from these people many times, he also knew that there were masters in those people. This time, if the other party had really laid a net of heaven and earth, it would be really not easy to escape.

"There are no conditions. I just want to go home. They promised me that after closing the Internet, they will send me home."

There was a trace of longing in A Hong's eyes at this time. After being arrested for so long, I don't know what happened to Aba and Mom at home!

However, Scorpion gave A Hong a weird look. He naturally knew exactly where Nanjiang was. He would not dislike A Hong, but whether other people would dislike A Hong, that might not be the case. .

"Okay, since that's the case, I can rest assured, remember, don't die. I'll go first, the plan has already begun, then their people are probably about to arrive!"

Scorpion said this, and directly stamped out the cigarette in his hand.

Those people are not easy to provoke, is he scorpion easy to provoke, this time since he already knew that the other party was coming, he had already got the head start.

Although the number of opponents may be a lot, but Scorpion can deal with more people?

You know, the only people who can deal with special forces are special forces!

•••

Time passed bit by bit, and soon, the night passed, and the sky was about to dawn.

At this time, a cigarette **** was constantly shining in a corner of the factory.

Liu Haisheng has a lot of people, but most of them are brave mobs. Although there are night watchmen, these people are not professional enough. At this time, the Huang Mao who is watching the night is already a bit lonely. , So I lit a cigarette and wanted to remind me.

But just when Huang Mao was full of enjoyment of swallowing clouds and fog, a big hand suddenly came over from the darkness, and grabbed Huang Mao's neck!

Huang Mao was frightened to death at this moment. He remembered the scenes of secret raids on TV, knowing that he was about to die, and quickly said:

"Big brother, don't kill me! I...I'm a good person!"

At this time, Huang Mao felt that his life had reached the gate of a ghost, as long as the big hand on his neck tightened, he was finished!

But at this time, Scorpion's voice rang from behind this yellow hair:

"As a night watchman, who told you to smoke, do you know that in the dark night, as long as there is a small amount of light, it will expose your position. Smoking means that you only put your own life on the opponent's sniper? In the sights, as long as the opponent pulls the trigger slightly, your life is gone!"

At this moment, Huang Mao heard the sound coming from behind, and his whole body suddenly relaxed. When he looked back, he found that it was the scorpion standing behind him. This was a sigh of relief. He sat limply in the corner. Then said to the scorpion,

"Oh my god, it scares me to death, what is it you?"

Huang Mao knew that Scorpion was a master. Although he was scared and was about to pee his pants, he still didn't dare to say anything. He just looked at his trembling calves and complained with a wry smile:

"Where are there so many snipers in this wild mountain? Brother Scorpion, you will scare me!"

But Scorpion said with a cold face:

"To scare you? How do you know that I was scaring you? When you didn't expect it, the sniper had already touched the key position. Did you know that your vigil is not only responsible for yourself, but also for others Responsible, remember, next time I see you still daring to smoke, then I will wipe your throat directly, so I don't need to be named by others!"

Hearing the words of the scorpion 'felt the murderous aura of the scorpion, Huang Mao was so scared that he shivered. After all, he sent the scorpion here by himself. Shrunk nodded.

Seeing Huang Mao's appearance, Scorpion also seemed a little unbearable, then patted Huang Mao's shoulder lightly, with a smile on his face, and said directly to Huang Mao:

"Aren't you scared? I'm telling you, these words I said are all from the experience left over from the sea of blood in the corpse mountain. Since everyone is in this business, you must be careful. I was there before in the Philippines. I don't know how many people lost their lives on the battlefield in a daze. I say these things to remind you."

When Huang Mao heard this, his heart felt warm, and he said flatteredly:

"It turns out that this is the case, I know you are very good, brother, then I will never smoke again."

Huang Mao said this. In order to express his determination, he directly took out the cigarettes from his pocket and threw them on the ground. He also stomped viciously on his feet, directly smashing the cigarettes into pieces. !

Chapter 393: You can't run away!

At this time, the scorpion was somewhat relieved to see the appearance of Huang Mao, and then said to Huang Mao:

"How can I say that you are the first person I know here, so I will give you a present."

Having said this, Scorpion took out a set of camouflage body armor, a camouflage uniform, and a bulletproof helmet directly from his pocket, and handed it directly to Huang Mao:

"These are all high-end goods I brought from Europe, a set of at least 10,000 US dollars, do you want to try it?"

At this moment, the corner of Scorpion's mouth was smiling, and this smile looked three-pointed mocking, three-pointed bewitching, and four-pointed disguised as kind.

When Huang Mao heard that this set of equipment was worth 10,000 US dollars, he was naturally extremely excited. He quickly took it. Although he said embarrassingly, his body was really honest, so he put this set of equipment on him. set.

This dress is similar to the one worn by Scorpion, and with such a good dress, even after the yellow hair is worn, it looks like a dog.

"Hey, I didn't expect me to wear it properly, brother, you gave me this set of equipment, I really thank you."

At this time, Huang Mao put on all this set of equipment, turned around in front of Scorpion, and said triumphantly:

"Look at me after putting on this piece of equipment, is it the same as the people under yours?"

When Scorpion heard Huang Mao's words, he also showed a smile, patted Huang Mao's shoulder lightly, and said faintly: "It's not much difference, but there is still a little difference."

Having said this, Scorpion took the sniper rifle off his back directly, handed it to Huang Mao, and said to Huang Mao:

"With this set of equipment, you still need a good gun. My gun is specially made from Europe. It is worth hundreds of thousands. Do you want to go out and wander around?"

When Huang Mao heard this, it was Mao with bright eyes. He took the sniper rifle from Scorpion's hand and stepped directly on his body:

"My god, I have never seen such an expensive sniper rifle!"

"Isn't it beautiful? Let's go, go outside, it's also majestic, after all, this is the guy I eat, but it can't be given to you, but for the sake of your fate, it's not bad to let you play! "

At this time, the scorpion seemed to be very reluctant, and Huang Mao knew that he could not get the gun, so he quickly said:

"That's what it does, I'll go around, and I'll pay you back!"

