

The Alpha Train Novel - Chapter 5

Chapter 5

Chapter 5 Christina I fight the butterflies in my stomach as I approach Sebastian's door . He ' s an instructor , he has an adult son who isn't that much younger than I am . He has no interest in me other than he's an Alpha and I'm an Alpha who apparently isn't living up to the standards of other Alphas , namely my brother and Sebastian . I take a deep breath and knock on the door . I plaster a smile on my face .

and when Sebastian opens the door , his smile is warm and doesn't seem to be forced . " Come in , Christina . Are you comfortable meeting with me here , with just the two of us ? " " Of course , Sebastian , " I say , knowing that he'd never do anything inappropriate . It's not who he is . " Have a seat , Do you want a drink ? " he asks . I'm surprised that he has his own drinks in here when we have them on the Train and at the school . " Sure , " I say , unused to having someone serve me .

Chapter 5 " Whiskey okay ? " he asks , holding up the bottle . " Absolutely . When he turns to pour our drinks , he glances at me over his shoulder . " I like being able to have a drink in my room without having to go ask someone to make it for me . " " Pouring whiskey into a glass isn't exactly making a drink , Sebastian , " I tell him as he hands me a glass . I stare at the glass a moment . He didn't ask me how I liked my whiskey . I know he likes his neat , meaning nothing but whiskey .

But I like my whiskey on the rocks and that's how he gave it to me . " How did you know ? " I ask him . " I pay attention . " The idea of Alpha Sebastian paying attention to what I want , what I like , makes my heart stutter with joy , but I quickly rein it in . I need to focus . Sebastian doesn't want me like that . He's an Alpha , a good one . I know that he used to be on the leaderboard when he was an Alpha , that's how good he is .

" So , I'd like to know how you feel about taking the classes this semester , " he begins , sitting down across from me and focusing on me just like I expected , as if there's nothing else in the world right now except me . Checter S I look down at my drink . " Before I answer that , may I ask you a question ? " " Anything . I'd like for you and I do have conversations regularly . I want you to feel free to ask anything and not worry that I'll be offended or put off .

I'd rather know what you're thinking and what you're questioning . The more I know about you , the more I can help you this semester and the better our partnership will be . " I nod , swirling my whiskey around in my glass . " Are you disappointed that I haven't taken any classes in the two years that I've been here ? " I finally look up , needing to see his response to my answer . " Disappointed ? No . Curious , yes .

You're an Alpha female , one of the very few unmated Alpha females out there . You can't tell me that you haven't realized that you would do better than some of these yahoos .

who come in for the Alpha school . " I laugh . " Yahoos ? " He smiles and damn is it sexy . " Yes , how many cocky Alphas have you seen walk on this Train ? " " Nearly every one of them . It's rare to find the exception . " " Exactly , " he says , leaning forward .

" And how many of them take a shot at being the first to ride The Beast when offered ? " Chapter 5 " Is that how you judge them ? The Beast ? " He sits back , an arrogant look on his face . " I don't judge ; I assess . " " And what is your assessment of me ? " I ask boldly . He looks at me intently for a moment , maybe deciding if I truly want the answer to my question . I realize that I'm not sure that I do .

" You're afraid of disappointing your brother , of not meeting the expectations that YOU think he has for you . " " You think I don't know what my brother expects of me ? " " I think you have incredibly high expectations of yourself , and you assume that your brother's expectations are the same . And they may be , but I don't think so . I've met your brother . He's a good man and a good Alpha .

He sees things in others , understands things in others that they sometimes don't understand in themselves . " " Kind of like you ? " I ask him . " And you , " he says , making me wonder where he got that idea from . " He told me he wants me to take the classes this time . He said I don't give myself enough credit . " " I would concur with his assessment , " he says , smiling and taking a sip of his drink . " I think you could give these Alphas a run for their money , Christina .

You just have to believe in yourself . " I nod . " I'm not sure how many I can take . It's a lot to take classes and work . I wouldn't want to leave my work for others to have to do . " " I can talk to James , see what we can do . You'll already be in the strength class with me and in the sex class with me , hopefully , but I'd like you to take the sensory class and the communication class . " " That leaves How to Manage a Pack and Managing Pack Finances , maybe one more .

" Unless you're planning to take over your brother's pack , you don't need those , but the others will be good for you , I think . " " Okay , I'll see if I can work those into my schedule . " " Good , now , let's talk about the sex class . I need to be blunt , and I need you to be honest . " " Alright , " I say , already starting to feel uncomfortable with this conversation . I take a sip of my drink . Damn , the man knows his whiskey .

