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Yun Rugo and Song Ruyu originally thought that charlie wade was simply worried about them and wanted to take them with him, but they didn't expect that charlie wade would actually take them with him to comprehend some kind of strange celestial phenomenon.

For cultivators, opportunities are the highest secret. No one will share opportunities with others. If you want to exchange for opportunities from others, you have to pay a huge price. Just like in the years they have been in the Po Qing Society, although they can obtain some cultivation resources, the price is that they become Sara's claws and even have to bet their lives in Sara's hands. Only in this way can they exchange for so-called opportunities from Sara.

But charlie wade never makes such deals.

Whether it's elixirs or opportunities for cultivation, he won't be stingy with anything that belongs to his own people. If everyone studies together, they might even inspire each other.

Yun Rugo and Song Ruyu were filled with gratitude. They immediately stood up, knelt on one knee, and thanked charlie wade in unison.

charlie wade raised his hand and said, "Don't rush to thank me. Whether this phenomenon will still occur today, and if so, whether it will be of any use to you, is still unknown. Everything depends on your luck and destiny. If it is truly of any help to you, then it's not too late to thank me."

After saying that, he immediately stood up and said, "The nights in the Northern Hemisphere are getting shorter and shorter. We need to hurry and set off immediately."

Helena was momentarily at a loss, and quickly asked, "Mr. wade, may I come with you?"

charlie wade said, "We might have to stay in the freezing cold all night. Your body definitely can't take it, so you should stay here and get some rest."

Helena was stunned. She had the advantage of being close to charlie wade and arranged to share a room with him, but charlie wade was going to spend the whole night in the freezing cold. What was the point of her little scheme?

However, she also knew her own limitations.

In this kind of weather, I could probably only last an hour if I went out for a walk. If I really tried to endure it all night, even if I didn't freeze to death, I would at least get seriously ill. I'm not someone like charlie wade who has cultivation, so naturally I couldn't withstand it.

Thinking of this, she could only sigh and say, "Since Mr. wade says so, then I won't pretend to be richer than I am."

After saying that, she looked at Lin Wan'er (Alani) and asked, "Miss Lin, are you going too?"

Lin Wan'er (Alani) nodded and said with a smile, "Go ahead, I'm not afraid of the cold."

Although Lin Wan'er (Alani) was not a cultivator, she had taken the Eternal Green Pill, so even charlie wade's psychological suggestion had no effect on her. A slight cold was naturally no problem for her.

Helena was surprised that all four of them were leaving as soon as they arrived, and the thought of being left alone in the villa that night made her feel very disappointed.

Even though she was disappointed, she had no other choice but to bite the bullet and say, "Then you must be careful..."

charlie wade nodded, bid her farewell, and then led the three women into the darkness, heading north.

As the aurora season draws to a close, the aurora's span and intensity have diminished considerably compared to the depths of winter.

The four walked through the snow for several tens of minutes before arriving directly beneath where the aurora appeared.

The predominantly green aurora begins at the ground and extends into the high sky, swaying in the air under the influence of magnetic fields. If you look at the

shape of the aurora alone, it looks very much like the visual effect of a long, narrow, misty fireplace.

charlie wade stood under the aurora, sitting cross-legged on the snow, and said to Yun Rugo and Song Ruyu, "You two focus your attention on the aurora above your heads. If the aurora changes, be sure to remember all the changes."

The two were completely confused. The changes in the aurora seemed to them to be completely irregular, and the constant fluctuations were so varied that they were impossible to remember.

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Song Ruyu couldn't help but look at Lin Wan'er (Alani) beside her and pleaded, "Miss Lin, if it's convenient, could you please use your phone to help me record this? I'm afraid I might miss some details later."

Lin Wan'er (Alani) smiled and nodded, taking out her phone as she said with a smile, "Okay, Miss Song, don't worry."

Sitting cross-legged, charlie wade continuously changed hand gestures, performing the eight hand seals he had learned for the first time.

As before, as soon as the hand seal was made, the spiritual energy that was originally abundant in his body seemed to suddenly have a crack opened, and the spiritual energy was rapidly lost.

charlie wade dared not slack off. He already held two Qi-Nourishing Pills in his palm, ready to take them if he couldn't hold on any longer.

At this moment, a golden pagoda less than ten centimeters tall suddenly appeared in his sea of consciousness and slowly rose to the middle of the sea of consciousness.

That golden pagoda was exactly the same as the Four-Sided Treasure Pagoda, like a smaller version of it. In comparison, it was more like a miniature model of the Four-Sided Treasure Pagoda.

At this moment, the spiritual energy within charlie wade's body was being continuously drawn from his sea of consciousness by the golden pagoda.

However, charlie wade himself could not sense the existence of the golden tower at all. He could not even feel that the spiritual energy filling his body was flowing out of his sea of consciousness.