Huang Mao also thought about going out and bragging in this suit, at least he had to take a photo or something, how could it be returned to the scorpion so quickly!

But at this time, Scorpion, looking at Huang Mao's back, showed a sneer.

He had been out for a stroll just now and had already awakened the pack of wolves outside. Scorpion wanted to see if the pack of wolves would bite the hook!

At this time, at the sniper spot in the distance, He Chenguang was staring at his sniper scope.

He had already seen the scorpion just now, but the scorpion at that time only showed a sniper rifle. Although he could guess where the scorpion was, it was blocking a tree.

Although He Chenguang's sniper rifle can penetrate this tree, he is a little scared. When he penetrates this tree, the bullet will deflect and he cannot kill the scorpion directly!

Once the shot was fired, they couldn't hide it.

So He Chenguang still suppressed the impulse in his heart and didn't shoot.

They must find a moment to kill with one blow!

But at this moment, He Chenguang suddenly saw a man carrying a sniper rifle, and he walked out of the factory!

And this person's dress is exactly the same as Scorpion!

He Chenguang became excited at this moment, and said in a low voice:

"Group 2, found Scorpion, can you see the other side's face?"

"Reported to group 1. I couldn't see Scorpion's face, but found the sign on the opponent's sniper rifle. This is Scorpion's sniper rifle. Will you kill the target?"

Only after hearing such words, He Chenguang's breathing suddenly became a little short, and he was fighting between heaven and man in his heart, thinking about whether to make a move.

"His height and body are similar to a scorpion. If Saigon Rose did not betray us, then this person must be a scorpion."

At this time, He Chenguang's voice was trembling, and when the people in the second group heard this, they also became silent. He Chenguang's meaning is very obvious. If Saigon Rose betrayed them, then this person would not be a scorpion, and Once they fired their guns, they could no longer hide. People in the surrounding special police brigade waited for their guns to fire before directly attacking.

At that time, the other party must be prepared, and their side will definitely suffer heavy losses!

"Do you kill the target?"

At this time, the people in the second group asked He Chenguang again, after all, this person is also constantly moving, and there is not much time for them to hesitate!

At this time, He Chenguang's eyes became cold, and he said directly:

"Killed!"

After all, He Chenguang knew that regardless of whether the Saigon Rose betrayed them or not, this shot must be fired. Although the scorpion is very important, Liu Haisheng and others are equally important, and they cannot return!

At this time, hearing the voice of He Chenguang, Li Ernew, who was in the second group of snipers, stared at him and fired directly at this person!

"Boom!"

"Boom!"

At this time, there were two gunshots in succession, showing off his new equipment, Huang Mao, suddenly his body tilted, fell to the ground, shot both in the forehead and chest, and these two shots directly shot the yellow hair. The helmet on him flew out, revealing his face!

At this time, seeing the color of yellow hair through the sniper scope, He Chenguang suddenly roared angrily:

"No, this guy is not a scorpion, he is a dead man, we were betrayed."

And hearing He Chenguang's voice, the people in the surrounding red blood cell team were completely stunned. They really did not expect that the situation in front of them was exactly the same as Qin Yuan said, and Xi Gong Rose actually betrayed. Up them!

However, after He Chenguang became angry, he quickly calmed down. Although the shooting made a mistake this time, his heart was calmed a lot. It seemed that this was the only way to be normal.

After all, Scorpion is a real master, and can even escape from their captain's hands. If he is killed so easily by himself, then it is abnormal.

This was a one-handed escape from the golden cicada, but He Chenguang knew that even if he failed, there was still Qin Yuan!

"Scorpion, you can't run away!"

At this time, He Chenguang whispered, and then sent a signal directly!

Chapter 394: 1 chase!

At this time, with two gunshots, the entire factory area was suddenly awakened, and the gunmen who had been watching the night also discovered Huang Mao who had been shot, and they were shocked. I quickly raised the gun and fired at the surroundings, as if using this method to kill all the people around!

It's a pity that his method would only reveal his position, and he was quickly named by the rest of the snipers.

And the special police soldiers who had been ambushing here have been preparing for a long time. Hearing the gunshots, they rushed over in an instant, and directly caught fire with this group of people!

Most of the people in the factory area were sleeping. With mental arithmetic and unintentional, it was not enough to form a large-scale resistance. Soon the special police force rushed in.

However, the people in the red blood cell team staying behind were full of frustration. While they used sniper rifles to deal with some more difficult characters, they regretted in their hearts:

"Asshole, I must have let Scorpion run away again this time!"

After all, they all know that since the Scorpion used this method to avoid their snipers, it proves that the Scorpion is ready to escape, and such a master wants to escape, how can they catch up?

But just when the people of the Red Blood Cell Team were frustrated, a voice came from their headsets:

"Attention everyone, evacuate the factory area and leave the rest to the police."

And this voice was Qin Yuan. After everyone heard this voice, their eyes suddenly lit up, and they quickly said to Qin Yuan:

"Captain, we were hit by the opponent's golden cicada, what should Scorpion do?"

When Qin Yuan heard this, he said a little bit angry:

"I've seen it all, and you can't blame you for this. Scorpion and others are running away, we will catch up directly! I will give you a coordinate and come to my side to gather!"

At this moment Qin Yuan said directly, and then the people of the red blood cell team immediately started to act!

At this moment, Qin Yuan was hiding in a jungle, turning on his thermal imaging capability and night vision function. He was watching a group of heavily armed squads flee frantically, with a sneer at the corner of his mouth.

"Scorpion, even if you are powerful, it is impossible to escape in the dark, just die."

Having said this, Qin Yuan rushed out directly.

At this time, on the side of the special police, after all, they had no intention of calculating. Under the suppression of the aerial gunship, the gunmen of the other party quickly gave up resistance and threw their guns directly on the ground. They were caught by the special police soldiers. Take control.

As the boss, Liu Haisheng also knew that the situation was not good, so he hurried to the place where he hid the money and filled a lot of cash.

