

Apocalypse 774

Chapter 774 - 774 Stamina Booster Recipe

Curiosity piqued, Kisha reached down and plucked a tomato that was larger than her palm. She glanced around and noticed the irrigation water from the canal, which was now infused with the spiritual spring. Crouching down, she rinsed the tomato before taking a bite.

As soon as the tomato hit her taste buds, her eyes sparkled with delight. The flavor was richer, juicier, and more satisfying than she could have imagined. The moment she swallowed, a warm sensation spread through her stomach, and she felt an invigorating surge of energy.

[Spiritual Energy Increased by 0.01]

She was a little surprised, so she took another bite and savored the flavor as if she were eating a gourmet food. She chewed slowly, tasting every nuance before swallowing.

A familiar warmth spread to her stomach, and she could feel a pure spiritual energy gradually rising from her dantian, flowing into her energy core.

Unlike earlier, when she hadn't noticed the full process, this time she focused her consciousness and observed every detail with intent, allowing her consciousness to follow the flow of energy closely.

[Spiritual Energy Increased by 0.01]

The spiritual energy in her spiritual core had indeed increased significantly. Before, no matter how much she ate, the system would never trigger a notification—it was like a drop in the ocean, barely noticeable.

But now, even a 0.01 increase per bite was a remarkable improvement. Since she had taken five large bites, she had already gained a total of 0.05 in spiritual energy, which was quite impressive. Compared to simply meditating, this result was far more efficient.

Then a thought struck her—if eating the spiritual crops raw could already boost her energy this much while purifying her spiritual pool, what would happen if she successfully cooked the spiritual cuisine and consumed it in every meal?

Suddenly, Kisha became genuinely intrigued, and she made a mental note to add this discovery to her agenda. For now, knowing that her territory space had undergone an upgrade due to the dense spiritual energy, it meant that training within it would yield far better results.

With this realization, the others resumed their training with renewed focus, while Duke turned his attention to refining his aura.

After witnessing firsthand how powerful aura could be—especially how it amplified his firepower differently from spiritual energy—he was determined to make his own aura denser and more refined.

He had seen the overwhelming strength of Kisha's aura, which far surpassed his own, and the results had been nothing short of devastating.

Now that everyone had their own tasks to focus on, Kisha made her way to her usual spot—the large boulder in the middle of the flower field. Once she settled in, she retrieved the Alchemy Manual from her inventory and opened it.

The moment the manual was opened, it floated into the air on its own. Familiar golden text shimmered from its pages, slithering through the air like serpents, reaching out toward her.

As the glowing script touched her, a warm surge of energy began flowing into her body. Then, without warning, the slithering text dove straight into her head, embedding itself into her mind.

Instantly, a wave of excruciating pain hit her. No matter how many times she experienced this, it was something she could never get used to—it felt as though her skull was being split open and stitched back together, only to be shattered again. The pain was unbearable, but she endured it, knowing it was the price of receiving powerful knowledge.

A flood of complex formulas, theories, and countless types of ingredients, materials, and herbs suddenly became known to Kisha—all complete with their uses, properties, and distinctions.

Many of them she had never even seen or heard of before. However, it quickly became clear that the manual wasn't complete. While it contained advanced techniques, foundational knowledge, and identification methods, it lacked any actual alchemical recipes.

As the final stream of information settled into her mind, the manual began to disintegrate as it always did, vanishing into particles of light. Kisha collapsed onto the boulder, drenched in sweat and utterly drained.

Her head throbbed painfully, a relentless pounding echoing through her skull, the cost of absorbing so much knowledge at once.

Kisha stayed slumped on the boulder for a long while, as still as a dead salted fish. Eyes closed and breathing ragged, she felt like a raging bull had rammed into her skull repeatedly.

Only when the throbbing in her head began to subside did she slowly push herself upright. Around her, everyone was still immersed in their training, completely unaware of what had just happened in her corner.

But that was fine—better, even. No one was distracted, and she preferred it that way.

Just then, Kisha remembered something: she had recently received a recipe for a stamina booster from completing a mission.

And it just so happened that she hadn't had the chance to purchase a new batch of Stamina Booster yet, which was why she hadn't been able to distribute any to her team during their earlier mission. They had to rely solely on the vials of blue and black liquids, which were far from ideal.

Kisha suddenly felt a spark of excitement, like a child who'd just discovered a new toy. She quickly took out the Stamina Booster Recipe from her inventory and opened it. As soon as she did, the scroll disintegrated, and its contents were injected directly into her mind—just like the alchemy manual earlier. It turned out to be a consumable item as well.

Thankfully, this time the process was painless. The information transferred was far less overwhelming—just a straightforward recipe rather than an intricate body of profound knowledge. It simply settled into her mental archive like a new page added to a growing book.

The best part? Now that she had unlocked the Alchemy profession, a new tab had appeared in her status window, displaying all the alchemical recipes she'd collected. So far, there was only one listed—but it was a start, and Kisha couldn't help but smile with satisfaction.

She opened her status window and double-checked, even though she already knew the materials and process for crafting the Stamina Booster.

Just below her 'Team Tab,' a new tab labeled 'Potion Recipes' had appeared. Curious, she tapped it. A list appeared—though for now, it only contained one entry.

When she clicked on the recipe's name, a detailed breakdown popped up, showing the ingredients and step-by-step instructions. It was a neat and organized system, making it easier for her to review everything at a glance.

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[Stamina Booster Recipe]

[Profession Requirement: Beginner Alchemist]

Ingredients:

Monster Blood ×2

Goblin's Tongue ×1

Goblin's Blood ×1

Liliana Mushroom ×2

Procedure:

Grind the Liliana Mushrooms into a fine powder and set aside.

Boil the Goblin's Blood and Monster Blood separately over a high-essence flame or Spiritual Flame.

Wait until the Goblin's Blood turns a deep black and the Monster Blood thickens into a sticky green consistency.

Transfer both liquids into a separate container. Add the Liliana Mushroom powder.

Pour in 100 ml of fresh spring water and bring the mixture to a boil.

After one minute, add the Goblin's Tongue. Let the mixture simmer for 20 more minutes.

During this time, slowly infuse pure mana into the concoction in controlled amounts. Be careful—too much mana too quickly may cause the mixture to explode.

The goal is to protect the essential properties of each ingredient while boiling away impurities and encouraging molecular separation.

The concoction is ready when it turns fully transparent and no impurities remain.]