

My System Is Three Thousand Years Early Chapter 27 - Chapter 25: God Emperor Cultivation Method, Dual Cultivation Feasible?

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Whether it was the Divine Python Coiling Skill or the Spirit Dao cultivation scroll that Cheng Zhihai had just given him, at this moment, they seemed incredibly precious in Cheng Guang's eyes.

He was extremely curious about how Spirit Dao cultivation differed from Martial Cultivation, and his eyes sparkled with a light unlike any he had seen before.

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He unfolded the pitch-black scroll, and a line of text caught his eye.

"God Emperor Cultivation Method."

As he continued to unroll it, he saw complex incantations and hand seals.

"The royal Spirit Dao, also named Ancient God Dao, lies in the expression of words and actions, reciting and enacting, driving thoughts and cutting off distractions, eliminating stray thoughts, attracting Heavenly and Earthly Qi, and strengthening one's Primordial Spirit."

Cheng Guang pondered the profound mysteries of the doctrine.

"This scroll begins with a mention of the Ancient God Dao; could it be that the Spirit Dao practiced by the royal family also has another name called the Ancient God Dao?"

"Attracting Heavenly and Earthly Qi, enhancing the Primordial Spirit..."

"In other words, the Ancient God Dao is also a method of strengthening the Primordial Spirit. A powerful Primordial Spirit can perceive the true nature of the world, avoid the misfortunes of life, transcend thunder tribulations, and break through Breaking Heaven's Gate."

"To control the world with the deity's power, the world's true nature is completely captured in one's sight."

Cheng Guang read ten lines in a glance, scrolling through quickly.

Unlike other cultivation paths, fundamentally, Spirit Dao is meant to transform the royal lineage towards the likeness of Ancient Deities. It is said that if one can cultivate to the utmost realm, one could be no less powerful than the legendary Ancient Deities themselves.

So...

Spirit Dao is also called Ancient God Dao...

"This God Emperor Cultivation Method, although it comprises only a brief chapter, records the practice of all realms of Spirit Dao from low to high."

"In truth, Spirit Dao does not have any specific practice methods; one simply needs to simply attract Heavenly and Earthly Qi to strengthen one's own Primordial Spirit."

"The purer the royal blood, the quicker one can sense Qi and the more of it one can draw into their spirit. If the blood's purity is low, sensing the Heavenly and Earthly Qi becomes very difficult, and the challenge of attracting this Qi to strengthen the Primordial Spirit multiplies."

"Even so, compared to the arduous process of Martial Cultivation, which includes strenuous physical training and tempering one's vital energy to generate Qi from the flesh, Spirit Dao is much easier."

Cheng Guang muttered to himself, as if he had just thought of something.

If royal blood can attract Heavenly and Earthly Qi into the body, why limit its use only to the strengthening of the Primordial Spirit? Logically, it should also be able to enhance the physique.

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At this thought, Cheng Guang's eyes lit up.

Since Cheng Zihai had previously informed him to practice both paths, upon seeing this God Emperor Cultivation Method for the first time, he realized that drawing in Qi might be much more effortless than simply tempering his physical body to generate Qi from his flesh.

However, if done this way, with Qi being dispersed, the consumption of Qi would also increase day by day. Perhaps the royal practitioners only focus on using Qi to enhance the Primordial Spirit because the benefits of strengthening the Primordial Spirit are obviously much greater than those for the physique.

Cheng Guang flipped through the God Emperor Cultivation Method, lost in thought.

Perhaps, he could do this: while utilizing the God Emperor Cultivation Method to attract Heavenly and Earthly Qi, he could also employ the Divine Python Coiling Skill to forge his physique and generate Qi from his flesh, thereby achieving double the effects of cultivation.

1

Hiss...

1

"Brilliant..."

At this thought, Cheng Guang immediately concentrated and calmed his breath. The text of the God Emperor Cultivation Method manifested in his mind, his breathing became steadily smoother, and his spirit clearer...

Cheng Guang felt his body gradually warming up, sensing streams of mysterious power spreading from his bloodline.

Simultaneously, his mind began to paint the world around him: the bedroom, the bed, the white gauze, the beams, the round windows, the Ever-bright Lamp, and the cold plum outside gently swaying...

The world was reflected in Cheng Guang's mind in black and white, while his body warmed up and the power of his blood surged, emitting an aura of profundity and nobility from his being.

In the black and white world in his mind, numerous glowing specks started to appear.

Those specks shone brilliantly, as if they were the purest forces between heaven and earth, freely wandering and dancing without constraint, like joyful sprites.

"This must be the Heavenly and Earthly Qi..."