While pretending to be money, he was scolding his mother:

"Damn! Isn't this scorpion saying that he is a killer and can kill all these people directly? He was knocked on the door by others, and he didn't even have a personal image, a credible bastard! Wait for me, I If you can survive! I must kill you!"

Liu Haisheng couldn't help cursing, grabbed a bag of money, and quickly rushed outside the factory. Unfortunately, at this time, a person had seen Liu Haisheng's back and shot Liu Haisheng directly in the leg. Liu Haisheng felt anxious. , Hurriedly shot back, and a soldier was accidentally injured.

Seeing someone injured, the team leader immediately picked up the walkie-talkie and reported to the top:

"It is reported that there are casualties on our side, and the other side has enough counterattack force to request that the other side be killed."

"Allow to kill!"

Soon the headquarters gave instructions, and the Tigers team instantly concentrated on Liu Haisheng's forehead. Liu Haisheng stared at him with big eyes, and couldn't squint.

A soldier rushed up quickly, checked carefully, and found that Liu Haisheng was completely dead. This was a nod to his comrade-in-arms, and A Hong, who was hiding in a room, looked dead. The lost Liu Haisheng showed the joy of revenge in his eyes.

The Tigers team also found A Hong, and soon rushed over and caught her out.

The entire operation lasted only ten minutes, and all those who dared to resist were killed. Only a few gunmen who surrendered first were controlled and were walking out.

But at this time, Wen Guoqiang's eyes were full of anger. He looked at A Hong who was on the side, and yelled at her furiously:

"What the **** is going on? Why are you doing this?"

But A Hong cried and said, "He is not a beast, he is a good man."

"Why doesn't a good person take you with you? Just because he is a good person, you told him all our plans. Do you know how many of us were killed?"

At this time, Wen Guoqiang was about to explode, and finally had a chance to catch the scorpion. I didn't expect that it was because of this insider that his previous achievements were completely abandoned!

And A Hong was also speechless. She knew that she was not doing the right thing, and Wen Guoqiang didn't want to say any more, so she waved her hand and let people take A Hong away.

Director Qian, who was on the side, saw Wen Guoqiang's angry look, and whispered to Wen Guoqiang, "What should we do with her?"

"What else can I do? According to the previous appointment, send her back to China. We represent the face above. Could it be that this incident killed her to vent her anger?"

At this time, Wen Guoqiang's face was ashen and angrily grabbed the walkie-talkie:

"Hey! Qin Yuan! Qin Yuan!"

After a while, the opposite of the walkie-talkie remembered the response. At this time, Wen Guoqiang said to the walkie-talkie with an ugly face:

"Qin Yuan, it was my mistake this time. If I can take your advice, maybe Scorpion won't run away this time!"

But at this moment ', Qin Yuan's calm voice came from the intercom:

"It's not the time to discuss these things. After the matter is over, we can clarify who is responsible."

At this time, Wen Guoqiang's eyes widened when he heard this. He listened carefully and found that the sound of a mountain wind roaring from the walkie-talkie was enough to prove that Qin Yuan was moving at high speed, and then Wen Guoqiang suddenly thought of it. What's the matter, I quickly said to Qin Yuan:

"Qin Yuan! You can't chase the opponent. The opponent is a master of jungle warfare. You only have a small team. If there is any serious casualty, I can't afford it!"

However, Qin Yuan sneered when he heard Wen Guoqiang's words, and said directly to Wen Guoqiang:

"This is no longer within the scope of this mission. Next is the personal grievance between our red blood cell team and the other party. I want the other party to know what it means to pay a tooth for a tooth and blood for blood!"

After saying this, Qin Yuan cut off the channel directly, looked at the members of the red blood cell team that followed him, and said coldly: "Let's go, let's chase together."

Chapter 395: 1 lead

At this time, the mercenary squad under Scorpion was also rushing in the mountains and forests. At this time, a voice came from Scorpion's headset:

"Boss, did we just run away like this? He still has a lot of commissions left to pay us!"

Scorpion knew that this was the voice of his subordinate Mamba, but when he heard this, he smiled coldly:

"Still thinking about money now? The military has already intervened. This is beyond the scope of the contract. We don't have to die with those idiots. What's more, the other party has already paid a deposit of 2 million. We stayed here for a total of several days. That's it, it's considered a profit, and I have to explain to the company when I go back."

Upon hearing this, the other rhinoceros also smiled:

"That's right, just let those idiots block the slip of chasing us."

However, some people were not convinced and said directly:

"Boss, are we going to run so fast? I heard that Yan Country's special forces are all boy scouts and have never seen blood."

But when he heard this, Scorpion said directly:

"Remember! Never underestimate your opponents. Did you know that the tigers were all planted in their hands last time, and the last time I stole from the Bobcats, I found out that there was a master Pursuing, if I hadn't prepared well in advance, I wouldn't be able to escape from the opponent's hands. Okay, stop talking nonsense and move forward at full speed."

Hearing Scorpion's answer at this time, everyone was silent. They knew that there was already a ship waiting for them on the shore. As long as they rushed to the coastline, they would have escaped from here.

But at this moment, there was a sense of crisis flashing in Scorpion's heart, and he slammed forward.

Then he heard a sound passing through his ear! Touch! The sound of the sniper rifle rang far behind them, and the newcomer who was questioning just now was headshot instantly!

The scorpion's eyes suddenly stared at the boss, and he screamed: "Everyone is hidden!"

And the scorpion just hid behind a stone, and suddenly heard a sound from a distance:

"Scorpion! You run away, you can't escape from my palm!"

At this time, Qin Yuan's eyes were full of sneers, and he directly used the technique of the lion roar technique to spread this sentence far away, shaking countless birds flying!

Scorpion heard such a voice, but a cold light flashed in his eyes. He didn't expect that these people would dare to catch up, and they were so arrogant, that they would dare to directly initiate such a provocation against him!

Obviously, this guy did not put himself in the eyes at all!

However, Scorpion was not dazzled by his anger. He listened carefully to Qin Yuan's location, and whispered directly to several of his men:

"It seems that the opponent is a master, so far away from us, he can still hit, let's go!"

