

## First Strong 269

Chapter 269 - See you again

After understanding the condition of the body, Shen Lang was relieved.

Then he took the sacred armor and now needs to start to recover.

The side effects of the “blood madness” overdraft are very large, and it takes a long time for the body to recover slowly. He didn’t know how long he had been in a coma, and of course he didn’t have the patience to wait as slowly as a waste man.

Although he is alone here, but in the storage ring, he still has a lot of elixir!

Those are brought out of the dead forest, and they sell a ginseng for cash.

Now that I have a need, of course, I am not welcome. I have chosen to eat raw food and take it directly.

Although these elixir effects are not as strong as the first yang ginseng of hundreds of years, for the physical condition of Shen Lang, the elixir of decades is more appropriate, because it can not withstand the overbearing effects.

After eating some, he began to practice “Yin Yang Bo Ruozhen”.

Because the overdraft of the whole body seems to be empty, let him feel a little more serious now...

If the average person is, it will be very depressed. Fortunately, Shen Lang is really starting from scratch. It is still acceptable for this temporary situation.

Strength is the first!

Shen Lang did not manage the current situation of the Chu family. For example, Chu Yuxiong did not die, Chu Mofeng had no anger to return, etc., and did not manage where the stagnation is now and whether it is safe.

Because there is no strength, these are no more guilty, and there is no way.

The absorption of the drug effect, combined with the serious sequelae of the body, becomes very painful. The process of cultivation is very slow.

Shen Lang can withstand loneliness and has been enduring.

It was not until a few hours later that he heard the sound of the stone door outside and he stopped practicing.

“Are you awake?” As the cold wind slid in, with a slight fragrance, the falling rain appeared in the cave.

“Thank you for saving me.” Shen Lang smiled and thanked.

This is very grateful to him, because falling rain is not the same as bleak. Desolation is very desperate, but not to mention that Shen Lang saved her to her body, and can be restored to the present, her \*\*\*\*\* alone is still associated with him, that is, he must be saved, because he will die Finished.

Falling rain is not the same, it is a famous talent, according to their normal process, there will be a great future.

She came forward to save the Shen Lang, and it is not only her personal influence, but she may let the Chu family and the Tianshan Ice Palace succumb to the evil. She can save him, especially not easy.

When the rain fell, he nodded, and he didn't have anything to look at, but stared at him and looked at it carefully.

“How are you doing now? I have inspected your body, it is not hurt, and all aspects of function are very fragile.”

Shen Lang shook his head: "It's okay, in fact, my injury is mainly caused by the other party. It is the result of forcibly burning life and overdraw the body."

After the rain fell, I frowned.

If it is injured, the situation is already in front of you, and only need targeted treatment can slowly recover. However, if it is forcible, relying on burning vitality to overdraw the body's potential to increase strength, then there are some damages, it is likely to be permanent!

"The gentleman's revenge is not too late. It has been a year and a half. Why don't you wait for the future? You have used such a ban...the future achievements will be limited."

Shenlang Point

Nodded, knowing that she was telling the truth. Just like many female athletes, there are more banned drugs with stimulants, and the latter are very male and the life cycle of sports will be shortened. If it is a power type like weightlifting, if it hurts the body, it will be harder to hit the peak in the future.

"I know."

"Sorry."

The rain is also full of sorrow: "I didn't expect Chu Yunfei to kill you in the forest of death, they will even start to work for uncles and aunts."

For Shennan Han Fengying and his wife, Desolation and Zheng Yumeng are only because they are the parents of Shenlang. There was no contact before.

However, she was not the same as she was. She used to be a girlfriend of Shen Lang and went to Shenjia to have dinner. Although her mother was still a bit of a rush to Miss Fu Jia, she was very enthusiastic and also let her be at the ceremony. A few years in C County, I felt the warmth of home for the first time.

So she was saddened to learn that their couple and dozens of people in the entire factory were burned to death (smoked).

However, she and the voice went to the death forest, shouldering the mission of Xue Lingguo!

After Shen Lang helped to pin the three Haitian towns, they had successfully brought back the snow Lingu found by the teacher. When she first came out of Death Valley, she insisted on staying and waiting to see if Shen Lang could still come out.

To protect the snow spirit, the elders left with a voice, and then she was recalled to the Tianshan Ice Palace. There was no time to go to Pingxi, and after she came back, she was arranged to retreat!

Xue Lingguo is very helpful to the practice of the Tianshan Ice Palace. In addition to being able to participate in the refining of many medicinal herbs, the Ice Palace also decided to use part of it to cultivate the rain.

Because she is a promising disciple who is very valued by the Ice Palace!

When she knew these things, it was already a while, and she wanted to save too late.

Shen Lang slightly hesitated, which is related to the secrets of his parents' living. However, I saw the real sadness and regret from the rain and the apology. He decided to say it.

"They didn't die. I arranged for a person to protect them at home. The person was very diligent. I knew about the people in the town. When I found out that there were people from outside, I noticed that he didn't have the power to stop it. Time and time again, so I stole the body of the hospital in advance and made my parents a fake death."

"Really?" Rain fell awkwardly at him.

Although it sounds like it can be done in theory But it is very difficult to do it. She really doubts that Shenlang is to comfort her, or to deceive herself!

"Really." Shen Lang nodded. "Hidden for a while. Later, when Zheng Yumeng went back to worship, he contacted him and sent them both abroad."

Seeing the rain, I still don't believe it. He shrugged: "In fact, I haven't seen it yet, but she didn't dare to lie to me."

"It's really good." Yu Yu said, "I'm right, I didn't take the Zheng girl away that night..."

She then briefly said that she would appear so skillfully, of course, deliberately rushed. At that time, the news that Shen Lang went to Yunzhou to find a revenge for the Chu family spread. She immediately ignored the loss and directly used her flight magic weapon to win her to Yuncheng at the fastest speed.

I also wanted to know about it. As a result, they fought on the Ferris wheel and let her feel it far away. Then they went straight and they were stunned and fell.

She did not stop to wait for the bleakness. On the one hand, she did not know, and she was afraid of misunderstanding. On the other hand, it was also inconvenient to confront the Chu family. It is best not to let the Chu family recognize her identity, so she immediately gone.