

Chapter 7091

To confirm whether his perception was misjudged,

Charlie carefully repeated the hand seals several times.

The result delighted him immensely.

Each time the hand seals were fully completed, an extra surge of spiritual energy seemed to appear out of thin air,

Flowing into his sea of consciousness like a gentle stream.

Compared to the original spiritual energy in his sea of consciousness,

This extra energy was pitifully small,

But even so, it filled Charlie with ecstasy.

This new hand seal had overturned Charlie's worldview since he began cultivating.

He had always believed that the world was in the Dharma-ending Age,

And that natural spiritual energy was almost nonexistent.

The only way for cultivators to improve their cultivation and increase their spiritual energy was to consume elixirs.

In other words, although natural spiritual energy was no longer readily available,

Alchemy could still find a way to artificially synthesize spiritual energy from various rare and precious materials to sustain the arduous cultivation of the Dharma-ending Age.

Based on this premise, spiritual energy was the most precious resource in the world for cultivators.

However, the hand seals he was now using had suddenly opened up a new world.

Because it is actually a way to generate spiritual energy!

Moreover, it doesn't rely on any materials.

Simply by using this set of hand seals,

One's own spiritual energy can slowly increase!

With this set of hand seals, cultivation in the Dharma-ending Age will become much easier.

Of course, the efficiency of this set of hand seals in generating spiritual energy is also quite low.

To replenish all the spiritual energy in one's body,

It would probably require at least several months of diligent practice.

At this moment, Charlie finally understood why,

In legends, those high monks who spent their entire lives meditating and practicing Zen could be reborn in the Pure Land,

Become gods or Buddhas, and possess countless supernatural powers.

This is because they spent their entire lives meditating and practicing Zen simultaneously.

A meditation cushion, a few drops of sandalwood incense, and a person sitting devoutly in meditation before the Buddha for a hundred years—even if outsiders cultivated for a hundred years,

They could not achieve the same purity or dedication.

Thinking of this, Charlie suddenly felt that the legends of the sweeping monks in martial arts novels seemed to have some truth to them.

At the same time, Jeremiah and Ria, standing to the side,

Also painstakingly completed the entire set of sixteen hand seals for the first time.

Having never encountered Buddhist hand seals before,

They found them obscure and difficult to understand,

And struggled to execute them smoothly.

Naturally, they weren't as skilled as Charlie,

The unlucky fellow who had been tricked for so long.

When they finally completed a full sequence, they were still wondering what the hand seals could possibly be for.

Surely it couldn't be an offensive technique?

If launching an attack required this much effort,

Then, in actual combat, no amount of life would be enough.

But after completing it, they suddenly felt a small surge of spiritual energy appear within their bodies, seemingly from nowhere.

At first, both of them were utterly shocked.

Like Charlie, they didn't dare to hope that spiritual energy could appear out of thin air.

So, they exchanged a glance, neither of them certain that the suddenly appearing spiritual energy was related to the hand seals they had just painstakingly completed.

Therefore, without delay, they quickly tried again.

Jeremiah's comprehension, cultivation, and experience far surpassed Ria's, allowing her to complete the task much faster.

When she felt the renewed spiritual energy within her,

She instantly understood the secret, bursting into tears of excitement.

This feeling was like someone who had relied on others for water their entire life had finally dug their first well—even if the flow was slow,

It was still a monumental step forward for them. Overwhelmed with emotion,

She immediately stood up, knelt before Charlie, and choked back tears, saying,

"I kowtow in gratitude for the unparalleled opportunity bestowed upon me, master!"

Charlie was still savoring the wonder of the hand seals when he heard the sound and opened his eyes.

Seeing Jeremiah kneeling before him, tears streaming down her face,

He knew she had also gained something from the hand seals.

So he smiled and said, "No need to thank me."

"Perhaps this is a shared opportunity bestowed upon us by Buddhism."