RESTRICTED SUPERSTAR

Chapter 15: The Gap with the Major

The next day, Gao Xiaodong came to the gymnasium early.

Before Coach Wang Dong came, Gao Xiaodong started running around the court.

Gao Xiaodong didn't want to get up early, nor did he want to go for a run. He slept until he woke up naturally, and counted money until his hands were cramped. This was his dream. habit.

Lap after lap, and after more than three laps, each lap is a new historical record.

When Gao Xiaodong ran to the 6th lap, coach Wang Dong came.

Gao Xiaodong ran up to Wang Dong with a wheezing voice, Morning, Coach.

Wang Dong smiled and said, It's early without you, how many laps have you run?

6 laps, a historical record. Gao Xiaodong sat down on the ground.

This historical record is a bit low. Wang Dong looked at his watch and said, These bastards, they agreed to arrive at 7 o'clock, but now it's 6:45, and no one has come yet.

Coach, you ignored me gorgeously, I want to fight for human rights. Gao Xiaodong said lazily like a panda.

Wang Dong laughed and said, Glib tongue.

While the two were talking, a group of young people in sportswear came in from the north gate of the gymnasium laughing and playing. They waved and greeted Wang Dong from a distance.

Gao Xiaodong said: Coach, your apprentices are here.

Wang Dong hummed, put away his smile and waited for the team members to arrive.

Good morning, Coach.

Good morning, Coach.

Good morning, Coach.

. . .

The team members came over to say hello to Wang Dong one by one, but Wang Dong kept a straight face and didn't say a word.

It wasn't until everyone arrived that Wang Dong pointed to his watch and said, It's all here at 6:55, your time card is very accurate.

The team members all lowered their heads, and no one dared to look directly at Wang Dong's face.

After you have changed your clothes and finished warming up, what time do we have to start training. After Wang Dong gave these young people a warning, he said, Today I will introduce a new teammate to you, Gao Xiaodong from Lucheng No. 3 Middle School, Strikers are welcome.

There was sparse applause in the team.

The players of the Lucheng youth team did not welcome Gao Xiaodong, they had no reason to welcome Gao Xiaodong.

Although they are not echelon players of professional teams, they are just professional players trained by the local football association, but there is no

professional team in Lucheng City, they are the top players in Lucheng City, and they are definitely not comparable to ordinary middle school students, let alone Gao Xiaodong is still like this Fat, smiling like a panda, not like a football player.

Wang Dong didn't say anything about Gao Xiaodong's snubbing by the players. The stadium still has to rely on strength to speak. Gao Xiaodong must show his strength if he wants to win respect. Just relying on his support is not very effective.

After all the personnel arrived, Wang Dong's first team members warmed up by juggling the ball.

Jumping the ball is the best way to see the player's ball feel and quality. The level is high or low, just look at the ball jumping to know the same.

The players of the Lucheng Youth Team can use nine parts to make hundreds of mistakes without making mistakes, but Gao Xiaodong made dozens of mistakes and had to start over, which made the players of the Lucheng Youth Team look down on him even more. I feel that Gao Xiaodong is very likely to be related to the coach.

In the subsequent passing training, speed training, and shooting training, Gao Xiaodong's performance was even worse, with slow reactions, slow movement speed, and irregular footwork. He is just an amateur player. There is a world of difference between an amateur and a professional. Compared with a professional There is also a huge gap, and poor performance is very normal.

Wang Dong still didn't say anything.

The last item of training in the morning is the 11-on-11 group confrontation.

The forwards and defenders of the Lucheng Youth Team have been waiting for this moment for a long time. The forwards want the coach to see that the guy he found is far worse than themselves. The defenders want to prove to the coach that an amateur is an amateur, and it is incomparable with a professional, this fat man must be kicked out quickly.

After the game started,

Gao Xiaodong was placed in the center position, and his partner was Li Qianjin, a dexterous striker. Wang Dong wanted Gao Xiaodong to be a bridgehead, holding the ball to Li Qianjin or a midfielder.

But Gao Xiaodong is not a Lei Feng person. At first Gao Xiaodong passed two kicks. Later, Li Qianjin and his teammates wanted the ball when they saw him. Regardless of their own position, they didn't pass the ball to him. Xiaodong became angry, and then he resolutely refused to pass the ball when he got it, and took the ball to the penalty area by himself.