At this time, Scorpion and others slowly fled from the rear, but at this moment, another bullet flew over, instantly killing a moving mercenary!

The scorpion suddenly widened his eyes. It is early in the morning, the sun has just appeared, and there is a layer of morning fog in the forest. Under such an environment, even with night vision goggles, there is still no way to see each other clearly. Silhouette.

So how did the opponent make these two shots?

You know, if Scorpion hadn't relied on his natural sense of crisis just now, then he was killed!

At this time, the rhinoceros hiding on the ground also trembled. The person who was hit was beside him. He touched the blood splashed on his face and asked the scorpion:

"Boss, how did he see it? Could it be that he couldn't see through such a thick fog? Is this Nima still hit by such a distance?"

This rhino guessed well, and Qin Yuan is indeed a see-through eye!

Although the sun has risen, and there is still thick fog in the mountains, Qin Yuan's thermal imaging capabilities and night vision capabilities are unusable, and even Qin Yuan's eagle eye capabilities are somewhat hindered.

However, Qin Yuan still has this radar function and smoke resistance!

"World-class smoke resistance: able to make the host resist the damage caused by primary smoke!"

This smoke resistance made Qin Yuan not even afraid of smoke bombs, let alone a little morning mist in the mountains!

At this time, the Scorpion was also full of cold sweats. He also didn't know what was going on. But after all, Scorpion had experienced a lot of battles. Knowing that the more flustered, the more he would die, he directly whispered:

"Everyone got hidden, we retreated slowly, and headed east. There is a minefield I designed over there. We will lead the opponent in before we fight!"

"But, Captain, the other party can see us, and we are still some distance away from the minefield. What should we do during this period of time?"

At this time a person asked in a low voice, but Scorpion smiled coldly:

"Then you can only see if your own life is good! Although the other party killed the two of us, there was a few seconds between the two. This is enough to prove that the other party can do this step. I am afraid there is only one person.

Even if a person shoots at a faster speed, there is still a gap of two or three seconds. Even if the other party makes no mistakes, it will take a total of 5 seconds to run from here to there. That is to say, the other party A total of two people can be killed. Let's see who is the hapless one! "

Hearing Scorpion's words, a cold light flashed in the eyes of those underlings, and the whole person trembled:

"Hehe, that's right, the only way to escape is."

"Let's see how powerful these people are."

"Sure enough' I've heard that Yan Country is a taboo for mercenaries, and now it seems that it is indeed well-deserved."

At this time, including Scorpion, there are 5 people, among the 5 people, two will be killed! We can only see who is out of luck!

With Scorpion's order, the five people ran out of the bunker together instantly, and Qin Yuan saw the movements of these people, and the sniper rifle in his hand was instantly activated.

With a bang, Qin Yuan directly hit a mercenary. The mercenary was shot in the back of the head. The red and white shots all flew out, and the whole person fell to the ground with a snap!

And Qin Yuan's hand kept on, directly stimulating the second shot, but this shot did not hit the second person in the head, but directly hit the back of this person, and this person groaned. With a sound, it didn't fall down!

Qin Yuan's brow furrowed, this was beyond the shooting range of the gun!

"chase!"

At this time, Qin Yuan directly made a gesture to the people of the red blood cell team, and then chased after him!

Chapter 396: Run wild

After hearing Qin Yuan's greeting, the members of the red blood cell team immediately followed. They were all trained in physical exercises, and their physical fitness was much stronger than that of Scorpion and others. With Qin Yuan's leadership, they moved forward. The speed is beyond Scorpion's imagination!

Sure enough, when the Scorpion team had just arrived in the minefield set by the Scorpion, the members of the Red Blood Cell team had already caught up with them!

"Shit! Why do these guys run so fast!"

At this time, the rhino screamed, but at this time it was too late to think too much, and the two parties directly turned the fire!

Song Kaifei was holding a Type 95 rifle. The bullets seemed to be free of money. They flew directly towards the place where Mamba was hiding. The wood chips that hit the tree flew around. On the other side, Xu Tianlong took advantage of this. Opportunity, quietly lurking in the past!

And the black dog on one side saw Xu Tianlong lurking in the past, and it was a series of bullets that shot over there. Mamba discovered Xu Tianlong sneaking in, but Xu Tianlong had already pounced as soon as he turned around. When they came up, the two directly fought together!

At this time, two people were holding a special army saber, and the other holding a Nepalese saber known as a dog-leg knife.

This Mamba is a black man, he must be at least two meters tall, and 200, less weight. Xu Tianlong looked at each other as if he was facing a little giant.

Mamba looked at Xu Tianlong, showing his big white teeth, and then suddenly rushed towards Xu Tianlong!

However, Xu Tianlong was quiet, and directly avoided the attack of the dogleg knife of Mamba, looking for an extremely tricky angle, and wanted to pierce the dagger in his hand into the opponent's thigh!

But at this moment, Mamba's legs moved, and the speed was extremely fast, which was beyond Xu Tianlong's imagination. Xu Tianlong couldn't dodge, and immediately let him kick out!

"Hehe, yellow-skinned monkey, do you know that black mamba is not only poisonous and powerful, but also has the fastest attack speed!"

Mamba looked at Xu Tianlong who was beaten out with some pride, and rushed out fiercely!

"Fucking!"

At this time Xu Tianlong was also **** at the corners of his mouth. This guy's kick was indeed uncomfortable, but based on this alone, he wanted to defeat Xu Tianlong from a family of martial arts, that would be nonsense!

Then Xu Tianlong flew towards Mamba suddenly, and Mamba saw Xu Tianlong rushing over, so he repeated the technique, kicking Xu Tianlong, who could not be avoided in the air, but Xu Tianlong made an elbow blow. Hit Mamba's thigh suddenly, Mamba felt that his thigh was numb, and the other leg was unable to support it, so he knelt on the ground with one leg, and Xu Tianlong took advantage of the opportunity and swiped the dagger in his hand. Slashed Mamba's throat directly!

The blood spattered, and Xu Tianlong's face was all broken, but Mamba could only make a loud sound, and then fell to the ground feebly!

