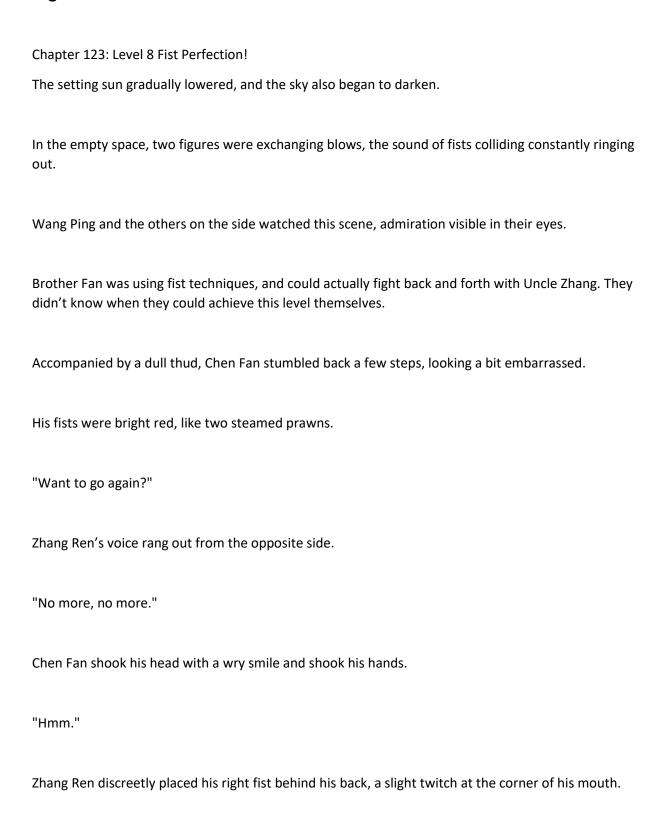
## **High Martial 123**



He had been sparring with Chen Fan using fist techniques all afternoon. Seeing that Chen Fan was using the Basic Fist Technique, he naturally didn't feel right using Tai Chi Fist or Xingyi Fist, so he also used the Basic Fist Technique. At first, Chen Fan seemed a bit rusty, but progressively, he grew fiercer, and at the same Realm, he was no longer an opponent. One had to know that his specialty was fist techniques, yet he was forced into such a position by Chen Fan. Helpless, he had to raise his Realm to gain the upper hand. "Uncle Zhang, I'm going to have dinner now. After dinner, we can spar again." Chen Fa said with a smile. "Okay, still fist techniques?" Zhang Ren asked upon hearing this. To be honest, after the sparring with Chen Fan just now, he felt somewhat enlightened. All these years, he had been practicing Tai Chi Fist, Xingyi Fist, Level 8 Fist, and so on, but had somewhat overlooked the Basic Fist Technique. Perhaps forgetting everything learned so far and focusing on practicing the Basic Fist Technique for a period might help break through the bottleneck? "Spear techniques."

Chen Fan thought for a moment, "Training fists all the time is quite monotonous."
"Alright, after dinner then."
Zhang Ren nodded and then walked towards the house.
Chen Fan smiled and also walked slowly towards home.
This afternoon, he started from the most basic Two Forms, followed by the Level 8 Frame, and after unlocking Level 8 Fist, he began sparring with Zhang Ren in fist techniques.
It was quite fruitful.
[Two Forms: lv1 (1%), Traits: Robust level 1, Powerful level 1]
[Level 8 Frame: Iv2 (0%), Traits: Majestic level 2]
Although Two Forms, as an extension of Tai Chi Form, was only Level 1, it added a trait, Powerful, meaning that for every level, it increased the Power attribute by 1 point.

According to Zhang Ren, Two Forms is the foundation of the Level 8 Frame and can enhance the

explosive power of the Level 8 Fist.

The Majestic trait of the Level 8 Frame is an upgraded version of the Robust trait. Each level can improve the Constitution attribute by 3 points, and at Level 2, it increased the Constitution by 6 points, which made Chen Fan quite tempted.

It was just very hard to level up. For Two Forms, just half an hour of practice brought it to Level 1.

The Level 8 Frame, being an advanced version of Pile Skill, after half an hour, was less than 5%, so he had to add some Experience Points to it reluctantly.

Of course, the biggest improvement was still the Basic Fist Technique, which rose from Level 5 to Level 9.

[Basic Fist Technique: Iv9 (5%), Traits: Powerful level 9, Strengthening the Body level 7, swift level 5, Firm Strength level 3, Spiritual level 1]

Constitution, Power, and agilities attributes all received various degrees of enhancement.

Firm Strength and Spiritual, the former enhances the power of punches, while the latter increases the speed of the punches.

His gaze fell on Level 8 Fist, and sure enough, it was already unlocked.

"Let's see how much Experience Points it needs to max out. If the consumption is not much, I'll max it out right away."

Chen Fan thought, adding a bit of Experience Points to it.

He saw the skill level of Level 8 Fist soar by 50%!

Chen Fa widened his eyes.

He remembered that when he initially learned Tai Chi Fist, it took 20 Experience Points just to reach the beginner level, while Level 8 Fist only required 2 Experience Points?

Then there's no hesitation, he quickly added another point.

In an instant, his whole body tightened, giving the feeling that every muscle was breaking through, his steps felt lighter, and it seemed as if his weight had reduced significantly.

At the same time, a faint warm current rose, nourishing all parts of the body.

The pain in his fists also eased a lot.

A few seconds later, the sensation vanished.

[Level 8 Fist: Initial Glimpse (0%), Traits: Fierceness Level 1, Majestic Level 1, Light Spirit Level 1]

[Fierceness: For every skill level, permanently increases Strength Attribute by 5 points]

Chen Fan looked at the three newly unlocked traits and thought that compared to Tai Chi Fist, it's quite similar but different.