Cheng Guang whispered to himself.

Had he not merged with the Great Xia royal blood, he certainly wouldn't have been able to see this Qi of heaven and earth. However, he wondered, was the quantity of this Heavenly and Earthly Qi not too abundant?

Cheng Guang felt as if the bright Qi around him was like a sea, dense and endless.

It was as if he himself was placed amidst a Star Sea.

"Hiss, in the royal family, can other Spirit Dao cultivators sense as much Heavenly and Earthly Qi as I do?"

Cheng Guang was stunned by the abundance of brilliant starlight around him.

No wonder Spirit Dao cultivators cultivate faster than Martial Cultivators by so much...

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For Spirit Dao cultivators, all the Heavenly and Earthly Qi is like a group of shy young ladies, and as long as you lure them in, once they enter the room, you can do as you please with them.

3

But what about Martial Cultivation?

Laboriously refining the body and generating Qi from within, it's almost like forcefully creating a beauty out of thin air, or forcing the Qi into your body, locking it down with powerful blood energy, and eventually making it your own.

The extent of the hardship is simply incomparable.

"It seems that the God Emperor Cultivation Method truly allows for the dual cultivation of Primordial Spirit and body."

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At this thought, Cheng Guang's ambitions began to swell quietly, gradually giving rise to some wild ideas.

"Relying on the royal bloodline to attract Essence into the body, and then using the powerful physique cultivated through Martial Cultivation, not wasting a trace of Qi, locking it all inside, something unachievable by others, squeezing every bit of Qi, the efficiency of cultivation is at least double that of a normal person."

"Dual cultivation of Primordial Spirit and body, maybe in the future the two could even nourish each other, the achievements can be much stronger than following a single path."

Cheng Guang, thrilled with the notion, immediately stopped hesitating and began to silently chant the methods of the God Emperor Cultivation Method to attract Heavenly and Earthly Qi.

The brilliant specks wandering all around Heaven and Earth seemed to sense something and all turned to look at Cheng Guang, then joyfully surged toward him.

1

Qi flowed into Cheng Guang's body, with most of it leaking out, but he captured a small amount, incorporating it into his Primordial Spirit and body.

Seeing this, Cheng Guang got up, placed the Divine Python Coiling Skill beside his bed, and assumed the positions of the Divine Python Coiling Skill.

"Divine Python Coiling Skill, the first form..."

Cheng Guang's movements whipped through the air, each and every move precise and proper.

The Divine Python Coiling Skill itself is meant to refine the physique, generating Qi within the body, and it can use powerful blood energy to lock down the Qi within the body and assimilate it for oneself.

When Cheng Guang began practicing the Divine Python Coiling Skill, the power of his blood did not stop, and under the influence of the God Emperor Cultivation Method, it constantly drew in Heavenly and Earthly Qi, blending it into his being.

Cultivating both methods simultaneously, the amount of Qi surging into Cheng Guang's body and leaking out was greatly reduced, and the efficiency was several times faster than practicing just one method.

The sole drawback was that it was incredibly exhausting.

2

One breath...

Two breaths...

Time slowly passed.

After just dozens of breaths, not even finishing a full set of the Divine Python Coiling Skill, his physical strength was nearly depleted.

Finally, completely drained, Cheng Guang collapsed on the floor of his bedroom, staring at the exquisitely carved beams on the ceiling, gasping deeply for air.

Though his body was weary, he distinctly felt his spirit become much clearer, and his blood energy surged within his body.

His Primordial Spirit was much stronger.

His body was also much stronger.

It was stable.

Practicing both methods at the same time was indeed tiring, yet the efficiency in absorbing Heavenly and Earthly Qi was significantly improved.

By himself, he was equal to two or three other people.

A look of delight appeared in Cheng Guang's eyes as he thought perhaps the royalty of Great Xia was also using this method to cultivate both Martial Cultivation and Spirit Dao at once, to rapidly grow stronger.

What he did not know was that ordinary royal offspring spent all their focus just on perceiving Heavenly and Earthly Qi and attracting it into their bodies.

In such a state, let alone cultivating Martial Cultivation, a slight distraction could result in the inability to perceive the Qi of Heaven and Earth.

They were certainly not capable of achieving what he did without needing to perceive it, with Heavenly and Earthly Qi directly appearing in front of him, as if stripping off their clothes, waiting for him to come.

In fact, Cheng Guang only needed to beckon slightly, not even needing to speak, and the Heavenly and Earthly Qi would madly rush towards him.

If the royal families of the great dynasties knew of this scene...

They would probably be so shocked they couldn't speak, and so envious they might vomit blood!!

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