Just as charlie wade was about to reach the point of no return and was preparing to swallow a pill to fight it off, the golden pagoda suddenly flashed with light, illuminating his entire sea of consciousness in gold.

As the golden pagoda emitted a burst of golden light, the rapidly draining spiritual energy within charlie wade's body finally stabilized, and the pagoda quickly sank into his sea of consciousness and disappeared.

Yun Rugo and Song Ruyu, who were staring intently at the sky, suddenly noticed that the aurora borealis, which had been swaying erratically like flames overhead, had suddenly changed shape.

The aurora transformed into a pair of giant hands, slowly moving across the sky!

Lin Wan'er (Alani) was overjoyed and quickly said to charlie wade, "Young Master, look! The aurora has turned into a handprint!"

Almost exhausted, charlie wade immediately looked up and saw that the giant hands were demonstrating the details of the first handprint.

charlie wade only looked at it for a few seconds before determining that this handprint was not any of the eight he had seen last time.

It seems the handprints are new this time!

He was overjoyed. Although he didn't know what the effect of this hand seal was, or whether it would be even more ridiculous than the previous one, he could at least be sure of one thing, considering that the location had been changed this time: the mysterious power that affected the aurora was within his own body!

However, he couldn't understand what was inside his body absorbing his spiritual energy and affecting the aurora in the sky.

This time, he deliberately kept the ring she gave him a secret from Lin Wan'er (Alani) and left it in his suitcase.

If the ring wasn't carried with him, then the artifact affecting the aurora must have something else going on.

At this moment, the handprint in mid-air changed again.

charlie wade dared not delay and memorized every key point of the hand seals. This time, the hand seals were far more complicated than the last time. Not only were all the hand seals completed with both hands, but the details of the movements were also greatly improved.

The four of them focused all their attention on the handprints, which remained in the sky for four hours.

To charlie wade's surprise, the number of handprints formed by the aurora this time was twice that of the last time, a total of sixteen handprints.

After demonstrating all sixteen hand seals, the aurora in the sky returned to its usual disorderly swaying state. charlie wade didn't dare to delay and immediately closed his eyes. After going through all sixteen hand seals in his mind, he raised his hands slightly and began to try to reproduce the sixteen hand seals in the air.

Soon, as the handprints continued to reappear, charlie wade suddenly discovered a strange phenomenon: the spiritual energy in his body was no longer being absorbed by the handprints. On the contrary, after the handprints were completed, the spiritual energy in his body actually increased slightly out of thin air!

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To determine whether his intuition was misjudged, charlie wade carefully repeated the hand seals several times.

The results delighted him immensely.

Because each time the hand seal is fully formed, an extra stream of spiritual energy appears out of thin air and flows into the sea of consciousness like a trickle.

Compared to the original spiritual energy in his sea of consciousness, this extra spiritual energy was pitifully small, but even so, it still made charlie wade extremely happy.

Because this new hand seal overturned charlie wade's worldview since he began cultivating.

He always believed that the world was in the Dharma-ending Age, and there was almost no naturally existing spiritual energy in nature. The only way for cultivators to improve their cultivation and increase their spiritual energy was to take pills.

This can be understood as follows: although nature no longer has natural, readily available spiritual energy, alchemy can still find a way to artificially synthesize spiritual energy from various rare and precious materials, thereby sustaining the arduous cultivation in the Dharma-ending Age.

Based on this premise, spiritual energy is the most precious resource in the world for cultivators.

However, the handprints right now have opened up a whole new world.

Because it is also a way to generate spiritual energy!

Moreover, it does not rely on any materials; it only requires this set of hand seals to allow one's spiritual energy to slowly increase!

With this set of hand mudras, spiritual practice in the Dharma-ending Age will become much easier.

certainly.

The efficiency of this hand seal in generating spiritual energy is indeed much lower. To replenish all the spiritual energy in one's body, it would probably require at least several months of diligent practice.

At this moment, charlie wade finally understood why those legendary high monks, who spent their entire lives meditating and practicing Zen, were able to be reborn in the Pure Land, become gods or Buddhas, and possess countless supernatural powers. It was because they spent their entire lives practicing Zen and cultivating themselves.

A meditation cushion, a few drops of sandalwood incense, and a person sitting devoutly in meditation before the Buddha for a hundred years. Even if outsiders cultivate for a hundred years, they can never be as pure or as dedicated as them.

Thinking about this, charlie wade suddenly felt that the legend of the Sweeping Monk in martial arts novels seemed to have some truth to it.

At the same time, Yun Rugo and Song Ruyu, who were standing to the side, also completed the entire set of sixteen hand seals for the first time with great difficulty.

They had never been exposed to Buddhist hand gestures before, so when they tried to do them, they found them obscure and difficult to understand, and it was also difficult to make them flow smoothly. Naturally, they were not as skilled as charlie wade, the unlucky guy who had been fooled for a long time.