But at this moment, Xu Tianlong saw Mamba's hand resting on a silk thread, his eyes suddenly widened, and he immediately hid his body under Mamba's body!

boom!

A landmine exploded instantly, and countless shrapnel pierced Mamba's body, and Xu Tianlong also let out a cry. Even if Mamba's body is huge, Xu Tianlong cannot completely hide his body in Mamba's body. Next, it is naturally unavoidable to be injured by shrapnel.

Both lose!

On the other side, Li Erniu also suddenly met the rhinoceros and shot a bullet. Although the rhinoceros was killed, he was also hit by the black dog on the other side!

Li Erniu snorted, and immediately turned over and hid behind a stone, but the black dog just wanted to chase, when a gunshot sounded, there was a blood hole in his head, and He Chenguang who was hiding on the side exploded his head!

"Falcon, I thank you!"

At this time, Li Erniu whispered, realizing that his injuries were a little less serious, and he rushed out again!

The same is true for other people. The people on both sides are masters. In this fierce battle, no one can completely guarantee their safety. Red blood cell people are more or less embarrassed!

Even Qin Yuan was hiding behind a tree trunk at this time and was changing bullets at this time.

Qin Yuan swears that the scorpion in front of him is the strongest expert he has ever dealt with. Although the physical quality of this scorpion is completely inferior to Qin Yuan, Qin Yuan discovered that the opponent seems to possess a danger perception ability just like himself!

Qin Yuan's spider induction was obtained from the system, but the scorpion's ability to perceive danger was obviously born!

Qin Yuan finally knew why the scorpion was so difficult to catch!

But even so, Qin Yuan still has a sneer on his face, even if he has this ability, what can he do if he knows that there is danger, he may not be able to avoid the danger, he will die if he is shot!

At this time, Scorpion saw that his men were finished one after another, and the pressure in his heart was getting heavier! Seeing that his last subordinate was about to die, Scorpion flashed and fired a shot in Wang Yanbing's direction!

Wang Yanbing also gave a strange cry at this time, and squatted down directly, but there was still a wound on his face with gravel!

And the suppressed Hamm also took advantage of this opportunity to throw a grenade directly, but unfortunately, this grenade was shot and exploded by He Chenguang in the distance before it flew out!

"boom!"
"what!"
Hamm's arm was instantly blown into a blood gourd, and he let out a scream, and Wang Yanbing, who was hiding on the side, was hit by shrapnel and couldn't raise her head' but he was still facing. He Chenguang in the distance stretched out a thumb!
Scorpion saw that his last subordinate was also seriously injured, knowing that he couldn't beat it this time, so he could only escape!
But before Scorpion had time to leave, he felt an unprecedented sense of crisis in front of him. The hairs on Scorpion's body were all erected in fright, and he hurriedly hid away!
boom!
The tree in front of the scorpion was directly interrupted by the middle, and a bullet-like thing flew out directly, stabbed fiercely on a stone, directly inlaid on this stone!
"This"
Scorpion saw something at this time, his eyes widened, what is this Nima, anti-tank equipment is just this kind of power, right?
However, ordinary anti-tank equipment cannot be used in the jungle at all. After all, how can this thing close to two meters move at high speed in the jungle?
At this time, the scorpion was frightened and fleeing madly!
Chapter 397: Want one more?
While Qin Yuan looked at the scorpion fleeing frantically, there was a sneer at the corner of his mouth. Hehe, even if your danger perception ability is relatively strong, can you avoid the first shot or the second shot? Can you avoid the third shot?

Qin Yuan directly addressed the members of the red blood cell team on the side:







"Hey, let's go, we're going back!" Qin Yuan patted He Chenguang on the shoulder and started to walk back! Southeast Military Region, Spike Special Operations Base. At this time, a helicopter landed directly on the tarmac. There were already many doctors and nurses waiting around. Seeing the helicopter fell, he immediately drove towards the helicopter car, and then quickly boarded the helicopter. The wounded were brought down! Although Qin Yuan wiped out the Scorpion team this time, the members of his red blood cells were also injured. But they are all skin injuries. Except for Li Erniu and Xu Tianlong who are slightly more serious, they need to be hospitalized for observation. The others just need a simple dressing. On the side of the apron, He Zhijun, Fan Tianlei and others have been waiting for a long time! At this moment, seeing Qin Yuan getting off the plane, He Zhijun suddenly said: "Salute, salute like Comrade Qin Yuan! Salute like a wounded comrade!" At this time, Fan Tianlei, Chen Shanming and others were all saluting to the people of the red blood cell team. At this moment, He Chenguang and the others didn't know what to do. Even Qin Yuan was a little surprised and quickly returned a military salute. , Said with a grin: "What's wrong, didn't I just kill a scorpion, as for such a big show?"

But when he heard this, He Zhijun on the side shook his head:

"You not only killed the scorpion, but also washed away the shame of our Spike Military Region! At this point, you can't be given higher merits, but I personally thank you from the bottom of my heart!"

With these words, He Zhijun directly held Qin Yuan's hand!

Fan Tianlei, who was on one side, had a touch of complexity in his eyes, and said to Qin Yuan:

"Thank you, Qin Yuan, you don't know, I finally avenged my son!"

At this time, seeing the appearance of He Zhijun and Fan Tianlei, 'Qin Yuan also became a little serious, and then said to the two of them:

"This is what I should do. The shame of Langya naturally has my share. This is not only for your shame, but also for myself!"

"Haha, that's good, walk around, you guys go back and have a rest first, tonight, I have prepared a table of good dishes for a good celebration!"

Fan Tianlei is now regarded as a big revenge, and the whole person is considered to be relieved of an important burden. The whole person looks a lot easier.

Qin Yuan laughed when he saw Fan Tianlei's appearance, and followed Fan Tianlei with his shoulders.

"Golden Eagle, your son's revenge has already been avenged, and I think you can be regarded as having an account of your wife. You see that your age is not too old. Is your wife younger? I think, otherwise, you Remarry your wife, want another one?"

"what?"

At this moment, Fan Tianlei's eyes widened when he heard this.

