

Chapter 7092

Ria also opened her eyes at this moment,

And excitedly stepped forward, kneeling beside Jeremiah.

Just as she was about to express her gratitude, Charlie reached out to stop her, saying,

"The aurora has disappeared, and it should be getting light soon."

"We need to get back before dawn and then properly meditate,"

"And comprehend these hand seals."

"If there are still auroraes tonight, then we'll come again!"

The two nodded emphatically.

Such an astonishing discovery filled them with immense joy,

And they couldn't wait to calm their minds and repeatedly practice these hand seals.

Seeing the three of them so delighted,

Maria couldn't help but ask Charlie,

"Young Master, what did you gain from this set of hand seals last night?"

Charlie truthfully replied, "This set of hand seals is completely different from the last one."

"The last one drained all the spiritual energy in my body,"

"But this one brings in extra spiritual energy."

"I suppose this set of hand seals is the foundation of Buddhist cultivation."

Maria exclaimed, "It can bring in extra spiritual energy."

"Isn't that similar to the breathing techniques of cultivators?"

Charlie said decisively, "This set of hand seals is stronger and more suitable for the present moment than breathing techniques!"

"Because breathing techniques absorb and precipitate the spiritual energy in the world,"

"Constantly purifying it within one's body."

"Once the spiritual energy in the world is gone,"

"This breathing technique becomes useless."

"Having lost its greatest significance, its only remaining function is to purify the spiritual energy converted from elixirs within the body."

"However, without elixirs or a sufficient source of spiritual energy, it becomes utterly useless."

Speaking of which, Charlie sighed,

"But Buddhist hand seals are different."

"As long as they are fully activated, spiritual energy can be generated out of thin air."

"I can't understand it,"

"I can't understand where this spiritual energy comes from, yet it truly exists."

Jeremiah nodded, saying,

"That spiritual energy does indeed appear out of thin air, it's truly miraculous..."

Maria thought for a moment, then smiled and said,

"Perhaps the underlying logic of Buddhist hand seals is more complex,"

"More inclined towards a certain energy conversion,"

"Just like cutting magnetic field lines can generate electricity..."

"Like this, a hand-cranked generator, once it's turned, can produce electricity."

"If you don't understand the principle, you'd definitely find it amazing."

"But essentially, it converts mechanical energy into electrical energy."

Charlie's eyes lit up, and he exclaimed,

"Miss Lin's words make a lot of sense."

The breathing technique is like a step-up circuit that boosts electrical energy to high voltage or even ultra-high voltage."

"But essentially, it can only boost the voltage."

"It can't generate additional electrical energy."

"In fact, there will be some losses during the continuous boosting process."

"Once the input power is insufficient, it will stop."

"But the hand mudras of Buddhism are more like a hand-cranked generator."

"Although the power is small, its advantage is that it can continuously generate electrical energy."

"If you persist, the accumulated electrical energy will definitely..."

"It will grow stronger and stronger."

"Combined with breathing techniques, the trickle of energy it generates is continuously pressurized and stored,"

"Forming an internal circulation that doesn't require external force."

"This cultivation method is a qualitative leap compared to before!"

At this point, Charlie sighed with some regret,

"However, the spiritual energy generated by these hand seals is pitifully small."

"If this method is used, the cultivation process will be continuously prolonged."

"With each seclusion lasting at least several months,"

"Or even several years..."

Maria smiled and said, "Young Master, there's no need to sigh."

"Any cultivation method is gradual."

"Behind this set of hand seals,"

"There must be even more profound and powerful ones."

"What you need to do is practice diligently and wait patiently."