I'm not sure what my face conveyed , but Sebastian smiles . " It's the good stuff . " " Yeah , it is ! " " So , I'm assuming you're not a virgin , but I need to know that for sure . Have you had sex before ? " he asks . " Yes . " " With an Alpha ? " " No. Dane never allowed his friends to date me . " " What about Alphas that weren't his friends ? " he asks , obviously surprised . " Dane ... sort of became a parent figure to me when our parents died .

He ' s like an Alpha big brother on steroids . I think word got around quickly that he'd hurt any Alpha who touched me . They were always pleasant , but they never , ever tried to date me . " " Humor me for a moment , " he says , pulling out his phone . He hits speed dial and puts it on speakerphone . " Hey Dad , what's up ? " Chapter 5 " Ryan , what do

you know about Christina Kneeland ? " " Alpha female , off limits , " he says instantly . " At who's request ? " " Oh , it wasn't a request .

Alpha Dane was quite clear about what he'd do to any Alpha that touched his sister . " " Thanks , Ryan . See you in a few months . " " You got it . And Dad , I hope you figure out that dilemma you were having , " he says , making Sebastian scowl before he hangs up . " Well , there you have it . Your brother really did scare off every Alpha out there . " " I'm not surprised . Working the Train , I've seen quite a few I'd be happy never seeing again . " " Well , I don't scare easily , Christina .

And I want you as my assistant in the sex class . So let's talk about what that means and your feelings around that . " " Okay , " I say , shooting the rest of the whiskey in my glass . " Another ? " he asks . " Yes , actually , " I say , feeling the need for a bit of liquid courage . He refills my drink , and I notice he refills his as well . I wonder if he's nervous or just trying to make me feel like having another drink to calm my nerves is no big deal .

" Being the lead instructor of the sex class , I'll obviously be at the head of the class . We're scheduled to have five Alphas this time around . In the beginning , there will be five tables , spread out in a semi - circle around the room . I'm sure you know that each Alpha is assigned to a partner , and they are a team for the entire semester unless the female . requests to be removed from the class . " I nod . I knew this part . " As my assistant , you would be on the table in front of me .

What I would do , is use you to show my instruction before having the Alphas practice on their partners . So , for instance , we start easy , letting the pairs get to know each other . But the goal is for the Alphas to begin to recognize the non - verbal cues of their partners . All of you have a lot of work to do and you carry a lot of stress in your bodies .

The first couple of classes are simply about massage , getting a feel for your partner's bodies , how they like to be touched , where they may be sensitive or ticklish , and where they need more attention . If you're willing to turn around , I'll give you an easy idea of what I'm talking about , " he says . Chapter " Okay , " I say , setting my drink down and turning away from him . He comes to stand behind me and I feel the heat of his body before I feel his hands on my shoulders .

Then his thumbs begin sliding over my shoulders and up my neck into my head .. " Oh ... " I say , but it comes out as a moan . " So , you like your neck rubbed and you like your scalp massaged , " he says softly , his fingers continuing to massage my neck and my scalp . " Has anyone ever rubbed your neck and scalp like this ? " " No. It feels incredible , " I say , feeling goosebumps rise on my skin . His hands are like magic .

" The first couple of classes , you'll be on your stomach and the goal for the Alphas is to get their partner to a stage where they are relaxed enough that they're either asleep or in a bit of a trance . " Mmhmm , " I say , not really caring anymore as long as he keeps doing what he's doing . " That's week one . Week two , you'll be on your back .

The same principles apply , the Alpha will be exploring his partner's body , finding all the areas where you do and don't like to be touched and by the end of week two , we expect every Alpha to have given their partner at least one orgasm . " Chapter S That makes me take notice . " What ? " " Relax , we're just talking , " he says , moving his hands down my neck to my shoulders . " Each Alpha is expected to make his partner orgasm through touch alone .

Depending on how his partner likes to be touched , and whether the Alpha picks up on her non - verbal cues , he may or may not achieve the goal . " I feel myself relaxing again under his strong fingers . " Weeks three and four , we'll teach the Alphas how to make a woman orgasm by using their mouth . After week four , classroom activities are achieved outside the classroom as this isn't some porn show .

Some women will struggle to relax in the group setting , even when we add the curtains in between the beds . But you won't have a curtain Christina , and I will make you come in front of the class . I need you to know that you are willing to allow that . I understand that will take trust and it will mean that I need to get to know your body well enough that if I need to make you come in a couple of minutes , I can do that . " I chuckle .

" It takes more than a couple of minutes to make me come , Sebastian . " His hands stop and a moment later , I feel his breath against my ear . " Not if you're doing it right , Christina . " Chapter 6

If you enjoy this work, please consider supporting me.