Chapter 398: Long Xiaoyun

When He Zhijun on the side heard this, his eyes lit up, and he secretly gave Qin Yuan a thumbs up:

"I think Qin Yuan is right. If you are embarrassed, I can talk to your wife on behalf of the military region!"

"No, no, no! This can't work, I...my wife...oh, forget it, don't want children!"

At this time, Fan Tianlei's old face was also a little red, but Qin Yuan said with a smile on his face:

"That's not good? You are not very old, could it be that you are not good?"

"Hey, Lao Fan, this problem is not trivial. As the saying goes, people are middle-aged, but they should pay attention to maintenance!"

At this time, He Zhijun was also grinning, and He Chenguang, who was on the side, had his eyes straight when he heard what these people were saying. He couldn't think that these people actually talked about this topic...

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In the next few days, Qin Yuan really went on vacation. After all, most of the members of the Red Blood Cell Team were injured and there was no way to continue training.

Qin Yuan helped Fan Tianlei to develop a prescription for replenishing lean and nourishing qi, so that Fan Tianlei can make up well. As for how this guy can get his wife back, that's his own business!

After all, the two people divorced only because of their son. Now Scorpion is finally dead, and a thorn in their hearts has also been removed. As long as the two parties do not change their hearts, this remarriage is basically a certainty, thing.

Sure enough, Qin Yuan received the news of Fan Tianlei's remarriage within a few days, and Qin Yuan was thinking of going to find Mu Qingmei, but he received a wedding invitation from Fan Tianlei. Seeing Fan Tianlei's old face flushing, Qin Yuan teased Fan Tianlei well.

But there is a saying that is well said, the present world report is fast!

Since Qin Yuan went to find Mu Qingmei this time, he would naturally not stop because of Fan Tianlei's wedding post. Soon, Qin Yuan drove to the Wolf Base.

"Hey, good chief!"

At this time, the one who looked at the door at the door was a person Qin Yuan didn't know, but it was obvious that this person knew Qin Yuan, and Qin Yuan directly responded with a smile.

However, Qin Yuan was a little surprised to find that the Wolf Warriors team was staying in the base for training. What surprised Qin Yuan even more was that Qin Yuan found the wolf's People are actually practicing their own physical exercises.

"It seems that the little girl Long Xiaoyun knows what a good thing is!"

Qin Yuan squeezed his chin and smiled, then went to find Mu Qingmei.

At this time, Mu Qingmei was staying in the newly built health clinic and was busy, but Qin Yuan saw Mu Qingmei's appearance, but did not make a sound, just stood on the side, watching Mu Qing quietly. Mei Mei is helping a child with an injection.

Although Mu Qingmei was in the Sanitation Center of War Wolf, there were still many family members of War Wolf near the War Wolf base, so children from the military area would see a doctor here from time to time.

"Oh, light eyebrows, I don't know why, this little boy in my family won't make trouble when getting an injection here. When I took him in my hometown, he called a scream when I got an injection. His father wanted to beat him, you said that a man who was afraid of injections, what kind of like!"

At this time, the speaker seemed to be the mother of the injection boy, and when Mu Qingmei heard this, he only smiled, but said nothing.

But the little boy spoke:

"This is because sister Qingmei is beautiful. The doctor you found for me in my hometown is really ugly. I was not crying because of the injection. I was scared to cry!"

"You little bastard, you dare to talk back, see if I don't beat you!"

The mother dared to talk back when she saw her son. She took off her slippers and raised her hand to hit her son's ass. This stinky boy was not in a hurry. Obviously it was not the first time she saw such a posture. Turned around Mu Qingmei!

The two people just turned around Mu Qingmei, but Mu Qingmei looked dumbfounded!

But at this moment, she saw Qin Yuan standing at the door, she was stunned, and a gentle smile appeared on the corner of her mouth.

Seeing Mu Qingmei's smile, the mother and son were also stunned, but following Mu Qingmei's eyes and seeing Qin Yuan standing outside, they suddenly uttered a cry of "Oh~~" Very meaningful!

"Let's go, let's go, the doctor has something to be busy with, walk around, let's go home quickly!"

At this time, the mother led her child directly out of the clinic, and before leaving, she made a cheering gesture to Mu Qingmei!

And Mu Qingmei felt the joking glances of the mother and son, and was a bit shy, but he walked directly in front of Qin Yuan and whispered to Qin Yuan:

"How did you come?"

"I have time recently, come and see you, how is it, are you busy?"

Qin Yuan also looked at Mu Qingmei with a smile at this time, and Mu Qingmei also sighed slightly, and said to Qin Yuan:

"It's a bit busy. Recently, Captain Dragon changed a training method. Some soldiers often couldn't hold on, which would cause ligament strain or something, so I waited in the clinic these days to give them some tricks."

Hearing this, Qin Yuan was a little surprised. He also saw just now that the people from the Wolf Warrior Squadron were training in physical training. They thought it was good, but now that so many people are injured, they are Can't figure it out!

"Is it because they overtrained? No, this exercise is very physical, even if you want to overtrain', it's not easy? Why did I do this before? No problem?"

Qin Yuan scratched his head, but when he heard what Qin Yuan said, Mu Qingmei was a little surprised and asked Qin Yuan:

"Have you trained this technique? Are you okay? Are you tired? Would you like me to show it to you?"

Hearing this, Qin Yuan showed a smile on his face, but just when he was about to say something, a voice came from outside:

"He is not only training this technique, he is even the founder of this technique, do you think he will get hurt?"

At this time, Qin Yuan looked back, but found that it was Long Xiaoyun who was standing at the door!

But when she heard Long Xiaoyun's words, Mu Qingmei was even more surprised. Qin Yuan hadn't come over these days, and Mu Qingmei didn't know what Qin Yuan was doing.

As a medical worker, Mu Qingmei can of course see how useful this set of techniques is, so even if there is a risk of ligament strain, Mu Qingmei still did not stop the members of the Wolf Warrior team from training.

Chapter 399: Can this work

Originally, Mu Qingmei was still thinking about how to prevent this kind of muscle strain, but she never thought that this set of techniques was actually created by Qin Yuan!