Tai Chi Fist mainly enhances the Constitution attribute, with Power and agile attributes following.

Level 8 Fist, however, primarily enhances the Power attribute, followed by Constitution and agilities.

The total enhancement value remains the same, 11 points.

"It's somewhat as expected, after all, both are fist techniques of the same level, and besides, it's just at the beginner level. The skill level goes up, and the stylistic difference between the two increases."

With an expectant smile, he added another point of Experience Points.

Sure enough, the skill level of Level 8 Fist shot up to 20%, meaning it required 5 Experience Points.

Chen Fan smiled understandingly and added another 4 points of Experience Points.

The Basic Fist Technique's improvement effect was just too significant. Given this trend, perhaps the next level would require around 10 points? [Level 8 Fist: Slight Achievement (0%), Traits: Fierceness Level 2, Majestic Level 2, Light Spirit Level 2] In the Small Success Realm, no new traits were unlocked. Chen Fan didn't mind and added another point of Experience. It was indeed as he expected, from the Small Success Realm to Entering the Hall only cost 10 Experience Points. Changes began taking place within his body, and an odd sensation brought another enlightenment. [Level 8 Fist: Entering the Hall (0%), Traits: Fierceness Level 3, Majestic Level 3, Light Spirit Level 3, Dooropening Level 1] "Door-opening?" Chen Fan was taken aback and couldn't help but tease, is there really a trait with this name? Then shouldn't there be a door-closing too? But upon closer inspection, he understood. [Door-opening: For every skill level, increases the probability of breaking through the opponent's guard by 30%, effective in unarmed combat]

As Zhang Ren explained, Level 8 Fist was originally named Open Door Level 8 Fist because it was designed to break through the opponent's guard, to close in for short-range combat.
Looking at it this way, this trait captures the essence of Level 8 Fist.
From the beginner level to Entering the Hall, only 17 Experience Points were used; Chen Fan felt it was feasible to max it all at once.
Not considering other factors, just the attribute points alone would increase by 55 points!
One step closer to breaking through to the Late Stage of Muscle Refining.
He added another point of Experience Points, the skill level of Level 8 Fist rose by 5%.
Adding another 19 points, aside from the changes in his body, a peculiar feeling surged up again.
Evidently, a new trait was unlocked.
[Level 8 Fist: Great Success (0%), Traits: Fierceness Level 4, Majestic Level 4, Light Spirit Level 4, Door-opening Level 2, Iron Mountain Lean Level 1]
"!"
Chen Fan's eyes widened instantly.
Isn't this the ultimate technique that Uncle Zhang mentioned previously for Level 8 Fist?
Unexpectedly, it was unlocked at the Great Success Realm, then what would be unlocked at the

Perfection Realm?

He couldn't wait, checking the description of Iron Mountain Lean.

[Iron Mountain Lean: Active skill, once activated, consumes Spirit and uses the entire body to lean towards the opponent. The closer the distance, the higher the damage, potentially dealing up to twice the user's Power. Each skill level increases the potential damage by another multiplier.]

Chen Fan couldn't help but gasp.

Twice his current Power in damage?

His current Power attribute was at least 120 points, which was 12 times that of an ordinary person, with a punch force of 1200 pounds.

Using Iron Mountain Lean would release twice the force, which would be 2400 pounds!

Moreover, as per the description, if the skill increases by another level, the damage would be three times, or 3600 pounds, 1.8 tons!

What kind of result would that have if it hit a person?

Of course, the precondition is that he must hit the target, requiring very precise distance control, as a shoulder's distance isn't much, and ordinary opponents wouldn't allow him to get that close.

But if paired with the previous trait, Door-opening, it became much easier.

"That said, my current Constitution is over 120 points. Even if not matching mid-level Fierce Beasts, it's close. Getting hit by regular pistol or rifle bullets, as long as it's not the head, should be fine, right?"

He thought about it but still shook his head.

If he could avoid bullets, it was better to do so.

If hit, even if not fatal, it would still hurt. Maybe after obtaining the Body Refining Secret Manual, he could give it a try. "Just one final step left, once maxed out, I'll reach the Perfection Realm, curious about the traits that'll be unlocked." With an expectant look, he added one more point of Experience Points, the skill level increased by 2%. A total of 50 points for perfection in Level 8 Fist. Chen Fan took a deep breath and looked at the Skill Bar: [Level 8 Fist: Perfection (no further improvement), Traits: Fierceness Level 5, Majestic Level 5, Light Spirit Level 5, Door-opening Level 3, Iron Mountain Lean Level 2, Far and Wide Level 1] [Far and Wide: Active skill, once activated, continuously consumes Spiritual Power. For a short period, doubles Strength and agilities attributes. Each skill level increases the boost by another multiplier.] "Far and Wide?" Chen Fan was a bit surprised.

Level 8 carries the meaning of projecting force to the farthest reaches, in addition to the immense explosive force of Level 8 Fist, demonstrating the power to shake the heavens and tread the Nine Provinces. Thus, this ultimate trait being a burst skill makes sense.

Once activated, it doubles the Strength and agilities attributes, making it incredibly effective for both attack and evasion.

"Initially, I thought I'd need to reach at least the late stage of Muscle Refining to face Zhao Family Castle, but it seems with this trait, it should be enough."

Chen Fan breathed a sigh of relief.
He didn't know if Uncle Wei and the others were in trouble.
If something had happened, it would be too late to say anything.
If nothing happened, that would be the best, but every second they stayed there posed more danger.
The sooner he rescued them, the better!
With a determined gaze, Chen Fan looked in the direction of Zhao Family Castle.
He would enhance his strength as much as possible tonight.
By tomorrow morning, he would set off for Zhao Family Castle!