

## Wow 94

### Chapter 94: Experience Correction

Helen's gaze returned to the body of 95B27, only to find the energy pattern on this body almost entirely red, with the orange-yellow of medium consumption rarely visible.

Limbs, waist, spine—the usual parts were one thing, but even the internal organs within the chest cavity, the nerves at the ends of various tissues and organs... It seemed they were all furiously burning themselves out.

To supply this body with action, it appeared as if every single peripheral cell had its own consciousness, striving to give everything it had, burning to exhaustion, just to provide a tiny bit of strength.

This... how is it possible?

This is complete development, something that theoretically could only be achieved.

Even as the improver of this advanced training program, Helen could hardly imagine anyone capable of reaching this step.

Those instructors... even those instructors probably couldn't achieve this level.

How... did he manage it?

Helen's eyes widened, her gaze firmly locked on that climbing body, which seemed to possess an infinite magical power that captivated her entire mind.

She had to completely memorize every minute detail of 95B27's movements, which could potentially lead to unimaginable scientific breakthroughs and benefit all of humanity!

...

[You are using combat experience to correct your training movements... (Consumption: 10 points of experience/min)]

[Current Simulation Completion: 110.7%]

The system panel's might constantly corrected Bai E's movements, and it could even exceed 100%...

Clearly, the instructors' movements were just their personal interpretations, not the ultimate answer to advanced physical training.

With the bolstering from experience paid, each of Bai E's movements became the most energy-efficient.

The human body's reserve of physical strength was like a pool filled with water—no matter how much water it had, it only existed quietly until it was released to influence the world.

Of course, the effect of a tap's gentle flow and the violent extraction by a water pump were completely different.

Being able to perfectly control the pace, that was the ultimate mastery over one's body.

The process of advanced physical training was essentially based on understanding and controlling the body.

Movements perfectly in sync with breathing, every action following a harmonious rhythm, even the viscera, usually hard to train, received proper exercise with the rhythmic rise and fall of the chest cavity during breathing.

Bai E could feel his body like seaweed in the waves, rhythmically undulating wave after wave.

[Current Simulation Completion: 111.2%]

...

[Current Simulation Completion: 111.9%]

Sweat poured down like a waterfall, the intense consumption taking away a large amount of water and heat from his body.

Bai E, who initially only knew how to clumsily mimic, gradually developed his own understanding of the essentials of each movement after repeated corrections infused with experience.

The innate talent combined with numerous challenges pushed him to his limits, gradually familiarizing him with the state of his body under extreme exertion.

The corrections from spending experience mixed with his own intuitive insights, and for a moment, he couldn't distinguish which one was determining his now perfect performance.

[In prolonged perfect execution of extreme physical activities, you gain better coordination over your body, reflex +0.1.]

[Your body feels your intense desire and rapidly converts a bit of energy from your "Action Power Reserve"; please use it wisely.]

[Physical Recovery 6%, Quick Recovery (Unlocked) Progress 20%.]

"Huff~"

"Huff~"

Bai E, already accustomed to the emergence of new strength, didn't even let it disrupt his breathing rhythm slightly.

Under the gentle sunshine, this fighter, whose stature was by no means noticeable among the warriors, gradually lost the strength to hold on with his hands.

Midway down the familiar slope, the fighter with limp limbs tumbled down like a rolling gourd.

"He's down already?"

"Isn't this our great hero? Looks like his skills aren't even half as solid as his boasting..." Some warriors who were resting halfway casually commented, finding their sole amusement amidst the grueling training. Stay connected through [m-v l|e'-NovelBin.net](http://m-v.l|e'-NovelBin.net)

Bullying the strong and oppressing the weak is the norm among many groups in the military camp.

Hearing the commotion, Toba glanced back in the midst of his busy schedule and cast a brief look at the figure on the ground, lying there like sludge.

"Tsk..."

Is this all?

He's just a coward who knows how to talk big.

The scowling instructor standing to the side and observing the status of all warriors frowned deeply, his disappointment evident.

The purpose of advanced physical training indeed was to exhaust one's strength as quickly as possible, but even among the worst-performing newcomers who joined the advanced training group for the first time, this one had fallen the closest to the start.

Clearly, his foundation was too weak!

Based on different physical fitness levels, the two phases of physical training for ordinary soldiers were indeed vastly different.

The primary objective of initial physical training for new recruits favored endurance. This was because newly created artificial humans were not familiar with their bodily abilities and often expended more physical energy than necessary in their actions, an inefficient waste that didn't much contribute to their training. Therefore, instructors always asked recruits to try to go as far as possible.

Advanced physical training was different.

Warriors who had reached this level often passed through long-term training and actual combat assessments, and were relatively familiar with their bodies. They rarely wasted energy significantly, so the instructor's requirements for soldiers who could participate in advanced physical training were to exhaust their energy as quickly as possible—this also demonstrated control over their own bodies.

Theoretically, rookies and experts should perform the same, but Bai E's performance was too outrageous, with the backdrop of being less than five days old making it difficult not to associate him first and foremost with the identity of a rookie.

So... A recruit who was just born less than five days ago really was too arrogant to directly join the ranks of advanced training.

"Get him out of here." After giving a casual order to two soldiers assisting the training, he no longer paid much attention to this soldier brought in by his old friend, Wood.

Even if it was training, advanced physical training was quite dangerous. He needed to constantly be vigilant about the status of all the soldiers and be ready to implement immediate remedial measures; he couldn't afford to focus solely on one.

...

"Beep beep~"

Following the faint electronic sound, Helen turned off the thermal imaging scanning feature of her glasses, and the world returned to its normal appearance.

With a hazy glow attaching to her eyeballs, she closed her eyes, and every single action of Bai E replayed in her mind in a 360-degree angle with no blind spots in extreme detail.

Forget human memory capacity— even cameras couldn't achieve such free and meticulous observation.

Spiritual Energy was the key that helped Helen accomplish all this.

"Breathing..."

"Rhythm..."

"Breath..."

"Integration..."

Muttering some words that were hard for others to discern, Helen suddenly opened her eyes wide and turned around to head back.

She needed equipment to help record these fleeting inspirations!

...

Unattended, Bai E lay alone on the ground, his long and smooth breathing following a certain rhythmic flow.

[You have surpassed your own limits in intense exercise, Physical Energy +0.1, Reflex +0.1.]

[Your body is desperately craving, fast recovery triggering reserve energy storage, Action Power reserves accelerating transformation...]

[Physical Energy Recovery 5%...]

[Physical Energy Recovery 10%...]

...

[Physical Energy Recovery 50%...]