"Qin Yuan! You are so amazing!"

At this moment, Mu Qingmei hugged Qin Yuan directly, his eyes filled with excitement!

Qin Yuan felt the softness of Mu Qingmei's chest, and felt a rippling mood. He hugged Mu Qingmei before turning around in the air.

Although Qin Yuan and Mu Qingmei have established the relationship between their lovers, Qin Yuan has been performing tasks outside for a while, and there is no time to look at Mu Qingmei, so Qin Yuan has been a long time. No longer with a woman.

At this moment, he smelled the fragrance of Mu Qing's eyebrows and neck, and Qin Yuan couldn't help but feel relaxed and happy, while Long Xiaoyun, who was standing on the side, said in an angry tone:

"Hey! I'm still standing here. If you two want to make friends, can you wait for me to leave?"

At this moment, Mu Qingmei suddenly reacted, and ran off Qin Yuan quickly, covering his face, hiding behind Qin Yuan, not daring to speak, just looking at Long Xiaoyun dodgingly.

And the softness in his chest is gone, Qin Yuan is also a little bit disappointed, looking at Long Xiaoyun helplessly, he knows that this woman Long Xiaoyun has not been married until now, and he may decide how her hormones should be secreted. Now seeing the two of them show their affection, of course, I felt unhappy, so I directly choked on Long Xiaoyun:

"Since you know that the two of us are going to make each other, don't you just avoid it?"

When Long Xiaoyun heard Qin Yuan's words, he rolled his eyes and said directly:

"You think I'm willing to look at long corns here. Didn't I see you come, so I want to ask you for help? You can be regarded as coming to Mu Qingmei. If you don't come yet, I will plan Someone is sent to invite you."

Oh?

Qin Yuan frowned slightly, and then asked Long Xiaoyun:

"What can I do for you?"

"Of course it's this physical exercise. My subordinates have all started training your physical exercises. To be honest, although the effect is good, they get injured from time to time. Is there any problem with this? I'm here to ask Now, if there is no problem, then we will continue training."

Long Xiaoyun asked Qin Yuan. After all, Qin Yuan was the real inventor of the physical exercise technique. If there is something wrong with them, Qin Yuan must be able to see it.

Although a muscle strain is not a serious injury, after all, their Wolf Squadron is a rapid reaction force. Once there is a task, it must set off immediately. If there are some hidden injuries on the players at this time, it may be Serious consequences for the task!

Qin Yuan nodded when he heard this, and then walked out with Long Xiaoyun. After all, the bodybuilding technique of the Wolf Warriors team was not taught by Qin Yuan himself. Learned from the textbook.

So Qin Yuan wanted to see what was wrong with these physical exercises, and if there was a problem, he might modify it. After all, the physical exercises taught by Qin Yuan himself would not have such a drawback.

Soon, the three of Qin Yuan went directly in front of the Wolf Squadron who was training. At this time, Leng Feng saw Qin Yuan's arrival, his eyes lit up, and he said quickly:

"Master, why are you here?"

After all, Leng Feng followed Qin Yuan on missions in the Philippines. They were born and died together, and their feelings are naturally different.

The others couldn't stop their excitement watching Qin Yuan. They all knew exactly what kind of person Qin Yuan was. When they saw Qin Yuan coming to visit them, they were naturally very welcome.

"I'm here to see how your fitness skills are, Leng Feng, stand out, show off your fitness skills, let me see what's wrong!" At this moment Qin Yuan spoke directly to Leng Feng, and Leng Feng nodded his head fiercely, took a big step forward, and then began to demonstrate the bodybuilding technique he had learned.

Leng Feng has done this set of movements a bit skillfully. Obviously, the first and second movements are completely overwhelming for him. However, when doing these movements, Leng Feng is a little strange and does it again. After that, sweat started on his forehead.

When he did the third action, Leng Feng felt that his body was slightly wrong, but he gritted his teeth and directly finished the third set of actions.

But at this time, Leng Feng felt a sudden pain in his right arm.

When Leng Feng wanted to do the fourth move, Qin Yuan directly stopped the opponent, gently squeezed Leng Feng's arm, and said directly:

"Do you think this place is painful like a needle stick?"

"Yes, what's going on?"

At this time, Leng Feng asked Qin Yuan with some doubts, but Qin Yuan did not answer, but instead called another person to demonstrate this body-building technique.

Soon, Banzhu also directly demonstrated the body forging technique, but Banzhu felt pain in different places, and Qin Yuan finally saw the problem.

Although Qin Yuan used motion capture technology to demonstrate his physical exercises, watching the video learning, and Qin Yuan's own teaching, after all, there are some differences, some internal muscles, movement standards, in the video It is not marked at all, so when these people are training, their movements are more or less out of shape.

And this slight distortion, after a period of accumulation, will produce some hidden injuries, and if there are too many hidden injuries, some injuries such as ligament strains will occur.

Although these injuries will not cause any substantial damage to the effect of the exercise technique, they will affect the progress of the exercise technique' Now the red blood cell team under Qin Yuan, Xu Tianlong, the strongest physique, has already Being able to practice physical training

to the fifth form, the physique is greatly enhanced, but on the Wolf Squad side, even the cold front with the best physical strength can still only practice to the third form.

This is of course the reason that the Wolf Warriors team does not have much training time, but there is also a hidden injury caused by the lack of movement.

And after such a long time of training, Qin Yuan's body has already made great progress. He had already mastered all five movements of the exercise technique when he first learned the exercise technique.

After looking at the people around him, Qin Yuan thought for a while, but said to Mu Qingmei:

"Come on, come and help me."

"I?"

At this moment, Mu Qingmei was stunned. She was just a doctor. Although she had learned this exercise technique out of curiosity, it was too difficult. Mu Qingmei just tried it briefly and gave up.

But now looking at Qin Yuan's appearance, it seems that she is going to use her to demonstrate to the people of the Wolf Warriors team. Can this work?

Chapter 400: Crazy grid

But seeing Qin Yuan's gentle smile, Mu Qingmei finally stood up directly.