When they finally completed the entire sequence, they were still wondering what the hand seals could possibly be for. Surely it couldn't be an offensive technique? If launching an attack required this much effort, then in actual combat, no matter how many lives one had, it probably wouldn't be enough to keep them all alive.

But after everything was finished, they suddenly felt a small amount of spiritual energy appear in their bodies, which they didn't know where it came from.

At first, both of them were shocked.

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Like charlie wade, they didn't dare to hope that spiritual energy could appear out of thin air.

So the two exchanged a glance, neither of them daring to be sure that the sudden appearance of spiritual energy was related to the hand seals they had just painstakingly completed.

So the two of them didn't dare to delay and quickly tried again.

Yun Rugo's comprehension, cultivation, and experience were far superior to Song Ruyu's, so she completed the task much faster. When she felt another surge of spiritual energy within her body, she instantly understood the secret and burst into tears of excitement.

This feeling is like someone who has relied on others to provide water to sustain their life finally digging their first well. Even if the water comes out very slowly, it is still a revolutionary step forward for them.

Overwhelmed with emotion, she immediately stood up, walked to charlie wade, knelt down on both knees, and said in a choked voice, "Yun Rugo thanks you, sir, for the unparalleled opportunity you have bestowed upon me!"

charlie wade was still savoring the wonder of the hand seal when he heard the sound and opened his eyes. He saw Yun Rugo kneeling in front of him with tears streaming down her face, and knew that she had also gained something from the hand seal. So he smiled and said, "No need to thank me. Perhaps this is a shared opportunity bestowed upon us by Buddhism."

At this moment, Song Ruyu opened her eyes, and excitedly stepped forward, kneeling beside Yun Rugo.

Just as she was about to express her gratitude, charlie wade reached out to stop her, saying, "The aurora has disappeared, and it should be getting light soon. We need to get back before dawn to properly study this hand seal. If there is still an aurora tonight, then we'll come back!"

The two nodded emphatically. Such an astonishing discovery filled them with immense joy, and they couldn't wait to calm down and practice the hand seals repeatedly.

Seeing the three of them were pleasantly surprised, Lin Wan'er couldn't help but step forward and ask charlie wade, "Young Master, what did you gain from this set of hand seals last night?"

charlie wade truthfully said, "This set of hand seals is completely different from the last one. The last one completely drained the spiritual energy in my body, but this one can bring in extra spiritual energy. I think this set of hand seals should be the foundation of Buddhist cultivation."

Lin Wan'er exclaimed, "If it can bring in extra spiritual energy, isn't that similar to the cultivation and breathing techniques of cultivators?"

charlie wade said decisively, "This set of hand seals is stronger and more suitable for the present moment than breathing exercises! Because breathing exercises are

about absorbing and precipitating the spiritual energy in the world, constantly purifying the spiritual energy in one's own body. Once there is no more spiritual energy in the world, this breathing exercise loses its greatest significance. Now its only function is to purify the spiritual energy converted from pills in the body. But if there are no pills or no sufficient source of spiritual energy, it will become extremely useless."

At this point, charlie wade sighed, "But the hand seals of Buddhism are different. As long as you operate them completely, you can generate spiritual energy out of thin air. I can't understand it. I can't understand where this spiritual energy comes from, but it really exists."

Yun Rugo nodded and said, "That spiritual energy really did appear out of thin air, it was truly miraculous..."

Lin Wan'er thought for a moment, then smiled and said, "Perhaps the hand gestures of Buddhism are more complex in their underlying logic and tend to be more like a kind of energy conversion. It's like how cutting magnetic field lines can generate electricity. A hand-cranked generator can generate current as long as it's turned. If you don't understand the principle behind it, you'll definitely find it amazing. But in essence, it converts mechanical energy into electrical energy."

charlie wade's eyes lit up, and he exclaimed, "Miss Lin's words make a lot of sense. The breathing technique is like a step-up circuit that boosts electrical energy to high voltage or even ultra-high voltage. But in essence, it can only boost the voltage and cannot generate additional electrical energy. In fact, there will be some losses in the process of continuously boosting the voltage. Once the input electrical energy at the front end is insufficient, it will stop. But the hand mudras of Buddhism are more like a hand-cranked generator. Although the power is very small, its advantage is that it can continuously generate electrical energy. If you persist, the accumulated electrical energy will definitely become stronger and stronger. When combined with the breathing technique, the trickle of energy generated is continuously boosted and stored, which is equivalent to forming an internal circulation that does not require external force. This kind of cultivation method is a qualitative change compared to the past!"

At this point, charlie wade sighed with some regret, "It's just that the spiritual energy generated by this hand seal is pitifully small. If this method is used, the cultivation process will be continuously prolonged, and a single seclusion will take at least several months, or even several years..."

Lin Wan'er smiled and said, "Young master, there's no need to sigh. Any cultivation method is gradual. There must be more profound and powerful hand

seals behind this set of hand seals. What you need to do is practice diligently and wait patiently."