Professional players in sports schools are much better than amateur players in high school. They have to conduct professional training every day and go to the gym every week to exercise. Their strength, technique, and awareness are not comparable to amateur players.

Gao Xiaodong didn't take two steps, but was destroyed by the opponent's defender with a shovel. The defender moved so fast that Gao Xiaodong didn't even have time to complete the action when he wanted to smash the ball.

Gao Xiaodong soon realized that his little dribbling skills could not break through the defender's defense at all, so he stayed obediently near the penalty area line, waiting for his teammates to pass the ball, so as to give full play to his physical advantages.

But the previous few times when Gao Xiaodong didn't pass the ball, his teammates simply didn't pass the ball to him, and let him hang around by himself.

Group confrontation is not a game, but mainly to practice offensive routines. When the players don't pass the ball to Gao Xiaodong, Wang Dong calls a stop to the game and asks the players to pass the ball to Gao Xiaodong to cooperate.

When the game restarted, Gao Xiaodong got a chance to compete for the header. He and the defender had a half chance, but the defender moved faster and was taller, and cleared the ball first.

The game lasted for about 20 minutes. Gao Xiaodong didn't create any chances, and he was often stabbed when he got the ball with his back. Compared with these professional players, he seemed clumsy and couldn't help both offensively and defensively.

Wang Dong on the sidelines frowned. He wondered if his decision was wrong. Although Gao Xiaodong's body is strong, his technique, awareness and movement speed are much worse than those of professional players. I'm afraid he won't be able to provide much help in a short time. , but after only coming for a day, if Gao Xiaodong is allowed to go back, wouldn't that be a slap in the face?

After thinking for a long time, Wang Dong decided to let Gao Xiaodong get used to it for a few days.

In the second half of the match, Gao Xiaodong's strength was finally brought into play when his teammate served a set kick. The teammate hit the ball by mistake and crossed several high points to find Gao Xiaodong. Jumped to grab the header.

Gao Xiaodong was disturbed, the ball didn't give full force, and was thrown by the goalkeeper.

Wang Dong's eyes lit up. He discovered the role of Gao Xiaodong. As long as his teammates can find him, the defensive players can hardly do anything

about him. It's just that Gao Xiaodong is too short, only 1.7 meters, and he wants to pass the high ball accurately. There is no small difficulty in his head.

But no matter how difficult it is, you have to try, Wang Dong doesn't want to slap himself in the face. He stopped the game again and asked Gao Xiaodong's teammate to pass the ball to Gao Xiaodong's head.

Except for Gao Xiaodong, they are all professional players who have practiced for many years. If there are too many passes, there will always be accurate passes. After playing for fifteen minutes in the second half, Gao Xiaodong finally found a chance to shoot when his teammates crossed from the side. He knocked past the defending defender and headed the ball into the opponent's goal.

Gao Xiaodong's goal finally made Wang Dong a little more relaxed. He could see that as long as he uses it correctly, his teammates support him, and with a bit of luck, Gao Xiaodong can also help on the front line. If he improves Gao Xiaodong's back With his ability to protect the ball, he can also provide more help to his teammates.

After the training, the other team members left, and Wang Dong left Gao Xiaodong alone.

Did you find the gap? Wang Dong asked with a smile.

Found it. Gao Xiaodong said honestly.

Wang Dong said solemnly: You have to work harder in training to hope to narrow the gap. It's less than half a month away from the trials. If you want to help the team, you must practice the skills of holding the ball with your back and protecting the ball, and then continue Lose weight, do hops, improve your jumping ability.

When does the coach start playing?

Wang Dong said something serious, but Gao Xiaodong didn't think about it at all. He didn't improve his level by training alone, that was too slow. He only needed to play games to upgrade. It takes 20 games to upgrade to a B-level amateur player. , He has played 10 games before and needs 10 more to be promoted.

Wang Dong said displeasedly: Don't aim too high, but lay the foundation well. What you need most now is the practice of basic skills, not the competition.

Gao Xiaodong said with a playful smile: Coach, I just want to experience what a professional-level game is like, and I will have the capital to brag in the future.

The current kid, Wang Dong was speechless, shook his head and said: Before the trials, we had three warm-up matches, but the opponents were not strong. They were some amateur club teams in our city. They were all veterans with low skills. With rich experience and many small moves, you must be careful of injuries during the game.

Only three games! Gao Xiaodong was a little depressed. He was still 7 games away from promotion, so he felt he had to figure out a solution by himself.