She knew that even though Qin Yuan was a little foolish, he was still very serious about what was really important.

Out of trust in Qin Yuan, Mu Qingmei also stood up directly.

Qin Yuan smiled at this moment, and then as if to dance, he directly embraced Mu Qingmei's waist.

Mu Qingmei felt Qin Yuan's hand, and she couldn't help but panic, but when she saw Qin Yuan's eyes, the whole person slowly calmed down, and then no longer trembled, but calmed down. .

At this moment, Qin Yuan held Mu Qing's eyebrows lightly, and said directly to the people of the Wolf Warriors team:

"The reason why you feel that this exercise is very difficult is mainly because your movements are not in place. Now, I will let your military doctors show you what the orthodox exercise is like. !"

But after hearing what Qin Yuan said, the people in the Wolf Warriors team were all stunned, and let Mu Qingmei demonstrate it. This simply didn't work!

After all, this physical exercise is extremely difficult. Even if Mu Qingmei has Qin Yuan's help, it is almost impossible to complete. After all, the basic quality of Mu Qingmei's body lies in it. They have practiced for so long. It was to practice the third type of bodybuilding technique, but listening to Qin Yuan's meaning, this was to let Mu Qingmei show the entire set of bodybuilding techniques!

Mu Qingmei looked at Qin Yuan, only to find that there was a big smile on Qin Yuan's face, then she wiggled Mu Qingmei's limbs and said directly loudly:

"It's getting started, everyone look good!"

Then Qin Yuan manipulated Mu Qingmei's body and began to demonstrate the first exercise of the physical exercise. Mu Qingmei did not dare to move too much at this time. The whole person was like Qin Yuan's puppet, swinging with Qin Yuan.

But at this moment, Qin Yuan didn't use any effort. Mu Qingmei's eyes had already glanced at Qin Yuan, only to find that Qin Yuan seemed to make her use her own effort.

With trust in Qin Yuan, Mu Qingmei bit her lip lightly, and then swayed. After watching for so long, Mu Qingmei had some understanding of physical exercises, so she used it first. The style is not a problem!

Soon, the characteristics of physical exercises began to appear on Mu Qingmei's body. Although Mu Qingmei worked hard to do these movements, she didn't want to deform these movements, but now the muscles all over her body began to sore.

Although she usually exercises, she can't compare with professional special forces after all. It's just that this first style has made her a little bit unable to hold on!

But at this moment, Qin Yuan's hand pinched Mu Qingmei's arm, and then moved forward abruptly. Mu Qingmei's palm, which could not be swayed, immediately achieved the posture of the bodybuilding technique. Qin Yuan's other hand pinched Mu Qingmei's arm, directly alleviating the sore muscles on Mu Qingmei's body!

At this moment, Mu Qingmei's eyes suddenly brightened, and he felt that his hands had strength again, and then Qin Yuan hugged Mu Qingmei directly and began to demonstrate the second pose!

And just like this, Qin Yuan helped Mu Qingmei exert a little strength every time when Mu Qingmei was exhausted, and every time she got all the postures in place, although Mu Qingmei still felt tired, she felt a little bit tired. A new force reappears, and it transforms into the force needed for the next posture!

In this way, Mu Qingmei actually completed five movements abruptly, and directly practiced all this whole set of physical exercises!

After Mu Qingmei finished the whole set of physical exercises, she felt a warm current flowing from her body, as if her strength had increased by a point. Mu Qingmei looked at her hands in disbelief. Then the whole body was weak and fell directly into Qin Yuan's arms.

After all, this physical exercise is still very expensive. Mu Qingmei has not exercised before. Although she completed the entire exercise with Qin Yuan's help, she still feels weak, and Qin Yuan held it with a smirk like this. Mu Qingmei said directly to everyone:

"Have you seen it clearly?"

At this moment, the people from the Wolf Warriors team below just looked at Qin Yuan dumbfounded. They had indeed seen it just now. After all, they were completely shocked when they saw Mu Qingmei completed the second form.

When they tried for the first time before, they had just completed the first form, and those who could reach the second form were considered very good.

But now Mu Qingmei, a girl, was able to complete the second pose in one shot. This was enough to make them extremely surprised, and when Mu Qingmei completed all the poses later, they were shocked and didn't know what to express!

Hearing Qin Yuan's question at this time, they could only nod their heads like a chicken pecking at rice.

The people of the Wolf Warriors squad didn't have any gains. Although Qin Yuan helped, Mu Qingmei was a novice after all. They could clearly see the mistakes that should be made, and how Qin Yuan helped. Mu Qingmei had covered up this mistake, and they had seen it too.

So it's okay to take pictures of cats and draw tigers and help your companions correct them.

Qin Yuan said directly to the crowd: "Next, you will be a pair of two and start training. If there is something you don't understand, I will give you instructions."

After saying this, Qin Yuan just looked at Mu Qingmei who fell in his arms, smiled slightly, then directly hugged Mu Qingmei, then put her on a chair on the side, and started to face Mu Qing. Massage the eyebrows.

At this time, Mu Qingmei was sore all over her body, but she couldn't stop feeling Qin Yuan's massage, and Mu Qingmei cried out loudly.

But seeing Mu Qingmei's appearance, Qin Yuan couldn't stop smiling at the corners of his mouth. In fact, Qin Yuan wanted to train Mu Qingmei a long time ago. Today, he just found the opportunity to train. Physical exercises can only help the most when they complete a set of movements. Coupled with Qin Yuan's massage, Mu Qingmei will make great progress.

But at this moment, a voice rang in Qin Yuan's mind:

"Ding Dong! The host is awarded the title of Master of Physical Training. For every fifty people who help complete the training of Physical Training, one grid will be obtained!"

At this moment, Qin Yuan's eyes lit up when he heard this voice. He didn't expect to help others to complete the training of physical exercises, but there is such a benefit?

Fifty people can get a grid. If Qin Yuan thoroughly promotes this bodybuilding technique, even if it is only promoted in the army, it will be enough for several million people!

Thinking of this, Qin Yuan's eyes almost turned into grids!