

THE FIRST STRONG

Chapter 10 - Rejecting good intentions

After Shen Lang arrived, it didn't take long for him to see a shadow, and the street lamp in the distance would make her long-shoulder posture longer.

After falling into the rain and seeing him, he nodded, then stared at him and did not speak directly.

Shen Lang can see that she is also staring at it, but she does not want Wang to be pressured. She seems to be a bit confused and wants to see him clearly.

"Is there anything?" He spoke first.

"You seem to have changed a person." Rain fell and hesitated.

Don't say that she is so careful, that is, Dong Wenbin, they will also feel that they have changed a person. The average person has no intentions, or a thick line like Jianghe, they have not noticed.

Shen Lang is not surprised or panicked. "People will always change. I will not always look like you are in your eyes!"

"But..." It rained and stopped, then shook his head again.

What she wants to say is not the change of his attitude, but the goodbye at night seems to change the whole person and the morning, but I feel that this is impossible, so I did not say anything.

Shen Lang slightly spread his hand and indicated that she had something to say, he had already prepared for her to persuade and preach.

"The goal you set this morning, is there really confidence to achieve it?" The rain fell quickly and returned to the usual bleak.

Shen Lang nodded. "You don't say that I cheat when I get there."

"Very good. You are so confident, I am looking forward to it. Need information and notes?"

Shen Lang was slightly surprised. She said in the morning that he should not be so tall, how can he believe now and is willing to help him?

"There is not much time left, and I can't give you a tutorial, but there are some references and my notes that I can give you a copy."

Falling rain is very calm, and there is no such thing as a condescending gesture to help people.

Her school scores first, the notes are naturally different from others, and the reference materials should also be unique. These candidates for the third year are simply not willing to give money. It is very rare to make a copy of Shen Lang. .

"No, it's too much trouble, I still read the book myself." Shen Lang shook his head and refused.

He didn't have to study hard. He worked harder than others, but he used to have poor results. Now, not only will the rapid changes, but also the ability to use the previous work, will soon catch up.

It was a slight surprise to hear his refusal to sneak in the rain.

Even if she has always refused all kinds of courtesy boys, as long as they speak, boys will be flattered, including Dong Wenbin. This time, I didn't want to help, but I took the initiative to help, and Shen Lang refused!

However, she immediately relieved, he must be self-esteem caused by inferiority, do not want people to be pitiful!

In this way, Shen Lang is still the Shen Lang.

“Nothing else, I will go back first. Thank you!”

It is not to persuade the preaching, but to give him the information with good intentions, so that Shen Lang can sincerely thank him.

After he finished speaking, he paused again, but made a gesture to let the rain go first. Although it is safe in the school, there are two on the playground now, and the street lights are far away. There is no reason for the girls to go behind.

Nowhere to say, I didn't say anything more.

Shen Lang is not her husband, not a good friend. I just think that he is a bit different today, as if he has experienced a change, such an opportunity, let her whim to help.

Since he does not want to be his own, no matter what kind of psychology he is, she has no reason to stick it up.

Shen Lang returned to the dormitory and took a shower in a hurry.

Not to mention pollution, just now the water season, the river is relatively turbid, before the afternoon, even if the clothes are not wet, the body is a bit taste.

It's just that others are hiding in which corner he is, and the muddy smell that is contaminated is not broken.

The college entrance examination has entered the countdown. The top students in the top class naturally have their own time management methods, but they have a hard time to win the game. The easiest thing is that the academic performance is poor, and there is obviously no hope.

In the past, Shen Lang did not perform well, but he did not need to have any bad people. He would take a shower before dinner. After the end of his self-study, he would continue to study in the classroom until 11 o'clock.

Now it is different. He does not need such bitterness, but spends more time on practice.

When he was lying in bed, he continued to practice. The extreme impact of today's afternoon has greatly improved all aspects of the body, especially the storage of vital energy in the body!

A few hours in the evening, the spirit continues to repair and temper the body. At this moment, the operation of "Yin and Yang Bozhenzhenzheng" continues to absorb the energy inside the jade. In terms of speed, it is already a lot faster.

Feeling the vitality of the body, Shen Lang is a bit gratified. Last night's practice made him feel like the three months of hard work, so he only went so hard this afternoon~www.mtlnovel.com~ and the effect is very good.

He can't understand the current cultivation environment, but in terms of his introduction to the past, the effect is now comparable!

Of course, having the memory and experience of the previous life, as well as the practice of peak integration, and the aura of leaving this jade to absorb the reserve, is equivalent to a master who is constantly instilling vitality...

These conditions add up to have this effect, and it is not so bad.

"Yin and Yang Bozhenzhenzheng" is the original method of his fusion, which can be cultivated all the time, but this is not the practice used!

In the analogy of martial arts, one is internal strength, the other is martial arts. Putting ordinary people is the difference between physical fitness and skill.

Now that the original method has a certain foundation, of course, it will make him much stronger than before, but to fully play and play all the strengths, you must master the use of exercises.

In the sea of memory of Shen Lang, there are many different types of exercises that you can choose to study, but he has limited time and can only choose the most suitable one.

Considering that Dong Wenbin will definitely not give up, the threat is only temporary. They certainly do not believe that one of his students dares to kill people, so they will not be able to retaliate after a few days.

What is most needed in front of the eyes is the use of power in the exercises!

After the screening and comparison, Shen Lang decided to practice the practice called “Da Shou Mi Long Xiang Shen Gong”!

Like “Yin Yang Bo Ruozhen”, “Da Shou Mi Long Xiang Shen Gong” is also an excellent continuation.

In the past life, he started from the practice of getting started, and gradually improved with the realm, and he needed to constantly relearn a higher level of practice.

There used to be no way. Now I have the memory and the **** of the last life. Of course I don't want to take a detour. It is a waste of time!